

# The Cathedral Church of St. James

The Eleventh Sunday after Pentecost

*August 25, 2019 - Sung Eucharist at 9:00am*



*Hope - George Frederick Watts, 1886*

## **Prayer for All Things Rising**

For all things rising  
out of the hiddenness of shadows  
out of the weight of despair  
out of the brokenness of pain  
out of the constrictions of compliance  
out of the rigidity of stereotypes  
out of the prison of prejudice;  
for all things rising  
into life, into hope  
into healing, into power  
into freedom, into justice;  
we pray, O God,  
for all things rising.

*- Jan Richardson, Sacred Journeys: A Woman's Book of Daily Prayers*

## **Welcome to St. James Cathedral**

*This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.*

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Information about Cathedral events and ministries announcements can be found at the back of this booklet after the service program.

Questions? Speak to a sidesperson – the people wearing gold name tags.

### **Children & Families**

**Sunday School** is offered from September to June for all children aged 6-12. During the summer, children are encouraged to attend worship with their families. Worship bulletins are available to facilitate their participation in the service; you can find them at the entrance of the Cathedral, or by asking a sidesperson. Please return any supplies at the end of the service.

For any questions or further details about Sunday School, please contact Children, Youth, & Families Coordinator Andrew at [akuhl@stjamescathedral.ca](mailto:akuhl@stjamescathedral.ca).

**Nursery Care** for preschoolers is available from 8:45am – 12:30pm on Sundays in St. George's Chapel.

### **Accessibility**

**A Wheelchair Accessible Washroom** is located at the front of the Cathedral through the doors by the pulpit.  
**Assisted hearing devices** are available from the sidespersons.

### **Coffee Hour**

Join us for coffee after the 9:00 and 11:00am services in Snell Hall of the Cathedral Centre. The Cathedral Centre is the glass and brick building located behind the Cathedral on Church Street.

### **Parking**

There are a variety of inexpensive parking lots available around the Cathedral. Please see the leaflets at the back of the Cathedral or online at [stjamescathedral.ca/contact](http://stjamescathedral.ca/contact) for more information.

### **Connect with the Cathedral**

Visit our website at [stjamescathedral.ca](http://stjamescathedral.ca) | Follow us on Facebook at [facebook.com/stjamesto](https://facebook.com/stjamesto)

*As this is a very public and open space please be aware of your personal belongings.  
Do not leave them unattended in the Cathedral or in the Cathedral Centre.*

*Welcome! We are so glad you have joined us for worship this morning.  
Please ensure that cell phones are turned off and refrain from taking photographs during the liturgy.*

## **THE GATHERING OF THE COMMUNITY**

**Prelude**    *Laudate Dominum*

*Wolfgang Amadeus Mozart*

### **Welcome and Announcements**

### **Hymn**

Text: John Ellerton; Music: Charles Lockhart; Tune: Carlisle

*Hymn text  
below*

The image shows a musical score for a hymn. It consists of three systems of music, each with a treble and bass staff. The key signature is three sharps (F#, C#, G#) and the time signature is 4/4. The music is written in a simple, homophonic style. The first system contains the first two lines of the hymn. The second system contains the next two lines. The third system contains the final two lines, ending with the word 'A-men.' written below the staff.

*Hymn text*    This is the day of light: let there be light today;  
O Day-spring, rise upon our night, and chase its gloom away.

This is the day of rest: our failing strength renew;  
on weary brain and troubled breast send thou thy freshening dew.

This is the day of peace: thy peace our spirits fill;  
bid thou the blasts of discord cease, the waves of strife be still.

This is the day of prayer: let earth to heaven draw near;  
lift up our hearts to seek thee there; come down to meet us here.

*Presider*    The grace of our Lord Jesus Christ, and the love of God, and the  
fellowship of the Holy Spirit, be with you all.

*People*        And also with you.

## **Gloria**

*New English Folk Mass*

*Presider*

Glory to God in the highest,

*All*

And peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

## **Collect of the Day**

*Presider*

Let us pray.

*Please remain standing.*

Almighty God, we are taught by your word that all our doings without love are worth nothing. Send your Holy Spirit and pour into our hearts that most excellent gift of love, the true bond of peace and of all virtue; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

*People*

Amen.

## **THE PROCLAMATION OF THE WORD**

*Please be seated.*

### **The First Reading**

*Isaiah 58: 9b-14*

*Reader*

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The LORD will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in. If you refrain from trampling the sabbath, from pursuing your own interests on my holy day; if you call the sabbath a delight and the holy day of the LORD honourable; if you honour it, not going your own ways, serving your own interests, or pursuing your own affairs; then you shall take delight in the LORD, and I will make you ride upon the heights of the earth; I will feed you with the heritage of your ancestor Jacob, for the mouth of the LORD has spoken.

*Reader*

The word of the Lord.

*People*

Thanks be to God.

**Psalm** *Please remain seated.*

*Psalm 103: 1-8—Plainsong*

*Cantor* Bless the Lord, O my soul, \*  
and all that is within me, bless his ho-ly name.

*All* Bless the Lord, O my soul, \*  
and forget not all his be-ne\_fits.

*Cantor* He forgives all your sins \*  
and heals all your in-fir-mi\_ties;

*All* He redeems your life from the grave \*  
and crowns you with mercy and lo-ving kind-ness;

*Cantor* He satisfies you with good things, \*  
and your youth is renewed like an ea-gle's.

*All* The Lord executes righ-teous\_ness \*  
and judgement for all who are op-pressed.

*Cantor* He made his ways known to Mo-ses \*  
and his works to the child-ren of Is-rael.

*All* The Lord is full of compassion and mer-cy, \*  
slow to anger and of great kind-ness.

## **The Second Reading**

*Hebrews 12: 18-29*

*Reader* You have not come to something that can be touched, a blazing fire, and darkness, and gloom, and a tempest, and the sound of a trumpet, and a voice whose words made the hearers beg that not another word be spoken to them. (For they could not endure the order that was given, 'If even an animal touches the mountain, it shall be stoned to death.' Indeed, so terrifying was the sight that Moses said, 'I tremble with fear.') But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, and to the assembly of the firstborn who are enrolled in heaven, and to God the judge of all, and to the spirits of the righteous made perfect, and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel. See that you do not refuse the one who is speaking; for if they did not escape when they refused the one who warned them on earth, how much less will we escape if we reject the one who warns from heaven! At that time his voice shook the earth; but now he has promised, 'Yet once more I will shake not only the earth but also the heaven.' This phrase 'Yet once more' indicates the removal of what is shaken – that is, created things – so that what cannot be shaken may

remain. Therefore, since we are receiving a kingdom that cannot be shaken, let us give thanks, by which we offer to God an acceptable worship with reverence and awe; for indeed our God is a consuming fire.

*Reader* The word of the Lord.

*People* Thanks be to God.

## **Gospel Acclamation**

*Plainsong*

*Please stand as you are able and turn to face the Gospeller in the centre aisle.*

*Cantor* Alleluia! Alleluia! Alleluia!

*People* Alleluia! Alleluia! Alleluia!

*Cantor* I am the way, the truth, and the life, says the Lord;  
no one comes to the Father, but by me.

*People* Alleluia! Alleluia! Alleluia!

## **The Holy Gospel**

*Luke 13: 10-17*

*Gospeller* The Lord be with you.

*People* And also with you.

*Gospeller* The Holy Gospel of our Lord Jesus Christ according to Luke.

*People* Glory to you, Lord Jesus Christ.

*Gospeller* Now Jesus was teaching in one of the synagogues on the sabbath. And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. When Jesus saw her, he called her over and said, 'Woman, you are set free from your ailment.' When he laid his hands on her, immediately she stood up straight and began praising God. But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, 'There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day.' But the Lord answered him and said, 'You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?' When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

*Gospeller* The Gospel of Christ.

*People* Praise to you, Lord Jesus Christ.

## **Homily**

## **The Nicene Creed**

*Please stand, as you are able.*

*Presider* Let us confess our faith, as we say,

*All* We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## **The Prayers of the People**

*Please remain standing.*

*Please join in the response indicated by the Intercessor.*

## **Confession and Absolution**

*Presider* Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites us to this table. Let us confess our sins, confident in God's forgiveness.

*Please kneel, as you are able.*

*Presider* Most merciful God,

*All* we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

*Presider* Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

*People* Amen.

## The Peace

*Please stand, as you are able.*

*We offer each other a sign of peace. A handshake or a simple bow are appropriate.*

*Presider* The peace of the Lord be always with you. *People* And also with you.

## THE CELEBRATION OF THE EUCHARIST

*An offering will now be taken for the life and ministry of the Cathedral.*

### Offertory Hymn

Text: Latin; tr. Edward Caswall, alt.;  
Music: Gordon Archbold Slater; Tune: St. Botolph

1 Je - sus, the ver - y thought of thee, with  
2 No voice can sing, no heart can frame, nor  
3 O hope of ev - ery con - trite heart, O  
4 But what to those who find? Ah, this nor  
5 Je - sus, our on - ly joy be thou, as

sweet - ness fills the breast; but sweet - er far thy  
can the mind re - call a sweet - er sound than  
joy of all the meek; to those who ask, how  
tongue nor pen can show; the love of Je - sus,  
thou our prize wilt be; in thee be all our

face to see, and in thy pres - ence rest.  
 Je - sus' name, the Sav - iour of us all.  
 kind thou art, how good to those who seek!  
 what it is none but his lov - ers know.  
 glo - ry now, and through e - ter - ni - ty.

**Prayer over the Gifts**

*Presider* God of glory, receive all we offer this day as a symbol of our love, and increase in us that true and perfect gift. We ask this in the name of Jesus Christ our Lord.

*People* Amen.

**The Great Thanksgiving**

*Presider* The Lord be with you.

*People* And also with you.

*Presider* Lift up your hearts.

*People* We lift them to the Lord.

*Presider* Let us give thanks to the Lord our God.

*People* It is right to give our thanks and praise.

*Presider* We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things.

By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Father of all. In fulfilment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people.

He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence. Now with all creation we raise our voices to proclaim the glory of your name.

## **Sanctus & Benedictus**

*Picardy arr. Wedd*

*All* Holy, holy, holy Lord, Lord God of power and might, heaven and earth are full, full of your glory. Hosanna, hosanna, hosanna, hosanna in the highest. Blessed is he who comes, who comes in the name of the Lord. Hosanna, hosanna, hosanna, hosanna in the highest.

*Please assume a posture of prayer that is appropriate – stand, sit or kneel.*

*Presider* Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, “Take, and eat: this is my body which is broken for you.” In the same way he took the cup, saying, “This is my blood which is shed for you. When you do this, you do it in memory of me.”

Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you.

We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ. All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever.

*People* Amen.

## **The Lord’s Prayer**

*McNeil Robinson*

*Presider* As our Saviour taught us, let us pray,

*All* Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

## **The Breaking of the Bread**

*Presider* We break this bread to share in the body of Christ.

*All* We, being many, are one body, for we all share in the one bread.

## The Communion

*Presider* The gifts of God for the People of God.

*People* Thanks be to God.

## Agnus Dei

*Schubert arr. Proulx*

*All* Jesus, Lamb of God, have mercy on us. Jesus, bearer of our sins, have mercy on us. Jesus, redeemer, redeemer of the world, give us your peace, give us your peace.

*All baptized persons are welcome to receive Communion. There are three stations for reception: the centre aisle (standing), and both side altars (kneel or stand). Gluten-free hosts are available upon request. For health reasons, please refrain from dipping the host in the chalice.*

*Prayers for healing and anointing are available at the Baptistry.*

**Motet** Laudis Thema Specialis

*Felix Mendelssohn*

*Choir* Laudis thema specialis, panis vivus et vitalis,  
hodie proponitur. Quem in sacræ mensa coenæ,  
turbæ fratrum duodénæ datum non ambigitur.

See today before us laid the living and life-giving Bread,  
theme for praise and joy profound. The same which at the sacred table  
was, by our incarnate Lord, given to His Apostles round.

## Prayer after Communion

*Presider* Let us pray.

*Please stand, as you are able.*

Living God, increase in us the healing power of your love. Guide and direct us that we may please you in all things, for the sake of Jesus Christ our Lord.

*People* Amen.

*Presider* Glory to God,

*All* whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

## The Blessing

*Presider* The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

*People* Amen.

# Hymn

Text: William Whitla; Music: Gustav Theodore Holst, *The Planets*;  
harm. adapt. *Hymns for Church and School*, 1964; Tune: Thaxted

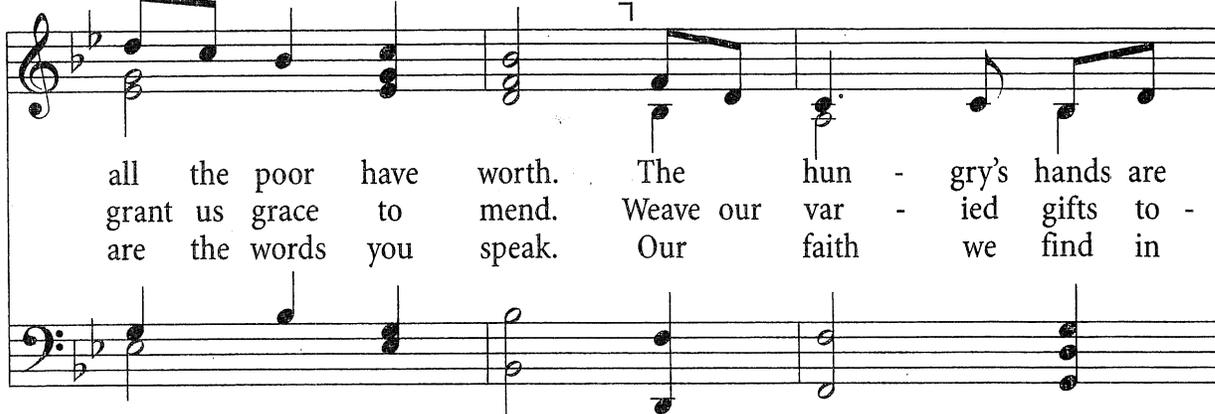
♩ Unison



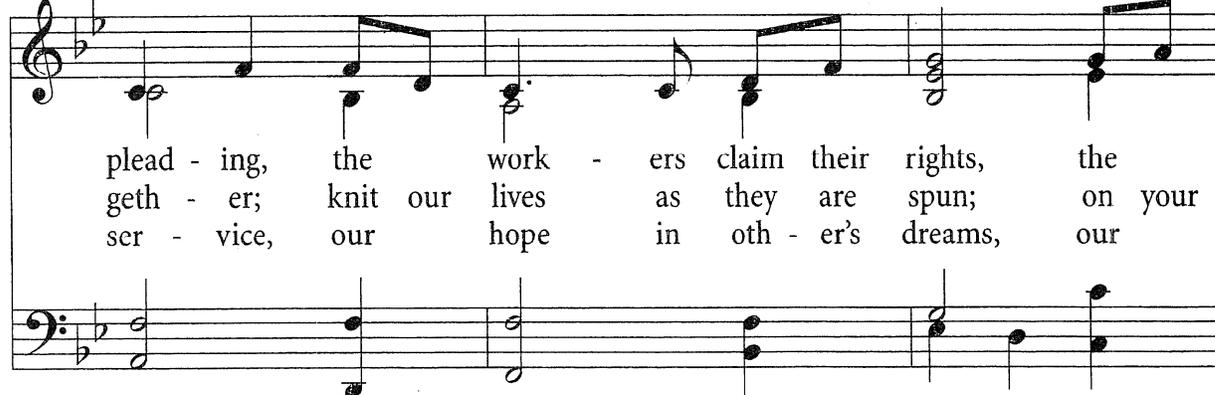
1 Let streams of liv - ing jus - tice flow down up - on the  
2 For heal - ing of the na - tions, for peace that will not  
3 Your ci - ty's built to mu - sic; we are the stones you



earth; give free - dom's light to cap - tives, let  
end, for love that makes us lov - ers, God  
seek; your har - mo - ny is lan - guage: we



all the poor have worth. The hun - gry's hands are  
grant us grace to mend. Weave our var - ied gifts to -  
are the words you speak. Our faith we find in



plead - ing, the work - ers claim their rights, the  
geth - er; knit our lives as they are spun; on your  
ser - vice, our hope in oth - er's dreams, our

mourn-ers long for laugh - ter, the blind - ed seek for  
loom of time en - roll us till our thread of life is  
love in hand of neigh - bour: our home - land bright - ly

sight. Make lib - er - ty a bea - con, strike  
run. O great Weav - er of our fab - ric, bind  
gleams. In - scribe our hearts with jus - tice; your

down the ir - on power; a - bol - ish an - cient  
church and world in one; dye our tex - ture with your  
way— the path un - tried; your truth— the heart of

ven - geance: pro - claim your peo - ple's hour.  
ra - diance, light our col - ours with your sun.  
strang - er; your life— the Cru - ci - fied.

## **Dismissal**

*Presider* Go in peace to love and serve the Lord.

*People* Thanks be to God.

**Postlude** Toccata III

*Paul Muller-Zurich*

*Presiding Celebrant: The Reverend Pearce J. Carefoote • Homilist: The Dean  
Reader: Peggy Crowther • Intercessor: Gloria Wiebe  
Communion Ministers: Gerald Courage, Carol Kysela, Rob Haines,  
Robert Hart & Feroza Ramsahai  
Stewards: Jacqueline Gibbons & Robert Gilbert  
Director of Music: Robert Busiakiewicz • Organist: David Simon  
Organ Scholar: Nick Veltmeyer  
Sung by the Cathedral Parish Choir*

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