There is in all visible things an invisible fecundity, a dimmed light, a meek namelessness, a hidden wholeness. This mysterious Unity and Integrity is Wisdom, the Mother of all, Natura naturans. There is in all things an inexhaustible sweetness and purity, a silence that is a fount of action and joy. It rises up in wordless gentleness and flows out to me from the unseen roots of all created being, welcoming me tenderly, saluting me with indescribable humility. This is at once my own being, my own nature, and the Gift of my Creator's Thought and Art within me, speaking as Hagia Sophia, speaking as my sister, Wisdom. I am awakened, I am born again at the voice of this my Sister, sent to me from the depths of the divine fecundity.

When the helpless one awakens strong at the voice of mercy, it is as if Life his Sister, as if the Blessed Virgin, (his own flesh, his own sister), as if Nature made wise by God's Art and Incarnation were to stand over him and invite him with unutterable sweetness to be awake and to live. This is what is means to recognize Hagia Sophia.

O blessed, silent one, who speaks everywhere! We do not hear the soft voice, the gentle voice, the merciful and feminine. We do not hear mercy, or yielding love, or nonresistance, or non-reprisal. In her there are no reasons and no answers. Yet she is the candor of God’s light…

- Excerpts from “Hagia Sophia” by Thomas Merton.
Welcome to St. James Cathedral

This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

Information about Cathedral events, ministries announcements can be found at the back of this booklet after the service program.
Questions? Speak to a sidesperson – the people wearing gold name tags.

Children & Families

Sunday School is offered at 11:00am for all children aged 5-12, including visitors, in the Library of the Cathedral Centre. Children and their families are invited to gather in the reserved pews near the entrance of the Cathedral with Children & Youth Coordinator Andrew Kuhl. During the Collect, Andrew will bring the group to the Library, returning to the service for the Eucharist. Speak to Andrew directly about registration or email him at akuhl@stjamescathedral.ca.

Nursery Care for preschoolers is available from 8:45am – 12:30pm on Sundays, in the Library (Cathedral Centre).

Accessibility

A Wheelchair Accessible Washroom is located at the front of the Cathedral through the doors by the pulpit.
Assisted hearing devices are available from the sidespersons.

Coffee Hour

Join us for coffee after the 9:00 and 11:00am services in Snell Hall of the Cathedral Centre. The Cathedral Centre is the glass and brick building located behind the Cathedral on Church Street.

Parking

There are a variety of inexpensive parking lots available around the Cathedral. Please see the leaflets at the back of the Cathedral or online at stjamescathedral.ca/contact for more information.

Connect with the Cathedral

Visit our website at stjamescathedral.ca | Follow us on Facebook at facebook.com/stjamesto

As this is a very public and open space please be aware of your personal belongings.
Do not leave them unattended in the Cathedral or in the Cathedral Centre.
Welcome! We are so glad you have joined us for worship this morning. Please ensure that cell phones are turned off and refrain from taking photographs during the liturgy.

THE GATHERING OF THE COMMUNITY

Prelude     A Fancy
Thomas Tomkins

Welcome and Announcements

Hymn
Text & Music: Charles Venn Pilcher; Tune: Hermon

Hymn text on facing page

Amen.
King of love, O Christ, we crown you Lord of thought and Lord of will,
each demand of your high challenge dedicated to fulfil;
we with you by grace co-workers, till, where human foot has trod,
peoples, kings, dominions, races, own the empire of our God.

King of life, you have created wheat in golden harvest spread:
make your servants strong to serve you by the gift of daily bread.
Feed us with your body broken, with your blood outpoured sustain,
that our souls divinely strengthened may the life eternal gain.

King triumphant, King victorious, take your throne our hearts within,
lest the might of fierce temptation snare us into deadly sin.
By the Spirit’s rich anointing, grant us strength life’s race to run,
till the power of sin be vanquished, till the prize of God be won.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.
And with thy spirit.

Almighty God,
unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

Please kneel, as you are able.

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

Please stand, as you are able.

Glory be to God on high,
and in earth peace, good will towards all. We praise thee, we bless thee,
we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy upon us.
Thou that takest away the sin of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For
thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

Collect of the Day

Presider Let us pray. Please remain standing. Almighty God, you call your Church to witness that in Christ we are reconciled to you. Help us so to proclaim the good news of your love, that all who hear it may turn to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People Amen.

Children between the ages of 5-12 are invited to go to Sunday School (in the Cathedral Centre Library) by meeting Andrew Kuhl at the entrance to the Cathedral; they will return for the Eucharist.

THE PROCLAMATION OF THE WORD

The First Reading Please be seated. Isaiah 50: 4-9a

Reader The Lord God has given me the tongue of a teacher, that I may know how to sustain the weary with a word. Morning by morning he wakens—wakens my ear to listen as those who are taught. The Lord God has opened my ear, and I was not rebellious, I did not turn backwards. I gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting. The Lord God helps me; therefore I have not been disgraced; therefore I have set my face like flint, and I know that I shall not be put to shame; he who vindicates me is near. Who will contend with me? Let us stand up together. Who are my adversaries? Let them confront me. It is the Lord God who helps me; who will declare me guilty?

Reader The word of the Lord. People Thanks be to God.

Psalm Please remain seated. Psalm 116: 1-9 – Chant by Robert Busiakiewicz

Choir My delight is in the LORD, because he hath heard the voice of my prayer; Because he hath inclined his ear unto me, therefore will I call upon him as long as I live. The cords of death compassed me round about, and the pains of hell gat hold upon me.
I found trouble and heaviness,
and I called upon the Name of the LORD:
"O LORD, I beseech thee, deliver my soul."
Gracious is the LORD, and righteous;
yea, our God is merciful.
The LORD preserveth the simple:
I was in misery and he helped me.
Turn again then unto thy rest, O my soul;
for the LORD hath dealt bountifully with thee.
For thou hast delivered my soul from death,
mine eyes from tears, and my feet from falling.
I will walk before the LORD
in the land of the living.

The Second Reading

James 3: 1-12

Reader Not many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. For all of us make many mistakes. Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle. If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great exploits. How great a forest is set ablaze by a small fire! And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, but no one can tame the tongue – a restless evil, full of deadly poison. With it we bless the Lord and Father, and with it we curse those who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so. Does a spring pour forth from the same opening both fresh and brackish water? Can a fig tree, my brothers and sisters, yield olives, or a grapevine figs? No more can salt water yield fresh.

Reader The word of the Lord. People Thanks be to God.
Gospel Acclamation

Please stand as you are able and turn to face the Gospeller in the centre aisle.

Cantor Alleluia! Alleluia! Alleluia! People Alleluia! Alleluia! Alleluia!
Cantor I do not glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world.
People Alleluia! Alleluia! Alleluia!

The Holy Gospel

Mark 8: 27-38

Gospeller The Lord be with you. People And with thy spirit.
Gospeller The Holy Gospel of our Lord Jesus Christ according to Mark.
People Glory be to thee, O Lord.
Gospeller Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, “Who do people say that I am?” And they answered him, “John the Baptist; and others, Elijah; and still others, one of the prophets.” He asked them, “But who do you say that I am?” Peter answered him, “You are the Messiah.” And he sternly ordered them not to tell anyone about him. Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, “Get behind me, Satan! For you are setting your mind not on divine things but on human things.” He called the crowd with his disciples, and said to them, “If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it.

For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.”

Gospeller The Gospel of Christ. People Praise be to thee, O Christ.

Homily
The Nicene Creed  Please stand, as you are able.  Merbecke

Presider  I believe in one God
All  the Father almighty, maker of heaven and earth, and of all things visible and invisible: And in one Lord Jesus Christ, the only-begotten Son of God, begotten of the Father before all worlds; God, of God; Light, of Light; very God, of very God; begotten, not made; being of one substance with the Father; through whom all things were made: who for us all and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man, and was crucified also for us under Pontius Pilate. He suffered and was buried, and the third day he rose again according to the scriptures, and ascended into heaven, and sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end. And I believe in the Holy Ghost, the Lord, the giver of life, who proceedeth from the Father and the Son, who with the Father and the Son together is worshipped and glorified, who spake by the prophets. And I believe one, holy, catholic, and apostolic Church. I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead, and the life of the world to come. Amen.

The Intercession

Presider  Dear friends in Christ, let us pray to the Source of all Life for the Church and the world.
All  Please kneel, as you are able.

Intercessor  God, hear our prayer.  People  And let our cry come unto thee.

At the Thanksgiving for the departed:

Intercessor  Rest eternal grant unto them, O Lord,
People  And let light perpetual shine upon them.

Presider  Heavenly One, you have heard the prayers of your faithful people. You know our needs before we ask and our ignorance in asking. Grant our requests as may be best for us. This we ask in the name of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

People  Amen.
Confession and Absolution

Presider Let us humbly confess our sins to almighty God.

Almighty God,

All Father of our Lord Jesus Christ, Maker of all things, Judge of all people: We acknowledge and confess our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word and deed, against thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ’s sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honour and glory of thy name; through Jesus Christ our Lord. Amen.

Presider Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord.

People Amen.

The Peace

Please stand, as you are able.

We offer each other a sign of peace.

A handshake or a simple bow are appropriate.

Presider The peace of the Lord be always with you.

People And with thy spirit.

THE CELEBRATION OF THE EUCHARIST

An offering will now be taken for the life and ministry of the Cathedral.
Offertory Hymn

Text: Refrain George W. Kitchin, st. 1-5 Shirley E. Murray; Music: Sydney H. Nicholson; Tune: Crucifer

Refrain

Lift high the cross, the love of Christ proclaim till
all the world adore his sacred name!

Harmony

1 Come, Christian people, sing your praises, shout! If
2 Jesus, you wept to see our human strife: teach
3 Peace was your plea, and peace your loving theme: let
4 Great is the cost of walking on this road, to
5 Worlds to be born and children yet to be, come,

we are silent, even stones cry out.
us compassion for each human life.
peace be our passport, peace a living dream.
follow and suffer with the Son of God.
take up this song into eternity.
Presider  Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee.

People  Amen.

Thanksgiving & Consecration

Presider  The Lord be with you.  People  And with thy spirit.
Presider  Lift up your hearts.  People  We lift them up unto the Lord.
Presider  Let us give thanks unto our Lord God.
People  It is meet and right so to do.
Presider  It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things. Through Jesus Christ our Lord; who on this first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore, with Angels and Archangels and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

Please kneel, as you are able.

Sanctus & Benedictus

Choir  Sanctus, Sanctus, Sanctus, Dominus Deus Sabaoth,
pleni sunt coeli et terra gloria tua. Hosanna in excelsis.
Benedictus, qui venit in nomine Domini. Hosanna in excelsis.

Holy, Holy, Holy, Lord God of hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord Most High. Blessed is he that cometh in the Name of the Lord: Hosanna in the highest.

Presider  Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.
Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ’s holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; And, when he had given thanks, he brake it, and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded.

And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

People
Amen.

The Lord’s Prayer

Presider And now, as our Saviour Christ hath taught us, we are bold to say:
Our Father,

All who art in Heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against
us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

Presider  We break this bread to share in the body of Christ.
All  We, being many, are one body, for we all share in the one bread.

The Communion

Presider  The gifts of God for the People of God.
People  Thanks be to God.

Agnus Dei

Choir  Agnus Dei, qui tollis peccata mundi, miserere nobis. Agnus Dei, qui tollis peccata mundi, miserere nobis. Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

O Lamb of God, that takest away the sin of the world, have mercy upon us. O Lamb of God, that takest away the sin of the world, have mercy upon us. O Lamb of God, that takest away the sin of the world, grant us thy peace.

All baptized persons are welcome to receive Holy Communion. Gluten-free hosts are available upon request. If you choose not to receive communion, you are welcome to come forward to receive a blessing. Simply cross your hands over your chest to indicate this to the priest. Prayers for healing and anointing are available at the Lady Chapel.

Communion Hymn

Text: Ps. 23; para. Henry W. Baker; Music: John B. Dykes.; Tune: Dominus Regit Me
**Hymn text**

The King of love my Shepherd is, whose goodness faileth never;
I nothing lack if I am his and he is mine for ever.

Where streams of living water flow my ransomed soul he leadeth,
And where the verdant pastures grow with food celestial feedeth.

Perverse and foolish oft I strayed, but yet in love he sought me,
And on his shoulder gently laid, and home, rejoicing, brought me.

In death’s dark vale I fear no ill with thee, dear Lord, beside me;
Thy rod and staff my comfort still, thy cross before to guide me.

Thou spread’st a table in my sight; thy unction grace bestoweth;
And O what transport of delight from thy pure chalice floweth!

And so through all the length of days thy goodness faileth never:
Good Shepherd, may I sing thy praise within thy house for ever.

**Motet**

O Sing Unto The Lord A New Song

*Thomas Tomkins*

**Choir**

O sing unto the Lord a new song.

Let the congregation of saints sing praise unto him.

Let Israel rejoice in him that made him,

and let the children of Sion for ever sing Alleluia.

**Prayer after Communion**

*Presider* Let us pray.  

God of peace, in this eucharist we have been reconciled to you and to our neighbours. May we who have been nourished by holy things always have the courage to forgive. We ask this in the name of Jesus Christ the Lord.

*People* Amen.

*Presider* Glory to God,  

All whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

**The Blessing**

*Presider* The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus
Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always.

People

Amen.

Hymn

Text: Ps. 100; para. William Kethe; Music: Melody Geneva; Tune: Old 100th

1 All people that on earth do dwell, sing
2 Know that the Lord is God indeed; with
3 O enter then his gates with praise, approach with joy his courts unto; praise, laud, and bless his
4 For why, the Lord our God is good; his mercy is forever sure; his truth at all times

praise forth tell; come ye before him and rejoice.
doth us feed, and for his sheep he doth us take.
nome always, for it is seemly so to do.
firmly stood, and shall from age to age endure.
Dismissal

Deacon  Go in peace to love and serve the Lord.
People  Thanks be to God.

Postlude  Chorale Fantasie on ‘O Sing Unto The Lord’  Sigfrid Karg-Elert