# The Cathedral Church of St. James

The Twelfth Sunday After Pentecost

August 12, 2018 - Sung Eucharist at 9:00am



"Eucharist" by Daniel Bonnell, USA.

The Holy Eucharist is a fire that purifies and consumes all our miseries and imperfections. Do everything in your power to make yourself worthy of the Eucharist, and this Divine Fire will take care of the rest. - Saint Hyacinth of Mariscotti, Italy, 16th century.

For One in such a lofty position to stoop so low is a marvel that is staggering. What sublime humility and humble sublimeness, that the Lord of the Universe, the Divine Son of God, should stoop as to hide Himself under the appearance of bread for our salvation! Behold the humble way of God, my brothers. Therefore, do not hold yourselves to be anything of yourselves, so that you may be entirely acceptable to One Who gives Himself entirely to you.

What wonderful majesty! What stupendous condescension! O sublime humility! That the Lord of the whole universe, God and the Son of God, should humble Himself like this under the form of a little bread, for our salvation! - Saint Francis of Assisi, Italy, 13th century.

## Welcome to St. James Cathedral

This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

Information about Cathedral events, ministries announcements can be found at the back of this booklet after the service program.

Questions? Speak to a sidesperson – the people wearing gold name tags.

#### Children & Families

**Sunday School** is offered from September to June for all children aged 6-12. During the summer, children are encouraged to attend worship with their families. Worship bulletins are available to facilitate their participation in the service; you can find them at the entrance of the Cathedral, or by asking a sidesperson. Please return any supplies at the end of the service. For any questions or further details about Sunday School, please contact Children, Youth, & Families Coordinator Andrew at **akuhl@stjamescathedral.ca**.

Nursery Care for preschoolers is available from 8:45am – 12:30pm on Sundays in St. George's Chapel.

#### **Accessibility**

A Wheelchair Accessible Washroom is located at the front of the Cathedral through the doors by the pulpit. Assisted hearing devices are available from the sidespersons.

#### **Coffee Hour**

Join us for coffee after the 9:00 and 11:00am services in Snell Hall of the Cathedral Centre.

The Cathedral Centre is the glass and brick building located behind the Cathedral on Church Street.

### **Parking**

There are a variety of inexpensive parking lots available around the Cathedral. Please see the leaflets at the back of the Cathedral or online at **stjamescathedral.ca/contact** for more information.

#### Connect with the Cathedral

Visit our website at stjamescathedral.ca | Follow us on Facebook at facebook.com/stjamesto

As this is a very public and open space please be aware of your personal belongings. Do not leave them unattended in the Cathedral or in the Cathedral Centre.

Welcome! We are so glad you have joined us for worship this morning. Please ensure that cell phones are turned off and refrain from taking photographs during the liturgy.

#### THE GATHERING OF THE COMMUNITY

**Prelude** Elegiac Prelude

Gerald Bales

#### Welcome and Announcements

#### Hymn

Hymn text below



Hymn text

Jesus shall reign where'er the sun doth his successive journeys run; his kingdom stretch from shore to shore, till moons shall wax and wane no more.

People and realms of every tongue dwell on his love with sweetest song, and infant voices shall proclaim their early blessings on his name.

Blessings abound where'er he reigns; the prisoner leaps to lose his chains; the weary find eternal rest, and all the sons of want are blest.

Let every creature rise and bring peculiar honours to our King; angels descend with songs again, and earth repeat the loud Amen.

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Presider The grace of our Lord Jesus Christ, and the love of God, and the

fellowship of the Holy Spirit, be with you all.

People And also with you.

Gloria New Plainsong Mass—David Hurd

Presider Glory to God in the highest,

Father. Amen.

All And peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the

## Collect of the Day

Presider Let us pray.

Please remain standing.

Almighty God, you sent your Holy Spirit to be the life and light of your Church. Open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love, joy, and peace; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

People Amen.

#### THE PROCLAMATION OF THE WORD

**The First Reading** Please be seated.

1 Kings 19: 4-8

Reader

But Elijah himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O Lord, take away my life, for I am no better than my ancestors.' Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.' He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God.

*Reader* The word of the Lord.

People Thanks be to God.

**Psalm** Please remain seated. Psalm 34: 1-8—Plainsong

Cantor I will bless the Lord at all times; \*

his praise shall ever be in my mouth.

All I will glory in the Lord; \*

let the humble hear and rejoice.

Cantor Proclaim with me the greatness of the Lord; \*

let us exalt his <u>name</u> together.

All I sought the Lord, and he <u>an</u>-swered\_me \*

and delivered me out of <u>all</u> my terror.

Cantor Look upon him and be <u>ra</u>-diant, \*

and let not your <u>fa</u>-ces be a\_shamed.

All I called in my affliction and the Lord heard me \*

and saved me from all my troubles.

Cantor The angel of the Lord encompasses those who <u>fear</u> him, \*

and he will de-li-ver them.

All Taste and see that the Lord is good; \*

happy are they who trust in him!

## The Second Reading

*Ephesians 4: 25 – 5: 2* 

Reader

So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

*Reader* The word of the Lord.

People Thanks be to God.

#### Walker and O'Carroll

### **Gospel Acclamation**

Please stand as you are able and turn to face the Gospeller in the centre aisle.

Cantor Alleluia! Alleluia! Alleluia! People Alleluia! Alleluia! Alleluia!

Cantor I am the living bread which came down from heaven,

says the Lord; anyone who eats this bread will live for ever.

People Alleluia! Alleluia! Alleluia!

## The Holy Gospel

John 6: 35, 41-51

Gospeller The Lord be with you. People And also with you. Gospeller The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Jesus Christ.

Gospeller

Jesus said to the people, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh."

Gospeller

The Gospel of Christ.

People

Praise to you, Lord Jesus Christ.

## **Homily**

Please stand, as you are able.

#### The Nicene Creed

Presider

Let us confess our faith, as we say,

All

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## The Prayers of the People

Please remain standing.

Please join in the response indicated by the Intercessor.

#### **Confession and Absolution**

Presider

Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites us to this table. Let us confess our sins, confident in God's forgiveness.

Please kneel, as you are able.

Presider

Most merciful God,

All

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider Almighty God have mercy upon you, pardon and deliver you from all

your sins, confirm and strengthen you in all goodness, and keep you in

eternal life; through Jesus Christ our Lord.

People Amen.

#### The Peace

Please stand, as you are able.

We offer each other a sign of peace. A handshake or a simple bow are appropriate.

*Presider* The peace of the Lord be always with you.

People And also with you.

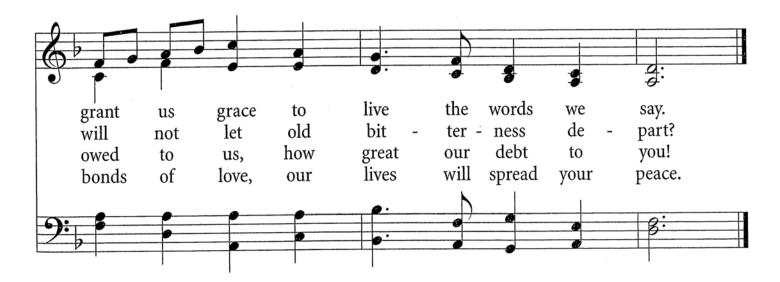
#### THE CELEBRATION OF THE EUCHARIST

An offering will now be taken for the life and ministry of the Cathedral.

## **Offertory Hymn**

Text: Rosamond Eleanor Herklots; Music: Melody Supplement to Kentucky Harmony; Tune: Detroit





### Prayer over the Gifts

Presider Father, receive all we offer you this day, and grant that in this eucharist

we may be enriched by the gifts of the Spirit. We ask this in the name of

Jesus Christ our Lord.

People Amen.

### The Great Thanksgiving

Presider The Lord be with you. People And also with you.

Presider Lift up your hearts. People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.People It is right to give our thanks and praise.

Presider We give you thanks and praise, almighty God, for the gift of a world

full of wonder, and for our life which comes from you. By your power

you sustain the universe.

People Glory to you for ever and ever.

Presider You created us to love you with all our heart, and to love each other as

ourselves, but we rebel against you by the evil that we do. In Jesus, your Son, you bring healing to our world and gather us into one great family. Therefore, with all who serve you on earth and in heaven, we praise

your wonderful name, as we sing,

## Byzantine; arr. George Black

#### Sanctus & Benedictus

Cantor

Holy, holy, holy Lord, God of power and might,

All

Holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Please kneel, as you are able.

Presider

We give you thanks and praise, loving Father, because in sending Jesus, your Son, to us you showed us how much you love us. He cares for the poor and the hungry. He suffers with the sick and the rejected. Betrayed and forsaken, he did not strike back but overcame hatred with love. On the cross he defeated the power of sin and death. By raising him from the dead you show us the power of your love to bring new life to all your people.

People Glory to you for ever and ever.

Presider

On the night before he gave up his life for us, Jesus, at supper with his friends, took bread, gave thanks to you, broke it, and gave it to them, saying, "Take this, all of you, and eat it: this is my body which is given for you."

After supper, Jesus took the cup of wine, said the blessing, gave it to his friends, and said, "Drink this, all of you: this is the cup of my blood, the blood of the new and eternal covenant, which is shed for you and for many, so that sins may be forgiven. Do this in memory of me."

*People* Glory to you for ever and ever.

Presider

Gracious God, with this bread and wine we celebrate the death and resurrection of Jesus, and we offer ourselves to you in him. Send your Holy Spirit on us and on these gifts, that we may know the presence of Jesus in the breaking of bread, and share in the life of the family of your children.

*People* Glory to you for ever and ever.

Presider

Father, you call us to be your servants; fill us with the courage and love of Jesus, that all the world may gather in joy at the table of your kingdom. We sing your praise, almighty Father, through Jesus, our Lord, in the power of the Holy Spirit, now and for ever.

People Glory to you for ever and ever. Amen.

McNeil Robinson

### The Lord's Prayer

Presider As our Saviour taught us, let us pray,

All

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power,

and the glory are yours, now and for ever. Amen.

## The Breaking of the Bread

Presider We break this bread to share in the body of Christ.

We, being many, are one body, for we all share in the one bread. A11

#### The Communion

The gifts of God for the People of God. Presider

People Thanks be to God.

#### Agnus Dei

New Plainsong Mass—David Hurd

All

Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace.

All baptized persons are welcome to receive Communion. There are three stations for reception: the centre aisle (standing), and both side altars (kneel or stand). Gluten-free hosts are available upon request. For health reasons, please refrain from dipping the host in the chalice.

#### O Sacred Feast Motet

Healey Willan

Choir

O sacred feast, wherein Christ is received, the memory of his passion is renewed in us, our souls are filled with grace, and the pledge of everlasting glory is given unto us. Alleluia.

## **Prayer after Communion**

Presider Let us pray. Please stand, as you are able.

Eternal God, grant to your Church the unity and peace that we have tasted in this eucharist, the fruit of your life-giving Spirit. We ask this in the name of Jesus Christ the Lord.

People Amen. Presider Glory to God,

All whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church

and in Christ Jesus, for ever and ever. Amen.

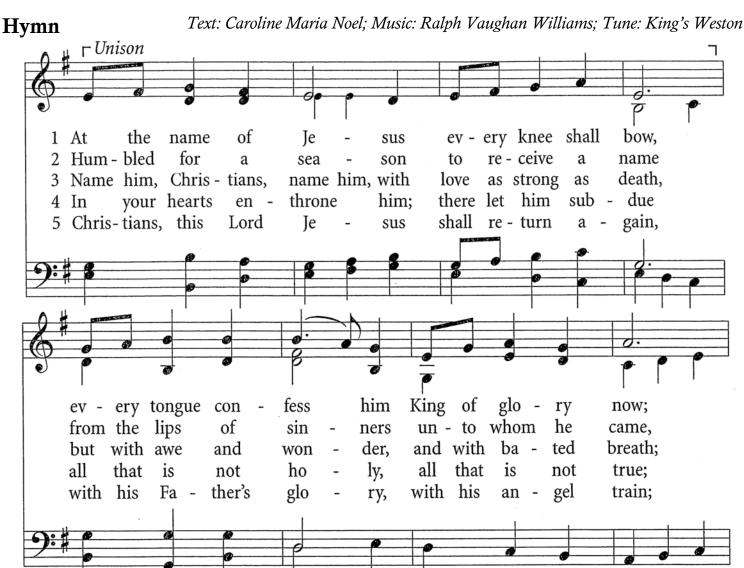
## The Blessing

Presider The peace of God which passes all understanding keep your hearts and

minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and

the Holy Spirit, be among you and remain with you always.

People Amen.





#### **Dismissal**

*Presider* Go in peace to love and serve the Lord.

People Thanks be to God.

**Postlude** Postlude in D

William Mathias

Presiding Celebrant: The Vicar • Homilist: The Reverend Leigh Kern
Reader: Jacqueline Gibbons • Intercessor: Sharon Danley
Communion Ministers: Margaret Dougherty, Cecil Fennell, Rob Haines & Robert Hart
Stewards: Robert Coates & Jacqueline Gibbons
Director of Music: Robert Busiakiewicz • Organist: Ian Sadler
Sung by the Cathedral Parish Choir

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