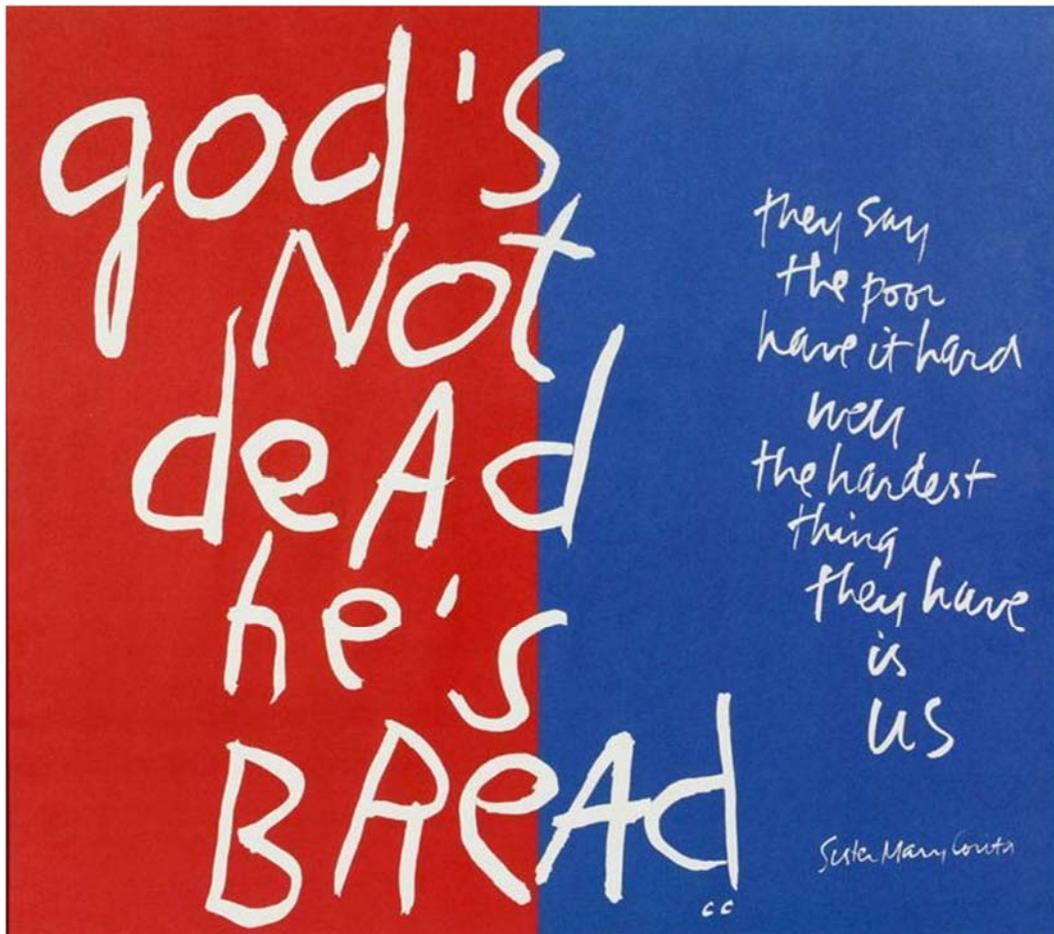


The Cathedral Church of St. James

The Eleventh Sunday After Pentecost

August 5, 2018 - Sung Eucharist at 9:00am



*"God's Not Dead He's Bread: the poor have it hard, well the hardest thing they have is us."
Sister Corita Kent, lithograph, USA, 1918-1986.*

Dan Berrigan once wrote, "When I hear bread breaking, I see something else; it seems almost as though God never meant us to do anything else. So beautiful a sound, the crust breaks up like manna and falls all over everything, and then we eat; bread gets inside humans."

[When I walk] back from communion [I am] overwhelmed by a feeling of cosmic companionship, a feeling of extraordinary closeness not only to the people around me, but also to Dan Berrigan, my Jesuit brothers scattered across the country, and my family in Minnesota. It felt as if the whole world, its beauty and ugliness, was involved in the chewing of that Bread. I was reminded that even in the midst of poverty, hunger, and war that God has indeed fallen all over everything. This tiny Bread inspires a revolution of tenderness. Like pop artist Sister Corita Kent said, "God's not dead, He's bread."

- *Billy Critchley-Menor SJ, 2018.*

Welcome to St. James Cathedral

This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

Information about Cathedral events, ministries announcements can be found at the back of this booklet after the service program.

Questions? Speak to a sidesperson – the people wearing gold name tags.

Children & Families

Sunday School is offered from September to June for all children aged 6-12. During the summer, children are encouraged to attend worship with their families. Worship bulletins are available to facilitate their participation in the service; you can find them at the entrance of the Cathedral, or by asking a sidesperson. Please return any supplies at the end of the service.

For any questions or further details about Sunday School, please contact Children, Youth, & Families Coordinator Andrew at akuhl@stjamescathedral.ca.

Nursery Care for preschoolers is available from 8:45am – 12:30pm on Sundays in St. George's Chapel.

Accessibility

A Wheelchair Accessible Washroom is located at the front of the Cathedral through the doors by the pulpit.
Assisted hearing devices are available from the sidespersons.

Coffee Hour

Join us for coffee after the 9:00 and 11:00am services in Snell Hall of the Cathedral Centre. The Cathedral Centre is the glass and brick building located behind the Cathedral on Church Street.

Parking

There are a variety of inexpensive parking lots available around the Cathedral. Please see the leaflets at the back of the Cathedral or online at stjamescathedral.ca/contact for more information.

Connect with the Cathedral

Visit our website at stjamescathedral.ca | Follow us on Facebook at [facebook.com/stjamesto](https://www.facebook.com/stjamesto)

As this is a very public and open space please be aware of your personal belongings. Do not leave them unattended in the Cathedral or in the Cathedral Centre.

Welcome! We are so glad you have joined us for worship this morning. Please ensure that cell phones are turned off and refrain from taking photographs during the liturgy.

THE GATHERING OF THE COMMUNITY

Prelude Andante Cantabile

Wolfgang Amadeus Mozart

Welcome and Announcements

Hymn

Text: Isaac Watts; Music: Hymns and Sacred Poems; Tune: Irish

*Hymn text
below*

The image shows a musical score for a hymn. It consists of three systems of music, each with a treble and bass staff. The key signature is one flat (B-flat major or D minor), and the time signature is common time (C). The music is written in a simple, homophonic style. The first system has 8 measures, the second has 8 measures, and the third has 8 measures. The word "A-men." is written at the end of the third system.

Hymn text

This is the day the Lord hath made, he calls the hours his own;
Let heaven rejoice, let earth be glad, and praise surround the throne.
Today he rose and left the dead, and Satan's empire fell;
Today the saints his triumphs spread, and all his wonders tell.
Hosanna to the anointed King, to David's holy Son!
Help us, O Lord; descend and bring salvation from thy throne.
Hosanna in the highest strains the Church on earth can raise;
The highest heavens in which he reigns shall give him nobler praise.

Presider The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People And also with you.

Gloria

New Plainsong Mass—David Hurd

Presider Glory to God in the highest,

All And peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Collect of the Day

Presider Let us pray.

Please remain standing.

Almighty God, your Son Jesus Christ fed the hungry with the bread of his life and the word of his kingdom. Renew your people with your heavenly grace, and in all our weakness sustain us by your true and living bread, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People Amen.

THE PROCLAMATION OF THE WORD

The First Reading

Please be seated.

Exodus 16: 2-4, 9-15

Reader The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, ‘If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.’ Then the Lord said to Moses, ‘I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not. Then Moses said to Aaron, ‘Say to the whole congregation of the Israelites, “Draw near to the Lord, for he has heard your complaining.” ’ And as

Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, ‘I have heard the complaining of the Israelites; say to them, “At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.” ’ In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, ‘What is it?’ For they did not know what it was. Moses said to them, ‘It is the bread that the Lord has given you to eat.’

Reader The word of the Lord. *People* Thanks be to God.

Psalm *Please remain seated.* *Psalm 78: 23-29—Plainsong*

Cantor So he commanded the clouds a-bove *
and opened the doors of hea-ven.

All He rained down manna upon them to eat *
and gave them grain from hea-ven.

Cantor So mortals ate the bread of an-gels; *
he provided for them food_e-nough.

All He caused the east wind to blow in the hea-vens *
and led out the south wind by_his might.

Cantor He rained down flesh upon them like dust *
and winged birds like the sand of the sea.

All He let it fall in the midst of their camp *
and round a-bout their dwel-lings.

Cantor So they ate and were well filled, *

All for he gave them what_they craved.

The Second Reading

Ephesians 4: 1-16

Reader I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is

above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Reader The word of the Lord. *People* Thanks be to God.

Gospel Acclamation

Walker and O'Carroll

Please stand as you are able and turn to face the Gospeller in the centre aisle.

Cantor Alleluia! Alleluia! Alleluia! *People* Alleluia! Alleluia! Alleluia!

Cantor We do not live by bread alone,
but by every word that comes from the mouth of God.

People Alleluia! Alleluia! Alleluia!

The Holy Gospel

John 6: 24-35

Gospeller The Lord be with you. *People* And also with you.

Gospeller The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Jesus Christ.

Gospeller When the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but

because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.” Then they said to him, “What must we do to perform the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’ ” Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.” Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

Gospeller

The Gospel of Christ.

People

Praise to you, Lord Jesus Christ.

Homily

The Nicene Creed

Please stand, as you are able.

Presider

Let us confess our faith, as we say,

All

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken

through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Please remain standing.

Please join in the response indicated by the Intercessor.

Confession and Absolution

Presider Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites us to this table. Let us confess our sins, confident in God's forgiveness.

Please kneel, as you are able.

Presider Most merciful God,

All we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People Amen.

The Peace

Please stand, as you are able.

We offer each other a sign of peace. A handshake or a simple bow are appropriate.

Presider The peace of the Lord be always with you.

People And also with you.

THE CELEBRATION OF THE EUCHARIST

An offering will now be taken for the life and ministry of the Cathedral.

Offertory Hymn

Text: John Greenleaf Whittier; Music: C.H.H. Parry; Tune: Repton

Unison

1 Dear God, com - pas - sion - ate and kind, for - give our
2 In sim - ple trust like theirs who heard, be - side the
3 O Sab - bath rest by Gal - i - lee! O calm of
4 Drop thy still dews of qui - et - ness till all our
5 Breathe through the heats of our de - sire thy cool - ness

fool - ish ways. Re - clothe us in our right - ful
Syr - ian sea, the gra - cious call - ing of the
hills a - bove, where Je - sus knelt to share with
striv - ings cease; take from our souls the strain and
and thy balm; let sense be dumb, let flesh re -

mind, in pur - er lives thy ser - vice find, in
Lord, let us, like them, with - out a word, rise
thee the si - lence of e - ter - ni - ty in -
stress, and let our or - dered lives con - fess the
tire; speak through the earth - quake, wind, and fire, O

deep - er rev - erence, praise, in deep - er rev - erence, praise.
 up and fol - low thee, rise up and fol - low thee!
 ter - pret - ed by love, in - ter - pret - ed by love!
 beau - ty of thy peace, the beau - ty of thy peace.
 still small voice of calm, O still small voice of calm.

Prayer over the Gifts

Presider God our sustainer, accept all we offer you this day, and feed us continually with that bread which satisfies all hunger, your Son our Saviour Jesus Christ.

People Amen.

The Great Thanksgiving

Presider The Lord be with you.

People And also with you.

Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

Presider We give you thanks and praise, almighty God, for the gift of a world full of wonder, and for our life which comes from you. By your power you sustain the universe.

People Glory to you for ever and ever.

Presider You created us to love you with all our heart, and to love each other as ourselves, but we rebel against you by the evil that we do. In Jesus, your Son, you bring healing to our world and gather us into one great family. Therefore, with all who serve you on earth and in heaven, we praise your wonderful name, as we sing,

Sanctus & Benedictus

Byzantine; arr. George Black

Cantor Holy, holy, holy Lord, God of power and might,
All Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Please kneel, as you are able.

Presider We give you thanks and praise, loving Father, because in sending Jesus, your Son, to us you showed us how much you love us. He cares for the poor and the hungry. He suffers with the sick and the rejected. Betrayed and forsaken, he did not strike back but overcame hatred with love. On the cross he defeated the power of sin and death. By raising him from the dead you show us the power of your love to bring new life to all your people.

People Glory to you for ever and ever.

Presider On the night before he gave up his life for us, Jesus, at supper with his friends, took bread, gave thanks to you, broke it, and gave it to them, saying, "Take this, all of you, and eat it: this is my body which is given for you."

After supper, Jesus took the cup of wine, said the blessing, gave it to his friends, and said, "Drink this, all of you: this is the cup of my blood, the blood of the new and eternal covenant, which is shed for you and for many, so that sins may be forgiven. Do this in memory of me."

People Glory to you for ever and ever.

Presider Gracious God, with this bread and wine we celebrate the death and resurrection of Jesus, and we offer ourselves to you in him. Send your Holy Spirit on us and on these gifts, that we may know the presence of Jesus in the breaking of bread, and share in the life of the family of your children.

People Glory to you for ever and ever.

Presider Father, you call us to be your servants; fill us with the courage and love of Jesus, that all the world may gather in joy at the table of your kingdom. We sing your praise, almighty Father, through Jesus, our Lord, in the power of the Holy Spirit, now and for ever.

People Glory to you for ever and ever. Amen.

The Lord's Prayer

McNeil Robinson

Presider As our Saviour taught us, let us pray,
All Our Father in heaven, hallowed be your name, your kingdom come,
your will be done, on earth as in heaven. Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us. Save us from
the time of trial, and deliver us from evil. For the kingdom, the power,
and the glory are yours, now and for ever. Amen.

The Breaking of the Bread

Presider We break this bread to share in the body of Christ.
All We, being many, are one body, for we all share in the one bread.

The Communion

Presider The gifts of God for the People of God.
People Thanks be to God.

Agnus Dei

New Plainsong Mass—David Hurd

All Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, grant us peace.

All baptized persons are welcome to receive Communion.

*There are three stations for reception: the centre aisle (standing),
and both side altars (kneel or stand).*

Gluten-free hosts are available upon request.

For health reasons, please refrain from dipping the host in the chalice.

Motet O Taste And See *Text: Psalm 34: 8; Music: Ralph Vaughan Williams*

Choir O taste and see how gracious the Lord is:
blest is the man that trusteth in him.

Communion Hymn

Text: Reginald Heber; Music: Melody Strabourg; Tune: Rendez À Dieu

Bread of the world, in mer - cy bro - ken, Wine of the
Pain vi - vant don - né pour nos â - mes, vin pour nos

soul in mer - cy shed, by whom the words of life were
ê - tres ré - pan - du, pa - ro - les d'a - mour et de

spo - ken, and in whose death our sins are dead:
flam - mes, mort où l'es - poir nous est ren - du;

look on the heart by sor - row bro - ken; look on the
vois no - tre des - tin mi - sé - ra - ble, les pleurs ver -

tears by sin - ners shed, and be thy feast to us the
sés sur nos mal - heurs, nour - ris - nous à ta sain - te

to - ken that by thy grace our souls are fed.
ta - ble par ta bon - té, par tes dou - leurs.

Prayer after Communion

Presider Let us pray. *Please stand, as you are able.*
God of grace, we have shared in the mystery of the body and blood of Christ. May we who have tasted the bread of life live with you for ever. We ask this in the name of Jesus Christ our Lord.

People Amen.

Presider Glory to God,
All whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

The Blessing

Presider The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

People Amen.

Hymn

Text: Horatius Bonar; Music: Melody English trad.; Tune: Kingsfold

Em C D/C G D G Am Dsus⁴ D

1 I heard the voice of Je - sus say, "Come un - to me and rest;
2 I heard the voice of Je - sus say, "Be - hold, I free - ly give
3 I heard the voice of Je - sus say, "I am this dark world's light;

C² C Am D Em D G Am Em

lay down, thou wea - ry one, lay down thy head up - on my breast."
the liv - ing wa - ter; thirs - ty one, stoop down and drink and live."
look un - to me, thy morn shall rise, and all thy day be bright."

Bm Em Am D G C Dsus⁴ D

I came to Je - sus as I was, so wea - ry, worn, and sad;
I came to Je - sus and I drank of that life - giv - ing stream;
I looked to Je - sus and I found in him my star, my sun;

G C² Am Em D G Am Em

I found in him a rest - ing place, and he has made me glad.
 my thirst was quenched, my soul re - vived, and now I live in him.
 and in that light of life I'll walk till trav - elling days are done.

Dismissal

Presider Go in peace to love and serve the Lord.

People Thanks be to God.

Postlude Allegro Vivo

Wolfgang Amadeus Mozart

Presiding Celebrant: The Reverend David Bousfield • Homilist: The Vicar

Reader & Intercessor: Andrew Kuhl

Communion Ministers: Gerald Courage, Andrew Kuhl, Emily Kuhl & Gloria Wiebe

Stewards: Carol Burnham Cook & Gerald Courage

Director of Music: Robert Busiakiewicz • Guest Organist: Andrew Ager

Sung by the Cathedral Parish Choir

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