

The Cathedral Church of St. James

The Fourth Sunday of Advent

December 23, 2018 - Sung Eucharist at 9:00am



"The Visitation" by Romare Bearden, 1941.

The Messenger

There is some sentry at the rim of winter fed with the speech the wind makes
In the grand belfries of the sleepless timber.
He understands the lasting strife of tears, and the way the world is strung;
He waits to warn all life with the tongue of March's bugle,
Of the coming of the warrior sun.
When spring has garrisoned up her army of water,
A million grasses leave their tents, and stand in rows
To see their invincible brother.
Mending the winter's ruins with their laughter,
The flowers go out to their undestructive wars.
Walk in the woods and be witnesses,
You, the best of these poor children.
When Gabriel hit the bright shore of the world,
Yours were the eyes saw some
Star-sandalled stranger walk like lightning down the air,
The morning the Mother of God
Loved and dreaded the message of an angel.

- Thomas Merton

Welcome to St. James Cathedral

This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

Information about Cathedral events, ministries announcements can be found at the back of this booklet after the service program.

Questions? Speak to a sidesperson – the people wearing gold name tags.

Children & Families

Sunday School is offered at 11:00am for all children aged 5-12, including visitors, in the Library of the Cathedral Centre. Children and their families are invited to gather in the reserved pews near the entrance of the Cathedral with Children & Youth Coordinator Andrew Kuhl. During the Collect, Andrew will bring the group to the Library, returning to the service for the Eucharist. Speak to Andrew directly about registration or email him at akuhl@stjamescathedral.ca.

Nursery Care for preschoolers is available from 8:45am – 12:30pm on Sundays, in the Library (Cathedral Centre).

Accessibility

A Wheelchair Accessible Washroom is located at the front of the Cathedral through the doors by the pulpit.
Assisted hearing devices are available from the sidespersons.

Coffee Hour

Join us for coffee after the 9:00 and 11:00am services in Snell Hall of the Cathedral Centre. The Cathedral Centre is the glass and brick building located behind the Cathedral on Church Street.

Parking

There are a variety of inexpensive parking lots available around the Cathedral. Please see the leaflets at the back of the Cathedral or online at stjamescathedral.ca/contact for more information.

Connect with the Cathedral

Visit our website at stjamescathedral.ca | Follow us on Facebook at facebook.com/stjamesto

*As this is a very public and open space please be aware of your personal belongings.
Do not leave them unattended in the Cathedral or in the Cathedral Centre.*

Welcome! We are so glad you have joined us for worship this morning. Please ensure that cell phones are turned off and refrain from taking photographs during the liturgy.

THE GATHERING OF THE COMMUNITY

Prelude The Holy Boy

John Ireland

Welcome and Announcements

Stewardship Moment

Peter Dawes

Hymn

Text: Latin; tr. John Mason Neale, alt.; Music: Plainsong, Mode 1, Processionale; arr. Healey Willan, alt.; Tune: Veni Emmanuel

1 O come, O come, Em - man - u - el, and ran - som cap - tive
2 O come, O Wis - dom from on high, who or - ders all things
3 O come, O come, great Lord of might, who to your tribes on
4 O come, O Rod of Jes - se's stem, from ev - ery foe de -

The first system of the musical score consists of a vocal line and a piano accompaniment. The vocal line is written on a single staff with a treble clef and a key signature of one sharp (F#). It contains four lines of lyrics. The piano accompaniment is written on two staves (treble and bass clefs) with a key signature of one sharp. The music is in a simple, plainsong style.

Is - ra - el that mourns in lone - ly ex - ile here
might - i - ly; to us the path of know - ledge show,
Si - nai's height in an - cient times once gave the law,
liv - er them that trust your might - y power to save,

The second system of the musical score continues the vocal line and piano accompaniment from the first system. It contains four lines of lyrics. The musical notation follows the same format as the first system, with a vocal line and a piano accompaniment on two staves.

Refrain

un - til the Son of God ap - pear.
 and teach us in her ways to go.
 in cloud and ma - jes - ty and awe.
 and give them vic - tory o'er the grave. Re - joice! Re - joice!

Em - man - u - el shall come to you, O Is - ra - el.

Presider The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People And also with you.

The Lighting of the Advent Wreath

One The Light shines in the darkness,
All **and the darkness did not overcome it.**

One Through Mary you came into the world,
All **Teach us loving obedience to your call,**

One A Reading from the Gospel of Luke: *Luke 1: 42b*
"Blessed are you among women, and blessed is the fruit of your womb."

The fourth candle is lit.

One God, who lovingly calls us,
All **You called Mary to bring Jesus into the world. Teach us to share your love. With everyone we meet. Through Jesus Christ, the light of the world. Amen.**

Collect of the Day

Presider Let us pray. *Please remain standing.*

Heavenly Father, who chose the Virgin Mary, full of grace, to be the mother of our Lord and Saviour, now fill us with your grace, that we in all things may embrace your will and with her rejoice in your salvation; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People Amen.

THE PROCLAMATION OF THE WORD

Please be seated.

The First Reading

Micah 5: 2-5a

Reader But you, O Bethlehem of Ephrathah, who are one of the little clans of Judah, from you shall come forth for me one who is to rule in Israel, whose origin is from of old, from ancient days. Therefore he shall give them up until the time when she who is in labour has brought forth; then the rest of his kindred shall return to the people of Israel. And he shall stand and feed his flock in the strength of the LORD, in the majesty of the name of the LORD his God. And they shall live secure, for now he shall be great to the ends of the earth; and he shall be the one of peace.

Reader The word of the Lord. *People* Thanks be to God.

Psalm *Please remain seated.* *Psalm 80: 1-7—Plainsong*

Cantor Hear, O Shepherd of Israel, leading Joseph like a flock; *
shine forth, you that are enthroned up-on the cher-u_bim.

All In the presence of Ephraim, Benjamin, and Ma-nas-seh, *
stir up your strength and come to help us.

Cantor Restore us, O God of hosts; *
show the light of your countenance, and we shall be saved.

All O Lord God of hosts, *
how long will you be angered despite the prayers of your peo-ple?

Cantor You have fed them with the bread of tears; *
you have given them bowls of tears to drink.

All You have made us the derision of our neigh-bours, *
and our ene-mies laugh us to scorn.

Cantor Restore us, O God of hosts; *
All show the light of your countenance, and we shall be saved.

The Second Reading *Hebrews 10: 5-10*

Reader Consequently, when Christ came into the world, he said, "Sacrifices and offerings you have not desired, but a body you have prepared for me; in burnt offerings and sin offerings you have taken no pleasure. Then I said, 'See, God, I have come to do your will, O God' (in the scroll of the book it is written of me)." When he said above, "You have neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings" (these are offered according to the law), then he added, "See, I have come to do your will." He abolishes the first in order to establish the second. And it is by God's will that we have been sanctified through the offering of the body of Jesus Christ once for all.

Reader The word of the Lord. *People* Thanks be to God.

Gospel Acclamation *Plainsong*

Please stand as you are able and turn to face the Gospeller in the centre aisle.

Cantor Alleluia! Alleluia! Alleluia! *People* Alleluia! Alleluia! Alleluia!

Cantor I am the servant of the Lord; let it be to me according to his word.

People Alleluia! Alleluia! Alleluia!

The Holy Gospel

Luke 1: 39-55

Gospeller The Lord be with you. *People* And also with you.

Gospeller The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory to you, Lord Jesus Christ.

Gospeller In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord." And Mary said, 'My soul magnifies the Lord, and my spirit rejoices in God my Saviour, for he has looked with favour on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name. His mercy is for those who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts. He has brought down the powerful from their thrones, and lifted up the lowly; he has filled the hungry with good things, and sent the rich away empty. He has helped his servant Israel, in remembrance of his mercy, according to the promise he made to our ancestors, to Abraham and to his descendants for ever.'

Gospeller The Gospel of Christ. *People* Praise to you, Lord Jesus Christ.

Homily

The Nicene Creed

Please stand, as you are able.

Presider Let us confess our faith, as we say,

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our

sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Please remain standing.

Please join in the response indicated by the Intercessor.

Confession and Absolution

Presider Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites us to this table. Let us confess our sins, confident in God's forgiveness.

Please kneel, as you are able.

Presider Most merciful God,
All we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People Amen.

The Peace

Please stand, as you are able.

We offer each other a sign of peace. A handshake or a simple bow are appropriate.

Presider The peace of the Lord be always with you.

People And also with you.

THE CELEBRATION OF THE EUCHARIST

An offering will now be taken for the life and ministry of the Cathedral.

Offertory Hymn

Text: Attrib. Venantius Fortunatus; tr. John Mason Neale, alt.;

Music: Adapt. Michael Praetorius; harm. G.R. Woodward;

Tune: Puer Nobis Nascitur

*Hymn text
below & on
facing page*

A-men.

Hymn text The God whom earth, and sea, and sky,
Adore, and laud, and magnify,
Whose might they own, whose praise they swell,
In Mary's womb vouchsafed to dwell.

The Lord whom sun and moon obey,
whom all things serve from day to day,
was by the Holy Ghost conceived
of her who through his grace believed.

How blest that Mother, in whose shrine
the world's Creator, Lord Divine,
whose hand contains the earth and sky,
once deigned, as in his ark, to lie;

Hymn text cont'd Blest in the message Gabriel brought,
blest by the work the Spirit wrought;
from whom the great Desire of earth
took human flesh and human birth.

O Lord, the Virgin-born, to thee
eternal praise and glory be,
whom with the Father we adore
and Holy Ghost for evermore.

Prayer over the Gifts

Presider Gracious God, by the power of the Spirit who sanctified the mother of your Son, make holy all we offer you this day. We ask this in the name of Jesus Christ the Lord.

People Amen.

The Great Thanksgiving

Presider The Lord be with you.

People And also with you.

Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

Presider Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who in the fullness of time came among us in our flesh, and opened to us the way of salvation. Now we watch for the day when he will come again in power and great triumph to judge this world, that we, without shame or fear, may rejoice to behold his appearing. Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your name.

Sanctus & Benedictus

Land of Rest

All Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest. Hosanna in the highest.

Please assume a posture of prayer that is appropriate – stand, sit or kneel.

Presider We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh,

Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine, and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command,

People we remember his death, we proclaim his resurrection, we await his coming in glory;

Presider and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever.

People Amen.

The Lord's Prayer

McNeil Robinson

Presider As our Saviour taught us, let us pray,

All Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

The Breaking of the Bread

Presider God of promise, you prepare a banquet for us in your kingdom.
All Happy are those who are called to the supper of the Lamb.

The Communion

Presider The gifts of God for the People of God.
People Thanks be to God.

Agnus Dei

New English Folk Mass

All Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, grant us peace.

All baptized persons are welcome to receive Communion.

There are three stations for reception: the centre aisle (standing), and both side altars (kneel or stand). Gluten-free hosts are available upon request.

For health reasons, please refrain from dipping the host in the chalice.

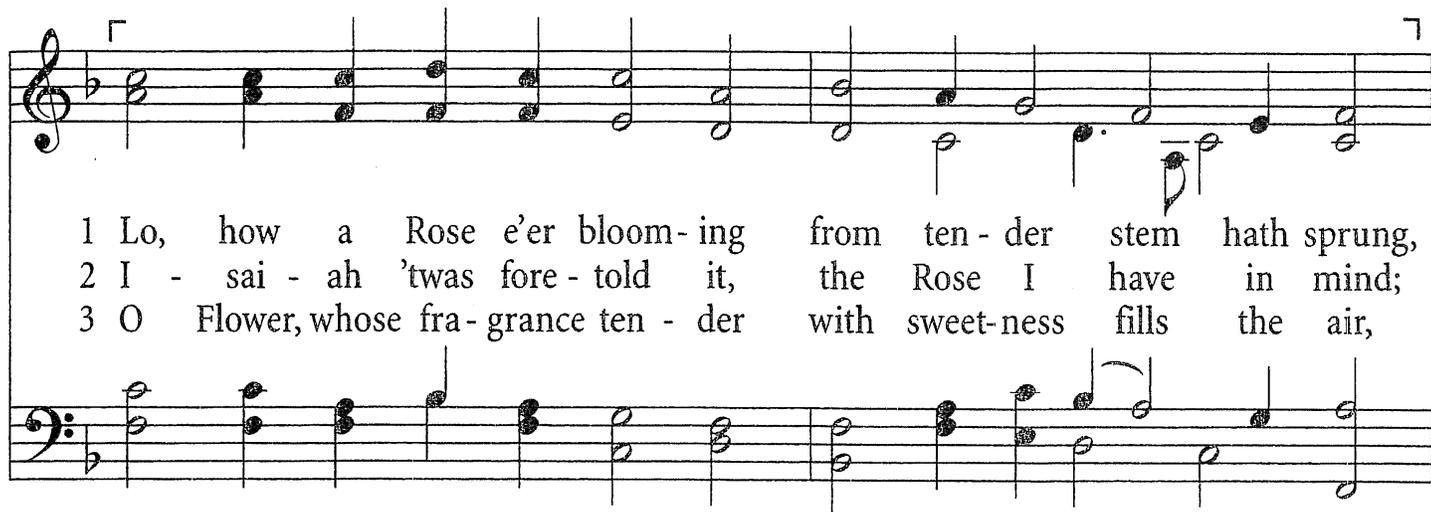
Motet How Far Is It To Bethlehem?

*Text: Frances Chesterton
Music: Geoffrey Shaw*

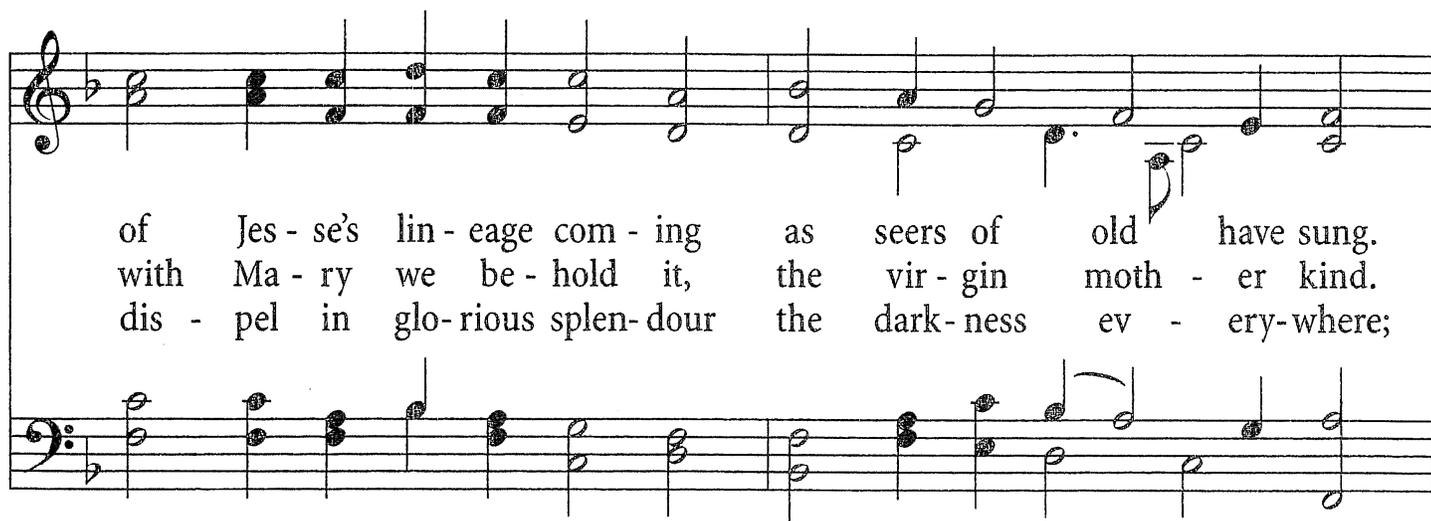
Choir How far is it to Bethlehem? Not very far.
Shall we find the stable-room lit by a star?
Can we see the little Child? Is He within?
If we lift the wooden latch, may we go in?
May we stroke the creatures there—ox, ass, or sheep?
May we peep like them and see Jesus asleep?
If we touch His tiny hand, will He awake?
Will He know we've come so far just for His sake?
Great kings have precious gifts, and we have naught;
Little smiles and little tears are all we brought.
For all weary children Mary must weep;
Here, on His bed of straw, sleep, children, sleep.
God, in His mother's arms, babes in the byre,
Sleep, as they sleep who find their heart's desire.

Hymn

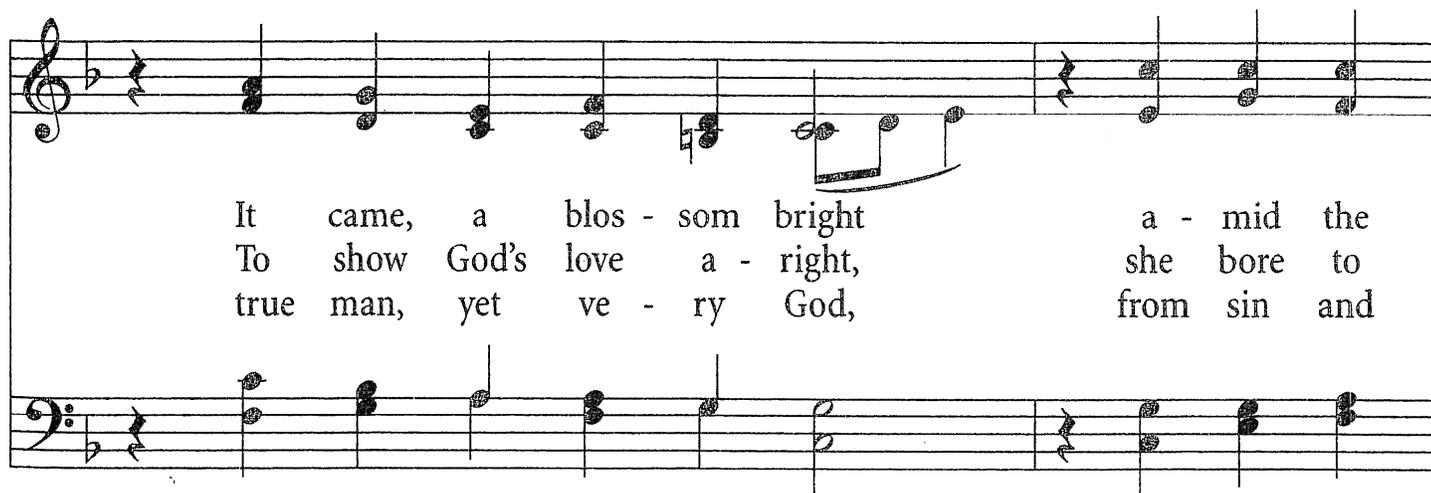
*Text: St. 1-2, German (15th cent.); tr. Theodore Baker.
St. 3, Friedrich Layritz; tr. H.R.K. Spaeth; Music: Melody Alte Catholische Geistliche
Kirchengesäng, Köln, 1599; harm. Michael Praetorius; Tune: Es Ist Ein' Ros*



1 Lo, how a Rose e'er bloom-ing from ten-der stem hath sprung,
2 I - sai - ah 'twas fore - told it, the Rose I have in mind;
3 O Flower, whose fra-grance ten - der with sweet-ness fills the air,



of Jes - se's lin - eage com - ing as seers of old have sung.
with Ma - ry we be - hold it, the vir - gin moth - er kind.
dis - pel in glo - rious splen - dour the dark - ness ev - ery - where;



It came, a blos - som bright a - mid the
To show God's love a - right, she bore to
true man, yet ve - ry God, from sin and

cold of win - ter, when half spent was the night.
 us a Sav - iour, when half spent was the night.
 death now save us, and share our ev - ery load.

Prayer after Communion

Presider Let us pray.

Please stand, as you are able.

Faithful God, in this sacrament we receive the promise of salvation. May we, like the Virgin Mary, be obedient to your will. We ask this in the name of Jesus Christ the Lord.

People Amen.

The Blessing

Presider Be steadfast in faith, joyful in hope, and untiring in love all the days of your life; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

People Amen.

Hymn

Text: From the Greek Liturgy of St. James; tr. Gerard Moultrie;

Music: French Traditional Carol; Tune: Picardy

*Hymn text
below*

Unison.

Hymn text

Let all mortal flesh keep silence, and with fear and trembling stand;
Ponder nothing earthly-minded, for with blessing in his hand,
Christ our God to us approacheth, our full homage to demand.

King of kings, yet born of Mary, as of old on earth he stood,
Lord of lords, in human vesture, in the Body and the Blood,
He will give to all the faithful his own Self for heavenly Food.

Rank on rank the host of heaven spreads its vanguard on the way,
As the Light of light descendeth from the realms of endless day,
That the powers of hell may vanish as the darkness clears away.

At his feet the six-winged Seraph; Cherubim with sleepless eye,
Veil their faces to the Presence, as with ceaseless voice they cry,
Alleluia, Alleluia, Alleluia, Lord most high.

Dismissal

Presider Go in peace to love and serve the Lord.

People Thanks be to God.

Postlude Carillon

Herbert Murrill

Presiding Celebrant: The Reverend James Liu • Homilist: The Reverend Andrew MacDonald

Reader: Peter Sidorchuk • Intercessor: Ruth Sidorchuk

Communion Ministers: Marion Dorosh, David Gates, Ruth Sidorchuk & Maurice Snelgrove

Stewards: Gerald Courage & Linda Schulz

Director of Music: Robert Busiakiewicz • Organist: Ian Sadler

Organ Scholar: Nick Veltmeyer

Sung by the Cathedral Parish Choir

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