



The First Sunday in Lent

February 18, 2024

Choral Evensong at 4:30pm

*The Cathedral Church of St. James
Diocese of Toronto • Anglican Church of Canada*

Welcome to St. James Cathedral

This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, and the Métis peoples, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

Liturgical Note

In the context of Christian Liturgy, Israel does not refer to the current political state, but either to the historic Hebrews (also called Israelites) of the ancient Near East or, in Christian theology, to all people who put their faith and trust in Jesus Christ.

Want to stay informed about what is happening at your Cathedral?
Sign up for **E-Connections** on our website at www.stjamescathedral.ca
(scroll to the bottom of the page).

Questions? Speak to a sidesperson – the people wearing gold name tags.

Children & Families

Sunday School meets every week both at the 9:00am and 11:00am service.
Please email Karyne Whalen at kwhalen@stjamescathedral.ca for more information.

Accessibility

A Wheelchair Accessible Washroom is located
at the front of the Cathedral through the doors by the pulpit.
Assisted hearing devices are available from the sidespersons.

Coffee Hour

Join us following the 9:00am and 11:00am service.

Parking

There are a variety of inexpensive parking lots available around the Cathedral.
Please see the leaflets at the back of the Cathedral or
online at stjamescathedral.ca/contact for more information.

Connect with the Cathedral

Visit our website at stjamescathedral.ca | Follow us on Facebook at facebook.com/stjamesto

*As this is a very public and open space please be aware of your personal belongings.
Do not leave them unattended in the Cathedral or in the Cathedral Centre.*

Today at St. James

Officiant & Homilist: The Reverend Canon Greg Carpenter

First Reader: Tina Conlon • Second Reader: William Cowling

Sidespersons: Samanda Shu & Louis Nettleton

Director of Music & Organist: Thomas Bell • Associate Organist: Nathan Jeffery

Wayne Vance Organ Scholar: Jacob Wiens

Sung by The Choir of St. James Cathedral

***Welcome! We are so glad you have joined us for worship this afternoon.
Please ensure that cell phones are muted.***

Choral Evensong

Prelude Fantasia in D Minor

William Byrd

Please remain seated.

Introit **Let thy Merciful Ears**

Thomas Mudd

Let thy merciful ears, O Lord,
be open to the prayers of thy humble servants;
and that they may obtain their petitions,
make them to ask such things as shall please thee
through Jesus Christ our Lord, Amen.

Please stand, as you are able, when the organ plays.

Preces and Responses

Bernard Rose

Officiant O Lord, open thou our lips;

Choir And our mouth shall show forth thy praise.

Officiant O God, make speed to save us;

Choir O Lord, make haste to help us.

Officiant Glory be to the Father, and to the Son, and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be, world without end.
Amen.

Officiant Praise ye the Lord;

Choir The Lord's Name be praised.

Please be seated.

Psalm 103

Chant by Charles F South

Bless the Lord, O my soul,
and all that is within me bless his holy name.
Bless the Lord, O my soul,
and forget not all his benefits;
Who forgives all your sins
and heals all your infirmities;
Who redeems your life from the Pit
and crowns you with faithful love and compassion;
Who satisfies you with good things,
so that your youth is renewed like an eagle's.
The Lord executes righteousness
and judgement for all who are oppressed.

He made his ways known to Moses
and his works to the children of Israel.
The Lord is full of compassion and mercy,
slow to anger and of great kindness.
He will not always accuse us,
neither will he keep his anger for ever.
He has not dealt with us according to our sins,
nor rewarded us according to our wickedness.
For as the heavens are high above the earth,
so great is his mercy upon those who fear him.
As far as the east is from the west,
so far has he set our sins from us.
As a father has compassion on his children,
so is the Lord merciful towards those who fear him.
For he knows of what we are made;
he remembers that we are but dust.
Our days are but as grass;
we flourish as a flower of the field;
For as soon as the wind goes over it, it is gone,
and its place shall know it no more.
But the merciful goodness of the Lord is from of old and endures for
ever on those who fear him,
and his righteousness on children's children;
On those who keep his covenant
and remember his commandments to do them.
The Lord has established his throne in heaven,
and his kingdom has dominion over all.
Bless the Lord, you angels of his, you mighty ones who do his bidding
and hearken to the voice of his word.
Bless the Lord, all you his hosts,
you ministers of his who do his will.
Bless the Lord, all you works of his, in all places of his dominion;
bless the Lord, O my soul.

Glory be to the Father, and to the Son, and to the Holy Ghost;
as it was in the beginning, is now, and ever shall be, world without end.
Amen.

Please be seated.

Deuteronomy 8:1-10

First Lesson

Reader This entire commandment that I command you today you must diligently observe, so that you may live and increase, and go in and occupy the land that the Lord promised on oath to your ancestors. Remember the long way that the Lord your God has led you these forty years in the wilderness, in order to humble you, testing you to know what was in your heart, whether or not you would keep his commandments. He humbled you by letting you hunger, then by feeding you with manna, with which neither you nor your ancestors were acquainted, in order to make you understand that one does not live by bread alone, but by every word that comes from the mouth of the Lord. The clothes on your back did not wear out and your feet did not swell these forty years. Know then in your heart that as a parent disciplines a child so the Lord your God disciplines you. Therefore keep the commandments of the Lord your God, by walking in his ways and by fearing him. For the Lord your God is bringing you into a good land, a land with flowing streams, with springs and underground waters welling up in valleys and hills, a land of wheat and barley, of vines and fig trees and pomegranates, a land of olive trees and honey, a land where you may eat bread without scarcity, where you will lack nothing, a land whose stones are iron and from whose hills you may mine copper. You shall eat your fill and bless the Lord your God for the good land that he has given you.

Reader The Word of the Lord.

People **Thanks be to God.**

Please stand, as you are able.

Evening Service in D minor— Thomas Walmisley

Magnificat

Choir My soul doth magnify the Lord,
and my spirit hath rejoiced in God my Saviour.
For he hath regarded the lowliness of his handmaiden.
For behold, from henceforth all generations shall call me blessed.
For he that is mighty hath magnified me; and holy is his Name.
And his mercy is on them that fear him throughout all generations.
He hath showed strength with his arm;
he hath scattered the proud in the imagination of their hearts.
He hath put down the mighty from their seat,
and hath exalted the humble and meek.

He hath filled the hungry with good things;
and the rich he hath sent empty away.
He remembering his mercy hath holpen his servant Israel;
As he promised to our forefathers, Abraham and his seed for ever.

Glory be to the Father, and to the Son, and to the Holy Ghost;
as it was in the beginning, is now, and ever shall be, world without end.
Amen.

Please be seated.

John 12:44-50

Second Lesson

Reader Then Jesus cried aloud: 'Whoever believes in me believes not in me but in him who sent me. And whoever sees me sees him who sent me. I have come as light into the world, so that everyone who believes in me should not remain in the darkness. I do not judge anyone who hears my words and does not keep them, for I came not to judge the world, but to save the world. The one who rejects me and does not receive my word has a judge; on the last day the word that I have spoken will serve as judge, for I have not spoken on my own, but the Father who sent me has himself given me a commandment about what to say and what to speak. And I know that his commandment is eternal life. What I speak, therefore, I speak just as the Father has told me.'

Reader The Word of the Lord.

People **Thanks be to God.**

Please stand, as you are able.

Nunc Dimittis

Evening Service in D minor— Thomas Walmisley

Choir Lord, now lettest thou thy servant depart in peace,
according to thy word.
For mine eyes have seen thy salvation,
which thou hast prepared before the face of all people;
To be a light to lighten the Gentiles,
and to be the glory of thy people Israel.

Glory be to the Father, and to the Son, and to the Holy Ghost;
as it was in the beginning, is now, and ever shall be, world without end.
Amen.

Apostles' Creed

Officiant I believe in God
All **the Father Almighty, Maker of heaven and earth: And in Jesus Christ his only Son our Lord, Who was conceived by the Holy Ghost, Born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, dead, and buried: He descended into hell; The third day he rose again from the dead; He ascended into heaven, And sitteth on the right hand of God the Father Almighty; From thence he shall come to judge the quick and the dead. I believe in the Holy Ghost; The holy Catholic Church; The Communion of Saints; The Forgiveness of sins; The Resurrection of the body, And the Life everlasting. Amen.**

Officiant The Lord be with you.

Choir And with thy spirit.

Officiant Let us pray.

Please kneel, as you are able.

Choir Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Choir Our Father who art in heaven, hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive them that trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Officiant O Lord, show thy mercy upon us;

Choir And grant us thy salvation.

Officiant O Lord, save the King;

Choir And mercifully hear us when we call upon thee.

Officiant Endue thy Ministers with righteousness;

Choir And make thy chosen people joyful.

Officiant O Lord, save thy people;

Choir And bless thine inheritance.

Officiant Give peace in our time, O Lord;

Choir Because there is none other that fighteth for us, but only thou O Lord.

Officiant O God, make clean our hearts within us;

Choir And take not thy Holy Spirit from us.

The Collects

Officiant God of the wilderness, your Son battled with the powers of darkness and grew closer to you in the desert: help us to use these forty days to grow in wisdom and prayer, so that we may witness to your saving love in Jesus Christ our Lord.

Choir Amen.

Officiant O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour.

Choir Amen.

Officiant Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour Jesus Christ.

Choir Amen.

Please be seated.

Anthem **O ye that Love the Lord**

Samuel Coleridge Taylor

Choir O ye that love the Lord, see that ye hate the thing which is evil: the Lord preserveth the souls of his saints; he shall deliver them from the hand of the ungodly.

Homily

An offering will now be taken to support the life and ministry of the Cathedral.

Donate to St. James Cathedral by
scanning or tapping
the QR code or visit
stjamescathedral-mobile.plenty.com



Please stand, as you are able.

Tune: Sandys

Hymn at the Collection

Teach me, my God and King,
in all things thee to see,
and what I do in anything
to do it as for thee.

A man that looks on glass,
on it may stay his eye;
or if he pleaseth, through it pass,
and then the heaven espy.

All may of thee partake;
nothing can be so mean,
which with this tincture, "for thy sake,"
will not grow bright and clean.

A servant with this clause
makes drudgery divine:
who sweeps a room, as for thy laws,
makes that and the action fine.

This is the famous stone
that turneth all to gold;
for that which God doth touch and own
cannot for less be told.

Offertory Prayer

Officiant

Let us pray.

Loving God, we thank you for your goodness in our lives and for all you have given to us. May this money we give, and we who give it, be consecrated for your service and become channels of your mercy, grace, and love, made known to us in the life and work of our Teacher and Redeemer, Jesus Christ. In whose name we pray.

People

Amen.

Prayers

Please kneel, as you are able.

A Prayer of Saint John Chrysostom

Officiant Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy Name thou wilt grant their requests: Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting.

People **Amen.**

The Grace

Officiant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore.

People **Amen.**

Please stand, as you are able.

Edward Woodall Naylor

Final Respond

Officiant The Lord be with you;

Choir And with thy spirit.

Officiant Let us bless the Lord.

Choir Thanks be to God.

Postlude Fantasia in A Minor

William Byrd

PRAYER CYCLE	PASTORAL CARE
<p><i>This week, please pray for: Province of the Episcopal Church of Sudan; Nottawasaga Deanery And The Altar Guild</i></p>	<p>If you know anyone who would benefit from a call from our pastoral care team, please be in touch with our Sub-Dean & Vicar, The Rev'd Canon Dr. Stephen Fields: sfields@stjamescathedral.ca; 416-364-7865, ext. *235 or The Reverend Canon Beth Benson: bbenson@stjamescathedral.ca, 416-364-7865, ext. *237</p>

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ST. JAMES CATHEDRAL-CONNECTIONS
Sunday, February 18, 2024
Celebrating Black History Month at St. James

***Today:** We welcome the Rev. Canon Anthony Jemmott as our guest preacher at the 9:00am and 11:00am services.

***Children & Families:** Sunday school meets at 9:00am & 11:00am services.

***Coffee Hour:** Following 9:00am & 11:00am services.

***Visit us:** This week, the Cathedral is open from 10:00am–3:00pm, Tuesday-Saturday.

STAY UP TO DATE IN FEBRUARY

(Last call) - Register today: Becoming the Story We Tell

Join a Small Group today for reflection through Lent and Eastertide. Small groups will begin the week of February 18. Registration forms and online registration are available. For more information talk to Canon John Hill during coffee hour or email bst@stjamescathedral.ca

Thursday, February 22 at 1:00pm: Early Music at St. James

Join us in the sumptuous acoustics of the St. George's Chapel to hear some of the leading performers of early music. Admission is, as always, free. Donations are welcome.

This Thursday's artist: Louise Hung, Virginal. The next concert is on Thursday, April 25 at 1:00am. Artist: Lazzuli Baroque. Mark your calendar!

Sing with us. Choir Auditions are open!

The Choir of St. James Cathedral welcomes applications for both professional section leads and experienced amateur singers! Fluent sight-reading skills are necessary. The choir practices on Thursday evenings and sings for both the Choral Eucharist and Evensong on Sundays. Contact: Director of Music, Thomas Bell at tbell@stjamescathedral.ca

Sunday, February 25 at 11:00am: Special Coffee Hour - Black History Month

The theme for this year is *"Black Excellence: A Heritage to Celebrate, a Future to Build"*.

Join us on Sunday, Feb. 25 after the 11:00am service. There will be a musical presentation, a display of *"Black Excellence"* and samples of African and Caribbean finger foods.

Wednesday, February 28 at 2:00pm in the Lecture Room

***Preventing Chronic Disease - Not What You Think* by Dr. David Mowat**

Come and learn why the current approach to prevention - one person at a time - will not reduce the burden of chronic disease. This is an invitation from The York Group. No RSVP is required. We hope you will join us!

STAY UP TO DATE IN MARCH

March 1 & 2: 2024 World Day of Prayer – Holy Eucharist & Event

The Cathedral will be observing World Day of Prayer at the 12:15pm Eucharist on Friday, March 1st. We will have prayers for peace. All are warmly welcome to attend.

The official 2024 World Day of Prayer Event will be hosted by First Evangelical Lutheran Church at 116 Bond Street, Toronto on Saturday, March 2nd at 2:00pm. All are welcome.

Sunday, March 17 at 1:00pm: York Group Annual General Meeting

All women parishioners are warmly invited to attend the Annual General Meeting of the York Group in the Lecture Room. A light lunch will be provided. Please RSVP at the back of the Cathedral following services. We look forward to seeing you there!

March 19 at 2:00pm: Archives and the History of St. James Cathedral

Historians and archivists Nancy Mallett and Claire Wilton will be on Tuesday, March 19 at 2:00pm in the Lecture Room. Their presentation is entitled: "*Archives and the History of St. James Cathedral*". No RSVP is required. Light refreshments will be served. We look forward to seeing you for an interesting afternoon. This is an invitation from The York Group.

VESTRY 2024 – ANNOUNCEMENTS

Tuesday, March 5 at 6:00pm: Pre-Vestry Meeting

A Pre-Vestry Meeting will be held online via Zoom **on Tuesday, March 5 at 6:00pm.**

The meeting is an opportunity to learn more about the 2024 budget and 2023 financial audit statements and also provides an opportunity for those who cannot attend the Vestry Meeting in person.

If you are a member of Vestry and would like to receive the link to attend the Pre-Vestry meeting, please email communications@stjamescathedral.ca

Sunday, March 10: There will be one joint service at 10:00am followed by Vestry

On Sunday, March 10, there will be we will have one main service at 10:00am and the Vestry meeting will follow after the service.

Vestry Meeting will be chaired by our Dean the Very Rev'd Dr. Stephen Hance.

A light lunch will be served.

Vestry List

Vestry List is available for viewing at the back of the church after service or at reception from 9:00am – 4:00pm Monday to Friday. Those listed are entitled to vote in the elections for the ensuing year. Additions or modifications can be made to the list.

Vestry Nominating Committee

St. James Cathedral's Annual Vestry meeting is scheduled for Sunday, March 10th, 2024.

The Nominating Committee, chaired by Bill Benson, is now receiving names for election for the following positions:

- People's Warden
- Deputy People's Warden
- Assistant Deputy People's Warden
- Cathedral Council
- Synod Representatives and Alternates

All are one-year terms with opportunity for renewal for 3 years.

Nominations require a nominator, a seconder, and the agreement of the nominees to let their names stand. Nominations should be sent to Bill Benson at billbenson0520@gmail.com for consideration by the committee (Bob Hart, Yvonne Joseph, Bill Benson).

The Nominating Committee will produce a recommended slate for Vestry that is representative of the congregation, and considers the necessary experience and skills required.

The process for choosing the slate will start by asking current eligible representatives if they are willing to stand for re-election. Next, all nominations from the congregation will be considered.

As always, the Vestry Chair will ask for nominations from the floor on the day of the Vestry meeting. All eligible nominations will be accepted.

Feel free to email billbenson0520@gmail.com if you have any further questions.

More information will come.

Stay tuned.

The Wardens

THIS WEEK AT THE CATHEDRAL

Morning Prayer – online only at 8:30am

Tuesday to Saturday via the Cathedral YouTube channel

Holy Eucharist at 12:15pm

Tuesday to Saturday in St. George's Chapel.

Family Day: The Cathedral & Cathedral Centre offices will be closed, and staff & clergy will be off tomorrow, Monday, February 19 for Family Day.

VISIT US: This week, the Cathedral is open Tuesday-Saturday from 10:00am–3:00pm and the Cathedral Centre offices will be open Tuesday-Friday from 9:00am–4:00pm.

TUESDAY: Organ recital on **February 20 at 1:00pm. Organist: Eric Tyson (UK).** Admission is free and donations are encouraged.

WEDNESDAY: The **Scripture Circle** gathers at **11:00am in the Cathedral Centre.**

THURSDAY: Early Music at St. James. **Feb. 22 at 1:00pm. Artist: Louise Hung, Virginal.**

FRIDAY: Drop-In from 1:30pm to 3:30pm: We welcome our guests in Snell Hall for a nutritious meal.

SUNDAY: *Children & Families: Our **Sunday Children's Program** meets at both the **9:00am** and **11:00am** services. ***Coffee Hour:** Following 9:00am & 11:00am services.

St. James Cemetery: Plots, services, and products available.

Contact: 416-964-9194 - www.stjamescemetery.ca - 635 Parliament Street, Toronto.

Sunday Services – February 25, 2024

8:00am: Said Eucharist

9:00am: Sung Eucharist *(also live-streamed on the Cathedral YouTube channel at youtube.com/stjamescathedraltoronto).*

11:00am: Choral Eucharist *(also live-streamed on the Diocesan YouTube channel at youtube.com/anglicandioto).*

4:30pm: Choral Evensong *(also live-streamed on the Cathedral YouTube channel at youtube.com/stjamescathedraltoronto).*

Readings for February 25:

Second Sunday in Lent

Gen 17:1-7, 15-16

Ps 22:23-31

Rom 4:13-25

Mk 8:31-38

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For any inquiries: (416)364-7865 / info@stjamescathedral.ca / www.stjamescathedral.ca

St. James Cemetery: Facebook: [stjamescemeteryto](https://www.facebook.com/stjamescemeteryto) / **Instagram:** [stjamescemeteryto](https://www.instagram.com/stjamescemeteryto)

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