

He who was rich has become poor **for us**

I wonder if you have heard about the “Reindeer Ruling” which was handed down by a court in Pennsylvania a few years ago? The judge said it was alright to have a crèche on public property provided Rudolphs and Santas were combined with the nativity scene.

Amusing as this may be, it is also a good thing because it forces us to think seriously about what we believe Christmas is all about. To help us in our reflections this year I invite you to think about what Archbishop Michael Ramsay had to say in a Christmas Sermon at Canterbury Cathedral in 1973:

“Today the joy of Christmas shines in a world that is darkened by sadness. How real are the gifts of human goodness, nonetheless: they are gifts from the God of Bethlehem who is their source; for God who took human flesh in the stable is God from whose store of love humanity’s gifts of love are drawn.”

The stable is a symbol of Christ’s poverty. The characteristic that gave him the title poor was his simplicity. He did without

many of the things that people crave for. None did he criticize more severely than those who hankered after more and more possessions and who were preoccupied with money. The worth of a person’s life, he insisted, does not consist of possessions, for piling things up does not increase worth. People matter more than things, as people have an eternal destiny. Those who do not fuss about their standard of living and their luxuries are freer to love one another, to serve one another and to enjoy one another. Christ became poor, and he chose the way of simplicity; and if we follow him he promises us riches of his own, riches of happiness and brotherhood shared with one another and with him.

How did Christ become poor? By coming to share in the limitations, frustrations and hard realities of our human life, our pains and sorrows, and even our death.

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TOP LEFT: ANGELS ADORING CHRIST, STAINED GLASS WINDOW IN THE WEST AISLE OF ST. JAMES CATHEDRAL. PHOTO BY KERRY DICKSON.

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Teach us, O Lord,

how to walk in paths of wholeness and hope. Help us to care for those among us who are sick, and to challenge those who are well to embrace the fullness and vigour of life that you bring.

Let those who are lonely or sorrowing be comforted and called back into community.

Let those who are depressed or suffering from mental anguish be helped through compassionate care and support. Let those who are facing illness of body be encouraged and assisted as they seek to recover or be released from their pain. Let those who are healthy celebrate with joy. Let those of us who are able honour your creation through thankful enjoyment of nutritious food, clean air and water, and vigorous exercise, rejoicing in the splendid variety of your creation.

Help us to be a healthy and healing congregation, O God, a place where all are free to live fully in body, mind, and spirit. This we pray in your precious name. Amen

- Deborah L. Patterson

Parish Nursing Report

The author Gary Gunderson poses the question, "What is the role of faith in forming and sustaining human communities that are healthy, that reflect God's intentions?"

At the Cathedral Church of St. James, the Parish Nursing Ministry and the Health Council promote health and healing relationships with God, family, our faith community and creation. Holistic health encompasses Spiritual, Physical, Emotional, Career, Intellectual, Environmental, and Social (SPECIES).

At our October 19 celebration of the Feast of St. Luke parishioners shared their personal experiences with the work of the Holy Spirit among us in fostering holistic health. The feedback forms provided by attendees were rich in ideas.

The Parish Nursing Ministry and the Health Council are moving forward in a process of discernment. Where are we now? Where should we be going? How do we get there?

For those of you who may be unfamiliar with Parish Nursing, it is a specialized field of nursing requiring an RN with specific education in the field. Certification is a two year program and Lanadee is more than half way through it. Within our Cathedral community the Parish Nurse's activities include integrating



Poor for us FROM PAGE 1

The imagery of Christ's riches and his poverty is a vivid picture of the Incarnation; but it is another thing to grasp its moral message and to live by it, the message of simplicity and self-sacrifice. Christ gave himself to us to enable us to give ourselves to one another: that is the message of Bethlehem to a world in trouble.

Come to Bethlehem once again: see the stable—see the child. Knowing that he is God made man, knowing that he who was

rich has become poor for us, let us kneel in the darkness and cold that is the symbol of our blind and chilly human hearts, and say in a new way: 'yours is the kingdom, the power and the glory forever'.

- *The Very Reverend Douglas Stoute*

ABOVE: THE VERY REVEREND DOUGLAS STOUTE WAS INSTALLED AS RECTOR OF ST. JAMES CATHEDRAL AND DEAN OF TORONTO BY ARCHBISHOP FINLAY ON THE SECOND SUNDAY OF ADVENT 1994. THE CATHEDRAL COMMUNITY CELEBRATED THE TWENTIETH ANNIVERSARY OF DEAN STOUTE'S INCUMBENCY ON DECEMBER 7. PHOTOS BY MICHAEL HUDSON.

faith and health, advocating for health, educating for holistic health, personal health counselling, providing links to community services through referrals and advocacy, sharing assets by coordinating volunteers, and supporting others individually and by developing support groups. The Cathedral employs both Lanadee Lampman RN, Parish Nurse—part time, 13 hours a week, and Gloria Wiebe RN, Coordinator of the Health Clinic—part time, eight hours a week. Gloria, as a seasoned, retired Parish Nurse is actually Lanadee's mentor as Lanadee pursues certification. The Cathedral Health Council consists of Sheila Goulet, Susan Brown, Leslie Derbecker, Simi Junior, Yvonne Joseph, and Antoine Rutherford.

Here at St. James, the Parish Nurse has working relationships with the Clergy Pastoral Team, the Health Council, the Outreach Committee, the Drop-in, and the Joint Health and Safety Committee. At the Diocesan level we have an informal group

of Anglican Parish Nurses coordinated and supported by the Reverend Canon Douglas Graydon, Coordinator of Chaplaincy Services. Professionally, both Lanadee and Gloria are members of the Parish Nurse Interest Group of the Registered Nurse Association of Ontario. We also are members of the national Canadian Association of Parish Nurses (CAPNM), which designates the competencies needed for the specialty (www.capnm.ca).

Our Cathedral community has grown and changed over time. The Health Council is having a fresh look at how to assess attributes, gifts, strengths, health and spiritual needs, interests, desired services and programming. The feedback from our October 19 event made clear that our process of reaching out to newcomers could use improvement. The Health Council is taking the lead in looking at how recognition and support of newcomers can be improved. In January the Health Council will be having a half day →

A season in review



The plight of Christians in the Middle East

On October 30th St. James Cathedral hosted a lunch-hour talk in support of the *Awareness Foundation* at which Fr. Nadim Nassar was interviewed by CBC's Mark Kelley, both shown above being greeted by Archbishop Johnson. The survival of these ancient communities is at risk as harassment and killings escalate. Fr. Nassar, a Syrian-speaking Anglican priest, shared his first hand knowledge of current realities in Syria, Lebanon and Iraq. ↑ TOP LEFT, BOTTOM RIGHT, PHOTOS BY MICHAEL HUDSON.

The remarkable Vicar of Baghdad

Canon Andrew White is a remarkable man. After a \$56 million bounty was placed on his head by ISIS, after his old friend and Archbishop of Canterbury Justin Welby had ordered Canon White to leave Iraq, and after the majority of his congregation had been killed or displaced, the so-called Vicar of Baghdad continues to advocate and pastor his people with inspiring resiliency. The Cathedral was given the opportunity to host a luncheon for Canon White and one of his main organizational supporters, *The Voice of The Martyrs Canada*. The stories of persecution, hardship and the tremendous needs of the thousands of refugees from the most recent Iraqi conflict are heartbreaking, but Canon White also offered stories of hope and faith that are equally moving. If you have not yet followed Canon White's story, or would like more information about how we can be involved, visit www.persecution.net. - *The Reverend Simon Davis* ↑ TOP RIGHT, PHOTO OF CANON ANDREW WHITE, BY THE REVEREND SIMON DAVIS.

Investing in a new generation of young servers

On Sunday, November 30th, the Cathedral hosted a gathering of youth servers for a "Servers Olympics." Enthusiastic participants shared food, fun and games as they challenged each other in friendly competition. Races to find and mark lessons, balance a balloon on an unlit torch, as well as trivia gave both new and experienced servers a chance to get to know each other, learn about their liturgical roles, and get to know servers and traditions from other churches in the Diocese. Thanks to all who participated for making it a great day! - *The Reverend Simon Davis*

retreat in order to constructively look at how to move forward. We welcome your thoughts

so please seek us out at coffee hour.

- Lanadee Lampman, RN

The Cathedral Newsletter

The Cathedral Church
of St. James

Church: King Street at Church Street

Office: 65 Church Street, Toronto,
Ontario, M5C 2E9

Tel: 416-364-7865

Fax: 416-364-0295

info@stjamescathedral.on.ca

www.stjamescathedral.on.ca

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Supporting the Cathedral

Donations may be made to
St. James Cathedral

Online:

www.stjamescathedral.on.ca

By mail:

65 Church Street, Toronto,
Ontario, M5C 2E9

By phone:

416-364-7865, ext. 229

Joanne Spence, Donations Coordinator

Ask about the many ways of giving, including pre-authorized giving, weekly envelopes, offerings at services, employee payroll deductions, annual gifts and bequests.

Tax receipts will be issued for gifts of \$20 or more.

Honouring those who se

“Called to Serve”

The Cathedral hosted *Called to Serve: An exhibit honouring Canada's Military Chaplains of All Faiths* from November 6th to the 16th. The exhibit was a tremendous success both in terms of attendance and impact.

One of the attendees wrote:

“I have to say that the exhibit was very powerful for me. So many of the exhibits pointed to the individual actions of Chaplains... acting in the midst of absolute horror, hearing confessions, baptizing, blessing, attending the dying... acts which must have seemed nearly insignificant in the midst of the overwhelming powers of war, but when seen from a distance reflect a reliance on hope and good that is truly astonishing to those of us living in comfort and relative peace. The exhibit itself is a witness to the hope.”



ALL PHOTOS BY MICHAEL HUDSON, CALLED TO SERVE EXHIBIT OPENING, NOVEMBER 5.

TOP LEFT: THE VERY REVEREND DOUGLAS STOUTE, DEAN OF TORONTO AND NANCY MALLET, CENTRE, WITH CHAPLAINS AND MEMBERS OF THE CANADIAN ARMED FORCES AT CALLED TO SERVE OPENING, INCLUDING CHAPLAIN GENERAL, BRIGADIER GENERAL JOHN FLETCHER (ON NANCY'S RIGHT), AND ANGLICAN BISHOP ORDINARY PETER COFFIN (FOURTH FROM LEFT IN BACK).

TOP RIGHT: SGT. BRUCE COX STANDS BESIDE HIS WWII PARATROOPER'S COAT FROM THE 1ST BRITISH AIRBORNE DIVISION.



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THE ROYAL REGIMENT OF CANADA IN ATTENDANCE AT CHORAL MATTINS ON REMEMBRANCE SUNDAY, NOVEMBER 9, 2014. PHOTO BY MICHAEL HUDSON.



THE GOVERNOR GENERAL'S HORSE GUARDS ATTEND A MEMORIAL SERVICE FOR THE REGIMENT ON NOVEMBER 9, 2014. THE REGIMENT IS SHOWN HERE MARCHING THROUGH ST. JAMES PARK. PHOTO BY MICHAEL HUDSON.



ST. GEORGE'S CHAPEL WAS SET APART AS THE REGIMENTAL CHAPEL OF THE ROYAL REGIMENT OF CANADA, MARKED BY AN ACT OF THANKSGIVING ON NOVEMBER 9, 2014. PHOTO BY MICHAEL HUDSON.

Upcoming Dates

Two weekly recitals are offered year-round: Sundays at 4:00pm, and Tuesdays at 1:00pm

JAN 1 **Naming of Jesus / New Year's Day**
12:30pm Said Eucharist
1:30pm The Archbishop's Levee
3:00pm Festive Music
3:30pm Choral Evensong & Presentations of the Order of the Diocese of Toronto
Childcare available 1:30pm-5:30pm

JAN 4 **The Epiphany of the Lord**
Liturgies at 8:00am, 9:00am, 11:00am, and 4:30pm

JAN 6 **Choir Performance of Bach's Christmas Oratorio VI**, 6:00pm in the Cathedral

Epiphany Dinner
6:30pm Dinner & Program
Tickets \$30, available online

JAN 7 **Cantatas in the Cathedral**
6:00pm; Pay What You Can:
Meinen Jesum lass ic nicht, BWV 124 - Bach
Soloists: Soprano Teresa Mahon, Alto Laura McAlpine, Tenor Robert Busiakiewicz, Bass James Baldwin

JAN 11 **Trinity College Service**
at 4:30pm Choral Evensong

JAN 18 **Sunday in the Week of Prayer for Christian Unity**

JAN 24 **Naomi Skerrett Recital Series: Third Year Oratorio Class from University of Toronto's Faculty of Music**, 1:00pm in Snell Hall
Admission free, Donations welcome

JAN 31 **Amnesty Action Circle**
1:00pm in the Cathedral Centre;
Also Feb 28, Mar 28, Apr 25

FEB 1 **Eucharist in Thanksgiving for Anglican Ministry with Refugees**
at 4:30pm

GLORIA WIEBE WILL BE AWARDED THE ORDER OF THE DIOCESE OF TORONTO AT THE 3:30PM CHORAL EVENSONG SERVICE ON NEW YEAR'S DAY. THE AWARD IS A RECOGNITION OF GLORIA'S MINISTRY AND FAITHFUL SERVICE. WE ARE THANKFUL FOR HER MINISTRY AT ST. JAMES. PHOTO BY MICHAEL HUDSON.



ASH WEDNESDAY DISCOVERY DAY: FEBRUARY 18, 2015

On Ash Wednesday, the Cathedral will host its annual day-long program for children and youth, ages 6-14, from throughout the Diocese of Toronto.

Through morning workshops focused around the parables of Jesus, participants will have a chance to explore the meaning of the Christian faith and, in particular, the significance of Ash Wednesday and Lent. After eating lunch and taking part in the mid-day service, children and youth will get a behind-the-scenes look at the building and learn about the history of the Cathedral, which, in past years, has involved visits to the bell tower, organ and crypt.

As it is each year, this year's Ash Wednesday program will be an exciting chance for the Cathedral to be a place of welcome, fun and learning for a significant number of children and youth, both from our parish and from throughout the Diocese. For more information and to register, please contact Chris D'Angelo, Pastoral Associate for Children and Youth (cdangelo@stjamescathedral.on.ca) or visit the Cathedral website.

TOP RIGHT: ASH WEDNESDAY DISCOVERY DAY 2014.
PHOTOS BY MICHAEL HUDSON.



Holy Baptism

Oct 13 Faith Jean Armour Bousfield
Oct 26 Chase Matthew Cosman
Mia Renee Powell
Nov 1 Ayanna Patricia Bates
Jameson Daniel Bates

Rest eternal grant unto them, O Lord

Sep 1 Fred Baker
Sep 6 Fred Willard Sheldon
Oct 19 Barbara Shirley Kemp Mildon
Oct 25 Doreen Douglas
Nov 19 Sheila Kathleen Brown
Dec 1 Tom Genning
Dec 3 Eldon Archer
Dec 5 Lois Rae



THE PRIMATE'S WORLD RELIEF AND DEVELOPMENT FUND GATHERS IN PETERBOROUGH

I had the pleasure of attending a PWRDF gathering of Diocesan representatives from October 31st to November 2nd 2014 at the beautiful church of St. John the Evangelist in Peterborough which is the Reverend Gordon Finney's parish. There were 24 of us from across Canada and the theme was "Food Security."

The Finneys held a celebratory dinner at their home on the Friday night and it was a great way for us to mingle with the other representatives and to meet the four new ones.

The Saturday morning was spent visiting the Circle Organic Community in Millbrook and an informative talk by Farmer Julie on organic farming. We were also pleased to welcome:

- PWRDF partner Gigi Labradores, from the Southern Partners and Fair Trade Corporation which promotes sustainable development for excluded and disadvantaged producers. Gigi talked about fair trade practices especially with respect to the Philippines.
- Carolyn Doris and Joelle Favreau from the Peterborough Food Network attended a public event after dinner at St. John's to discuss food security and how it differs in Canada and the Philippines.
- Adele Finney, Executive Director of PWRDF, updated the representatives on the latest strategic plan and it was interesting to note that this includes more in-Canada projects and work, both expansion of existing projects with First Nations peoples and effective responses to in-Canada emergencies.
- Carolyn Vanderlip discussed the Canadian Anglican Partnership Program and our in-Canada education, communication, connections and advocacy work.

We also broke into groups by regions to discuss concerns and challenges of the representatives and to talk about what is new. New resources were introduced and discussed.

Sunday morning was spent at St. John's with Archbishop Fred Hiltz preaching. In the afternoon we had "Fred Says" time. This was an opportunity for the Primate to talk about the national church and PWRDF and we were invited to ask him questions. He mentioned attending a meeting with Carolyn Vanderlip called "The Way Forward" which included a group of Anglicans looking at issues which would be important leading up to the election in 2015.

At the end we were asked what each of us was taking home from the gathering. I wrote: *New Friends, New Knowledge and Renewal*. That sums it up for me. A wonderful weekend.

- Jenny Formanek

More Dates

FEB 4 **Cantatas in the Cathedral**
6:00pm; Pay What You Can:
Wir Gott nicht mit uns diese Zeit,
BWV 14 - Bach
Soloists: Soprano Jennifer Tavener,
Alto Elaine Robertson, Tenor Peter Mowat, Bass David Roth

FEB 8 **The 62nd Anniversary of the Accession of Her Majesty The Queen**
will be commemorated
at 4:30pm Choral Evensong
The Lieutenant Governor in attendance

FEB 18 **Ash Wednesday**
Liturgies with imposition of ashes
at 7:30am, 8:30am, 12:30pm,
5:15pm, and 6:30pm

Ash Wednesday Cathedral Discovery for Children & Youth
See article on page 6 for details

FEB 22 **The Annual Meeting of Vestry**
1:00pm

FEB 25 **Lenten Education Series**
Ways of Praying: Five Approaches
Feb 25, March 4, 11, 18, 25
Watch for details.

MAR 6 **World Day of Prayer**

MAR 12 **York Group Speaker Meeting**
1:00pm in the Lecture Room;
Also meeting in April and May.

MAR 15 **The Ordination of The Reverend Simon Davis** to the Sacred Order of Priests, 4:30pm

MAR 21 **Naomi Skerrett Recital Series:**
Kirsten Theriault, Harpist,
1:00pm in Snell Hall
Admission free, Donations welcome

More information about all listings available at 416-364-7865, or info@stjamescathedral.on.ca

The end of Christmas

When does Christmas end? On December 26 according to some, when the tree is put on the curb, ready for the collectors. For others, less zealous to put the festivities behind them, January 1 is a natural time to end the season, or at least to wind things down. Many Christians like to keep the old medieval tradition of “the twelve days of Christmas” ending on January 6, The Feast of the Epiphany. Modern church calendars (looking back to the early Church’s practice) combine Christmas and Epiphany into one longer “Christmastide” which lasts until The Feast of the Baptism of the Lord on the Sunday after January 6. In this system of counting the days, Christmas isn’t over until the baby born in Bethlehem, the child adored by the Magi and nurtured by Mary and Joseph, finally makes his adult appearance during the ministry of John the Baptist. Only then does God reveal the true meaning of Christmas to all the world, in the broad daylight of the desert sun: “This is my beloved Son in whom I am well pleased.” Only then can “ordinary time” resume, lasting until the Easter cycle of observances begins once again on Ash Wednesday. But there is one feast in the calendar that returns us to Christmas long after most have left it behind. On February 2 the Church celebrates The Presentation of the Lord, also known as The Purification of the Blessed Virgin Mary or Candlemas, and in the East, The Feast of the Meeting. The gospel for the day is from Luke who tells us that, according to custom, 40 days after his birth Jesus was presented in the temple by his parents. The Holy Family is received there by the prophetess Anna and the aged priest Simeon who recognize that the baby brought by his parents for the rites of purification is the long-awaited Messiah. As he takes the infant into his palsied arms Simeon proclaims: “Lord now lettest thou

thy servant depart in peace, according to thy word. For mine eyes have seen thy salvation, which thou hast prepared before the face of all people. To be a light to lighten the Gentiles and to be the glory of thy people Israel.” From earliest times Simeon’s words have formed the core of the Church’s night prayer.

What does The Feast of the Presentation of the Lord, The Feast of the Meeting, tell us about our faith? In returning us to Christmas one more time on February 2, just as we are beginning to look toward Lent and Easter, the Church reminds us that the fulfillment of Christmas is Easter. The meeting of Christ with those old people takes place in the Temple, the place of sacrifice, the place where life is given up so that life may be restored. And so it is not only the meeting of

a group of pious Jews with their Messiah, not only the recognition by them of the meeting of the divine and the human in the child of Bethlehem, it is also the foreshadowing of another meeting, the meeting on Calvary 33 years later when the little One presented to Simeon will himself die so that others may live. The forces of evil outside us, inside us, in the world, in our hearts, are not more powerful than the forces of good. There, on the cross on the hill, will take place a meeting of cosmic proportions, between good and evil, life and death, hope and despair. The fruit of that meeting will be the Resurrection, the fulfilment of the mission for which the baby presented to Simeon was born. This is the true end of Christmas.

- *The Reverend Canon David Brinton OGS*

YOU MAY HAVE NOTICED that our Cathedral is in need of maintenance and upgrades that would keep us proud of our beautiful building. To address this need for capital maintenance and repair, a sub-committee of Cathedral Council was formed.

The committee is made up of the following council members: Edwin Hawkin, Larry Enfield; Don Solomon; Angela David; The Wardens: Angela Carroll and Robert Hart; and Barry Graham for expert advice.

We would welcome your thoughts as we go through this process of ensuring the beauty and life of our Cathedral.

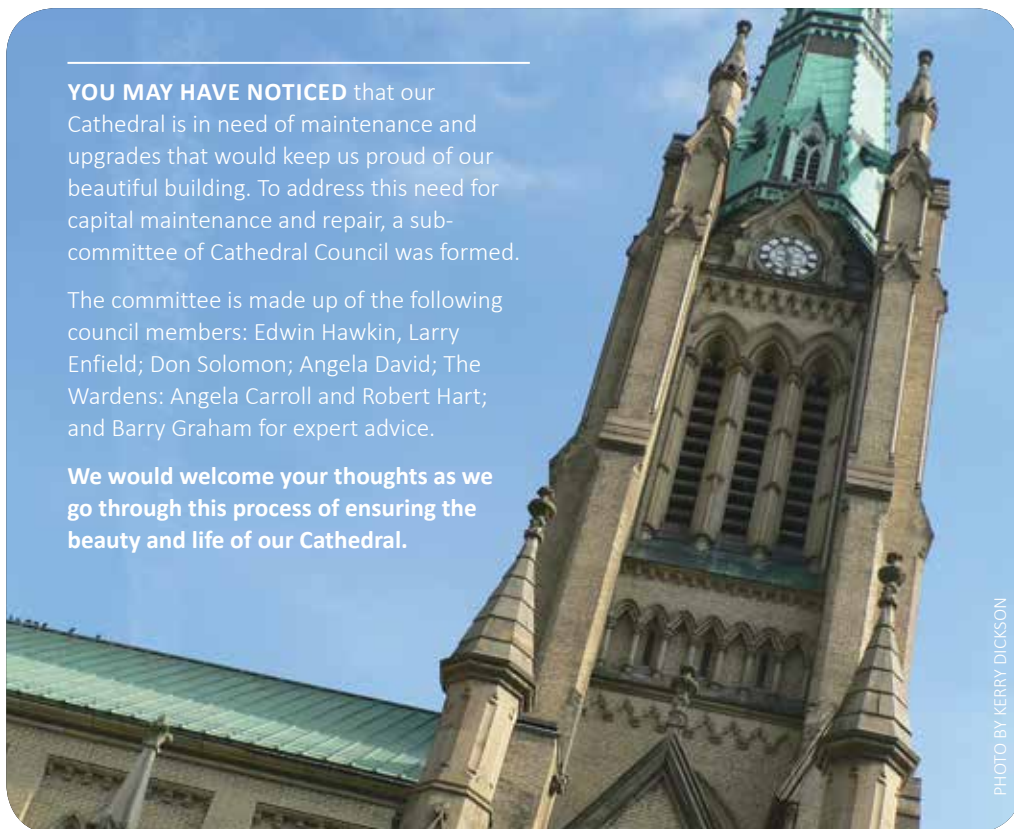


PHOTO BY KERRY DICKSON