

The Cathedral Church of St. James

The First Sunday in Lent

March 10, 2019 – The Great Litany & Sung Eucharist at 9:00am



Ivan Filichev, Christ and the Devil, oil on cardboard, born in Russia in 1937.

“An intelligent man, or woman, is a lap that guides itself.
Let him or her lead. Trust the knowing they browse.
A half-intelligent person is one who lets the intelligent person be guide.
He holds on like the blind to the coat of a helper.
Through another, he acts and sees and learns.
There is a third kind with no intellect at all, who takes no advice,
strolls out into the wilderness, runs a little to one side, stops,
limps through the night with no candle, no stub of a candle, no notion what to ask for.
The first has perfect intellect.
The second knows enough to surrender to the first.
One breathes with Jesus.
The other dies, so Jesus can breathe through him.
The third flops and flounders in all directions, with no direction, lurches and leaps,
trying everything, with no way or way out.”

— *Jalāl ad-Dīn Muhammad Rūmī, The Soul of Rumi: A New Collection of Ecstatic Poems, Afghanistan, 1207.*

Welcome to St. James Cathedral

This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

Information about Cathedral events and ministries announcements can be found at the back of this booklet after the service program.

Questions? Speak to a sidesperson – the people wearing gold name tags.

Children & Families

Sunday School is offered at 11:00am for all children aged 5-12, including visitors, in the Library of the Cathedral Centre. Children and their families are invited to gather in the reserved pews near the entrance of the Cathedral with Children & Youth Coordinator Andrew Kuhl. During the Collect, Andrew will bring the group to the Library, returning to the service for the Eucharist. Speak to Andrew directly about registration or email him at akuhl@stjamescathedral.ca.

Nursery Care for preschoolers is available from 8:45am – 12:30pm on Sundays, in the Library (Cathedral Centre).

Accessibility

A Wheelchair Accessible Washroom is located at the front of the Cathedral through the doors by the pulpit.
Assisted hearing devices are available from the sidespersons.

Coffee Hour

Join us for coffee after the 9:00 and 11:00am services in Snell Hall of the Cathedral Centre. The Cathedral Centre is the glass and brick building located behind the Cathedral on Church Street.

Parking

There are a variety of inexpensive parking lots available around the Cathedral. Please see the leaflets at the back of the Cathedral or online at stjamescathedral.ca/contact for more information.

Connect with the Cathedral

Visit our website at stjamescathedral.ca | Follow us on Facebook at facebook.com/stjamesto

*As this is a very public and open space please be aware of your personal belongings.
Do not leave them unattended in the Cathedral or in the Cathedral Centre.*

Welcome! We are so glad you have joined us for worship this morning. Please ensure that cell phones are turned off and refrain from taking photographs during the liturgy.

THE GATHERING OF THE COMMUNITY

Welcome and Announcements

The Great Litany

Please kneel with the Litanist, as you are able, and refer to the Litany insert.

Collect of the Day

Presider Let us pray.

Please remain standing.

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People Amen.

THE PROCLAMATION OF THE WORD

Please be seated.

The First Reading

Deuteronomy 26: 1-11

Reader When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now

I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

Reader The word of the Lord. *People* Thanks be to God.

Psalm *Please remain seated.* *Psalm 91: 1-2, 9-16—Plainsong*

Cantor He who dwells in the shelter of the Most High, *
abides under the shadow of the Al-migh-ty.

All He shall say to the Lord, "You are my refuge and my strong-hold, *
my God in whom I put my_trust."

Cantor Because you have made the Lord your re-fuge; *
and the Most High your ha-bi-ta-tion.

All There shall no evil happen to you, *
neither shall any plague come near your dwell-ing.

Cantor For he shall give his angels charge o-ver you, *
to keep you in all your_ways.

All They shall bear you in their hands, *
lest you dash your foot a-gainst a_stone.

Cantor You shall tread upon the lion and ad-der; *
you shall trample the young lion and the serpent un-der your feet.

All Because he is bound to me in love, therefore will I de-liv-er him; *
I will protect him, be-cause he knows my_name.

Cantor He shall call upon me, and I will an-swer him; *
I am with him in trouble; I will rescue him and bring him to ho-nour.

All With long life will I satisfy him, *
and show him my sal-va-tion.

The Second Reading

Romans 10: 8b-13

Reader "The word is near you, on your lips and in your heart" (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who

call on him. For, "Everyone who calls on the name of the Lord shall be saved."

Reader The word of the Lord.

People Thanks be to God.

Gospel Acclamation

Andrew Ager

Please stand as you are able and turn to face the Gospeller in the centre aisle.

Cantor Praise to you, O Christ, King of eternal glory.

People Praise to you, O Christ, King of eternal glory.

Cantor We shall not live by bread alone, but by every word that proceeds from the mouth of God.

People Praise to you, O Christ, King of eternal glory.

The Holy Gospel

Luke 4: 1-13

Gospeller The Lord be with you.

People And also with you.

Gospeller The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory to you, Lord Jesus Christ.

Gospeller Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'" Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'" Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written, 'He will command his angels concerning you, to protect you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

Gospeller The Gospel of Christ.

People Praise to you, Lord Jesus Christ.

Homily

The Apostles' Creed

Please stand, as you are able.

Presider Let us confess the faith of our baptism, as we say,

All I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Confession and Absolution

Presider Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites us to this table. Let us confess our sins, confident in God's forgiveness.

Please kneel, as you are able.

Presider Most merciful God,

All we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People Amen.

The Peace

Please stand, as you are able.

We offer each other a sign of peace. A handshake or a simple bow are appropriate.

Presider The peace of the Lord be always with you.

People And also with you.

THE CELEBRATION OF THE EUCHARIST

An offering will now be taken for the life and ministry of the Cathedral.

Offertory Hymn

Text: Latin (6th cent.); tr. Maurice F. Bell, alt.; Music: Melody Geistliche Lieder, 1543; adapt. and harm. Johann Sebastian Bach; Tune: Erhalt Uns, Herr

1 The glo - ry of these for - ty days we
2 A - lone and fast - ing, Mos - es saw the
3 So Dan - iel trained his mys - tic sight, de -
4 Then grant us, Lord, like them to be full
5 O Fa - ther, Son, and Spir - it blest, to

cel - e - brate with songs of praise; for Christ, through whom all
lov - ing God who gave the law; and to E - li - jah,
liv - ered from the li - ons' might; and John, the bride - groom's
oft in fast and prayer with thee; our spir - its strength - en
thee be ev - ery prayer ad - dressed, who art in three - fold

things were made, him - self has fast - ed and has prayed.
fast - ing, came the steeds and char - i - ots of flame.
friend, be - came the her - ald of Mes - si - ah's name.
with thy grace, and give us joy to see thy face.
name a - dored, from age to age, the on - ly Lord.

Prayer over the Gifts

Presider God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name.

People Amen.

The Great Thanksgiving

Presider The Lord be with you.

People And also with you.

Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

Presider Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who was tempted in every way, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore with angels and archangels and all who have served you in every age, we raise our voices to proclaim the glory of your name.

Sanctus & Benedictus

New Plainsong Mass – David Hurd

All Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Please assume a posture of prayer that is appropriate – stand, sit or kneel.

Presider We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, Father, according to his command,

People we remember his death, we proclaim his resurrection, we await his coming in glory;

Presider and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever.

People Amen.

The Lord's Prayer

McNeil Robinson

Presider As our Saviour taught us, let us pray,

All Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

The Breaking of the Bread

Presider We break this bread,
All Communion in Christ's body once broken.

Presider Let your Church be the wheat which bears its fruit in dying.
All If we have died with him, we shall live with him; if we hold firm, we shall reign with him.

The Communion

Presider The gifts of God for the People of God.
People Thanks be to God.

Agnus Dei

New Plainsong Mass – David Hurd

All Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, grant us peace.

All baptized persons are welcome to receive Communion.

There are three stations for reception: the centre aisle (standing), and both side altars (kneel or stand). Gluten-free hosts are available upon request.

For health reasons, please refrain from dipping the host in the chalice.

Motet Panis Angelicus

César Franck

Choir Panis angelicus fit panis hominum;
Dat panis caelicus figuris terminum:
O res mirabilis! Manducat Dominum Pauper,
servus et humilis.

May the Bread of Angels become bread for mankind;
the Bread of Heaven puts all foreshadowings to an end;
Oh, thing miraculous! This body of God will nourish the poor,
the servile, and the humble.

Hymn

*Text: Charles Venn Pilcher; Music: Melody Irish;
adapt. and harm. Charles Villiers Stanford; Tune: St. Columba*

The musical score is written for two staves, treble and bass clef, in a key signature of two flats (B-flat and E-flat). The melody is in the treble clef, and the accompaniment is in the bass clef. The lyrics are printed below the notes. The score consists of three systems of music. The first system has two lines of lyrics. The second system has two lines of lyrics. The third system has two lines of lyrics. The music ends with a double bar line.

1 Here, Lord, we take the bro - ken bread and
2 As thou hast given, so we would give our -

drink the wine, be - liev - ing that by thy life our
selves for oth - ers' heal - ing; as thou hast lived, so

souls are fed, thy part - ing gifts re - ceiv - ing,
we would live, the Fa - ther's love re - veal - ing.

Prayer after Communion

Presider Let us pray.

Please stand, as you are able.

Faithful God, in this holy bread you increase our faith and hope and love.
Lead us in the path of Christ who is your Word of life. We ask this in his
name.

People Amen.

The Blessing

Presider May the God of mercy transform you by his grace, and the blessing of God
almighty, the Father, the Son, and the Holy Spirit, be among you and
remain with you always.

People Amen.

Hymn

*Text: James Edmeston; Music: Melody Friedrich Filitz;
adapt. Thomas Binney; harm. Lowell Mason, alt.; Tune: Mannheim*

1 Lead us, heaven - ly Fa - ther, lead us o'er the world's tem -
2 Sav - iour, breathe for - give - ness o'er us; all our weak - ness
3 Spir - it of our God, de - scend - ing, fill our hearts with

pes - tuous sea; guard us, guide us, keep us, feed us,
thou dost know; thou didst tread this earth be - fore us,
heaven - ly joy, love with ev - ery pas - sion blend - ing,

for we have no help but thee; yet pos - sess - ing
thou didst feel its keen - est woe; lone and drea - ry,
plea - sure that can nev - er cloy; thus pro - vid - ed,

ev - ery bless - ing if our God our Fa - ther be.
faint and wear - y, through the des - ert thou didst go.
par - doned, guid - ed, noth - ing can our peace de - stroy.

Dismissal

Presider Go in peace to love and serve the Lord.

People Thanks be to God.

Postlude

Presiding Celebrant: The Reverend Andrew MacDonald • Litanist & Homilist: The Vicar

Reader: Peter Sidorchuk

Communion Ministers: Andrew Kuhl, Emily Kuhl, Kate Merriman & Ruth Sidorchuk

Stewards: Carol Burnham Cook & Robert Coates

Director of Music: Robert Busiakiewicz • Organ Scholar: Nick Veltmeyer

Sung by the Cathedral Parish Choir

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