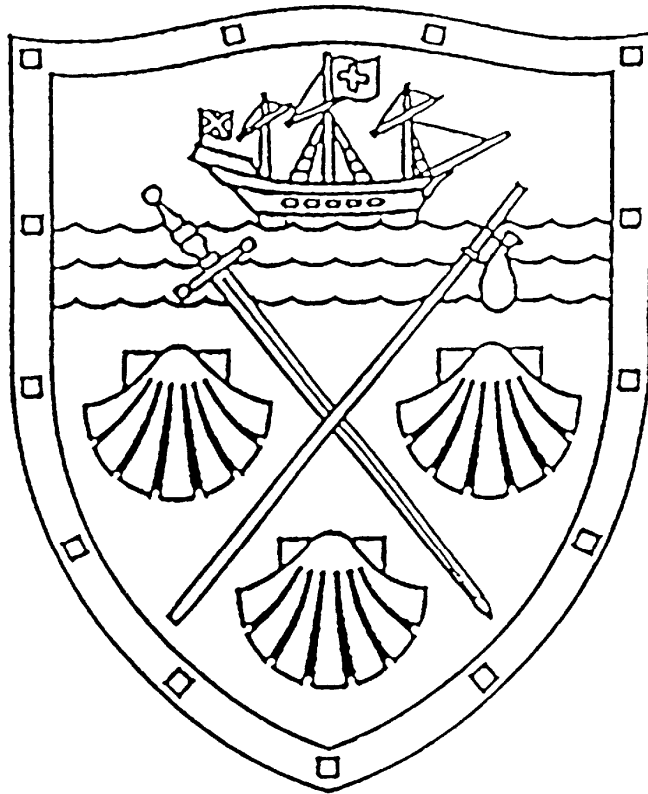


The Cathedral Church of St. James

The First Sunday in Lent

February 26, 2023
Choral Evensong at 4:30pm



The Cathedral Church of St. James
Diocese of Toronto • Anglican Church of Canada

Welcome to St. James Cathedral

This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, with special recognition to the Mississaugas of the Credit First Nation. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

Liturgical Note

In the context of Christian Liturgy, Israel does not refer to the current political state, but either to the historic Hebrews of the ancient Near East or, in Christian theology, to all people who put their faith and trust in Jesus Christ.

Want to stay informed about what is happening at your Cathedral?
Sign up for **E-Connections** on our website at www.stjamescathedral.ca
(scroll to the bottom of the page).

Questions? Speak to a sidesperson – the people wearing gold name tags.

Children & Families

Godly Play meets every week at both the 9:00am and 11:00am services.
Please email Karyne Whalen at kwhalen@stjamescathedral.ca for more information.

Accessibility

A Wheelchair Accessible Washroom is located
at the front of the Cathedral through the doors by the pulpit.
Assisted hearing devices are available from the sidespersons.

Coffee Hour

Join us in Snell Hall following the 9:00am & 11:00am services.

Parking

There are a variety of inexpensive parking lots available around the Cathedral.
Please see the leaflets at the back of the Cathedral or
online at stjamescathedral.ca/contact for more information.

Connect with the Cathedral

Visit our website at stjamescathedral.ca | Follow us on Facebook at facebook.com/stjamesto

*As this is a very public and open space please be aware of your personal belongings.
Do not leave them unattended in the Cathedral or in the Cathedral Centre.*

*Welcome! We are so glad you have joined us for worship this afternoon.
Please ensure that cell phones are turned off.*

Choral Evensong

Prelude Priere *J.N. Lemmens*

Please remain seated.

Introit O Taste and See Text: Psalm 34: 8; Music: Ralph Vaughan Williams

Choir O taste and see how gracious the Lord is:
blessed is the man that trusteth in him.

Please stand, as you are able, when the organ plays.

Preces and Responses *Philip Radcliffe*

Officiant O Lord, open thou our lips;
Choir And our mouth shall show forth thy praise.

Officiant O God, make speed to save us;
Choir O Lord, make haste to help us.

Officiant Glory be to the Father, and to the Son, and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be, world without end.
Amen.

Officiant Praise ye the Lord;
Choir The Lord's Name be praised.

Psalm 103 *Please be seated.*

Choir Bless the Lord, O my soul,
and all that is within me bless his holy name.
Bless the Lord, O my soul,
and forget not all his benefits;
Who forgives all your sins
and heals all your infirmities;
Who redeems your life from the Pit
and crowns you with faithful love and compassion;
Who satisfies you with good things,
so that your youth is renewed like an eagle's.
The Lord executes righteousness
and judgement for all who are oppressed.

He made his ways known to Moses
and his works to the children of Israel.
The Lord is full of compassion and mercy,
slow to anger and of great kindness.
He will not always accuse us,
neither will he keep his anger for ever.
He has not dealt with us according to our sins,
nor rewarded us according to our wickedness.
For as the heavens are high above the earth,
so great is his mercy upon those who fear him.
As far as the east is from the west,
so far has he set our sins from us.
As a father has compassion on his children,
so is the Lord merciful towards those who fear him.
For he knows of what we are made;
he remembers that we are but dust.
Our days are but as grass;
we flourish as a flower of the field;
For as soon as the wind goes over it, it is gone,
and its place shall know it no more.
But the merciful goodness of the Lord is from of old
and endures for ever on those who fear him,
and his righteousness on children's children;
On those who keep his covenant
and remember his commandments to do them.
The Lord has established his throne in heaven,
and his kingdom has dominion over all.
Bless the Lord, you angels of his,
you mighty ones who do his bidding
and hearken to the voice of his word.
Bless the Lord, all you his hosts,
you ministers of his who do his will.
Bless the Lord, all you works of his, in all places of his dominion;
bless the Lord, O my soul.

Glory be to the Father, and to the Son, and to the Holy Ghost;
as it was in the beginning, is now, and ever shall be, world without end.
Amen.

First Lesson*Please be seated.**Daniel 9: 3-10**Reader*

Then I turned to the Lord God, to seek an answer by prayer and supplication with fasting and sackcloth and ashes. I prayed to the Lord my God and made confession, saying, 'Ah, Lord, great and awesome God, keeping covenant and steadfast love with those who love you and keep your commandments, we have sinned and done wrong, acted wickedly and rebelled, turning aside from your commandments and ordinances. We have not listened to your servants the prophets, who spoke in your name to our kings, our princes, and our ancestors, and to all the people of the land. 'Righteousness is on your side, O Lord, but open shame, as at this day, falls on us, the people of Judah, the inhabitants of Jerusalem, and all Israel, those who are near and those who are far away, in all the lands to which you have driven them, because of the treachery that they have committed against you. Open shame, O Lord, falls on us, our kings, our officials, and our ancestors, because we have sinned against you. To the Lord our God belong mercy and forgiveness, for we have rebelled against him, and have not obeyed the voice of the Lord our God by following his laws, which he set before us by his servants the prophets.'

Reader

Here endeth the first lesson.

Magnificat*Please stand, as you are able.**Walmisley in d minor**Choir*

My soul doth magnify the Lord,
and my spirit hath rejoiced in God my Saviour.
For he hath regarded the lowliness of his handmaiden.
For behold, from henceforth all generations shall call me blessed.
For he that is mighty hath magnified me; and holy is his Name.
And his mercy is on them that fear him throughout all generations.
He hath showed strength with his arm;
he hath scattered the proud in the imagination of their hearts.
He hath put down the mighty from their seat,
and hath exalted the humble and meek.
He hath filled the hungry with good things;
and the rich he hath sent empty away.
He remembering his mercy hath holpen his servant Israel;
As he promised to our forefathers, Abraham and his seed for ever.
Glory be to the Father, and to the Son, and to the Holy Ghost; as it was
in the beginning, is now, and ever shall be, world without end. Amen.

Second Lesson

Please be seated.

Mark 2: 18-22

Reader Now John's disciples and the Pharisees were fasting; and people came and said to him, 'Why do John's disciples and the disciples of the Pharisees fast, but your disciples do not fast?' Jesus said to them, 'The wedding-guests cannot fast while the bridegroom is with them, can they? As long as they have the bridegroom with them, they cannot fast. The days will come when the bridegroom is taken away from them, and then they will fast on that day. 'No one sews a piece of unshrunk cloth on an old cloak; otherwise, the patch pulls away from it, the new from the old, and a worse tear is made. And no one puts new wine into old wineskins; otherwise, the wine will burst the skins, and the wine is lost, and so are the skins; but one puts new wine into fresh wineskins.'

Reader Here endeth the second lesson.

Nunc Dimittis *Please stand, as you are able.*

Walmisley in d minor

Choir Lord, now lettest thou thy servant depart in peace, according to thy word.
For mine eyes have seen thy salvation,
which thou hast prepared before the face of all people;
To be a light to lighten the Gentiles,
and to be the glory of thy people Israel.

Glory be to the Father, and to the Son, and to the Holy Ghost;
as it was in the beginning, is now, and ever shall be, world without end.
Amen.

Apostles' Creed

Officiant I believe in God

All **the Father Almighty, Maker of heaven and earth:
And in Jesus Christ his only Son our Lord,
Who was conceived by the Holy Ghost,
Born of the Virgin Mary, Suffered under Pontius Pilate,
Was crucified, dead, and buried: He descended into hell;
The third day he rose again from the dead; He ascended into heaven,
And sitteth on the right hand of God the Father Almighty;
From thence he shall come to judge the quick and the dead.
I believe in the Holy Ghost; The holy Catholic Church;
The Communion of Saints; The Forgiveness of sins;
The Resurrection of the body, And the Life everlasting. Amen.**

Officiant The Lord be with you.

Choir And with thy spirit.

Officiant Let us pray.

Please kneel, as you are able.

Choir Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Officiant Our Father

Choir who art in heaven, hallowed be thy Name,

Thy kingdom come, Thy will be done,

on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses,

as we forgive them that trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

Officiant O Lord, show thy mercy upon us;

Choir And grant us thy salvation.

Officiant O Lord, save the King;

Choir And mercifully hear us when we call upon thee.

Officiant Endue thy Ministers with righteousness;

Choir And make thy chosen people joyful.

Officiant O Lord, save thy people;

Choir And bless thine inheritance.

Officiant Give peace in our time, O Lord;

Choir Because there is none other that fighteth for us, but only thou O Lord.

Officiant O God, make clean our hearts within us;

Choir And take not thy Holy Spirit from us.

The Collects

Officiant Heavenly Father, your Son battled with the powers of darkness and grew closer to you in the desert: help us to use these days to grow in wisdom and prayer, so that we may witness to your saving love in Jesus Christ our Lord.

Choir Amen.

Officiant O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour.

Choir Amen.

Officiant Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour Jesus Christ.

Choir Amen.

Please be seated.

Anthem **Night Prayer**

Alec Roth

Choir *Te lucis ante terminum,
Rerum creator, poscius,
Ut solita clementia
Sis praesul ad custodiam.*

To thee before the close of day,
Creator of the world, we pray
That with thy wonted favour thou
Would'st be our guard and keeper now.

*Procul recedant somnia
Et noctium phantasmata,
Hostemquen nostrum comprime,
Ne polluantur corpora.*

From all ill dreams defend our eyes,
From nightly fears and fantasies;
Tread under foot our ghostly foe,
That no pollution we may know.

*Praesta, Pater omnipotens
Per Jesum Christum Dominum,
Qui tecum in perpetuum,
Regnat cum Sancto Spiritu.
Amen.*

O Father, that we ask be done,
Through Jesus Christ thine only Son,
Who, with the Holy Ghost and thee,
Doth live and reign eternally.
Amen.

Homily

An offering will now be taken to support the life and ministry of the Cathedral.

Donate to St. James Cathedral by scanning or tapping
the QR code below
or visit stjamescathedral-mobile.plenty.com



Please stand, as you are able.

Tune: Brother James' Air

Hymn at the Collection

All The Lord's my shepherd, I'll not want: he makes me down to lie
in pastures green; he leadeth me the quiet waters by.

My soul he doth restore again, and me to walk doth make
within the paths of righteousness, even for his own name's sake.

Yea, though I walk through death's dark vale, yet will I fear no ill;
for thou art with me, and thy rod and staff me comfort still.

My table thou hast furnished in presence of my foes;
my head thou dost with oil anoint, and my cup overflows.

Goodness and mercy all my life shall surely follow me,
and in God's house for evermore my dwelling place shall be.

Text: Ps. 23; para. Scottish Psalter, 1650;
Music: James Leith Macbeth Bain.

Offertory Prayer

Officiant All things come from you, O Lord.

People **And of your own have we given you.**

Officiant Source of all goodness, Giver of all things, accept these gifts of our labour
and love. Consecrate them for the work of your church in the world, and
may our lives, like these offerings, be spent for the sake of the continued
in-breaking of your reign of justice and peace. In Christ we pray.

People **Amen.**

Prayers

Please kneel, as you are able.

A Prayer of Saint John Chrysostom

Officiant Almighty God, who hast given us grace at this time with one accord to
make our common supplications unto thee; and dost promise that when
two or three are gathered together in thy Name thou wilt grant their
requests: Fulfil now, O Lord, the desires and petitions of thy servants, as
may be most expedient for them; granting us in this world knowledge of
thy truth, and in the world to come life everlasting.

People **Amen.**

Lent Prose*Please join in the refrain.**Mode V**Refrain*

Hearus, O Lord, have mercy upon us: for we have sinned against thee.

Cantor To thee Redeemer, on thy throne of glory:
lift we our weeping eyes in holy pleadings:
listen, O Jesu, to our supplications.

Cantor O Thou chief cornerstone, right hand of the Father:
way of salvation, gate of life celestial:
cleans thou our sinful souls from all defilement.

Cantor God we implore thee, in thy glory seated:
bow down and hearken to thy weeping children:
pity and pardon all our grievous trespasses.

Cantor Sins oft committed, now we lay before thee:
with true contrition, now no more we veil them:
grant us Redeemer, loving absolution.

Cantor Innocent captive, taken unresisting:
falsely accused, and for us sinners sentenced, save us,
we pray thee, Jesu our Redeemer.

Officiant The grace of our Lord Jesus Christ, and the love of God, and the
fellowship of the Holy Ghost, be with us all evermore.

People **Amen.**

*Please stand, as you are able.**Edward Woodall Naylor***Final Respond**

Officiant The Lord be with you;

Choir And with thy spirit.

Officiant Let us bless the Lord.

Choir Thanks be to God.

Postlude Fugue in C minor, BWV 537

J.S. Bach

Officiant & Homilist: The Reverend Dr. Alison Falby

Reader: William Cowling • Crucifer: Quentin Toderick

Music Director & Organist: Thomas Bell • Wayne Vance Organ Scholar: Jacob Wiens

Assisting at the Organ: Imre Olah • Sung by The Evensong Choir of St. James Cathedral

PRAYER CYCLE	PASTORAL CARE
<p><i>This week, please pray for: The Scottish Episcopal Church; Susan Johnson, National Bishop, and the Evangelical Lutheran Church in Canada; Black Anglicans of Canada; and the Property Staff & Sextons of the Cathedral</i></p>	<p>If you know anyone who would benefit from a call from our pastoral care team, please be in touch with our Sub-Dean & Vicar, The Rev'd Canon Dr. Stephen Fields: sfields@stjamescathedral.ca; 416-364-7865, ext. *235 or The Reverend Canon Beth Benson: bbenson@stjamescathedral.ca, 416-364-7865, ext. *237</p>

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ST. JAMES CATHEDRAL - CONNECTIONS – Sunday, February 26, 2023

Celebrating Black History Month at St. James

***Coffee Hour:** Please join us today after the 9:00am and 11:00am services in Snell Hall.

***Children & Families:** Sunday school meets every Sunday at both the 9:00am and 11:00am services. Email Karyne Whalen at kwhalen@stjamescathedral.ca for more information.

Holy and Blessed Lent

As we prepared to burn the blessed palms to produce ashes for Wednesday of last week, the Presider read: *Each year we observe the season of Lent with prayer, penitence, and acts of generosity, so that we may come to the Easter feast ready to renew once more the commitment of our Baptism, which gives us life.* What a very helpful sentence – it casts Lent into the best possible light, I believe.

Many of us have experienced Lent, as given to us by the Church, as a rather dour, dark, and foreboding time, imbued with sombre images and hymns, often accompanied by self-denial – the giving up of something, the more exotic the better!

Thankfully, particularly over the last couple of generations, Lent has been somewhat redeemed. Lent has always been, since the earliest days, a time of preparation and a time of fasting, as we all get ourselves ready for Baptism (usually on Easter Eve) and to welcome the Easter feast. Unfortunately, through a number of factors over the last several decades, the season (the word *lent* derives from an old English word meaning ‘*lengthen*’), has taken on an almost overwhelming character of moroseness, liturgical minimalism, and all sorts of ‘dos’ and don’ts’. There was a long list of things you could not have, do, practice, or *enjoy* during Lent. And the ever present question: ‘what are you giving up for Lent this year?’ And all this cheerlessness while the days are, as the word suggests, lengthening – more light, more soft air, more relief and joy!

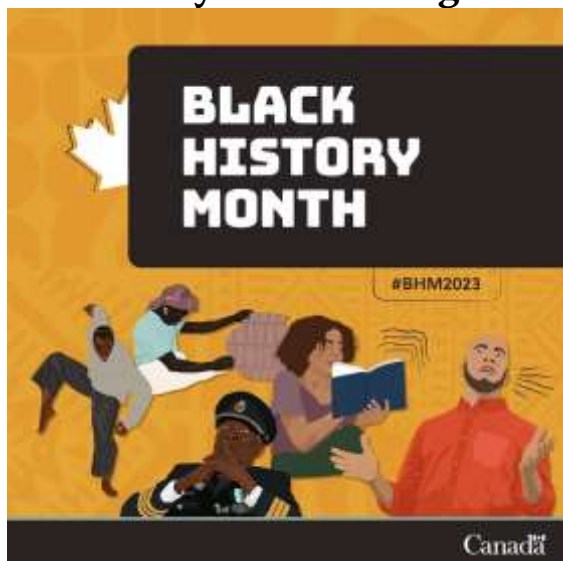
The giving up of things seemed to have totally eclipsed the generous sense of preparation which Lent really is all about. While I can admire the selflessness which is evident in denying oneself something important and enjoyable during this 40+ day season, it is much more meaningful for me to think in terms of *doing* something or *keeping* something these days rather than jettisoning something. It could involve reading more of the Bible, or perhaps some really good commentary on the text; possibly learning about one of the many challenges which face us as a society and the ways in which we might help; taking on a new volunteer activity; committing oneself to regular and robust prayer each day.

So, a Holy Lent might be composed of *doing* something more or new rather than *giving* something up. In that can the generosity of preparing for Easter be well exhibited and taken to heart. Give something up - take something on – do it all with generosity and good cheer. Enjoy and maybe even immerse yourself in the *goodness* and *joy* of this special season. May you experience a holy and blessed Lent.

The Very Rev’d Peter Wall
Interim Dean and Priest-in-Charge

THIS WEEK AT THE CATHEDRAL, JOIN US!

Today: Celebrating Black History Month with Irene Davis Moore



Our guest speaker, Irene Moore, is a member of All Saints' Church, Windsor, where she serves on Parish Council, Social Media Coordinator, and in other capacities. She also serves the National Church on the Dismantling Racism Task Force and the Strategic Planning Working Group. She is the Interim Chair of Black Anglicans of Canada. She speaks and writes frequently on equity, diversity, inclusion, and African Canadian history. In 2022, she was the recipient of the Harriet Tubman Award for Commitment to a Purpose from the Ontario Black History Society and was named to the 100 Accomplished Black Canadian Women.

Today: Imre Olah's farewell



Today will be Imre Olah's last day with us for a while. We are deeply grateful for Imre's music during the past six months.

His beautiful playing, his heart for the church, and perennially courteous and pleasant presence will be greatly missed.

We are searching for a suitable candidate to assist at the organ.

St. Bartholomew's, Regent Park News

"The Ancient Faith for the Contemporary World"

509 Dundas St E, East of Parliament | stbartstoronto.ca

A ministry in collaboration with St. James Cathedral



Music for Lent at St. Bart's, Regent Park: Join us on Laetare Sunday for Gabriel Fauré's Messe Basse and Ave Verum, sung by a luminous women's quartet (March 19 at 11:00am).

All the beautiful details can be found here: stbartstoronto.ca/music-for-lent-2023

SAVE THE DATE: YOU ARE INVITED

World Day of Prayer Service



This year's World Day of Prayer service will take place on **Friday, March 3 at 2:00pm** at Metropolitan United Church (56 Queen St. East).

This year's focus country is Taiwan. The World Day of Prayer service, of which St. James has been a part of for years, is organized by the Women's Inter-Church Council of Canada (WICC). More information, visit wicc.org

Palm Sunday Hot Cross Bun Fundraiser

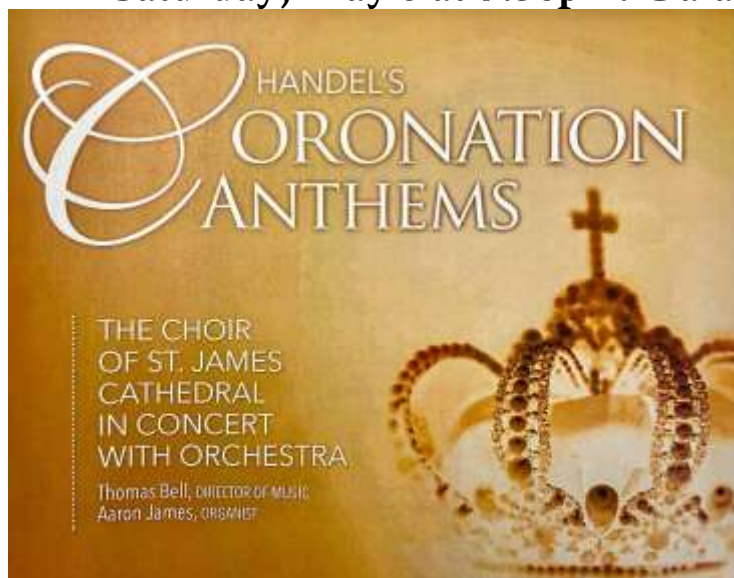


You are invited to join us for the 9th Annual Palm Sunday Hot Cross Bun Fundraiser in support of the essential work of the Drop-in Centre and honouring, especially, its many years of providing health and foot care clinics.

Don't miss the joy of our Saturday bun-making session on **April 1** or help us bake, frost, and sell on Palm Sunday morning, **April 2**.

If you would like to volunteer, contact Carol Kysela at mckysel@gmail.com

Saturday, May 6 at 7:30pm: Gala concert at St. James Cathedral



We are asking for your kind support of this concert by considering becoming a patron.

For a donation of \$200, patrons will receive acknowledgement in the programme, two tickets, and our deepest gratitude for allowing us to share this magnificent music with the community.

A charitable tax receipt will be issued in the amount of \$150 (net of value of tickets) at the beginning of the new year.

You may gift by cheque to St. James Cathedral or e-transfer to bookkeeper@stjamescathedral.ca (Please specify Coronation Concert Patronage in the message).

Additional tickets will be available for sale at \$25 each (not tax-receiptable).

For further details contact Thomas Bell, Director of Music at tbell@stjamescathedral.ca

VESTRY 2023

Vestry Meeting

The Annual Meeting of Vestry will be held on **Sunday, March 12 at 1:00pm** in Snell Hall. A light lunch will be provided. To view meeting documents and for more information, please visit our website: <https://stjamescathedral.ca/vestry-2023/>

A limited number of printed copies of the Vestry Report are also available in the narthex.

Pre-Vestry Meeting

A Pre-Vestry Meeting will be held online via Zoom on **March 8 at 7:00pm**.

The meeting is an opportunity to learn more about the 2023 budget and 2022 financial audit statements and also provides an opportunity for those who cannot attend the Vestry Meeting in person. If you are a member of Vestry and would like to receive the link to attend the Pre-Vestry meeting, please email info@stjamescathedral.ca

Vestry List

The Vestry List is available for viewing now at the back of the church after service or at reception from **9:00am – 4:00pm, Monday-Thursday**.

Those listed are entitled to vote at the elections for the ensuing year. Additions or modifications can be made to the list.

Diocesan Social Justice Vestry Motion

This year's Diocesan Social Justice Vestry Motion addresses the issue of abysmally low social assistance rates in Ontario. To read the motion and backgrounder, visit our website <https://stjamescathedral.ca/vestry-2023/>

STAY UP TO DATE

St. James Property and Accessibility Committee

The re-constituted St. James Property and Accessibility Committee held its inaugural meeting earlier this month. While we are still refining our terms of reference, the focus of this committee will be developing capital plans for our property and improvements to accessibility for all. The time commitment for members is monthly meetings (reduced in July and August) as well as independent work on files. If you have skills, knowledge or experience to contribute and are interested in property and accessibility, please contact Don Solomon in person or via wardens@stjamescathedral.ca.

PWRDF NEWS

Lenten Resource from PWRDF

This Lent, PWRDF is presenting a collection of its favourite reflections from partners and volunteers, with music, videos, stories and more. Subscribe at pwrdf.org/Lent2023.

PWRDF is accepting donations

The Primate's World Relief and Development Fund (PWRDF) is accepting donations in response to the earthquake in Turkey/Syria. For more information visit <https://pwrdf.org/>

WEEKLY SCHEDULE AT THE CATHEDRAL: YOU ARE INVITED

Morning Prayer – online only at 8:30am

Monday to Friday via the
Cathedral YouTube channel

Holy Eucharist at 12:15pm

Monday to Friday in the Cathedral
- St. George's Chapel.

Night Prayer: Tuesdays and Wednesdays at 8:30pm during Lent
via the Cathedral YouTube channel.

VISIT US: The Cathedral is open from 10:00am–3:00pm, and the Cathedral Centre offices are open from 9:00am–4:00pm, Monday-Friday.

TUESDAY: There will be no organ recital on Tuesday, February 28.

Our next Organ Recital will be on Tuesday, March 7

Organist: Jeremy Tingle. The concert begins at 1:00pm and lasts about 40 min.
Admission is free and donations are encouraged.

WEDNESDAY: Join the Scripture Circle in-person in the Cathedral Centre at 11:00am.
Contact Canon Beth Benson for more information at bbenson@stjamescathedral.ca.

FRIDAY: Drop-In from 1:30pm to 3:30pm.

Our Cathedral opens its doors for guests to come in for a meal in Snell Hall.

SATURDAY:

Watch Morning Prayer - 8:30am via the Cathedral YouTube Channel.

SUNDAY: Coffee Hour:

After the 9:00am & 11:00am services in Snell Hall at the Cathedral Centre. Anglicans love to bake! On Sundays, bring your favourite cookie or square. Be prepared to share the recipe! A listing of ingredients will help those with dietary restrictions.

SUNDAY SERVICES – Sunday, March 5

8:00am: Said Eucharist

9:00am: Sung Eucharist

11:00am: Choral Eucharist

*(also live-streamed on the Diocesan
YouTube channel at [youtube.com/tordio135](https://www.youtube.com/tordio135)).*

4:30pm: Choral Evensong

**Readings for next Sunday, March 5 –
The Second Sunday in Lent**

Genesis 12:1-4a

Psalms 121

Romans 4:1-5, 13-17

John 3:1-17

Share your photo with us! Tag [@stjamesto](https://www.instagram.com/stjamesto) and use [#stjamescathedraltoronto](https://www.instagram.com/stjamescathedraltoronto)

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YouTube: [stjamescathedraltoronto](https://www.youtube.com/stjamescathedraltoronto)

For any inquiries: info@stjamescathedral.ca / www.stjamescathedral.ca