

The Cathedral Church of St. James

The Sixth Sunday after Pentecost
July 21, 2019 - Sung Eucharist at 9:00am



Overflow with Hope, Rick and Brenda Beerhorst

O Lord,
open my eyes that I may see the needs of others;
open my ears that I may hear their cries;
open my heart so that they need not be without succor;
let me not be afraid to defend the weak because of the anger of the strong,
nor afraid to defend the poor because of the anger of the rich.
Show me where love and hope and faith are needed,
and use me to bring them to those places.
And so open my eyes and my ears
that I may this coming day be able to do some work of peace for thee.
Amen.

- Alan Paton

Welcome to St. James Cathedral

This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

Information about Cathedral events and ministries announcements can be found at the back of this booklet after the service program.

Questions? Speak to a sidesperson – the people wearing gold name tags.

Children & Families

Sunday School is offered from September to June for all children aged 6-12. During the summer, children are encouraged to attend worship with their families. Worship bulletins are available to facilitate their participation in the service; you can find them at the entrance of the Cathedral, or by asking a sidesperson. Please return any supplies at the end of the service.

For any questions or further details about Sunday School, please contact Children, Youth, & Families Coordinator Andrew at akuhl@stjamescathedral.ca.

Nursery Care for preschoolers is available from 8:45am – 12:30pm on Sundays in St. George's Chapel.

Accessibility

A Wheelchair Accessible Washroom is located at the front of the Cathedral through the doors by the pulpit.
Assisted hearing devices are available from the sidespersons.

Coffee Hour

Join us for coffee after the 9:00 and 11:00am services in Snell Hall of the Cathedral Centre. The Cathedral Centre is the glass and brick building located behind the Cathedral on Church Street.

Parking

There are a variety of inexpensive parking lots available around the Cathedral. Please see the leaflets at the back of the Cathedral or online at stjamescathedral.ca/contact for more information.

Connect with the Cathedral

Visit our website at stjamescathedral.ca | Follow us on Facebook at [facebook.com/stjamesto](https://www.facebook.com/stjamesto)

*As this is a very public and open space please be aware of your personal belongings.
Do not leave them unattended in the Cathedral or in the Cathedral Centre.*

Welcome! We are so glad you have joined us for worship this morning. Please ensure that cell phones are turned off and refrain from taking photographs during the liturgy.

THE GATHERING OF THE COMMUNITY

Prelude Trio Sonata 6, 1. Vivace; 2. Lento

Johann Sebastian Bach

Welcome and Announcements

Hymn

Text: Frances Wheeler Davis; Music: Robert J.B. Fleming; Tune: Concord

1 Let there be light, let there be un - der - stand - ing,
2 o - pen our lips, o - pen our minds to pon - der,
3 per - ish the sword, per - ish the an - gry judge - ment,

let all the na - tions gath - er, let them be face to face;
o - pen the door of con - cord o - pening in - to grace;
per - ish the bombs and hun - ger, per - ish the fight for gain;

*Hymn text
cont'd*

6 let there be light,
open our hearts to wonder,
perish the way of terror,
hallow the world God made.

Presider The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People And also with you.

Gloria

New Plainsong Mass - David Hurd

Presider Glory to God in the highest,

All And peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Collect of the Day

Presider Let us pray.

Please remain standing.

Almighty God, your Son has opened for us a new and living way into your presence. Give us pure hearts and constant wills to worship you in spirit and in truth; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People Amen.

THE PROCLAMATION OF THE WORD

Please be seated.

The First Reading

Genesis 18: 1-10a

Reader The LORD appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. He said, 'My lord, if I find favour with you, do not pass by your servant. Let a little water be brought, and wash your feet, and rest yourselves under the tree. Let me bring a little bread, that you may refresh yourselves, and after that you may pass on—since you have come to your servant.' So they said, 'Do as you have said.' And Abraham hastened into the tent to Sarah, and said, 'Make ready quickly three measures of choice flour, knead it, and make cakes.' Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them

under the tree while they ate. They said to him, ‘Where is your wife Sarah?’ And he said, ‘There, in the tent.’ Then one said, ‘I will surely return to you in due season, and your wife Sarah shall have a son.’

Reader The word of the Lord. *People* Thanks be to God.

Psalm *Please remain seated.* *Psalm 15—Plainsong*

Cantor Lord, who may dwell in your ta-ber_na_cle? *
who may abide u-pon your holy_hill?

All Whoever leads a blameless life and does what is right, *
who speaks the truth from his heart.

Cantor There is no guile upon his tongue; he does no evil to his friend; *
he does not heap contempt u-pon his neigh-bour.

All In his sight the wicked is re-jec-ted, *
but he honours those who fear the Lord.

Cantor He has sworn to do no wrong *
and does not take back his_word.

All He does not give his money in hope of gain, *
nor does he take a bribe a-gainst the in-no-cent.

Cantor Whoever does these things *
All shall ne-ver be o-ver-thrown.

The Second Reading *Colossians 1: 15-28*

Reader Christ is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers—all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross. And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him—provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul,

became a servant of this gospel. I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the church. I became its servant according to God's commission that was given to me for you, to make the word of God fully known, the mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

Reader The word of the Lord.

People Thanks be to God.

Gospel Acclamation

O Fili et Filiae

Please stand as you are able and turn to face the Gospeller in the centre aisle.



Cantor Alleluia! Alleluia! Alleluia!

People Alleluia! Alleluia! Alleluia!

Cantor Blessed are they who hold the word fast in an honest and good heart, and bring forth fruit with patience.

People Alleluia! Alleluia! Alleluia!

The Holy Gospel

Luke 10: 38-42

Gospeller The Lord be with you.

People And also with you.

Gospeller The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory to you, Lord Jesus Christ.

Gospeller Now as they went on their way, Jesus entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her."

Gospeller The Gospel of Christ.

People Praise to you, Lord Jesus Christ.

Homily

The Nicene Creed

Please stand, as you are able.

Presider Let us confess our faith, as we say,

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Please remain standing.

Please join in the response indicated by the Intercessor.

Confession and Absolution

Presider Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites us to this table. Let us confess our sins, confident in God's forgiveness.

Please kneel, as you are able.

Presider Most merciful God,

All we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People Amen.

The Peace

Please stand, as you are able.

We offer each other a sign of peace. A handshake or a simple bow are appropriate.

Presider The peace of the Lord be always with you.

People And also with you.

THE CELEBRATION OF THE EUCHARIST

An offering will now be taken for the life and ministry of the Cathedral.

Offertory Hymn

Text: Richard Gillard; Music: Melody Richard Gillard;
arr. Betty Carr Pulkingham; Tune: Servant Song

The musical score is written for a four-part choir (Soprano, Alto, Tenor, Bass) and piano accompaniment. It is in the key of E-flat major (three flats) and 4/4 time. The score consists of two systems of music. The first system has seven measures, and the second system has six measures. Above the first system, the following chords are indicated: Eb, Eb7, Ab, Ebsus4, Eb, Cm, Cm7. Above the second system, the following chords are indicated: Fm7, Bb, Ab, Eb, Ab. The lyrics are as follows:

1 Sis - ter, let me be your ser - vant, let me be as
2 We are pil - grims on a jour - ney, fel - low trav - ellers
3 I will hold the Christ - light for you in the night - time
4 I will weep when you are weep - ing; when you laugh I'll
Christ to you; pray that I may have the
on the road; we are here to help each
of your fear; I will hold my hand out
laugh with you. I will share your joy and

grace to let you be my ser- vant too.
 oth- er walk the mile and bear the load.
 to you, speak the peace you long to hear.
 sor- row till we've seen this jour- ney through.

*Hymn text
 cont'd*

5 When we sing to God in heaven,
 we shall find such harmony,
 born of all we've known together
 of Christ's love and agony.

6 Brother, let me be your servant,
 let me be as Christ to you;
 pray that I may have the grace to
 let you be my servant too.

Prayer over the Gifts

Presider O God, accept our praise and thanksgiving. Help us in all we do to offer ourselves as a true and living sacrifice; through Jesus Christ the Lord.

People Amen.

The Great Thanksgiving

Presider The Lord be with you.

People And also with you.

Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

Presider We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things.

By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Father of all.

In fulfilment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people.

He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence. Now with all creation we raise our voices to proclaim the glory of your name.

Sanctus & Benedictus

Land of Rest

All Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest. Hosanna in the highest.

Please assume a posture of prayer that is appropriate – stand, sit or kneel.

Presider Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, “Take, and eat: this is my body which is broken for you.” In the same way he took the cup, saying, “This is my blood which is shed for you. When you do this, you do it in memory of me.”

Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you.

We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ.

All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever.

People Amen.

The Lord’s Prayer

McNeil Robinson

Presider As our Saviour taught us, let us pray,

All Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

The Breaking of the Bread

Presider We break this bread to share in the body of Christ.

All We, being many, are one body, for we all share in the one bread.

The Communion

Presider The gifts of God for the People of God.

People Thanks be to God.

Agnus Dei

Merbecke

All O Lamb of God, that takest away the sin of the world: have mercy upon us. O Lamb of God, that takest away the sin of the world: have mercy upon us. O Lamb of God, that takest away the sin of the world: grant us thy peace.

All baptized persons are welcome to receive Communion.

There are three stations for reception: the centre aisle (standing), and both side altars (kneel or stand). Gluten-free hosts are available upon request.

For health reasons, please refrain from dipping the host in the chalice.

Motet O Sacred Feast

Healey Willan

Choir O sacred feast, wherein Christ is received,
the memory of his passion is renewed in us,
our souls are filled with grace,
and the pledge of everlasting glory is given unto us.
Alleluia.

Prayer after Communion

Presider Let us pray.

Please stand, as you are able.

O God, as we are strengthened in these holy mysteries, may our lives be a continual offering, holy and acceptable in your sight; through Jesus Christ our Lord.

People Amen.

Presider Glory to God,

All whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

The Blessing

Presider The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

People Amen.

Hymn

Text: Moir A.J. Waters, alt.; Music: Melody Joachim Neander, alt.;
Tune: Neander (Unser Herrscher)

1 Her - ald! Sound the note of judge-ment, warn - ing note of
2 Her - ald! Sound the note of glad - ness! Tell the news that
3 Her - ald! Sound the note of par - don! Those re - pent - ing
4 Her - ald! Sound the note of tri - umph! Christ has come to

right and wrong, turn - ing us from sin and sad - ness,
Christ is here; make a path - way through the des - ert
are for - given; God re - stores the way - ward chil - dren,
share our life, bring - ing God's own love and pow - er,

till once more we sing the song.
for the one who brings God near. Sound the trum - pet!
and to all new life is given.
grant - ing vic - tory in our strife.



Dismissal

Presider Go in peace to love and serve the Lord.

People Thanks be to God.

Postlude Trio Sonata 6, 3. Allegro

Johann Sebastian Bach

Presiding Celebrant & Homilist: The Reverend Pearce J. Carefoote
Reader: Peter Dawes • Intercessor: Carol Kysela
Communion Ministers: Andrew Kuhl, Emily Kuhl, Sarah McKinnon,
Linda Schulz & Rob Slater-Carr
Stewards: Gerald Courage & Angela David
Director of Music: Robert Busiakiewicz • Organist: David Simon
Organ Scholar: Nick Veltmeyer
Sung by the Cathedral Parish Choir

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