

ST. JAMES CATHEDRAL - CONNECTIONS – Sunday, February 12, 2023

Celebrating Black History Month at St. James

*Today's Coffee Hours in Snell Hall, following the 9:00am and 11:00am services, will be hosted by *Becoming the Story We Tell* - join us!

*Children & Families: Sunday school meets every Sunday at both the 9:00am and 11:00am services. Email Karyne Whalen at kwhalen@stjamescathedral.ca for more information.

You were Asking...Anointing



This week we are launching an occasional article, responding to a question that has come to our attention.

This week the question is: *What is anointing for healing?*

Anointing with oil happens at baptism, as part of our regular healing ministry and at the time of death. Olive oil and chrism (olive oil scented with balsam extract) are consecrated by the Bishop during Holy Week (at the *Chrism Mass*) and set aside for these occasions. Anointing with chrism is one of the ancient baptismal practices. A sign of the Holy Spirit, *chrism* also interprets the name Christ, the *anointed one*.

In our baptism, the sign of the cross is traced with chrism on our forehead, marking us as Christ's own forever.

Unscented consecrated olive oil is used in the sacrament of healing and with someone who is dying. Anointing for healing is an outward sign of the inward healing presence of God – healing of body, soul, and mind. It is also a sign of forgiveness and reconciliation in and within the Christian community.

While it can be offered by licensed lay people, presently anointing for healing is offered by the Cathedral clergy, occasionally at the 9:00am and regularly at the 11:00am Celebrations of the Eucharist. The sign of the cross is traced on our forehead with the oil as this prayer (or one similar) is said:

N, through this holy anointing may the Lord in his love and mercy uphold you by the grace and power of the Holy Spirit. Amen.

Additional prayers are sometimes offered, depending on personal requests. Everyone is welcome to receive prayers for healing an anointing. As the old adage goes, “all may, some should, none must”!

Thanks for asking. Just let me know if you'd like to delve into this further.

The Reverend Canon Beth Benson - Interim Associate Priest

STAY UP TO DATE

Today's special joint Choral Evensong service at 4:30pm

We are delighted to welcome the choir of St. Jude's Oakville, their Director of Music, Sebastian Moreno, and their Priest in Charge, The Reverend Canon Dr. David Anderson, to today's special joint Choral Evensong service at 4:30pm.

Becoming the Story We Tell

The *Becoming the Story We Tell* program is returning to St. James this Lent and Eastertide. *Becoming the Story We Tell* is a process of spiritual formation that allows participants to engage more deeply in the very heart and soul of our story, reflecting on Scripture and Sacraments together in small groups. There will be in-person and online groups, with meetings on weekdays and evenings. For more information, email bst@stjamescathedral.ca

2023 Vestry Nominating Committee

St. James Cathedral's Annual Vestry meeting is scheduled for Sunday, March 12, 2023. The Nominating Committee (Bob Hart, Yvonne Joseph, Mary Hopperton, Bill Benson - Chair) is now receiving names for election for the following positions: People's Warden, Deputy People's Warden, Cathedral Council Members-at-large (called "Advisory Board" Members by the Diocese) and Lay members of Synod.

Email Bill Benson at billbenson0520@gmail.com with any questions.

WE COUNT ON YOU

Thank you note from the Drop-In

We would like to thank Mr. Biagio, from *Biagio Ristorante*, for providing lunch to our Drop-In guests on Friday, February 3. Many of our Drop-in guests have enjoyed Mr. Biagio's hospitality over many years (especially his famous Christmas dinners!).

We are so grateful for his generosity. *Grazie mille, Signor Biagio!*

Book donations for the Drop-In, thanks for your support

The Friday Drop-In program has re-opened the library and is ready to welcome donations! Please support us with specifically cookbooks, craft books, current affairs and non-fiction books, large print books, puzzle books, magazines, and DVDs.

They can be dropped off from **Tuesday, February 14 until Friday, February 17 between 10:00am and 1:00pm.**

For more information or to arrange an alternative time for drop off, contact Kathy Biasi at 416-364-7865 *222 or send an email to kbiasi@stjamescathedral.ca



SAVE THE DATE: YOU ARE INVITED

Palm Crosses

Last year's blessed palm crosses and branches may be brought to the Cathedral and placed in the baskets provided. They will be burned after the **9:00am and 11:00am services** next **Sunday, February 19**, and the ashes used in the Ash Wednesday services on February 22.

Tuesday, February 21 at 5:30pm: Shrove Tuesday Pancake Supper

Mark the last day before Lent with a parish pancake supper in the Cathedral Centre - Snell Hall. There will be food, a crafts table for kids, and live music! All are welcome! We are also looking for individuals to help to set-up, serve and/or clean-up anytime between 4:30pm - 8:30pm on February 21. Please email at info@stjamescathedral.ca if you want to help us.

February 22, 2023: Ash Wednesday Services



- 7:30am Said Eucharist
- 12:15pm Sung Eucharist
- 6:30pm Choral Eucharist (*also live-streamed on the Diocesan YouTube channel*)

All services include the Imposition of Ashes.

The Cathedral will also be open for prayer on Ash Wednesday from 7:30am – 7:30pm.

Vestry List

The Annual Meeting of Vestry will be held on **Sunday, March 12 at 1:00pm in Snell Hall**. The Vestry List is available for viewing now at the back of the church after service or at reception from 9:00am – 1:00pm, Monday-Thursday. Those listed are entitled to vote at the elections for the ensuing year. Additions or modifications can be made to the list.

Pre-Vestry Meeting

A Pre-Vestry Meeting will be held online via Zoom on **March 8 at 7:00pm**.

The meeting is an opportunity to learn more about the 2023 budget and 2022 financial audit statements and also provides an opportunity for those who cannot attend the Vestry Meeting in person. If you are a member of Vestry and would like to receive the link to attend the Pre-Vestry meeting, please email info@stjamescathedral.ca

April 1 & 2: Palm Sunday Hot Cross Bun Fundraiser

You are invited to join us for the 9th Annual Palm Sunday Hot Cross Bun Fundraiser in support of the essential work of the Drop-in Centre and honouring, especially, its many years of providing health and foot care clinics. Don't miss the joy of our Saturday bun making session on April 1 or help us bake, frost, and sell on Palm Sunday morning, April 2.

If you would like to volunteer, contact Carol Kysel at mckysel@gmail.com

WEEKLY SCHEDULE AT THE CATHEDRAL: YOU ARE INVITED

Morning Prayer – online only at 8:30am

Monday to Friday via the
Cathedral YouTube channel

Holy Eucharist at 12:15pm

Monday to Friday in the Cathedral
- St. George's Chapel.

VISIT US: The Cathedral is open from 10:00am–3:00pm, Monday-Friday.

TUESDAY: Organ Recital on Tuesday, February 14

Organist: Peter Bayer.

The concert begins at 1:00pm and lasts about 40 min.

Admission is free and donations are encouraged.

WEDNESDAY: At 11:00am

Join the Scripture Circle in-person in the Cathedral Centre.

Contact Canon Beth Benson for more information at bbenson@stjamescathedral.ca.

FRIDAY: Drop-In from 1:30pm to 3:30pm.

Our Cathedral opens its doors for guests to come in for a meal in Snell Hall.

SATURDAY:

Watch Morning Prayer - 8:30am via the Cathedral YouTube Channel.

SUNDAY: Coffee Hour:

After the 9:00am & 11:00am services in Snell Hall at the Cathedral Centre. Anglicans love to bake! On Sundays, bring your favourite cookie or square. Be prepared to share the recipe! A listing of ingredients will help those with dietary restrictions.

SUNDAY SERVICES – February 19, 2023

8:00am: Said Eucharist

9:00am: Sung Eucharist

11:00am: Choral Eucharist

*(also live-streamed on the Diocesan
YouTube channel at [youtube.com/tordio135](https://www.youtube.com/tordio135)).*

4:30pm: Choral Evensong

Readings for next Sunday, February 19

Transfiguration Sunday:

The Last Sunday after Epiphany

Exodus 24: 12-18

Psalm 99

2 Peter 1: 16-21

Matthew 17: 1-9

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For any inquiries: info@stjamescathedral.ca / www.stjamescathedral.ca