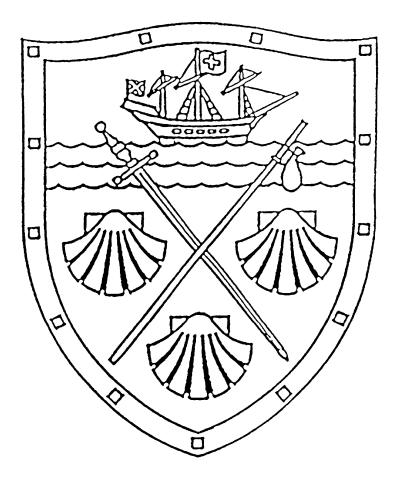
The Cathedral Church of St. James The Sixth Sunday after Epiphany

February 12, 2023 Sung Eucharist at 9:00am



The Cathedral Church of St. James Diocese of Toronto • Anglican Church of Canada

Welcome to St. James Cathedral

This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, with special recognition to the Mississaugas of the Credit First Nation. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

<u>Liturgical Note</u>

In the context of Christian Liturgy, Israel does not refer to the current political state, but either to the historic Hebrews of the ancient Near East or, in Christian theology, to all people who put their faith and trust in Jesus Christ.

Want to stay informed about what is happening at your Cathedral? Sign up for **E-Connections** on our website at <u>www.stjamescathedral.ca</u> (scroll to the bottom of the page).

Questions? Speak to a sidesperson – the people wearing gold name tags.

Children & Families

Godly Play meets every week at both the 9:00am and 11:00am services. Please email Karyne Whalen at <u>kwhalen@stjamescathedral.ca</u> for more information.

Accessibility

A Wheelchair Accessible Washroom is located at the front of the Cathedral through the doors by the pulpit. Assisted hearing devices are available from the sidespersons.

Coffee Hour

Join us in Snell Hall following the 9:00am & 11:00am services.

Parking

There are a variety of inexpensive parking lots available around the Cathedral. Please see the leaflets at the back of the Cathedral or online at **stjamescathedral.ca/contact** for more information.

Connect with the Cathedral

Visit our website at stjamescathedral.ca |Follow us on Facebook at facebook.com/stjamesto

As this is a very public and open space please be aware of your personal belongings. Do not leave them unattended in the Cathedral or in the Cathedral Centre. *Welcome!* We are so glad you have joined us for worship this morning. Please ensure that cell phones are turned off and refrain from taking photographs during the liturgy. Please stand, sit or kneel as you feel comfortable during the service, including times of prayer.

THE GATHERING OF THE COMMUNITY

Mass Setting: New Plainsong - David Hurd

Prelude

Hymn

Tune: Dix

All Welcome to Christ's family, fellow member with us all! God who beckons you today down the years your name will call. Christ the Lord makes all things new: in his name we welcome you!

Welcome as a branch new-grown, added here with faith and prayer, joined with us to Christ the Vine, watched and watered with due care. Christ the Lord makes all things new: in his name we welcome you!

Welcome to Christ's body here and in many a scattered place: Christian people far and near serve the Lord of every race. Christ the Lord makes all things new: in his name we welcome you!

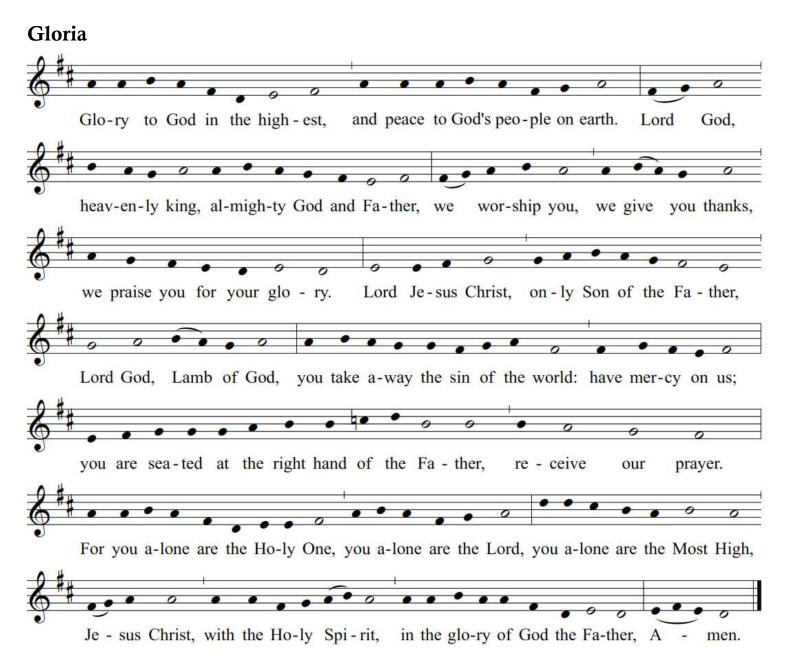
Welcome! All Christ's wealth is yours, riches vast beyond compare; we are Christ's inheritors and his heavenly kingdom share. Christ the Lord makes all things new: in his name we welcome you!

> Text: David Mowbray; Music: Konrad Kocher. Text: © David Mowbray/Jubilate Hymns - Hope Publishing Company, Carol Stream, IL 60188. Reprinted with permission under ONE LICENSE #A-709278. All rights reserved.

- *Presider* The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.
- *People* And also with you.

Presider Almighty God,

People to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen. During the Gloria, children are invited to gather at the chancel steps before proceeding to St. George's Chapel for Godly Play; they will return at the offertory.



Collect of the Day

Presider Let us pray.

Living One, in whose freedom creation was born as gift: free us from the need to possess, define and silence others, so that we might rejoice in the strangeness of your beauty revealed in flesh and blood; through Jesus Christ, our reconciliation.

People Amen.

THE PROCLAMATION OF THE WORD

The First Reading

- *Reader* If you choose, you can keep the commandments, and to act faithfully is a matter of your own choice. He has placed before you fire and water; stretch out your hand for whichever you choose. Before each person are life and death, and whichever one chooses will be given. For great is the wisdom of the Lord; he is mighty in power and sees everything; his eyes are on those who fear him, and he knows every human action. He has not commanded anyone to be wicked, and he has not given anyone permission to sin.
- *Reader* The word of the Lord.
- *People* Thanks be to God.

Psalm

Psalm 119: 1-8



Cantor	Bles-sed are those whose way is pure,
	who walk in the <u>`läw</u> of`the Lord.
All	Blessed are those who keep his <u>tes</u> -ti-mo-nies
	and seek him with <u>their</u> whole heart,
Cantor	Those who <u>do</u> no^wick-ed-ness,
	but walk <u>in</u> his ways.
All	You, O ^L ord, have charged
	that we should diligently keep your <u>com</u> -mand-ments.
Cantor	O that my ways <u>were</u> made [^] so di-rect
	that I might keep <u>your</u> sta-tutes.
All	Then should I <u>not</u> be [^] put to shame,
	because I have regard for all your <u>com</u> -mand-ments.
Cantor	I will thank you with an un-feigned heart,
	when I have learned your right- <u>eous</u> judge-ments.
All	I will keep your sta-tutes;
	O forsake me <u>not</u> ut ter-ly.

Sirach 15: 15-20

The Second Reading

1 Corinthians 3: 1-9

- Reader And so, brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarreling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, "I belong to Paul," and another, "I belong to Apollos," are you not merely human? What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labour of each. For we are God's servants, working together; you are God's field, God's building.
- *Reader* The word of the Lord.
- *People* Thanks be to God.

Gospel Acclamation

Celtic Alleluia

- CantorAlleluia! Alleluia! Alleluia!PeopleAlleluia! Alleluia! Alleluia!CantorBlessed is our Father, Lord of heaven and earth,
who has revealed these things to the simple.
- People Alleluia! Alleluia! Alleluia!

The Holy Gospel

Matthew 5: 21-37

Gospeller The Lord be with you.

People And also with you.

Gospeller The Holy Gospel of our Lord Jesus Christ according to Matthew.

- People Glory to you, Lord Jesus Christ.
- *Gospeller* Jesus said "You have heard that it was said to those of ancient times, 'You shall not murder'; and 'whoever murders shall be liable to judgment.' But I say to you that if you are angry with a brother or sister, you will be liable to judgment; and if you insult a brother or sister, you will be liable to the council; and if you say, 'You fool,' you will be liable to the hell of fire.

So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny.

You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your members than for your whole body to go into hell. It was also said, 'Whoever divorces his wife, let him give her a certificate of divorce.' But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery.

Again, you have heard that it was said to those of ancient times, 'You shall not swear falsely, but carry out the vows you have made to the Lord.' But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be 'Yes, Yes' or 'No, No'; anything more than this comes from the evil one.

Gospeller The Gospel of Christ.

People Praise to you, Lord Jesus Christ.

Homily

The Apostles' Creed

Presider Let us confess the faith of our baptism, as we say,

All I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People

Presider To God who hears our cries and our cares, let us give thanks and lift our hearts and voices in prayer for the church, the world, and all in need saying, "In your mercy, Lord, hear our prayer."

Intercessor In your mercy,

PeopleLord, hear our prayer.At the conclusion of the prayers.

- *Presider* Incarnate Word, Lord of all, hear the prayers of your people and fill our hearts with longing for your kingdom. In your mighty name we pray.
- People Amen.

Confession and Absolution

Presider Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites us to this table. Let us confess our sins, confident in God's forgiveness.

Most merciful God,

- All we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.
- *Presider* Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People Amen.

The Peace

We offer each other a sign of peace, as you feel comfortable.PresiderThe peace of the Lord be always with you.PeopleAnd also with you.

Announcements

Donate to St. James Cathedral by scanning or tapping the QR code or visit <u>stjamescathedral-mobile.pllenty.com</u>



THE CELEBRATION OF THE EUCHARIST

An offering will now be taken to support the life and ministry of the Cathedral.

Offertory Hymn

All All the law your God has given, teaching, promise, song, command, guide your steps from here to heaven, light your pathway through the land.

> It is written, God has spoken; ours to listen, read, obey: Scripture never can be broken; do not close your hearts today!

Make this book your meditation, speak its truth by day and night; let no doubt, no deviation turn your foot to left or right.

Has not God your Lord commanded? Do not fear the road is long; never fear, for he has granted in his strength, we shall be strong. Tune: Merton

Where God leads you, take possession; what he gives, with joy receive! Set your course by his commission; learn from him, and you will live.

Best of all, our God is with us, starting, travelling, nearing home; never will he lose or leave us, all his love in Christ has come!

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Prayer over the Gifts

Presider Eternal God, you are the strength of the weak and the comfort of sufferers, receive all we offer you this day; turn our sickness into health and our sorrow into joy. We ask this in the name of Jesus Christ the Lord.Paonla

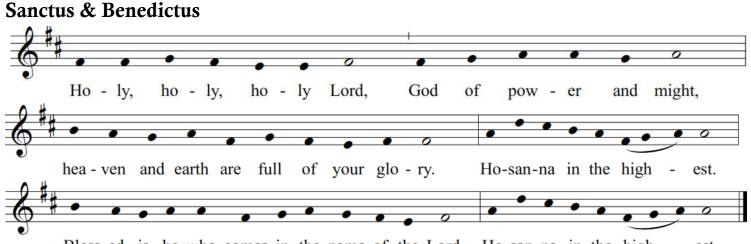
People Amen.

The Great Thanksgiving

- *Presider* The Lord be with you.
- *People* And also with you.
- *Presider* Lift up your hearts.
- *People* We lift them to the Lord.
- *Presider* Let us give thanks to the Lord our God.
- *People* It is right to give our thanks and praise.
- *Presider* Holy God, Lover of creation, we give you thanks and praise for in the ocean of your steadfast love you bear us and place the song of your Spirit in our hearts.

When we turn from your love and defile the earth, you do not abandon us. Your Spirit speaks through Huldah and Micah, through prophets, sages, and saints in every age, to confront our sin and reveal the vision of your new creation.

Joining in the song of the universe we proclaim your glory singing:



Bless-ed is he who comes in the name of the Lord. Ho-san-na in the high - est.

Presider Gracious God, in the fullness of time you sent Jesus the Christ to share our fragile humanity. Through Jesus' life, death, and resurrection you open the path from brokenness to health, from fear to trust, from pride and conceit to reverence for you.

Rejected by a world that could not bear the Gospel of life, Jesus knew death was near. His head anointed for burial by an unknown woman, Jesus gathered together those who loved him. He took bread, gave thanks to you, broke it and gave it to his friends, saying, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave you thanks, and said "Drink this all of you, this is my blood of the new covenant which is shed for you and for many. Whenever you drink it, do this for the remembrance of me."

And now we gather at this table in response to his commandment, to share the bread and cup of Christ's undying love, and to proclaim our faith.

People Christ has died. Christ is risen. Christ will come again.

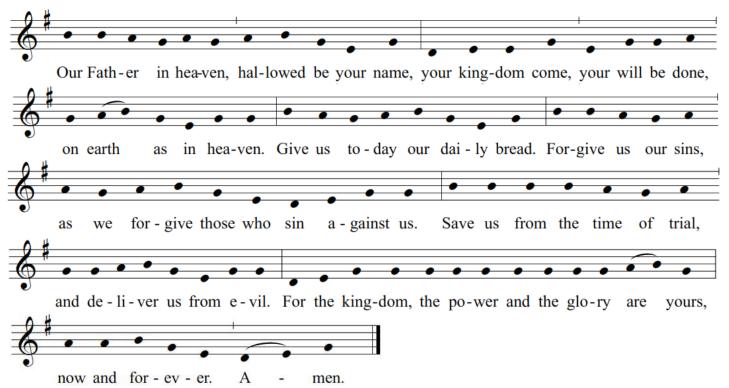
Presider Breathe your Holy Spirit, the wisdom of the universe, upon these gifts that we bring to you: this bread, this cup, ourselves, our souls and bodies, that we may be signs of your love for all the world and ministers of your transforming purpose.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, Creator of all, and we bless your holy name for ever.

People Amen.

The Lord's Prayer

Presider As our Saviour taught us, let us pray,



The Breaking of the Bread

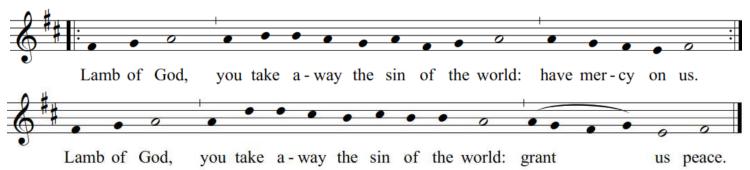
Presider "I am the bread of life," says the Lord. "Whoever comes to me will never be hungry; whoever believes in me will never thirst."

All Taste and see that the Lord is good; happy are they who trust in him!

The Communion

Presider The gifts of God for the People of God.*People* Thanks be to God.

Agnus Dei



All baptized persons are welcome to receive Holy Communion. Gluten-free hosts are available upon request. It is not permitted to dip the bread in the wine for health reasons. If you choose not to receive communion, you are welcome to come forward to receive a blessing. Simply cross your hands over your chest to indicate this to the priest.

Communion Hymn

In love you summon, in love I follow, living today for your tomorrow, Christ to release me, Christ to enfold me, Christ to restrain me, Christ to uphold me.

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Communion Hymn

Traditional African American spiritual

All

All

Let us break bread together on our knees. Let us break bread together on our knees. When I fall on my knees with my face to the rising sun, O Lord have mercy on me.

Let us drink wine together on our knees. Let us drink wine together on our knees. When I fall on my knees with my face to the rising sun, O Lord have mercy on me.

Let us praise God together on our knees. Let us praise God together on our knees. *When I fall on my knees with my face to the rising sun, O Lord have mercy on me.*

Prayer after Communion

Presider Let us pray.

God of tender care, in this eucharist we celebrate your love for us and for all people. May we show your love in our lives and know its fulfilment in your presence. We ask this in the name of Jesus Christ the Lord.

People Amen.

Presider Glory to God,

People whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

The Blessing

Presider The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the One who loves us, the One who liberates us, and the One who leads us into all truth, be with you now and always.

People Amen.

Hymn

All

Tune: St. Denio

How firm a foundation, ye saints of the Lord, is laid for your faith in his excellent word! What more can he say than to you he hath said, to you who to Jesus for refuge have fled?

"Fear not, I am with thee; O be not dismayed! For I am thy God and will still give thee aid; I'll strengthen thee, help thee, and cause thee to stand, upheld by my righteous, omnipotent hand.

When through the deep waters I call thee to go, the rivers of woe shall not thee overflow; for I will be with thee, thy troubles to bless, and sanctify to thee thy deepest distress.

The soul that on Jesus hath leaned for repose I will not—I will not desert to its foes; that soul, though all hell should endeavour to shake, I'll never—no, never—no, never forsake!"

Text: John Rippon; Music: Melody Welsh trad.

Dismissal

Priest Let us go to the world in peace and loving service.*People* Thanks be to God.

Postlude

The flowers in the Cathedral are given to the glory of God. At the High Altar, in celebration of the wedding anniversary of Jennifer Grant & Brian Wald and in memory of Jennifer's grandfather Thomas Arthur Heslop on the occasion of his birthday.

Presiding Celebrant & Homilist: The Reverend Canon Dr. Stephen Fields Reader & Intercessor: Susan Boucaud • Stewards: Elizabeth Hartman & Paul James Communion Ministers: Peter Dawes & Sarah McKinnon Music Director & Organist: Thomas Bell • Wayne Vance Organ Scholar: Jacob Wiens Assisting at the Organ: Imre Olah • Sung by The St. James Singers Honorary Verger: Paul D. Seddon, ODT

PRAYER CYCLE

This week, please pray for: The Episcopal Church in the Philippines; Susan Johnson, National Bishop, and the Evangelical Lutheran Church in Canada; York Mills Deanery; and the Ministry Council of the Cathedral

PASTORAL CARE

If you know anyone who would benefit from a call from our pastoral care team, please be in touch with our Sub-Dean & Vicar, The Rev'd Canon Dr. Stephen Fields: <u>sfields@stjamescathedral.ca</u>; 416-364-7865, ext. *235 or The Reverend Canon Beth Benson: <u>bbenson@stjamescathedral.ca</u>, 416-364-7865, ext. *237

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ST. JAMES CATHEDRAL - CONNECTIONS – Sunday, February 12, 2023 Celebrating Black History Month at St. James

***Today's Coffee Hours** in Snell Hall, following the 9:00am and 11:00am services, will be hosted by *Becoming the Story We Tell* - join us!

***Children & Families:** Sunday school meets every Sunday at both the 9:00am and 11:00am services. Email Karyne Whalen at <u>kwhalen@stjamescathedral.ca</u> for more information.

You were Asking...Anointing



This week we are launching an occasional article, responding to a question that has come to our attention. This week the question is: *What is anointing for healing?* Anointing with oil happens at baptism, as part of our regular healing ministry and at the time of death. Olive oil and chrism (olive oil scented with balsam extract) are consecrated by the Bishop during Holy Week (at the *Chrism Mass*) and set aside for these occasions. Anointing with chrism is one of the ancient baptismal practices. A sign of the Holy Spirit, *chrism* also interprets the name Christ, the *anointed one*.

In our baptism, the sign of the cross is traced with chrism on our forehead, marking us as Christ's own forever.

Unscented consecrated olive oil is used in the sacrament of healing and with someone who is dying. Anointing for healing is an outward sign of the inward healing presence of God – healing of body, soul, and mind. It is also a sign of forgiveness and reconciliation in and within the Christian community.

While it can be offered by licensed lay people, presently anointing for healing is offered by the Cathedral clergy, occasionally at the 9:00am and regularly at the 11:00am Celebrations of the Eucharist. The sign of the cross is traced on our forehead with the oil as this prayer (or one similar) is said:

N, through this holy anointing may the Lord in his love and mercy uphold you by the grace and power of the Holy Spirit. Amen.

Additional prayers are sometimes offered, depending on personal requests. Everyone is welcome to receive prayers for healing an anointing. As the old adage goes, "all may, some should, none must"!

Thanks for asking. Just let me know if you'd like to delve into this further. The Reverend Canon Beth Benson - Interim Associate Priest

STAY UP TO DATE Today's special joint Choral Evensong service at 4:30pm

We are delighted to welcome the choir of St. Jude's Oakville, their Director of Music, Sebastian Moreno, and their Priest in Charge, The Reverend Canon Dr. David Anderson, to today's special joint Choral Evensong service at 4:30pm.

Becoming the Story We Tell

The *Becoming the Story We Tell* program is returning to St. James this Lent and Eastertide. *Becoming the Story We Tell* is a process of spiritual formation that allows participants to engage more deeply in the very heart and soul of our story, reflecting on Scripture and Sacraments together in small groups. There will be in-person and online groups, with meetings on weekdays and evenings. For more information, email <u>bst@stjamescathedral.ca</u>

2023 Vestry Nominating Committee

St. James Cathedral's Annual Vestry meeting is scheduled for Sunday, March 12, 2023. The Nominating Committee (Bob Hart, Yvonne Joseph, Mary Hopperton, Bill Benson -Chair) is now receiving names for election for the following positions: People's Warden, Deputy People's Warden, Cathedral Council Members-at-large (called "Advisory Board" Members by the Diocese) and Lay members of Synod.

Email Bill Benson at billbenson0520@gmail.com with any questions.

WE COUNT ON YOU

Thank you note from the Drop-In

We would like to thank Mr. Biagio, from *Biagio Ristorante*, for providing lunch to our Drop-In guests on Friday, February 3. Many of our Drop-in guests have enjoyed Mr. Biagio's hospitality over many years (especially his famous Christmas dinners!). We are so grateful for his generosity. *Grazie mille, Signor Biagio!*

Book donations for the Drop-In, thanks for your support

The Friday Drop-In program has re-opened the library and is ready to welcome donations! Please support us with specifically cookbooks, craft books, current affairs and non-fiction books, large print books, puzzle books, magazines, and DVDs.

They can be dropped off from Tuesday, February 14 until Friday, February 17 between 10:00am and 1:00pm.

For more information or to arrange an alternative time for drop off, contact Kathy Biasi at 416-364-7865 *222 or send an email to <u>kbiasi@stjamescathedral.ca</u>



SAVE THE DATE: YOU ARE INVITED

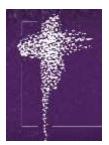
Palm Crosses

Last year's blessed palm crosses and branches may be brought to the Cathedral and placed in the baskets provided. They will be burned after the **9:00am and 11:00am services** next **Sunday, February 19,** and the ashes used in the Ash Wednesday services on February 22.

Tuesday, February 21 at 5:30pm: Shrove Tuesday Pancake Supper

Mark the last day before Lent with a parish pancake supper in the Cathedral Centre - Snell Hall. There will be food, a crafts table for kids, and live music! All are welcome! We are also looking for individuals to help to set-up, serve and/or clean-up anytime between 4:30pm - 8:30pm on February 21. Please email at <u>info@stjamescathedral.ca</u> if you want to help us.

February 22, 2023: Ash Wednesday Services



- 7:30am Said Eucharist
- 12:15pm Sung Eucharist
- 6:30pm Choral Eucharist (also live-streamed on the Diocesan YouTube channel)

All services include the Imposition of Ashes.

The Cathedral will also be open for prayer on Ash Wednesday from 7:30am – 7:30pm.

Vestry List

The Annual Meeting of Vestry will be held on **Sunday, March 12 at 1:00pm in Snell Hall.** The Vestry List is available for viewing now at the back of the church after service or at reception from 9:00am – 1:00pm, Monday-Thursday. Those listed are entitled to vote at the elections for the ensuing year. Additions or modifications can be made to the list.

Pre-Vestry Meeting

A Pre-Vestry Meeting will be held online via Zoom on March 8 at 7:00pm.

The meeting is an opportunity to learn more about the 2023 budget and 2022 financial audit statements and also provides an opportunity for those who cannot attend the Vestry Meeting in person. If you are a member of Vestry and would like to receive the link to attend the Pre-Vestry meeting, please email <u>info@stjamescathedral.ca</u>

April 1 & 2: Palm Sunday Hot Cross Bun Fundraiser

You are invited to join us for the 9th Annual Palm Sunday Hot Cross Bun Fundraiser in support of the essential work of the Drop-in Centre and honouring, especially, its many years of providing health and foot care clinics. Don't miss the joy of our Saturday bun making session on April 1 or help us bake, frost, and sell on Palm Sunday morning, April 2. If you would like to volunteer, contact Carol Kysela at <u>mckysel@gmail.com</u>

WEEKLY SCHEDULE AT THE CATHEDRAL: YOU ARE INVITED

Morning Prayer – online only at 8:30am

Monday to Friday via the Cathedral YouTube channel Holy Eucharist at 12:15pm Monday to Friday in the Cathedral - St. George's Chapel.

VISIT US: The Cathedral is open from 10:00am–3:00pm, Monday-Friday.

TUESDAY: Organ Recital on Tuesday, February 14

Organist: Peter Bayer. The concert begins at 1:00pm and lasts about 40 min. Admission is free and donations are encouraged.

WEDNESDAY: At 11:00am

Join the Scripture Circle in-person in the Cathedral Centre. Contact Canon Beth Benson for more information at <u>bbenson@stjamescathedral.ca.</u>

FRIDAY: Drop-In from 1:30pm to 3:30pm.

Our Cathedral opens its doors for guests to come in for a meal in Snell Hall.

SATURDAY:

Watch Morning Prayer - 8:30am via the Cathedral YouTube Channel.

SUNDAY: Coffee Hour:

After the 9:00am & 11:00am services in Snell Hall at the Cathedral Centre. Anglicans love to bake! On Sundays, bring your favourite cookie or square. Be prepared to share the recipe! A listing of ingredients will help those with dietary restrictions.

SUNDAY SERVICES – February 19, 2023

8:00am: Said Eucharist
9:00am: Sung Eucharist
11:00am: Choral Eucharist
(also live-streamed on the Diocesan
YouTube channel at <u>youtube.com/tordio135</u>).
4:30pm: Choral Evensong

Readings for next Sunday, February 19 Transfiguration Sunday: The Last Sunday after Epiphany Exodus 24: 12-18 Psalm 99 2 Peter 1: 16-21 Matthew 17: 1-9

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