

# The Fourth Sunday After the Epiphany

*January 28, 2024*

*Choral Eucharist at 11:00am*

*The Cathedral Church of St. James  
Diocese of Toronto • Anglican Church of Canada*

# **Welcome to St. James Cathedral**

*This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, and the Métis peoples, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami / Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.*

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## **Liturgical Note**

*In the context of Christian Liturgy, Israel does not refer to the current political state, but either to the historic Hebrews (also called Israelites) of the ancient Near East or, in Christian theology, to all people who put their faith and trust in Jesus Christ.*

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Sign up for **E-Connections** on our website at [www.stjamescathedral.ca](http://www.stjamescathedral.ca)  
(scroll to the bottom of the page).

Questions? Speak to a sidesperson – the people wearing gold name tags.

## **Children & Families**

Sunday School meets every week at both the 9:00am and 11:00am services.  
Please email Karyne Whalen at [kwhalen@stjamescathedral.ca](mailto:kwhalen@stjamescathedral.ca) for more information.

## **Accessibility**

**A Wheelchair Accessible Washroom** is located  
at the front of the Cathedral through the doors by the pulpit.  
**Assisted hearing devices** are available from the sidespersons.

## **Coffee Hour**

Join us in Snell Hall following the 9:00am & 11:00am services.

## **Parking**

There are a variety of inexpensive parking lots available around the Cathedral.  
Please see the leaflets at the back of the Cathedral or  
online at [stjamescathedral.ca/contact](http://stjamescathedral.ca/contact) for more information.

## **Connect with the Cathedral**

Visit our website at [stjamescathedral.ca](http://stjamescathedral.ca) | Follow us on Facebook at [facebook.com/stjamesto](https://facebook.com/stjamesto)

*As this is a very public and open space please be aware of your personal belongings.  
Do not leave them unattended in the Cathedral or in the Cathedral Centre.*

## **Today at St. James**

*Presiding Celebrant: The Very Reverend Dr. Stephen Hance*

*Homilist: The Reverend Canon Beth Benson*

*Deacon of the Mass: The Reverend Jo-Anne Billinger*

*Sub-Deacon: Matthew Waterman • Anointer: The Reverend Canon Dr. Stephen Fields*

*First Reader: Debra Solomon • Second Reader: Yosola Sholagbade-Adeoye*

*Intercessor: Bob Hart • Honorary Verger: Paul Seddon, ODT*

*Sidespersons: Joan Peters, Stanley Baptiste, George McNeillie, Kay Betts & Wairimu Nduati*

*Communion Ministers: Stanley Baptiste, David Grant & Yvonne Joseph*

*Director of Music & Organist: Thomas Bell • Associate Organist: Nathan Jeffery*

*Wayne Vance Organ Scholar: Jacob Wiens • Sung by The Choir of St. James Cathedral*

*The Flowers in the Cathedral are given to the glory of God and in loving memory of*

*Mr. Philip and Mrs. Joane Noble*

*Camillo and Maria Fantini*

*Dr. Rachel Thaysil Mathew Eappen*

***Welcome! We are glad you have joined us for worship this morning.***

***Please ensure that cell phones are muted.***

***Please stand, sit or kneel as you feel comfortable during the service,  
including times of prayer.***

# THE GATHERING OF THE COMMUNITY

*Mass Setting: Missa brevis by Lennox Berkley*

**Prelude**      Prière

*César Franck*

## **Welcome & Announcements**

## **Hymn**

Tune: Moscow

God, whose almighty Word chaos and darkness heard, and took their flight:  
hear us, we humbly pray, and where the gospel day sheds not its glorious ray,  
let there be light!

Saviour, who came to bring on your redeeming wing healing and sight,  
health to the sick in mind, sight to the inly blind: now for all humankind  
let there be light!

Spirit of truth and love, life-giving, holy Dove, speed on your flight!  
Move on the water's face bearing the lamp of grace, and in earth's darkest place  
let there be light!

Gracious and holy Three, glorious Trinity, wisdom, love, might,  
boundless as ocean's tide rolling in fullest pride: through the world far and wide  
let there be light!

Text: John Marriott, alt.; Music: Felice de Giardini

*Presider*      The grace of our Lord Jesus Christ, and the love of God, and the  
fellowship of the Holy Spirit, be with you all.

*People*      **And with thy spirit.**

*Presider*      Almighty God,

*People*      **unto whom all hearts be open, all desires known, and from whom no  
secrets are hid: Cleanse the thoughts of our hearts by the inspiration of  
thy Holy Spirit, that we may perfectly love thee, and worthily magnify  
thy holy Name; through Christ our Lord. Amen.**

## **Kyrie Eleison**

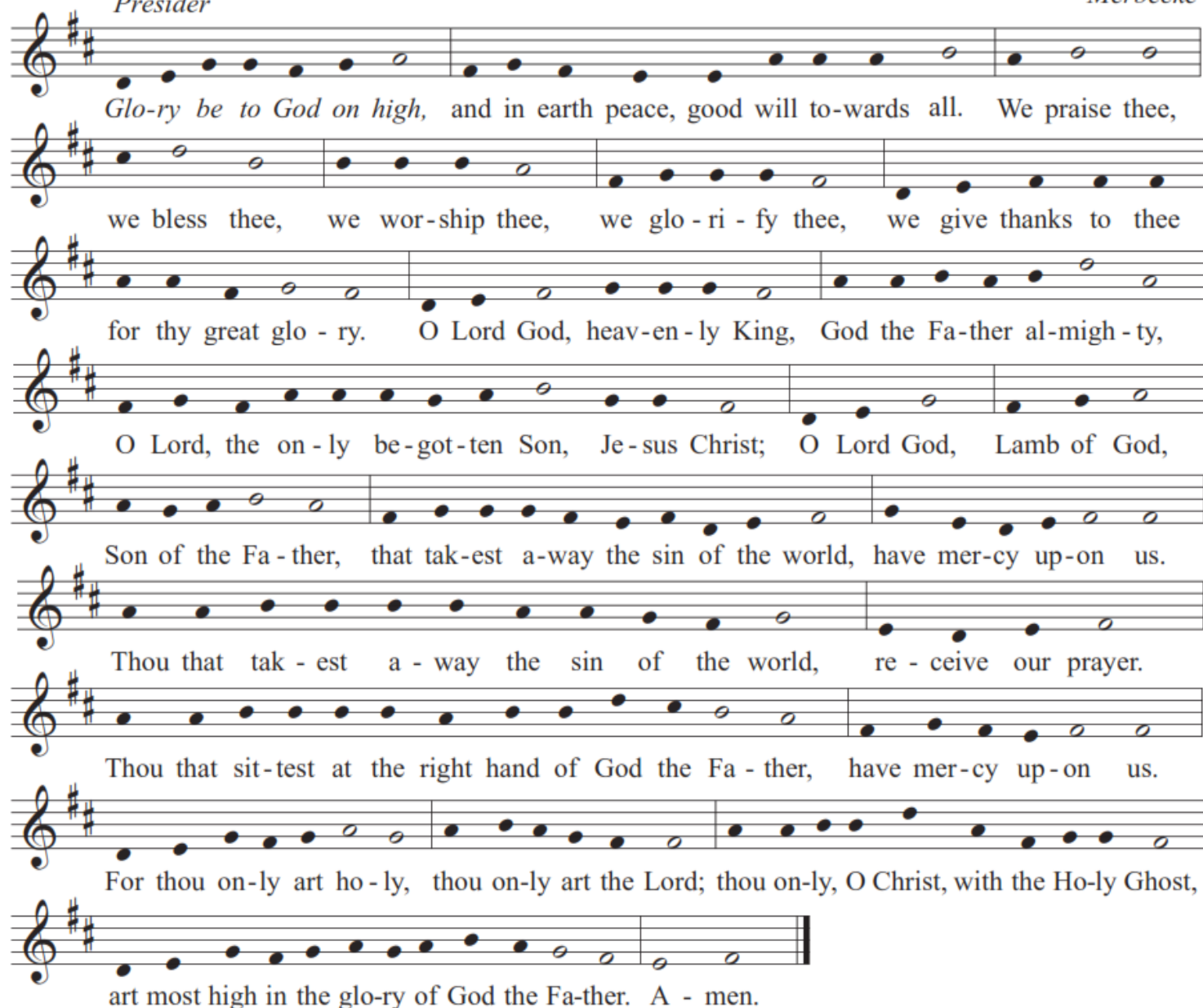
*Choir*      Lord have mercy upon us.  
Christ, have mercy upon us.  
Lord, have mercy upon us.

*During the Gloria, children are invited to gather at the chancel steps before proceeding to  
the Library in the Cathedral Centre for Sunday School; they will return at the offertory.*

## Gloria

*Presider*

*Merbecke*



Glo-ry be to God on high, and in earth peace, good will to-wards all. We praise thee,  
we bless thee, we wor-ship thee, we glo-ri-fy thee, we give thanks to thee  
for thy great glo-ry. O Lord God, heav-en-ly King, God the Fa-ther al-migh-ty,  
O Lord, the on-ly be-got-ten Son, Je-sus Christ; O Lord God, Lamb of God,  
Son of the Fa-ther, that tak-est a-way the sin of the world, have mer-cy up-on us.  
Thou that tak-est a-way the sin of the world, re-ceive our prayer.  
Thou that sit-test at the right hand of God the Fa-ther, have mer-cy up-on us.  
For thou on-ly art ho-ly, thou on-ly art the Lord; thou on-ly, O Christ, with the Ho-ly Ghost,  
art most high in the glo-ry of God the Fa-ther. A - men.

## Collect of the Day

*Presider*

Let us pray.

God our creator, who in the beginning commanded the light to shine out of the darkness: we pray that the light of the glorious gospel of Christ may shine into the hearts of all your people, and reveal the knowledge of your glory in the face of Jesus Christ your Son our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

*People*

**Amen.**

## THE PROCLAMATION OF THE WORD

### The First Reading

*Deuteronomy 18:15-20*

*Reader* The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: 'If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die.' Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.'

*Reader* The word of the Lord.

*People* **Thanks be to God.**

### Psalm

*Psalm 111 Chant by Percy Buck*

*Choir*

Alleluia.

I will give thanks to the Lord with my whole heart,  
in the company of the faithful and in the congregation.

The works of the Lord are great,  
sought out by all who delight in them.

His work is full of majesty and honour  
and his righteousness endures for ever.

He appointed a memorial for his marvellous deeds;  
the Lord is gracious and full of compassion.

He gave food to those who feared him;  
he is ever mindful of his covenant.

He showed his people the power of his works  
in giving them the heritage of the nations.

The works of his hands are truth and justice;  
all his commandments are sure.

They stand fast for ever and ever;  
they are done in truth and equity.

He sent redemption to his people; he commanded his covenant for ever;  
holy and awesome is his name.

The fear of the Lord is the beginning of wisdom; a good understanding  
have those who live by it;  
his praise endures for ever.

## **The Second Reading**

*1 Corinthians 8*

*Reader* Now concerning food sacrificed to idols: we know that ‘all of us possess knowledge.’ Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that ‘no idol in the world really exists’, and that ‘there is no God but one.’ Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. ‘Food will not bring us close to God.’ We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling-block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

*Reader* The word of the Lord.

*People* **Thanks be to God.**

## **Gospel Acclamation**

*T. Bell*

*People* **Alleluia! Alleluia! Alleluia! Alleluia!**

*Choir* Jesus went about Galilee, teaching, preaching, and healing every disease.

*People* **Alleluia! Alleluia! Alleluia! Alleluia!**

## The Holy Gospel

Mark 1:21-28

*Gospeller* The Lord be with you.

*People* **And with thy spirit.**

*Gospeller* The Holy Gospel of our Lord Jesus Christ according to Mark.

*People* **Glory be to thee, O Lord.**

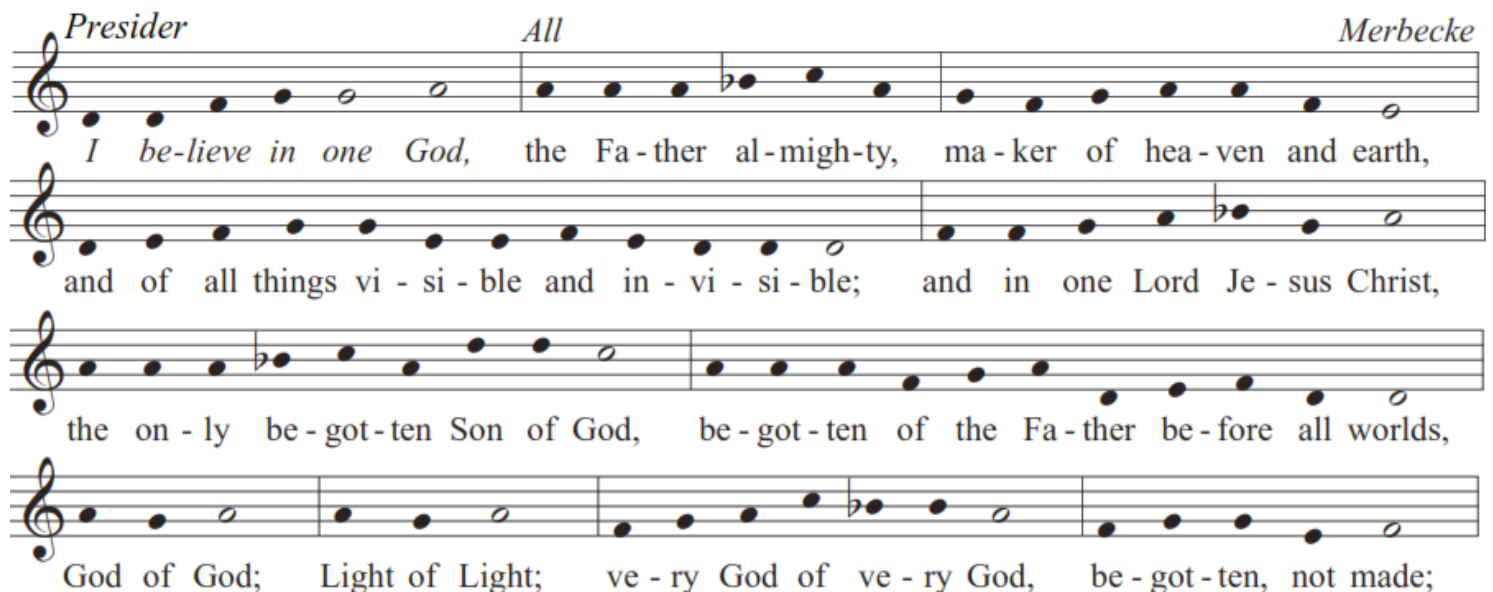
*Gospeller* They went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, 'What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.' But Jesus rebuked him, saying, 'Be silent, and come out of him!' And the unclean spirit, throwing him into convulsions and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, 'What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.' At once his fame began to spread throughout the surrounding region of Galilee.

*Gospeller* The Gospel of Christ.

*People* **Praise be to thee, O Christ.**

## Homily

## The Nicene Creed



*Presider* *All* *Merbecke*

I be-lieve in one God, the Fa-ther al-migh-ty, ma-ker of hea-ven and earth,  
and of all things vi-si-ble and in-vi-si-ble; and in one Lord Je-sus Christ,  
the on-ly be-got-ten Son of God, be-got-ten of the Fa-ther be-fore all worlds,  
God of God; Light of Light; ve-ry God of ve-ry God, be-got-ten, not made;





be - ing of one sub - stance with the Fa - ther, through whom all things were made:  
 who for us and for our sal - va - tion came down from heaven, and was in - car - nate  
 by the Ho - ly Ghost of the Vir - gin Ma - ry, and was made man, and was cru - ci - fied  
 al - so for us un - der Pon - tius Pi - late, He suf - fer - ed and was bu - ri - ed,  
 and the third day he rose a - gain ac - cord - ing to the scrip - tures, and as - cen - ded in - to heaven,  
 and sit - teth on the right hand of the Fa - ther. And he shall come a - gain with glo - ry  
 to judge both the quick and the dead: whose king - dom shall have no end.  
 And I be - lieve in the Ho - ly Ghost, the Lord, the giv - er of life, who pro - ceed - eth from the Fa - ther  
 and the Son, who with the Fa - ther and the Son to - geth - er is wor - ship - ped and glo - ri - fied,  
 who spake by the pro - phets. And I be - lieve one ho - ly, ca - tho - lic and a - pos - to - lic church.  
 I ac - know - ledge one bap - tism for the re - mis - sion of sins. And I look for  
 the re - sur - rec - tion of the dead, and the life of the world to come. A - men.

## Prayers of the People

*Presider* Gathered in the light of God's loving presence, let us pray for the Church and the world and all of creation, saying: Lord of glory, hear our prayer

*Pause*

*Intercessor* Lord of glory,

*People* **Hear our prayer.**

*At the conclusion of the prayers.*

*Presider* Gracious God, in your loving presence we offer these prayers and the silent prayers of our hearts in the name of your Son, Jesus our Lord and Saviour.

*People* **Amen.**

## Confession and Absolution

*Presider* Let us confess our sins, confident in God's forgiveness.

*All* Almighty God, **Father of our Lord Jesus Christ, Maker of all things and judge of all people: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word and deed, Against thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy name; Through Jesus Christ our Lord. Amen.**

*Presider* Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord.

*People* **Amen.**

## The Peace

*We offer each other a sign of peace, as you feel comfortable.*

*Presider* The peace of the Lord be always with you.

*People* **And with thy spirit.**

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## THE CELEBRATION OF THE EUCHARIST

*An offering will now be taken to support the life and ministry of the Cathedral.*

### Offertory Hymn

Tune: Noël Nouvelet

Jesus Christ is waiting, waiting in the streets;  
no one is his neighbour, all alone he eats.  
Listen, Lord Jesus, I am lonely too;  
make me, friend or stranger, fit to wait on you.

Jesus Christ is raging, raging in the streets,  
where injustice spirals and real hope retreats.  
Listen, Lord Jesus, I am angry too;  
in the Kingdom's causes, let me rage with you.

Jesus Christ is healing, healing in the streets;  
curing those who suffer, touching those he greets.  
Listen, Lord Jesus, I have pity too;  
let my care be active, healing, just like you.

Jesus Christ is dancing, dancing in the streets,  
where each sign of hatred he, with love, defeats.  
Listen, Lord Jesus, I should triumph too;  
where good conquers evil, let me dance with you.

Jesus Christ is calling, calling in the streets,  
'Who will join my journey? I will guide their feet.'  
Listen, Lord Jesus, let my fears be few;  
walk one step before me, I will follow you.

Text: John L. Bell and Graham Maule; Music: Melody French (15th cent.).  
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*Presider* God of steadfast love, may our offering this day, by the power of your Holy Spirit, renew us for your service. We ask this in the name of Jesus Christ the Lord.

*People* **Amen.**

### **Thanksgiving & Consecration**

*Presider* The Lord be with you.

*People* **And with thy spirit.**

*Presider* Lift up your hearts.

*People* **We lift them up unto the Lord.**

*Presider* Let us give thanks unto our Lord God.

*People* **It is meet and right so to do.**

*Presider* It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things.

Through Jesus Christ our Lord, who, in substance of our mortal flesh, manifested forth his glory, that he might bring us out of darkness into his own marvellous light.

Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

### **Sanctus & Benedictus**

*Choir* Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

*Presider* Blessing and glory and thanksgiving be unto thee, almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our

Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood; who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat; this is my body which is given for you: Do this in remembrance of me."

Likewise after supper he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all, of this; for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy bread of eternal life and the cup of everlasting salvation, the memorial which he hath commanded.

**People**      **We praise thee, we bless thee, we thank thee, and we pray to thee, Lord our God.**

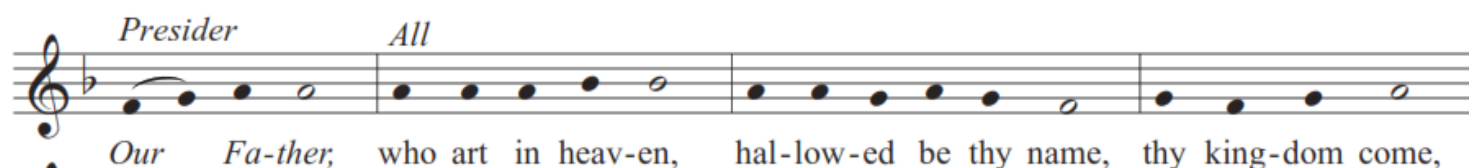
*Presider*      And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

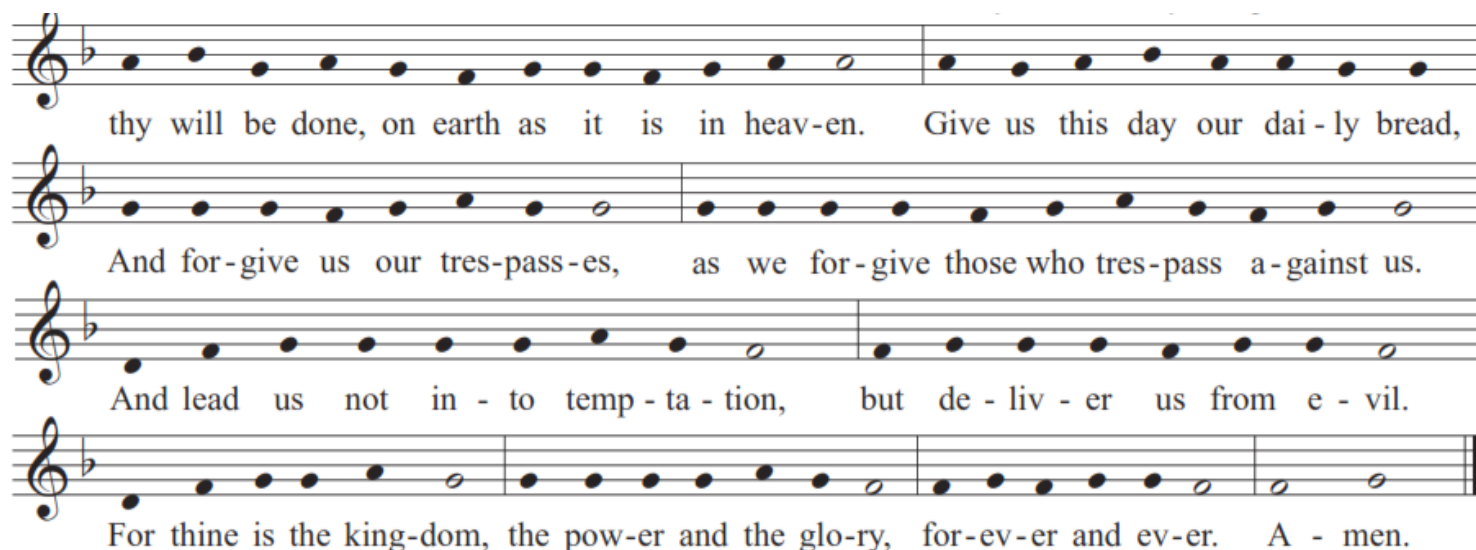
**People**      **Amen.**

## The Lord's Prayer

*Merbecke*

*Presider*      And now, as our Saviour Christ has taught us, we are bold to say:





## The Breaking of the Bread

*Presider* Christ our Passover is sacrificed for us;

*People* **Therefore, let us keep the feast.**

## The Communion

*Presider* Alleluia! The gifts of God for the People of God.

*People* **Thanks be to God. Alleluia!**

## Agnus Dei

*Choir* Lamb of God, you take away the sins of the world, have mercy on us.  
 Lamb of God, you take away the sins of the world, have mercy on us.  
 Lamb of God, you take away the sins of the world, Grant us your peace.

*All are welcome to receive Holy Communion or a blessing.  
 If you choose not to receive communion, simply cross your hands over your chest  
 to indicate this to the priest. For those requiring gluten-free hosts  
 or not wanting to walk up the chancel steps, please go to the Lady Chapel.  
**It is not permitted to dip the bread in the wine for health reasons.  
 Prayers for healing and anointing are available at the Lady Altar.***

## Communion Hymn

Tune: St. Peter

How sweet the name of Jesus sounds  
 in a believer's ear!  
 It soothes our sorrows, heals our wounds,  
 and drives away our fear.

It makes the wounded spirit whole,  
and calms the troubled breast;  
'tis manna to the hungry soul,  
and to the weary rest.

Dear name! The rock on which I build,  
my shield and hiding-place,  
my never-failing treasury, filled  
with boundless stores of grace.

Jesus, my shepherd, brother, friend,  
my prophet, priest and king,  
my Lord, my life, my way, my end,  
accept the praise I bring.

Weak is the effort of my heart,  
and cold my warmest thought;  
but when I see thee as thou art,  
I'll praise thee as I ought.

Text: John Newton, alt.; Music: Alexander Robert Reinagle

## **Motet**

### **O Nata Lux**

*Guy Forbes*

*Choir*

O nata lux de lumine,  
Jesu redemptor saeculi,  
dignare clemens supplicum  
Laudes preces que sumere.  
Qui carne quondam contegi  
Dignatus es pro perditis.  
Nos membra confer effici  
Tui beati corporis.

*O Light born of light  
Jesus, Redeemer of the world,  
Mercifully deem us worthy  
To offer prayers and praise.  
You who once deigned to become flesh  
For the sake of your lost ones  
Grant that we become members  
Of your holy Body.*

## **Prayer after Communion**

*Presider*

Let us pray.

Source of all goodness, in this eucharist we are nourished by the bread of heaven and invigorated with new wine. May these gifts renew our lives, that we may show your glory to all the world, in the name of Jesus Christ the Lord.

*People*

**Amen.**

*Presider*      Glory to God,  
*All*                whose power, working in us, can do infinitely more than we can ask or  
                      imagine. Glory to God from generation to generation, in the Church  
                      and in Christ Jesus, for ever and ever. Amen.

### **The Blessing**

*Presider*      May the God of infinite goodness scatter the darkness of sin and brighten  
                      your hearts with holiness; and the blessing of God almighty, the Father,  
                      the Son, and the Holy Spirit, be among you and remain with you always.

*People*        **Amen.**

### **Hymn**

Tune: Lobe Den Herren

Praise to the Lord, the Almighty, the King of creation;  
O my soul, praise him, for he is thy health and salvation:  
all ye who hear,  
brothers and sisters draw near,  
praise him in glad adoration.

Praise to the Lord, who o'er all things so wondrously reigneth,  
shelters thee under his wings, yea, so gently sustaineth:  
hast thou not seen  
how thy entreaties have been  
granted in what he ordaineth?

Praise to the Lord, who when darkness of sin is abounding,  
who when the godless do triumph, all virtue confounding,  
sheddeth his light,  
chaseth the horrors of night,  
saints with his mercy surrounding.

Praise to the Lord! O let all that is in me adore him!  
All that hath life and breath come now with praises before him!  
Let the Amen  
sound from his people again:  
gladly for aye we adore him.

Text: Joachim Neander; tr. Catherine Winkworth, alt.; Music: Ernewerten Gesangbuch, Stralsund, 1665, alt.; desc. Craig Sellar Lang;



## Dismissal

*Deacon* Followers of Jesus Christ, inspired by the Holy Spirit, go, serve the world that God loves. Alleluia!

*People* **The Lord being our helper. Alleluia!**

**Postlude** Carillon de Longpont

*Louis Vierne*

PRAYER CYCLE	PASTORAL CARE
<i>This week, please pray for: The Anglican Church of Southern Africa; Susan Johnson, National Bishop, and the Evangelical Lutheran Church in Canada; Holland Deanery And The York Group</i>	If you know anyone who would benefit from a call from our pastoral care team, please be in touch with our Sub-Dean & Vicar, The Rev'd Canon Dr. Stephen Fields: <a href="mailto:sfields@stjamescathedral.ca">sfields@stjamescathedral.ca</a> ; 416-364-7865, ext. *235 or The Reverend Canon Beth Benson: <a href="mailto:bbenson@stjamescathedral.ca">bbenson@stjamescathedral.ca</a> , 416-364-7865, ext. *237

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## **ST. JAMES CATHEDRAL-CONNECTIONS – Sunday, January 28, 2024**

**\*Children & Families:** Sunday school meets at 9:00am & 11:00am services.

**\*Coffee Hour:** Following 9:00am & 11:00am services.

**\*Visit us:** The Cathedral is open from 10:00am–3:00pm, Monday-Saturday.

**\*Last call: Pick up your 2024 offering envelopes** today in the West aisle. Thank you.

### **Talk with Dean Stephen Hance: His life and ministry.**



**What did you do before you became Dean at St. James Cathedral?** I was formerly the National Lead for Evangelism and Witness for the Church of England. I was until 2019 the Dean of Derby. I trained for the ministry at St. John's Nottingham and was ordained in Portsmouth Diocese where I served his curacy at St. Jude's Southsea. I then served as Team Vicar of St. Saviour's Hanley Road (London Diocese) before moving to Southwark Diocese in 1999, where I was Vicar of Ascension Balham Hill and then Director of Mission and Evangelism for the Diocese and Canon Missioner at the Cathedral.

**What studies do you have?** I have a BSc in Sociology from Portsmouth University (where I also met my wife Jacqui), a BTh and MA from Nottingham University, a DMin from Asbury Theological Seminary (USA), and a Masters in Public Administration from Birmingham University.

**What were your responsibilities in the wider Church of England and beyond?** I have been a member of General Synod, a member of the Council of Intercontinental Church Society, a trustee of Just Earth, President of the Alumni Council of Asbury Theological Seminary, and founder/convener of the Cathedrals and Growth Network.

**Tell us about your family:** My wife is Jacqui, and we have three adult children, Elliott, Simeon, and Isaac. We enjoy the theatre, friendship, hospitality, and God's creation.

**What are you passionate about?** I am passionate about the Church, the mission of God in the world, and enabling people to flourish.

**What song cheers you up?** Anything by The Beatles.

**How would you describe your experience of God in one word?** Constant.

**How do you see St. James Cathedral in the coming years?** As the Cathedral fit for the city of Toronto. A place where all the cultures of this city are celebrated, a hub for the arts, and a player and leader in the city in terms of building the common good and a place where people discover faith and Jesus.

**A brief message from the Dean to our cathedral community:** Thank you for your welcome and for making us feel at home. I am so grateful to be here, and we have an exciting journey to go on together.

# Becoming the Story we Tell

## Making an Intentional Lenten Journey

The Season of Lent is a gift intended especially for those who are turning to the way of Christ in some new way. Maybe your Christian faith has been a private affair – until now.

If this is the moment for you to become intentional about following the way of Jesus, to find out how, talk to Canon John Hill, or email [bst@stjamescathedral.ca](mailto:bst@stjamescathedral.ca)

## Seminar on the Gospel in Lent on Wednesdays Jan. 31 and Feb. 7

This seminar will explore Jesus' determination to take his Gospel of the Kingdom of God up to Jerusalem, as the context for the Sunday Gospels. Join us at **11:00am or 7:00pm** in person at Cathedral Centre or online by requesting the Zoom link at [bst@stjamescathedral.ca](mailto:bst@stjamescathedral.ca)

## Join a Small Group for reflection through Lent and Eastertide

Lent and Eastertide will be an opportunity for us to enter more deeply into the mystery of our salvation through the death and resurrection of Jesus Christ.

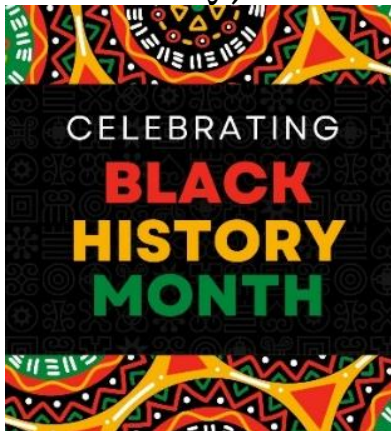
If you want to join, register now. Small groups will begin the week of February 18.

**\*Registration forms are available starting today:** Please ask the Stewards/Sidespeople to give you a form after the service or at coffee hour in Snell Hall. Please fill out the form and return it to the Stewards/Sidespeople or Canon John Hill before Sunday, February 11.

**\*For online registration:** Please send an email with your name and contact number and indicate your preferences: Daytime or evening group; Zoom or in-person meeting; and indicate if you want to participate as a household (children are also welcome to participate).

**For more information** talk to Canon John Hill or email [bst@stjamescathedral.ca](mailto:bst@stjamescathedral.ca)

## Sunday, February 25: Black History Month at St. James Cathedral



Black History Month begins on February 1st.

The theme for this year is *"Black Excellence: A Heritage to Celebrate, a Future to Build"*.

A small group of volunteers is working to put together a small event to conclude Black History Month on **Sunday, February 25 after the 11:00am service**. If you are interested in being a part of the group already working on this event, please send an email to Yosola at [yosiegal@hotmail.com](mailto:yosiegal@hotmail.com), Wairimu at [wrmndt@gmail.com](mailto:wrmndt@gmail.com), or Dunstan at [morgan5591@rogers.com](mailto:morgan5591@rogers.com). Stay tuned for more details!

## MARK YOUR CALENDAR

### Next Sunday, February 4 at 9:00am & 11:00am: Ministry of SSJD

We will welcome Archbishop Fred Hiltz and The Rev. Sr. Constance Joanna Gefvert.

### Tuesday, February 13 at 5:30pm: Shrove Tuesday Pancake Supper



Mark the last day before Lent with a pancake supper.

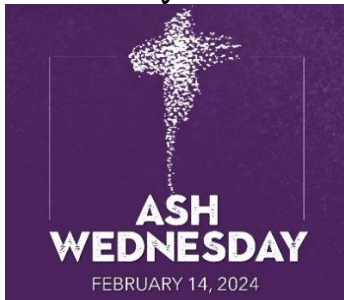
Gather your friends and family. There will be activities for kids, music, and more! This is a free event & donations are welcome.

**RSVP:** Eventbrite, [info@stjamescathedral.ca](mailto:info@stjamescathedral.ca), (416)364-7865, or add your information to the list at the back of the Cathedral.

**Call for volunteers:** To help with set-up, serving, and clean-up from 4:00pm-8:30pm. If you are interested in helping, please contact us or sign the volunteer list at the back of the Cathedral.

### Wednesday, February 14: Ash Wednesday Services

Last year's crosses make this year's ashes. **Next Sunday, please bring your crosses from last Palm Sunday to be burnt on Sunday, February 11 at 10:30am and prepared for Ash Wednesday services on February 14.**



All services include the Imposition of Ashes.

- **7:30am:** Said Eucharist
- **12:15pm:** Sung Eucharist
- **6:30pm:** Choral Eucharist (*also on the Cathedral YouTube channel*).

The Cathedral will also be open for prayer on Ash Wednesday from 7:30am – 7:30pm

### Thursday, February 22 at 1:00pm: Early Music at St. James



Early Music at St. James is a new concert series initiative to present 45-minute performances on historical instruments in St. George's Chapel. **Artist: Louise Hung, Virginal.** Admission by donation. Enjoy an opportunity to hear soloists and small ensembles perform historical repertoire right in the heart of downtown Toronto.

### Sunday, March 10: Vestry meeting 2024 after the 10:00am service



**Only on Sunday, March 10, we will have one main service at 10:00am and the Vestry meeting will follow after the service.** Vestry Meeting will be chaired by our new Dean the Very Rev'd Dr. Stephen Hance. A light lunch will be served. More information to come. Stay tuned. The Wardens.



## THIS WEEK AT THE CATHEDRAL

**Morning Prayer – online only at 8:30am**

Monday to Saturday via the Cathedral YouTube channel

**Holy Eucharist at 12:15pm**

Monday to Saturday in St. George's Chapel.

### VISIT US:

The Cathedral is open Monday-Saturday from 10:00am–3:00pm.

The Cathedral Centre offices are open Monday-Friday from 9:00am–4:00pm.

### TUESDAY:

Organ recital on **January 30 at 1:00pm. Organist: Imre Olah.**

Admission is free and donations are encouraged.

### WEDNESDAY:

The **Scripture Circle** gathers at **11:00am in the Cathedral Centre.** All are welcome.

### FRIDAY: Drop-In from 1:30pm to 3:30pm.

We welcome our guests in Snell Hall for a nutritious meal.

### SUNDAY:

**\*Children & Families:** Our **Sunday Children's Program** meets at both the **9:00am** and **11:00am** services.

**\*Coffee Hour:** Following the 9:00am and the 11:00am services.

**St. James Cemetery: Wednesday, February 7 at 11:00am:** Monthly Eucharist at the Chapel of St. James-The-Less at St. James Cemetery 635 Parliament Street, Toronto.

\*Plots, services, and products available. **Contact:** 416-964-9194 [www.stjamescemetery.ca](http://www.stjamescemetery.ca)

## Sunday Services – February 4, 2024

**8:00am:** Said Eucharist

**9:00am:** Sung Eucharist *(also live-streamed on the Cathedral YouTube channel at [youtube.com/stjamescathedraltoronto](http://youtube.com/stjamescathedraltoronto)).*

**11:00am:** Choral Eucharist *(also live-streamed on the Diocesan YouTube channel at [youtube.com/anglicandioto](http://youtube.com/anglicandioto)).*

**4:30pm:** Choral Evensong *(also live-streamed on the Cathedral YouTube channel at [youtube.com/stjamescathedraltoronto](http://youtube.com/stjamescathedraltoronto)).*

### Readings for February 4:

**Fourth Sunday after the Epiphany**

Mal 3:1-4

Ps 84

Heb. 2:14-14

Luke 2:22-40

**St. James Cathedral: Facebook:** stjamesto / **Instagram:** stjamesto / **YouTube:** stjamescathedraltoronto

**For any inquiries:** (416)364-7865 / [info@stjamescathedral.ca](mailto:info@stjamescathedral.ca) / [www.stjamescathedral.ca](http://www.stjamescathedral.ca)

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