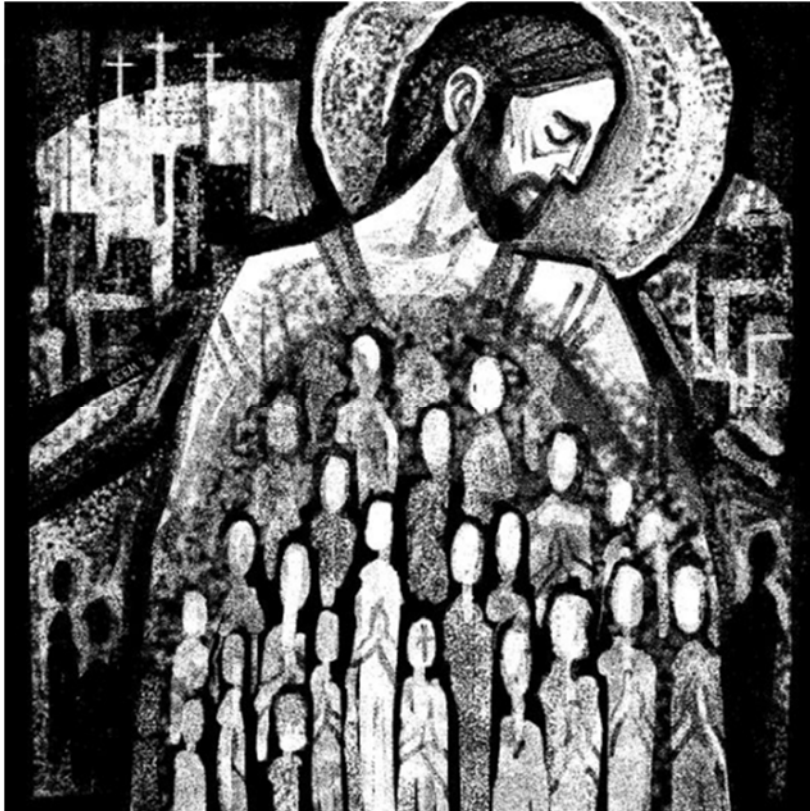


The Cathedral Church of St. James

The Thirteenth Sunday After Pentecost

August 19, 2018 - Choral Eucharist at 11:00am



"The Reluctant Blood" by Kristin Miller, Chicago USA: 2016.

"If the poison of pride is swelling up in you, turn to the Eucharist; and that Bread, Which is your God humbling and disguising Himself, will teach you humility. If the fever of selfish greed rages in you, feed on this Bread; and you will learn generosity. If the cold wind of coveting withers you, hasten to the Bread of Angels; and charity will come to blossom in your heart. If you feel the itch of intemperance, nourish yourself with the Flesh and Blood of Christ, Who practiced heroic self-control during His earthly life; and you will become temperate. If you are lazy and sluggish about spiritual things, strengthen yourself with this heavenly Food; and you will grow fervent. Lastly, if you feel scorched by the fever of impurity, go to the banquet of the Angels; and the spotless Flesh of Christ will make you pure and chaste." - *St. Cyril of Alexandria*

"The humility of Jesus can be seen in the crib, in the exile to Egypt, in the hidden life, in the inability to make people understand Him, in the desertion of His apostles, in the hatred of His persecutors, in all the terrible suffering and death of His Passion, and now in His permanent state of humility in the tabernacle, where He has reduced Himself to such a small particle of bread that the priest can hold Him with two fingers. The more we empty ourselves, the more room we give God to fill us." - *Blessed Mother Teresa of Calcutta*

Welcome to St. James Cathedral

This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

Information about Cathedral events, ministries announcements can be found at the back of this booklet after the service program.

Questions? Speak to a sidesperson – the people wearing gold name tags.

Children & Families

Sunday School is offered from September to June for all children aged 6-12. During the summer, children are encouraged to attend worship with their families. Worship bulletins are available to facilitate their participation in the service; you can find them at the entrance of the Cathedral, or by asking a sidesperson. Please return any supplies at the end of the service.

For any questions or further details about Sunday School, please contact Children, Youth, & Families Coordinator Andrew at akuhl@stjamescathedral.ca.

Nursery Care for preschoolers is available from 8:45am – 12:30pm on Sundays in St. George's Chapel.

Accessibility

A Wheelchair Accessible Washroom is located at the front of the Cathedral through the doors by the pulpit.
Assisted hearing devices are available from the sidespersons.

Coffee Hour

Join us for coffee after the 9:00 and 11:00am services in Snell Hall of the Cathedral Centre. The Cathedral Centre is the glass and brick building located behind the Cathedral on Church Street.

Parking

There are a variety of inexpensive parking lots available around the Cathedral. Please see the leaflets at the back of the Cathedral or online at stjamescathedral.ca/contact for more information.

Connect with the Cathedral

Visit our website at stjamescathedral.ca | Follow us on Facebook at facebook.com/stjamesto

*As this is a very public and open space please be aware of your personal belongings.
Do not leave them unattended in the Cathedral or in the Cathedral Centre.*

Welcome! We are so glad you have joined us for worship this morning. Please ensure that cell phones are turned off and refrain from taking photographs during the liturgy.

THE GATHERING OF THE COMMUNITY

Prelude A Selection of Early English Voluntaries

Welcome and Announcements

Hymn

Text: Katolisches Gesangbuch, tr. Edward Caswall; Music: Joseph Barnby; Tune: Laudes Domini

*Hymn text
below and
on facing
page*

May JE - SUS CHRIST be praised!

May JE - SUS CHRIST be praised! A-men.

Hymn text

When morning gilds the skies, my heart awaking cries,
May Jesus Christ be praised!
Alike at work and prayer to Jesus I repair;
May Jesus Christ be praised!

Whene'er the sweet church bell peals over hill and dell,
May Jesus Christ be praised!
O hark to what it sings, as joyously it rings,
May Jesus Christ be praised!

Hymn text In heaven's eternal bliss the loveliest strain is this,
cont'd May Jesus Christ be praised!
The powers of darkness fear when this sweet chant they hear,
May Jesus Christ be praised!
Be this, while life is mine, my canticle divine,
May Jesus Christ be praised!
Be this the eternal song through all the ages on,
May Jesus Christ be praised!

Presider The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People And with thy spirit.

Presider Almighty God,
All unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

Kyrie Eleison *Please kneel, as you are able.*

*Missa Brevis—Thomas Tallis
arr. Andrew Ager*

Choir *Kyrie, eleison. Christe, eleison. Kyrie, eleison.*

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

Gloria *Please stand, as you are able.*

Merbecke

Presider Glory be to God on high,
All and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy upon us. Thou that takest away the sin of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

Collect of the Day

Presider Let us pray. *Please remain standing.*
Almighty God, you have broken the tyranny of sin and sent into our hearts the Spirit of your Son. Give us grace to dedicate our freedom to your service, that all people may know the glorious liberty of the children of God; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People Amen.

THE PROCLAMATION OF THE WORD

The First Reading *Please be seated.* *Proverbs 9: 1-6*

Reader Wisdom has built her house, she has hewn her seven pillars. She has slaughtered her animals, she has mixed her wine, she has also set her table. She has sent out her servant girls, she calls from the highest places in the town, "You that are simple, turn in here!" To those without sense she says, "Come, eat of my bread and drink of the wine I have mixed. Lay aside immaturity, and live, and walk in the way of insight."

Reader The word of the Lord. *People* Thanks be to God.

Psalm *Please remain seated.* *Psalm 34: 9-14 – Chant by John Camidge Jr.*

Choir O fear the LORD, ye that are his saints;
for they that fear him lack nothing.
The lions do lack, and suffer hunger;
but they who seek the LORD
shall want no manner of thing that is good.
Come, ye children, and hearken unto me;
I will teach you the fear of the LORD.
What man is he that desireth to live,
and would fain see good days?
Keep thy tongue from evil,
and thy lips, that they speak no guile.
Depart from evil, and do good;
seek peace, and pursue it.

The Second Reading

Ephesians 5: 15-20

Reader Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

Reader The word of the Lord. *People* Thanks be to God.

Gospel Acclamation

Plainsong

Please stand as you are able and turn to face the Gospeller in the centre aisle.

Cantor Alleluia! Alleluia! Alleluia! *People* Alleluia! Alleluia! Alleluia!

Cantor Those who eat my flesh and drink my blood abide in me and I in them, says the Lord.

People Alleluia! Alleluia! Alleluia!

The Holy Gospel

John 6: 51-58

Gospeller The Lord be with you. *People* And with thy spirit.

Gospeller The Holy Gospel of our Lord Jesus Christ according to John.

People Glory be to thee, O Lord.

Gospeller Jesus said to the people, "I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh." The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever."

Gospeller The Gospel of Christ. *People* Praise be to thee, O Christ.

Homily

The Nicene Creed *Please stand, as you are able.*

Merbecke

Presider I believe in one God
All the Father almighty, maker of heaven and earth, and of all things visible and invisible: And in one Lord Jesus Christ, the only-begotten Son of God, begotten of the Father before all worlds; God, of God; Light, of Light; very God, of very God; begotten, not made; being of one substance with the Father; through whom all things were made: who for us all and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man, and was crucified also for us under Pontius Pilate. He suffered and was buried, and the third day he rose again according to the scriptures, and ascended into heaven, and sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end. And I believe in the Holy Ghost, the Lord, the giver of life, who proceedeth from the Father and the Son, who with the Father and the Son together is worshipped and glorified, who spake by the prophets. And I believe one, holy, catholic, and apostolic Church. I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead, and the life of the world to come. Amen.

The Intercession

Presider Dear friends in Christ, let us pray to the Source of all Life for the Church and the world.

Please kneel, as you are able.

Intercessor God, hear our prayer. *People* And let our cry come unto thee.

At the Thanksgiving for the departed:

Intercessor Rest eternal grant unto them, O Lord,

People And let light perpetual shine upon them.

Presider Heavenly One, you have heard the prayers of your faithful people. You know our needs before we ask and our ignorance in asking. Grant our requests as may be best for us. This we ask in the name of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

People Amen.

Confession and Absolution

Presider Let us humbly confess our sins to almighty God.

All Almighty God,
Father of our Lord Jesus Christ, Maker of all things, Judge of all people:
We acknowledge and confess our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word and deed, against thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honour and glory of thy name; through Jesus Christ our Lord. Amen.

Presider Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord.

People Amen.

The Peace

Please stand, as you are able.

We offer each other a sign of peace.

A handshake or a simple bow are appropriate.

Presider The peace of the Lord be always with you.

People And with thy spirit.

THE CELEBRATION OF THE EUCHARIST

An offering will now be taken for the life and ministry of the Cathedral.

Offertory Hymn

Text: Richard Gillard; Music: Melody Richard Gillard; Tune: Servant Song

1 Sis - ter, let me be your ser - vant, let me be as
 2 We are pil - grims on a jour - ney, fel - low trav - ellers
 3 I will hold the Christ - light for you in the night - time
 4 I will weep when you are weep - ing; when you laugh I'll

Christ to you; pray that I may have the
 on the road; we are here to help each
 of your fear; I will hold my hand out
 laugh with you. I will share your joy and

grace to let you be my ser - vant too.
 oth - er walk the mile and bear the load.
 to you, speak the peace you long to hear.
 sor - row till we've seen this jour - ney through.

5 When we sing to God in heaven,
 we shall find such harmony,
 born of all we've known together
 of Christ's love and agony.

6 Brother, let me be your servant,
 let me be as Christ to you;
 pray that I may have the grace to
 let you be my servant too.

Presider Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee.

People Amen.

Thanksgiving & Consecration

Presider The Lord be with you. *People* And with thy spirit.

Presider Lift up your hearts. *People* We lift them up unto the Lord.

Presider Let us give thanks unto our Lord God.

People It is meet and right so to do.

Presider It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things. Through Jesus Christ our Lord; who on this first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore, with Angels and Archangels and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

Please kneel, as you are able.

Sanctus & Benedictus

Missa Brevis—Thomas Tallis arr. Andrew Ager

Choir *Sanctus, Sanctus, Sanctus, Dominus Deus Sabaoth,
pleni sunt coeli et terra gloria tua. Hosanna in excelsis.
Benedictus, qui venit in nomine Domini. Hosanna in excelsis.*

Holy, Holy, Holy, Lord God of hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord Most High. Blessed is he that cometh in the Name of the Lord: Hosanna in the highest.

Presider Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; And, when he had given thanks, he brake it, and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded.

And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

People

Amen.

The Lord's Prayer

Merbecke

Presider And now, as our Saviour Christ hath taught us, we are bold to say:
Our Father,

All who art in Heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

Presider We break this bread to share in the body of Christ.

All We, being many, are one body, for we all share in the one bread.

The Communion

Presider The gifts of God for the People of God.

People Thanks be to God.

Agnus Dei

Missa Brevis—Thomas Tallis arr. Andrew Ager

Choir *Agnus Dei, qui tollis peccata mundi, miserere nobis. Agnus Dei, qui tollis peccata mundi, miserere nobis. Agnus Dei, qui tollis peccata mundi, dona nobis pacem.*

O Lamb of God, that takest away the sin of the world, have mercy upon us. O Lamb of God, that takest away the sin of the world, have mercy upon us. O Lamb of God, that takest away the sin of the world, grant us thy peace.

All baptized persons are welcome to receive Holy Communion.

Gluten-free hosts are available upon request.

If you choose not to receive communion, you are welcome to come forward to receive a blessing.

Simply cross your hands over your chest to indicate this to the priest.

Prayers for healing and anointing are available at the Lady Chapel.

Communion Hymn

Text: Thomas Aquinas; Music: Melody Mode 5, Processionale;

Tune: Adoro Te

Unison

1 Thee we a - dore, O hid - den Sav - iour, thee,
2 O blest me - mo - rial of our dy - ing Lord,
3 Foun - tain of good - ness, Je - sus, Lord and God,
4 O Christ, whom now be - neath a veil we see,

who in thy sac - ra - ment dost deign to be;
who liv - ing bread to us doth here af - ford,
cleanse us, un - clean, with thy most cleans - ing blood;
may what we thirst for soon our por - tion be,

both flesh and spir - it at thy pres - ence fail,
 O may our souls for - ev - er feed on thee,
 in - crease our faith and love, that we may know
 to gaze on thee un - veiled, and see thy face,

yet here thy pres - ence we de - vout - ly hail.
 and thou, O Christ, for - ev - er pre - cious be.
 the hope and peace which from thy pres - ence flow.
 the vi - sion of thy glo - ry and thy grace.

Motet Verily, Verily I Say Unto You

*Text: John 6: 53-56;
 Music: Thomas Tallis*

Choir Verily, verily I say unto you, except ye eat the flesh of the Son of Man and drink His blood, ye have not life in you. Whoso eateth my flesh and drinketh my blood hath eternal life, and I will raise him up at the last day. For my flesh is meat indeed, and my blood is drink indeed. He that eateth my flesh and drinketh my blood dwelleth in me, and I in him.

Prayer after Communion

Presider Let us pray. *Please stand, as you are able.*
Eternal God, we have received a token of your promise. May we who have been nourished by holy things live as faithful heirs of your promised kingdom, in the name of Jesus Christ our Lord.

People Amen.

Presider Glory to God,
All whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

The Blessing

Presider The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always.

People Amen.

Hymn

*Text: Joachim Neander; Music: Stralsund Gesangbuch;
Tune: Lobe Den Herren*

*Hymn text
on facing
page*

The musical score is written in G major (one sharp) and 4/4 time. It consists of three systems of two staves each (treble and bass clef). The first system has a repeat sign at the end. The second system has a repeat sign at the end. The third system ends with 'A - men.'

Hymn text Praise to the Lord, the Almighty, the King of creation;
O my soul, praise him, for he is thy health and salvation:
All ye who hear, now to his temple draw near
Joining in glad adoration.

Praise to the Lord, who o'er all things so wondrously reigneth,
Shelters thee under his wings, yea, so gently sustaineth:
Hast thou not seen how thy entreaties have been
Granted in what he ordaineth?

Praise to the Lord, who doth prosper thy work, and defend thee;
Surely his goodness and mercy here daily attend thee:
Ponder anew what the Almighty can do,
If with his love he befriend thee.

Praise to the Lord! O let all that is in me adore him!
All that hath life and breath come now with praises before him!
Let the Amen sound from his people again:
Gladly for aye we adore him.

Dismissal

Deacon Go in peace to love and serve the Lord.

People Thanks be to God.

Postlude Prelude in B Minor (BWV 544)

Johann Sebastian Bach

Presiding Celebrant: The Reverend Pearce J. Carefoote • Homilist: The Vicar

First Reader: Dana Brooks • Second Reader: Shawn Thorpe

Intercessor: Angela Carroll

Sung by the Choir of St. James Cathedral

Director of Music: Robert Busiakiewicz • Conductor: Ian Sadler • Organist: Manuel Piazza

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