

# WHO CAN PARTICIPATE?

- Individuals over the age of 55
- Individuals with physical disabilities
- Living in Toronto
- **Registration is required to participate**



## HOW CAN I REGISTER?



Calling: 416-630-7000



Email: [tca@pathcom.com](mailto:tca@pathcom.com)



Answer a brief intake questionnaire and you will be registered. You can then choose from the activities offered on our program calendar. You will be mailed a hard copy of the TCA SCWW Program Guide as well as our Monthly program calendar.

**OACAO**

The Voice of Older Adult Centres  
La voix des centres pour aînés

In partnership with the Older Adult Centres' Association of Ontario (OACAO) with funding provided by the Government of Ontario

**Ontario** 

# TORONTO COUNCIL ON AGING SENIORS' CENTRE WITHOUT WALLS



## ABOUT US

The Toronto Council on Aging (TCA) is a registered, non-profit organization that addresses the issues and concerns of older adults in Toronto.

## WHAT IS IT?

This Seniors' Centre Without Walls (SCWW) initiative brings social, recreational and educational programs to seniors through a simple telephone connection. Enjoy guest speakers, learn something new, and enjoy friendly conversations with others.

You only need a phone to participate and build connections with others from the comfort of your home.

All SCWW programs are **FREE**.

