

The Cathedral Church of St. James

The First Sunday in Lent

*March 10, 2019 – The Great Litany in Procession
& Choral Eucharist at 11:00am*



Ivan Filichev, Christ and the Devil, oil on cardboard, born in Russia in 1937.

“An intelligent man, or woman, is a lap that guides itself.
Let him or her lead. Trust the knowing they browse.
A half-intelligent person is one who lets the intelligent person be guide.
He holds on like the blind to the coat of a helper.
Through another, he acts and sees and learns.
There is a third kind with no intellect at all, who takes no advice,
strolls out into the wilderness, runs a little to one side, stops,
limps through the night with no candle, no stub of a candle, no notion what to ask for.
The first has perfect intellect. The second knows enough to surrender to the first.
One breathes with Jesus. The other dies, so Jesus can breathe through him.
The third flops and flounders in all directions, with no direction, lurches and leaps,
trying everything, with no way or way out.”

— *Jalāl ad-Dīn Muhammad Rūmī, The Soul of Rumi: A New Collection of Ecstatic Poems, Afghanistan, 1207.*

Welcome to St. James Cathedral

This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

Information about Cathedral events and ministries announcements can be found at the back of this booklet after the service program.

Questions? Speak to a sidesperson – the people wearing gold name tags.

Children & Families

Sunday School is offered at 11:00am for all children aged 5-12, including visitors, in the Library of the Cathedral Centre. Children and their families are invited to gather in the reserved pews near the entrance of the Cathedral with Children & Youth Coordinator Andrew Kuhl. During the Collect, Andrew will bring the group to the Library, returning to the service for the Eucharist. Speak to Andrew directly about registration or email him at akuhl@stjamescathedral.ca.

Nursery Care for preschoolers is available from 8:45am – 12:30pm on Sundays, in the Library (Cathedral Centre).

Accessibility

A Wheelchair Accessible Washroom is located at the front of the Cathedral through the doors by the pulpit.
Assisted hearing devices are available from the sidespersons.

Coffee Hour

Join us for coffee after the 9:00 and 11:00am services in Snell Hall of the Cathedral Centre. The Cathedral Centre is the glass and brick building located behind the Cathedral on Church Street.

Parking

There are a variety of inexpensive parking lots available around the Cathedral. Please see the leaflets at the back of the Cathedral or online at stjamescathedral.ca/contact for more information.

Connect with the Cathedral

Visit our website at stjamescathedral.ca | Follow us on Facebook at facebook.com/stjamesto

*As this is a very public and open space please be aware of your personal belongings.
Do not leave them unattended in the Cathedral or in the Cathedral Centre.*

Welcome! We are so glad you have joined us for worship this morning. Please ensure that cell phones are turned off and refrain from taking photographs during the liturgy.

THE GATHERING OF THE COMMUNITY

Welcome and Announcements

The Great Litany in Procession

Please kneel with the Litanist, as you are able, and refer to the Litany insert.

Collect of the Day

Presider Let us pray.

Please stand, as you are able.

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People Amen.

Children between the ages of 5-12 are invited to go to Sunday School (in the Cathedral Centre Library) by meeting Andrew Kuhl at the entrance to the Cathedral; they will return for the Eucharist.

THE PROCLAMATION OF THE WORD

Please be seated.

The First Reading

Deuteronomy 26: 1-11

Reader When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our

affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

Reader The word of the Lord. *People* Thanks be to God.

Psalm *Please remain seated.* *Psalm 91: 1-2, 9-16 – Plainsong*

Choir Whoso dwelleth under the defence of the Most High
 shall abide under the shadow of the Almighty.
I will say unto the LORD, 'Thou art my refuge and my stronghold;
 my God in whom I will trust.'
Because thou hast said, 'The LORD is my refuge',
 and hast made the Most High thy habitation,
There shall no evil happen unto thee,
 neither shall any plague come nigh thy dwelling.
For he shall give his angels charge over thee,
 to keep thee in all thy ways.
They shall bear thee in their hands,
 that thou hurt not thy foot against a stone.
Thou shalt tread upon the lion and adder:
 the young lion and the dragon shalt thou trample under thy feet.
Because he hath set his love upon me, therefore will I deliver him;
 I will set him up, because he hath known my Name.
He shall call upon me, and I will hear him:
 yea, I am with him in trouble; I will deliver him,
 and bring him to honour.
With long life will I satisfy him,
 and show him my salvation.

The Second Reading

Romans 10: 8b-13

Reader "The word is near you, on your lips and in your heart" (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

Reader The word of the Lord.

People Thanks be to God.

Gospel Acclamation

Andrew Ager

Please stand as you are able and turn to face the Gospeller in the centre aisle.

Cantor Praise to you, O Christ, King of eternal glory.

People Praise to you, O Christ, King of eternal glory.

Cantor We shall not live by bread alone, but by every word that proceeds from the mouth of God.

People Praise to you, O Christ, King of eternal glory.

The Holy Gospel

Luke 4: 1-13

Gospeller The Lord be with you.

People And with thy spirit.

Gospeller The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory be to thee, O Lord.

Gospeller Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'" Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'" Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written, 'He will

command his angels concerning you, to protect you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

Gospeller The Gospel of Christ.

People Praise be to thee, O Christ.

Homily

The Nicene Creed *Please stand, as you are able.*

Merbecke

Presider I believe in one God

All the Father almighty, maker of heaven and earth, and of all things visible and invisible: And in one Lord Jesus Christ, the only-begotten Son of God, begotten of the Father before all worlds; God, of God; Light, of Light; very God, of very God; begotten, not made; being of one substance with the Father; through whom all things weremade: who for us all and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man, and was crucified also for us under Pontius Pilate. He suffered and was buried, and the third day he rose again according to the scriptures, and ascended into heaven, and sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end. And I believe in the Holy Ghost, the Lord, the giver of life, who proceedeth from the Father and the Son, who with the Father and the Son together is worshipped and glorified, who spake by the prophets. And I believe one, holy, catholic, and apostolic Church. I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead, and the life of the world to come. Amen.

Confession and Absolution

Presider Let us humbly confess our sins to almighty God.

Please kneel, as you are able.

Almighty God,

All Father of our Lord Jesus Christ, Maker of all things, Judge of all people: We acknowledge and confess our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word and deed, against thy divine majesty. We do earnestly repent, and are heartily

sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honour and glory of thy name; through Jesus Christ our Lord. Amen.

Presider Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord.

People Amen.

The Peace

Please stand, as you are able.

*We offer each other a sign of peace.
A handshake or a simple bow are appropriate.*

Presider The peace of the Lord be always with you.

People And with thy spirit.

THE CELEBRATION OF THE EUCHARIST

An offering will now be taken for the life and ministry of the Cathedral.

Offertory Hymn *Text: Latin (6th cent.); tr. Maurice F. Bell, alt.; Music: Melody Geistliche Lieder, 1543; adapt. and harm. Johann Sebastian Bach; Tune: Erhalt Uns, Herr*

1 The glo - ry of these for - ty days we
2 A - lone and fast - ing, Mos - es saw the
3 So Dan - iel trained his mys - tic sight, de -
4 Then grant us, Lord, like them to be full
5 O Fa - ther, Son, and Spir - it blest, to

cel - e - brate with songs of praise; for Christ, through whom all
 lov - ing God who gave the law; and to E - li - jah,
 liv - ered from the li - ons' might; and John, the bride - groom's
 oft in fast and prayer with thee; our spir - its strength - en
 thee be ev - ery prayer ad - dressed, who art in three - fold

things were made, him - self has fast - ed and has prayed.
 fast - ing, came the steeds and char - i - ots of flame.
 friend, be - came the her - ald of Mes - si - ah's name.
 with thy grace, and give us joy to see thy face.
 name a - dored, from age to age, the on - ly Lord.

Presider Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee.

People Amen.

Thanksgiving & Consecration

Presider The Lord be with you.

People And with thy spirit.

Presider Lift up your hearts.

People We lift them up unto the Lord.

Presider Let us give thanks unto our Lord God.

People It is meet and right so to do.

Presider It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things. Who hast bidden us thy faithful people to cleanse our hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism, and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in works of love. Therefore, with Angels and Archangels and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

Please kneel, as you are able.

Sanctus & Benedictus

Missa Brevis – Simon Preston

Choir Holy, Holy, Holy, Lord God of hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord Most High. Blessed is he that cometh in the Name of the Lord: Hosanna in the highest.

Presider Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; And, when he had given thanks, he brake it, and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded.

And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion;

And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

People Amen.

The Lord's Prayer

Merbecke

Presider And now, as our Saviour Christ hath taught us, we are bold to say:

Our Father,

All who art in Heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

Presider We break this bread,

All Communion in Christ's body once broken.

Presider Let your Church be the wheat which bears its fruit in dying.

All If we have died with him, we shall live with him; if we hold firm, we shall reign with him.

The Communion

Presider The gifts of God for the People of God.

People Thanks be to God.

Agnus Dei

Missa Brevis – Simon Preston

Choir

O Lamb of God, that takest away the sin of the world, have mercy upon us. O Lamb of God, that takest away the sin of the world, have mercy upon us. O Lamb of God, that takest away the sin of the world, grant us thy peace.

All baptized persons are welcome to receive Holy Communion.

Gluten-free hosts are available upon request.

If you choose not to receive communion, you are welcome to come forward to receive a blessing.

Simply cross your hands over your chest to indicate this to the priest.

Prayers for healing and anointing are available at the Lady Chapel.

Communion Hymn

Text: Reginald Heber; Music: Melody Strasbourg, 1545; Geneva, 1551; harm. Ralph Vaughan Williams; Tune: Rendez À Dieu

Bread of the world, in mer - cy bro - ken, Wine of the
Pain vi - vant don - né pour nos â - mes, vin pour nos

soul in mer - cy shed, by whom the words of life were
ê - tres ré - pan - du, pa - ro - les d'a - mour et de

spo - ken, and in whose death our sins are dead:
flam - mes, mort où l'es - poir nous est ren - du;

look on the heart by sor-row bro-ken; look on the
 vois no-tre des-tin mi-sé-ra-ble, les pleurs ver-

tears by sin-ners shed, and be thy feast to us the
 sés sur nos mal-heurs, nour-ris-nous à ta sain-te

to-ken that by thy grace our souls are fed.
 ta-ble par ta bon-té, par tes dou-leurs.

Motet Non in Pane Solo *Text: Matthew 4: 4; Music: Gareth Wilson*

Choir Non in pane solo vivit homo
 sed in omni verbo quod procedit de ore Dei.

We do not live by bread alone,
 but by every word that comes from the mouth of God.

Prayer after Communion

Presider Let us pray. *Please stand, as you are able.*

Faithful God, in this holy bread you increase our faith and hope and love.
 Lead us in the path of Christ who is your Word of life. We ask this in his
 name.

People Amen.

The Blessing

Presider May the God of mercy transform you by his grace, and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

People Amen.

Hymn

Text: George Herbert; Music: Ralph Vaughan Williams; adapt. E. Harold Geer; Tune: The Call

Unison



1 Come, my Way, my Truth, my Life: such a
2 Come, my Light, my Feast, my Strength: such a
3 Come, my Joy, my Love, my Heart: such a

way as gives us breath, such a truth as ends all
light as shows a feast, such a feast as mends in
joy as none can move, such a love as none can

strife, such a life as kill - - eth death.
length, such a strength as makes his guest.
part, such a heart as joys in love.

Dismissal

Deacon Go in peace to love and serve the Lord.

People Thanks be to God.

Postlude

Presiding Celebrant: The Reverend James Liu • Litanist & Homilist: The Vicar

First Reader: John Rammell • Second Reader: Joanne Short

Sung by the Choir of St. James Cathedral

Director of Music: Robert Busiakiewicz • Organ Scholar: Nick Veltmeyer

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