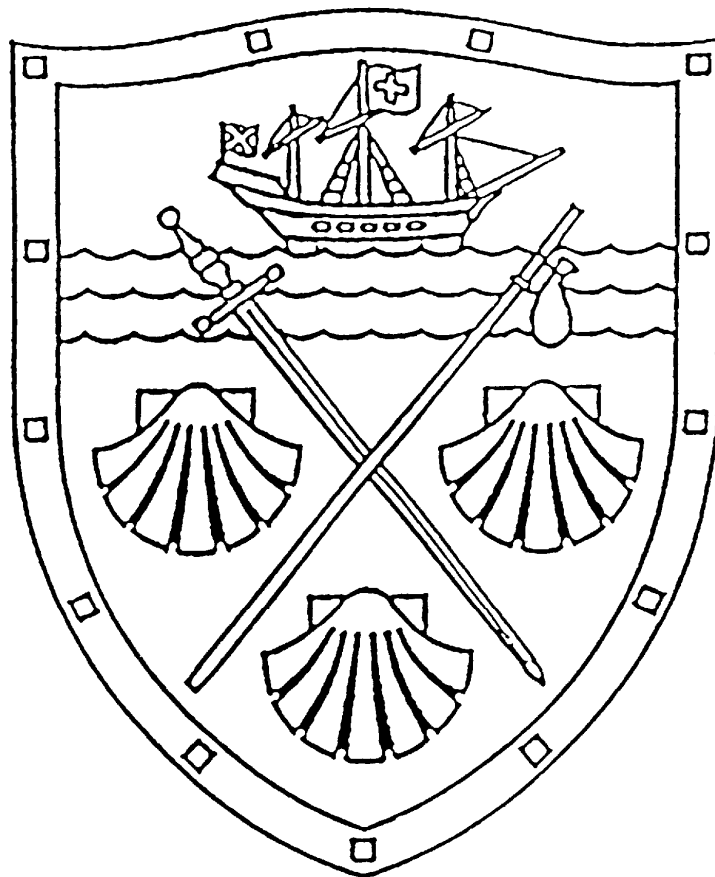


# The Cathedral Church of St. James

## The Sixth Sunday after Epiphany

*February 12, 2023*

*Choral Evensong at 4:30pm*



*The Cathedral Church of St. James  
Diocese of Toronto • Anglican Church of Canada*

## Welcome to St. James Cathedral

*This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, with special recognition to the Mississaugas of the Credit First Nation. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.*

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### Liturgical Note

*In the context of Christian Liturgy, Israel does not refer to the current political state, but either to the historic Hebrews of the ancient Near East or, in Christian theology, to all people who put their faith and trust in Jesus Christ.*

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Want to stay informed about what is happening at your Cathedral?  
Sign up for **E-Connections** on our website at [www.stjamescathedral.ca](http://www.stjamescathedral.ca)  
(scroll to the bottom of the page).

Questions? Speak to a sidesperson – the people wearing gold name tags.

### Children & Families

Godly Play meets every week at both the 9:00am and 11:00am services.  
Please email Karyne Whalen at [kwhalen@stjamescathedral.ca](mailto:kwhalen@stjamescathedral.ca) for more information.

### Accessibility

**A Wheelchair Accessible Washroom** is located  
at the front of the Cathedral through the doors by the pulpit.  
**Assisted hearing devices** are available from the sidespersons.

### Coffee Hour

Join us in Snell Hall following the 9:00am & 11:00am services.

### Parking

There are a variety of inexpensive parking lots available around the Cathedral.  
Please see the leaflets at the back of the Cathedral or  
online at [stjamescathedral.ca/contact](http://stjamescathedral.ca/contact) for more information.

### Connect with the Cathedral

Visit our website at [stjamescathedral.ca](http://stjamescathedral.ca) | Follow us on Facebook at [facebook.com/stjamesto](https://facebook.com/stjamesto)

*As this is a very public and open space please be aware of your personal belongings.  
Do not leave them unattended in the Cathedral or in the Cathedral Centre.*

*Welcome! We are so glad you have joined us for worship this afternoon. Please ensure that cell phones are turned off and refrain from taking photographs during the liturgy.*

*We are delighted to welcome the choir of St. Jude's Oakville, their Director of Music, Sebastian Moreno, and their Priest in Charge, The Reverend Canon Dr. David Anderson to today's special joint Choral Evensong service.*

## **Choral Evensong**

**Prelude**      Cantilène *Josef Rheinberger*

*Please remain seated.*

**Introit**      **Blessed are the Pure in Heart** Henry Walford Davies

*Choir*  
Blessed are the pure in heart,  
For they shall see our God;  
The secret of the Lord is theirs;  
Their soul is Christ's abode.  
Still to the lowly soul  
He doth Himself impart;  
And for His cradle and His throne  
Chooseth the pure in heart.

*Please stand, as you are able, when the organ plays.*

**Preces and Responses** *Sarah MacDonald*

*Officiant*      O Lord, open thou our lips;  
*Choir*            And our mouth shall show forth thy praise.

*Officiant*      O God, make speed to save us;  
*Choir*            O Lord, make haste to help us.

*Officiant*      Glory be to the Father, and to the Son, and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be, world without end.  
Amen.

*Officiant*      Praise ye the Lord;  
*Choir*            The Lord's Name be praised.

**Psalm 19***Please be seated.**Choir*

The heavens are telling the glory of God  
and the firmament proclaims his handiwork.  
One day pours out its song to another  
and one night unfolds knowledge to another.  
They have neither speech nor language  
and their voices are not heard,  
Yet their sound has gone out into all lands  
and their words to the ends of the world.  
In them has he set a tabernacle for the sun,  
that comes forth as a bridegroom out of his chamber  
and rejoices as a champion to run his course.  
It goes forth from the end of the heavens and runs to the very end again,  
and there is nothing hidden from its heat.  
The law of the Lord is perfect, reviving the soul;  
the testimony of the Lord is sure and gives wisdom to the simple.  
The statutes of the Lord are right and rejoice the heart;  
the commandment of the Lord is pure and gives light to the eyes.  
The fear of the Lord is clean and endures for ever;  
the judgements of the Lord are true and righteous altogether.  
More to be desired are they than gold, more than much fine gold,  
sweeter also than honey, dripping from the honeycomb.  
By them also is your servant taught  
and in keeping them there is great reward.  
Who can tell how often they offend?  
O cleanse me from my secret faults!  
Keep your servant also from presumptuous sins  
lest they get dominion over me;  
so shall I be undefiled, and innocent of great offence.  
Let the words of my mouth and the meditation of my heart  
be acceptable in your sight,  
O Lord, my strength and my redeemer.

**Psalm 46***Please be seated.**Choir*

God is our refuge and strength,  
a very present help in trouble;  
Therefore we will not fear, though the earth be moved,  
and though the mountains tremble in the heart of the sea;

Though the waters rage and swell,  
     and though the mountains quake at the towering seas.  
 There is a river whose streams make glad the city of God,  
     the holy place of the dwelling of the Most High.  
 God is in the midst of her; therefore shall she not be removed;  
     God shall help her at the break of day.  
 The nations are in uproar and the kingdoms are shaken,  
     but God utters his voice and the earth shall melt away.  
 The Lord of hosts is with us;  
     the God of Jacob is our stronghold.  
 Come and behold the works of the Lord,  
     what destruction he has wrought upon the earth.  
 He makes wars to cease in all the world;  
     he shatters the bow and snaps the spear  
     and burns the chariots in the fire.  
 ‘Be still, and know that I am God;  
     I will be exalted among the nations; I will be exalted in the earth.’  
 The Lord of hosts is with us;  
     the God of Jacob is our stronghold.

Glory be to the Father, and to the Son, and to the Holy Ghost;  
 as it was in the beginning, is now, and ever shall be, world without end.  
 Amen.

**First Lesson**      *Please be seated.*      *Genesis 29: 20-35*

*Reader*      So Jacob served seven years for Rachel, and they seemed to him but a few days because of the love he had for her. Then Jacob said to Laban, ‘Give me my wife that I may go in to her, for my time is completed.’ So Laban gathered together all the people of the place, and made a feast. But in the evening he took his daughter Leah and brought her to Jacob; and he went in to her. (Laban gave his maid Zilpah to his daughter Leah to be her maid.) When morning came, it was Leah! And Jacob said to Laban, ‘What is this you have done to me? Did I not serve with you for Rachel? Why then have you deceived me?’ Laban said, ‘This is not done in our country—giving the younger before the firstborn. Complete the week of this one, and we will give you the other also in return for serving me for another seven years.’ Jacob did so, and completed her week; then Laban gave him his daughter Rachel as a wife. (Laban gave his maid Bilhah to his daughter Rachel to be her maid.) So Jacob went in to Rachel also, and

he loved Rachel more than Leah. He served Laban for another seven years. When the Lord saw that Leah was unloved, he opened her womb; but Rachel was barren. Leah conceived and bore a son, and she named him Reuben; for she said, 'Because the Lord has looked on my affliction; surely now my husband will love me.' She conceived again and bore a son, and said, 'Because the Lord has heard that I am hated, he has given me this son also'; and she named him Simeon. Again she conceived and bore a son, and said, 'Now this time my husband will be joined to me, because I have borne him three sons'; therefore he was named Levi. She conceived again and bore a son, and said, 'This time I will praise the Lord'; therefore she named him Judah; then she ceased bearing.

*Reader* Here endeth the first lesson.

**Magnificat** *Please stand, as you are able.*

*Evening Service in G –  
Charles Villiers Stanford*

*Choir* My soul doth magnify the Lord,  
and my spirit hath rejoiced in God my Saviour.  
For he hath regarded the lowliness of his handmaiden.  
For behold, from henceforth all generations shall call me blessed.  
For he that is mighty hath magnified me; and holy is his Name.  
And his mercy is on them that fear him throughout all generations.  
He hath showed strength with his arm;  
he hath scattered the proud in the imagination of their hearts.  
He hath put down the mighty from their seat,  
and hath exalted the humble and meek.  
He hath filled the hungry with good things;  
and the rich he hath sent empty away.  
He remembering his mercy hath holpen his servant Israel;  
As he promised to our forefathers, Abraham and his seed for ever.  
Glory be to the Father, and to the Son, and to the Holy Ghost; as it was  
in the beginning, is now, and ever shall be, world without end. Amen.

**Second Lesson**

*Please be seated.*

*John 8: 12-19*

*Reader* Again Jesus spoke to them, saying, 'I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life.' Then the Pharisees said to him, 'You are testifying on your own behalf; your testimony is not valid.'

Jesus answered, 'Even if I testify on my own behalf, my testimony is valid because I know where I have come from and where I am going, but you do not know where I come from or where I am going. You judge by human standards; I judge no one. Yet even if I do judge, my judgement is valid; for it is not I alone who judge, but I and the Father who sent me. In your law it is written that the testimony of two witnesses is valid. I testify on my own behalf, and the Father who sent me testifies on my behalf.' Then they said to him, 'Where is your Father?' Jesus answered, 'You know neither me nor my Father. If you knew me, you would know my Father also.'

*Reader* Here endeth the second lesson.

**Nunc Dimittis** *Please stand, as you are able.*

*Evening Service in G –  
Charles Villiers Stanford*

*Choir* Lord, now lettest thou thy servant depart in peace,  
according to thy word.  
For mine eyes have seen thy salvation,  
which thou hast prepared before the face of all people;  
To be a light to lighten the Gentiles,  
and to be the glory of thy people Israel.

Glory be to the Father, and to the Son, and to the Holy Ghost;  
as it was in the beginning, is now, and ever shall be, world without end.  
Amen.

### **Apostles' Creed**

*Officiant* I believe in God

*All* **the Father Almighty, Maker of heaven and earth:  
And in Jesus Christ his only Son our Lord,  
Who was conceived by the Holy Ghost,  
Born of the Virgin Mary, Suffered under Pontius Pilate,  
Was crucified, dead, and buried: He descended into hell;  
The third day he rose again from the dead; He ascended into heaven,  
And sitteth on the right hand of God the Father Almighty;  
From thence he shall come to judge the quick and the dead.  
I believe in the Holy Ghost; The holy Catholic Church;  
The Communion of Saints; The Forgiveness of sins;  
The Resurrection of the body, And the Life everlasting. Amen.**

*Officiant* The Lord be with you.

*Choir* And with thy spirit.

*Officiant* Let us pray.

*Please kneel, as you are able.*

*Choir* Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

*Officiant* Our Father

*Choir* who art in heaven, hallowed be thy Name,

Thy kingdom come, Thy will be done, on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses,

as we forgive them that trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

*Officiant* O Lord, show thy mercy upon us;

*Choir* And grant us thy salvation.

*Officiant* O Lord, save the King;

*Choir* And mercifully hear us when we call upon thee.

*Officiant* Endue thy Ministers with righteousness;

*Choir* And make thy chosen people joyful.

*Officiant* O Lord, save thy people;

*Choir* And bless thine inheritance.

*Officiant* Give peace in our time, O Lord;

*Choir* Because there is none other that fighteth for us, but only thou O Lord.

*Officiant* O God, make clean our hearts within us;

*Choir* And take not thy Holy Spirit from us.

## **The Collects**

*Officiant* Living One, in whose freedom creation was born as gift: free us from the need to possess, define and silence others, so that we might rejoice in the strangeness of your beauty revealed in flesh and blood; through Jesus Christ, our reconciliation.

*Choir* Amen.



*Officiant* O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour.

*Choir* Amen.

*Officiant* Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour Jesus Christ.

*Choir* Amen.

*Please be seated.*

**Anthem Evening Hymn**

Henry Balfour Gardiner

*Choir* *Te lucis ante terminum, rerum Creator,  
poscimus ut pro tua clementia sis praesul et custodia.  
Procul recedant somnia et noctium phantasmata;  
hostemque nostrum comprime, ne polluantur corpora.  
Praesta, Pater piissime, Patrique compar Unice,  
cum Spiritu Paraclito regnans per omne saeculum.  
Amen.*

To Thee, before the close of day creator of the world,  
we pray that with Thy wonted favour,  
Thou wouldst be our Guard and Keeper now.  
From all ill dreams defend our eyes, from nightly fears and fantasies:  
tread under foot our ghostly foe, that no pollution we may know.  
O Father, that we ask be done through Jesus Christ Thine only Son,  
who, with the Holy Ghost and Thee, shall live and reign eternally.  
Amen.

**Homily**

*An offering will now be taken to support the life and ministry of the Cathedral.*

**Donate** to St. James Cathedral by scanning or tapping the QR code below  
or visit [stjamescathedral-mobile.plenty.com](http://stjamescathedral-mobile.plenty.com)



*Please stand, as you are able.*

Tune: Wiltshire

## Hymn at the Collection

*All* Through all the changing scenes of life, in trouble and in joy,  
the praises of my God shall still my heart and tongue employ.

O magnify the Lord with me, with me exalt his name;  
when in distress, to him I called he to my rescue came.

The hosts of God encamp around the dwellings of the just;  
deliverance he affords to all who in his succour trust.

O make but trial of his love, experience will decide  
how blest are they, and only they, who in his truth confide!

Fear him, ye saints, and you will then have nothing else to fear;  
make you his service your delight, your wants shall be his care.

To Father, Son and Holy Ghost, the God whom we adore  
be glory, as it was, is now, and shall be evermore!

Text: Nicholas Brady and Nahum Tate  
Music: George Smart

## Offertory Prayer

*Officiant* All things come from you, O Lord.

*People* **And of your own have we given you.**

*Officiant* Source of all goodness, Giver of all things, accept these gifts of our labour  
and love. Consecrate them for the work of your church in the world, and  
may our lives, like these offerings, be spent for the sake of the continued  
in-breaking of your reign of justice and peace. In Christ we pray.

*People* **Amen.**

## Prayers

*Please kneel, as you are able.*

### A Prayer of Saint John Chrysostom

*Officiant* Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy Name thou wilt grant their requests: Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting.

*People* **Amen.**

*Officiant* The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore.

*People* **Amen.**

*Please stand, as you are able.*

*Edward Woodall Naylor*

### Final Respond

*Officiant* The Lord be with you;

*Choir* And with thy spirit.

*Officiant* Let us bless the Lord.

*Choir* Thanks be to God.

**Postlude** Fugue in C minor BWV 582

*J.S. Bach*

*The flowers in the Cathedral are given to the glory of God.*

*At the High Altar, in celebration of the wedding anniversary of Jennifer Grant & Brian Wald  
and in memory of Jennifer's grandfather Thomas Arthur Heslop  
on the occasion of his birthday.*

*Officiant & Homilist: The Most Reverend Colin Johnson*

*First Reader: Karin Tari • Second Reader: The Reverend Canon Dr. David Anderson*

*Crucifer: Quentin Toderick*

*Guest Music Director: Sebastian Moreno • Music Director: Thomas Bell*

*Sung by The Choir of St. Jude's Oakville & The Evensong Choir of St. James Cathedral*

*Wayne Vance Organ Scholar: Jacob Wiens • Assisting at the Organ: Imre Olah*

PRAYER CYCLE	PASTORAL CARE
<p><i>This week, please pray for: The Episcopal Church in the Philippines; Susan Johnson, National Bishop, and the Evangelical Lutheran Church in Canada; York Mills Deanery; and the Ministry Council of the Cathedral</i></p>	<p>If you know anyone who would benefit from a call from our pastoral care team, please be in touch with our Sub-Dean &amp; Vicar, The Rev'd Canon Dr. Stephen Fields: <a href="mailto:sfields@stjamescathedral.ca">sfields@stjamescathedral.ca</a>; 416-364-7865, ext. *235 or The Reverend Canon Beth Benson: <a href="mailto:bbenson@stjamescathedral.ca">bbenson@stjamescathedral.ca</a>, 416-364-7865, ext. *237</p>

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## ST. JAMES CATHEDRAL - CONNECTIONS – Sunday, February 12, 2023

### Celebrating Black History Month at St. James

\*Today's Coffee Hours in Snell Hall, following the 9:00am and 11:00am services, will be hosted by *Becoming the Story We Tell* - join us!

\*Children & Families: Sunday school meets every Sunday at both the 9:00am and 11:00am services. Email Karyne Whalen at [kwhalen@stjamescathedral.ca](mailto:kwhalen@stjamescathedral.ca) for more information.

### You were Asking...Anointing



This week we are launching an occasional article, responding to a question that has come to our attention.

This week the question is: *What is anointing for healing?*

Anointing with oil happens at baptism, as part of our regular healing ministry and at the time of death. Olive oil and chrism (olive oil scented with balsam extract) are consecrated by the Bishop during Holy Week (at the *Chrism Mass*) and set aside for these occasions. Anointing with chrism is one of the ancient baptismal practices. A sign of the Holy Spirit, *chrism* also interprets the name Christ, the *anointed one*.

In our baptism, the sign of the cross is traced with chrism on our forehead, marking us as Christ's own forever.

Unscented consecrated olive oil is used in the sacrament of healing and with someone who is dying. Anointing for healing is an outward sign of the inward healing presence of God – healing of body, soul, and mind. It is also a sign of forgiveness and reconciliation in and within the Christian community.

While it can be offered by licensed lay people, presently anointing for healing is offered by the Cathedral clergy, occasionally at the 9:00am and regularly at the 11:00am Celebrations of the Eucharist. The sign of the cross is traced on our forehead with the oil as this prayer (or one similar) is said:

*N, through this holy anointing may the Lord in his love and mercy uphold you by the grace and power of the Holy Spirit. Amen.*

Additional prayers are sometimes offered, depending on personal requests. Everyone is welcome to receive prayers for healing an anointing. As the old adage goes, “all may, some should, none must”!

Thanks for asking. Just let me know if you'd like to delve into this further.

The Reverend Canon Beth Benson - Interim Associate Priest

## STAY UP TO DATE

### Today's special joint Choral Evensong service at 4:30pm

We are delighted to welcome the choir of St. Jude's Oakville, their Director of Music, Sebastian Moreno, and their Priest in Charge, The Reverend Canon Dr. David Anderson, to today's special joint Choral Evensong service at 4:30pm.

### Becoming the Story We Tell

The *Becoming the Story We Tell* program is returning to St. James this Lent and Eastertide. *Becoming the Story We Tell* is a process of spiritual formation that allows participants to engage more deeply in the very heart and soul of our story, reflecting on Scripture and Sacraments together in small groups. There will be in-person and online groups, with meetings on weekdays and evenings. For more information, email [bst@stjamescathedral.ca](mailto:bst@stjamescathedral.ca)

### 2023 Vestry Nominating Committee

St. James Cathedral's Annual Vestry meeting is scheduled for Sunday, March 12, 2023. The Nominating Committee (Bob Hart, Yvonne Joseph, Mary Hopperton, Bill Benson - Chair) is now receiving names for election for the following positions: People's Warden, Deputy People's Warden, Cathedral Council Members-at-large (called "Advisory Board" Members by the Diocese) and Lay members of Synod.

Email Bill Benson at [billbenson0520@gmail.com](mailto:billbenson0520@gmail.com) with any questions.

## WE COUNT ON YOU

### Thank you note from the Drop-In

We would like to thank Mr. Biagio, from *Biagio Ristorante*, for providing lunch to our Drop-In guests on Friday, February 3. Many of our Drop-in guests have enjoyed Mr. Biagio's hospitality over many years (especially his famous Christmas dinners!).

We are so grateful for his generosity. *Grazie mille, Signor Biagio!*

### Book donations for the Drop-In, thanks for your support

The Friday Drop-In program has re-opened the library and is ready to welcome donations! Please support us with specifically cookbooks, craft books, current affairs and non-fiction books, large print books, puzzle books, magazines, and DVDs.

They can be dropped off from **Tuesday, February 14 until Friday, February 17 between 10:00am and 1:00pm.**

For more information or to arrange an alternative time for drop off, contact Kathy Biasi at 416-364-7865 \*222 or send an email to [kbiasi@stjamescathedral.ca](mailto:kbiasi@stjamescathedral.ca)



## SAVE THE DATE: YOU ARE INVITED

### Palm Crosses

Last year's blessed palm crosses and branches may be brought to the Cathedral and placed in the baskets provided. They will be burned after the **9:00am and 11:00am services** next **Sunday, February 19**, and the ashes used in the Ash Wednesday services on February 22.

### Tuesday, February 21 at 5:30pm: Shrove Tuesday Pancake Supper

Mark the last day before Lent with a parish pancake supper in the Cathedral Centre - Snell Hall. There will be food, a crafts table for kids, and live music! All are welcome! We are also looking for individuals to help to set-up, serve and/or clean-up anytime between 4:30pm - 8:30pm on February 21. Please email at [info@stjamescathedral.ca](mailto:info@stjamescathedral.ca) if you want to help us.

### February 22, 2023: Ash Wednesday Services



- 7:30am Said Eucharist
- 12:15pm Sung Eucharist
- 6:30pm Choral Eucharist (*also live-streamed on the Diocesan YouTube channel*)

All services include the Imposition of Ashes.

The Cathedral will also be open for prayer on Ash Wednesday from 7:30am – 7:30pm.

### Vestry List

The Annual Meeting of Vestry will be held on **Sunday, March 12 at 1:00pm in Snell Hall**. The Vestry List is available for viewing now at the back of the church after service or at reception from 9:00am – 1:00pm, Monday-Thursday. Those listed are entitled to vote at the elections for the ensuing year. Additions or modifications can be made to the list.

### Pre-Vestry Meeting

A Pre-Vestry Meeting will be held online via Zoom on **March 8 at 7:00pm**.

The meeting is an opportunity to learn more about the 2023 budget and 2022 financial audit statements and also provides an opportunity for those who cannot attend the Vestry Meeting in person. If you are a member of Vestry and would like to receive the link to attend the Pre-Vestry meeting, please email [info@stjamescathedral.ca](mailto:info@stjamescathedral.ca)

### April 1 & 2: Palm Sunday Hot Cross Bun Fundraiser

You are invited to join us for the 9th Annual Palm Sunday Hot Cross Bun Fundraiser in support of the essential work of the Drop-in Centre and honouring, especially, its many years of providing health and foot care clinics. Don't miss the joy of our Saturday bun making session on April 1 or help us bake, frost, and sell on Palm Sunday morning, April 2.

If you would like to volunteer, contact Carol Kysela at [mckysel@gmail.com](mailto:mckysel@gmail.com)

## WEEKLY SCHEDULE AT THE CATHEDRAL: YOU ARE INVITED

### Morning Prayer – online only at 8:30am

Monday to Friday via the  
Cathedral YouTube channel

### Holy Eucharist at 12:15pm

Monday to Friday in the Cathedral  
- St. George's Chapel.

**VISIT US:** The Cathedral is open from 10:00am–3:00pm, Monday-Friday.

### TUESDAY: Organ Recital on Tuesday, February 14

Organist: Peter Bayer.

The concert begins at 1:00pm and lasts about 40 min.

Admission is free and donations are encouraged.

### WEDNESDAY: At 11:00am

Join the Scripture Circle in-person in the Cathedral Centre.

Contact Canon Beth Benson for more information at [bbenson@stjamescathedral.ca](mailto:bbenson@stjamescathedral.ca).

### FRIDAY: Drop-In from 1:30pm to 3:30pm.

Our Cathedral opens its doors for guests to come in for a meal in Snell Hall.

### SATURDAY:

Watch Morning Prayer - 8:30am via the Cathedral YouTube Channel.

### SUNDAY: Coffee Hour:

After the 9:00am & 11:00am services in Snell Hall at the Cathedral Centre. Anglicans love to bake! On Sundays, bring your favourite cookie or square. Be prepared to share the recipe! A listing of ingredients will help those with dietary restrictions.

## SUNDAY SERVICES – February 19, 2023

**8:00am:** Said Eucharist

**9:00am:** Sung Eucharist

**11:00am:** Choral Eucharist

*(also live-streamed on the Diocesan  
YouTube channel at [youtube.com/tordio135](https://www.youtube.com/tordio135)).*

**4:30pm:** Choral Evensong

**Readings for next Sunday, February 19**

**Transfiguration Sunday:**

**The Last Sunday after Epiphany**

Exodus 24: 12-18

Psalm 99

2 Peter 1: 16-21

Matthew 17: 1-9

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