

# **The Third Sunday in Lent**

*March 3, 2024*

*Choral Evensong at 4:30pm*

*The Cathedral Church of St. James  
Diocese of Toronto • Anglican Church of Canada*

## **Welcome to St. James Cathedral**

*This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, and the Métis peoples, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.*

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### **Liturgical Note**

*In the context of Christian Liturgy, Israel does not refer to the current political state, but either to the historic Hebrews (also called Israelites) of the ancient Near East or, in Christian theology, to all people who put their faith and trust in Jesus Christ.*

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Want to stay informed about what is happening at your Cathedral?  
Sign up for **E-Connections** on our website at [www.stjamescathedral.ca](http://www.stjamescathedral.ca)  
(scroll to the bottom of the page).

Questions? Speak to a sidesperson – the people wearing gold name tags.

### **Children & Families**

Sunday School meets every week both at the 9:00am and 11:00am service.  
Please email Karyne Whalen at [kwhalen@stjamescathedral.ca](mailto:kwhalen@stjamescathedral.ca) for more information.

### **Accessibility**

**A Wheelchair Accessible Washroom** is located  
at the front of the Cathedral through the doors by the pulpit.  
**Assisted hearing devices** are available from the sidespersons.

### **Coffee Hour**

Join us following the 9:00am and 11:00am service.

### **Parking**

There are a variety of inexpensive parking lots available around the Cathedral.  
Please see the leaflets at the back of the Cathedral or  
online at [stjamescathedral.ca/contact](http://stjamescathedral.ca/contact) for more information.

### **Connect with the Cathedral**

Visit our website at [stjamescathedral.ca](http://stjamescathedral.ca) | Follow us on Facebook at [facebook.com/stjamesto](https://facebook.com/stjamesto)

*As this is a very public and open space please be aware of your personal belongings.  
Do not leave them unattended in the Cathedral or in the Cathedral Centre.*

## **Today at St. James**

*Officiant & Homilist: The Reverend Canon Paul Walker*

*First Reader: Sandra Mowat • Second Reader: Tina Conlon*

*Director of Music & Organist: Thomas Bell • Associate Organist: Nathan Jeffery*

*Wayne Vance Organ Scholar: Jacob Wiens*

*Sung by The Choir of St. James Cathedral*

***Welcome! We are so glad you have joined us for worship this afternoon.  
Please ensure that cell phones are muted.***

## Choral Evensong

**Prelude**      Stèle pour Gabriel Fauré

*Jean Langlais*

*Please remain seated.*

**Introit**      **Lord, for thy Tender Mercy's Sake**

*Richard Farrant*

Lord, for thy tender mercy's sake,  
lay not our sins to our charge,  
but forgive that is past,  
and give us grace to amend our sinful lives.  
To decline from sin and incline to virtue,  
that we may walk in a perfect heart  
before thee, now and evermore. Amen.

*Please stand, as you are able, when the organ plays.*

**Preces and Responses**

*Matthew Martin*

*Officiant*      O Lord, open thou our lips;

*Choir*          And our mouth shall show forth thy praise.

*Officiant*      O God, make speed to save us;

*Choir*          O Lord, make haste to help us.

*Officiant*      Glory be to the Father, and to the Son, and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be, world without end.  
Amen.

*Officiant*      Praise ye the Lord;

*Choir*          The Lord's Name be praised.

*Please be seated.*

**Psalm 34**

*Chant by J. Marcus Ritchie*

I will bless the Lord at all times;  
his praise shall ever be in my mouth.  
My soul shall glory in the Lord;  
let the humble hear and be glad.  
O magnify the Lord with me;  
let us exalt his name together.  
I sought the Lord and he answered me  
and delivered me from all my fears.  
Look upon him and be radiant  
and your faces shall not be ashamed.

This poor soul cried, and the Lord heard me  
and saved me from all my troubles.  
The angel of the Lord encamps around those who fear him  
and delivers them.  
O taste and see that the Lord is gracious;  
blessed is the one who trusts in him.  
Fear the Lord, all you his holy ones,  
for those who fear him lack nothing.  
Lions may lack and suffer hunger,  
but those who seek the Lord lack nothing that is good.  
Come, my children, and listen to me;  
I will teach you the fear of the Lord.  
Who is there who delights in life  
and longs for days to enjoy good things?  
Keep your tongue from evil  
and your lips from lying words.  
Turn from evil and do good;  
seek peace and pursue it.  
The eyes of the Lord are upon the righteous  
and his ears are open to their cry.  
The face of the Lord is against those who do evil,  
to root out the remembrance of them from the earth.  
The righteous cry and the Lord hears them  
and delivers them out of all their troubles.  
The Lord is near to the brokenhearted  
and will save those who are crushed in spirit.  
Many are the troubles of the righteous;  
from them all will the Lord deliver them.  
He keeps all their bones,  
so that not one of them is broken.  
But evil shall slay the wicked  
and those who hate the righteous will be condemned.  
The Lord ransoms the life of his servants  
and will condemn none who seek refuge in him.

Glory be to the Father, and to the Son, and to the Holy Ghost;  
as it was in the beginning, is now, and ever shall be, world without end.  
Amen.

*Please be seated.*

*Jeremiah 6:9-15*

## **First Lesson**

*Reader* Thus says the Lord of hosts: Glean thoroughly as a vine the remnant of Israel; like a grape-gatherer, pass your hand again over its branches.

To whom shall I speak and give warning, that they may hear? See, their ears are closed, they cannot listen. The word of the Lord is to them an object of scorn; they take no pleasure in it. But I am full of the wrath of the Lord; I am weary of holding it in.

Pour it out on the children in the street, and on the gatherings of young men as well; both husband and wife shall be taken, the old folk and the very aged. Their houses shall be turned over to others, their fields and wives together; for I will stretch out my hand against the inhabitants of the land, says the Lord.

For from the least to the greatest of them, everyone is greedy for unjust gain; and from prophet to priest, everyone deals falsely. They have treated the wound of my people carelessly, saying, 'Peace, peace', when there is no peace. They acted shamefully, they committed abomination; yet they were not ashamed, they did not know how to blush. Therefore they shall fall among those who fall; at the time that I punish them, they shall be overthrown, says the Lord.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

*Please stand, as you are able.*

*St. Patrick's Magnificat— James MacMillan*

## **Magnificat**

*Choir* My soul doth magnify the Lord,  
and my spirit hath rejoiced in God my Saviour.  
For he hath regarded the lowliness of his handmaiden.  
For behold, from henceforth all generations shall call me blessed.  
For he that is mighty hath magnified me; and holy is his Name.  
And his mercy is on them that fear him throughout all generations.  
He hath showed strength with his arm;  
he hath scattered the proud in the imagination of their hearts.  
He hath put down the mighty from their seat,  
and hath exalted the humble and meek.

He hath filled the hungry with good things;  
and the rich he hath sent empty away.  
He remembering his mercy hath holpen his servant Israel;  
As he promised to our forefathers, Abraham and his seed for ever.

Glory be to the Father, and to the Son, and to the Holy Ghost;  
as it was in the beginning, is now, and ever shall be, world without end.  
Amen.

*Please be seated.*  
*John 5:25-29*

## **Second Lesson**

*Reader* 'Very truly, I tell you, the hour is coming, and is now here, when the dead will hear the voice of the Son of God, and those who hear will live. For just as the Father has life in himself, so he has granted the Son also to have life in himself; and he has given him authority to execute judgement, because he is the Son of Man. Do not be astonished at this; for the hour is coming when all who are in their graves will hear his voice and will come out—those who have done good, to the resurrection of life, and those who have done evil, to the resurrection of condemnation.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

*Please stand, as you are able.*

## **Nunc Dimittis**

*Nunc Dimittis—Tomas Luis da Victoria*

*Choir* Lord, now lettest thou thy servant depart in peace,  
according to thy word.  
For mine eyes have seen thy salvation,  
which thou hast prepared before the face of all people;  
To be a light to lighten the Gentiles,  
and to be the glory of thy people Israel.

Glory be to the Father, and to the Son, and to the Holy Ghost;  
as it was in the beginning, is now, and ever shall be, world without end.  
Amen.

## **Apostles' Creed**

*Officiant* I believe in God

*All* **the Father Almighty, Maker of heaven and earth: And in Jesus Christ his only Son our Lord, Who was conceived by the Holy Ghost, Born of**

**the Virgin Mary, Suffered under Pontius Pilate, Was crucified, dead, and buried: He descended into hell; The third day he rose again from the dead; He ascended into heaven, And sitteth on the right hand of God the Father Almighty; From thence he shall come to judge the quick and the dead. I believe in the Holy Ghost; The holy Catholic Church; The Communion of Saints; The Forgiveness of sins; The Resurrection of the body, And the Life everlasting. Amen.**

*Officiant* The Lord be with you.

*Choir* And with thy spirit.

*Officiant* Let us pray.

*Please kneel, as you are able.*

*Choir* Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

*Choir* Our Father who art in heaven, hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive them that trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

*Officiant* O Lord, show thy mercy upon us;

*Choir* And grant us thy salvation.

*Officiant* O Lord, save the King;

*Choir* And mercifully hear us when we call upon thee.

*Officiant* Endue thy Ministers with righteousness;

*Choir* And make thy chosen people joyful.

*Officiant* O Lord, save thy people;

*Choir* And bless thine inheritance.

*Officiant* Give peace in our time, O Lord;

*Choir* Because there is none other that fighteth for us, but only thou O Lord.

*Officiant* O God, make clean our hearts within us;

*Choir* And take not thy Holy Spirit from us.

## **The Collects**

*Officiant* Almighty God, your dear Son went not up to joy, but first he suffered pain, and entered not into glory before he was crucified. Mercifully grant

that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son, our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

*Choir* Amen.

*Officiant* O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour.

*Choir* Amen.

*Officiant* Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour Jesus Christ.

*Choir* Amen.

*Please be seated.*

**Anthem Even Such is Time**

*Bob Chilcott text: Sir Walter Raleigh*

*Choir* Even such is time, that takes in trust  
Our youth, our joys, our all we have,  
And pays us but with age and dust;  
Who, in the dark and silent grave,  
When we have wandered all our ways,  
Shuts up the story of our days.  
But from this earth, this grave, this dust,  
My God shall raise me up, I trust.

**Homily**

*An offering will now be taken to support the life and ministry of the Cathedral.*

**Donate** to St. James Cathedral by  
scanning or tapping  
the QR code or visit  
[stjamescathedral-mobile.plenty.com](http://stjamescathedral-mobile.plenty.com)



*Please stand, as you are able.*

Tune: Tallis's Canon

## **Hymn at the Collection**

Glory to thee, my God, this night  
for all the blessings of the light;  
keep me, O keep me, King of kings,  
beneath thine own almighty wings.

Forgive me, Lord, for thy dear Son,  
the ill that I this day have done,  
that with the world, myself, and thee,  
I ere I sleep at peace may be.

O may my soul on thee repose,  
and may sweet sleep mine eyelids close,  
sleep that shall me more vigorous make  
to serve my God when I awake.

When in the night I sleepless lie,  
my soul with heavenly thoughts supply;  
let no ill dreams disturb my rest,  
no powers of darkness me molest.

Praise God, from whom all blessings flow;  
praise God, all creatures here below;  
praise God above, ye heavenly host;  
praise Father, Son, and Holy Ghost.

Text: Thomas Ken, alt.; Music: Thomas Tallis;

## **Offertory Prayer**

*Officiant*

Let us pray.

Loving God, we thank you for your goodness in our lives and for all you have given to us. May this money we give, and we who give it, be consecrated for your service and become channels of your mercy, grace, and love, made known to us in the life and work of our Teacher and Redeemer, Jesus Christ. In whose name we pray.

*People*

**Amen.**

**Prayers**

*Please kneel, as you are able.*

## A Prayer of Saint John Chrysostom

*Officiant* Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy Name thou wilt grant their requests: Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting.

*People* **Amen.**

**Lent Prose** *Please join in the refrain.*

*Mode V*

**Refrain**



Hear us, O Lord, have mercy upon us: for we have sinned against thee.

*Cantor* To thee Redeemer, on thy throne of glory:  
lift we our weeping eyes in holy pleadings:  
listen, O Jesu, to our supplications.

*Cantor* O Thou chief cornerstone, right hand of the Father:  
way of salvation, gate of life celestial:  
cleanse thou our sinful souls from all defilement.

*Cantor* God we implore thee, in thy glory seated:  
bow down and hearken to thy weeping children:  
pity and pardon all our grievous trespasses.

*Cantor* Sins oft committed, now we lay before thee:  
with true contrition, now no more we veil them:  
grant us Redeemer, loving absolution.

*Cantor* Innocent captive, taken unresisting:  
falsely accused, and for us sinners sentenced, save us,  
we pray thee, Jesu our Redeemer.

**Final Response**

*Edward Woodall Naylor*

*Officiant* The Lord be with you;

*Choir* And with thy spirit.

*Officiant* Let us bless the Lord.

*Choir* Thanks be to God.

<b>PRAYER CYCLE</b>	<b>PASTORAL CARE</b>
<p><i>This week, please pray for: The Church of the Province of Uganda; The Anglican Fellowship of Prayer and Change Ringers Guild</i></p>	<p>If you know anyone who would benefit from a call from our pastoral care team, please contact Serena Li: <a href="mailto:sli@stjamescathedral.ca">sli@stjamescathedral.ca</a>; 416 364-7865, ext. *229 to be put in touch with The Reverend Jo-Anne Billinger.</p>

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## **ST. JAMES CATHEDRAL-CONNECTIONS Sunday, March 3, 2024**

\***Children & Families:** Sunday school meets at 9:00am & 11:00am services.

\***Coffee Hour:** Following the 9:00am & 11:00am services.

\***Spring Forward:** Daylight Savings Time Begins on **Sunday, March 10 at 2:00am.**

### **PRE-VESTRY MEETING**

A Pre-Vestry Meeting will be held online via Zoom on **Tuesday, March 5 at 6:00pm.**

The meeting is an opportunity to learn more about the 2024 budget and 2023 financial audit statements. RSVP and receive the link to attend the Pre-Vestry meeting, please visit [stjamescathedral.ca/vestry-2024](http://stjamescathedral.ca/vestry-2024) The link will be sent close to the day of the meeting.

### **VESTRY MEETING 2024**

Next Sunday, there will be **one joint service at 10:00am** followed by Vestry.

Light lunch (11:30am to 12:00pm) and Vestry Meeting (12:00pm) chaired by our Dean Stephen Hance. To RSVP, and view meeting documents, please visit [stjamescathedral.ca/vestry-2024](http://stjamescathedral.ca/vestry-2024). Vestry copies are available in the narthex.

**VESTRY LIST** is available for viewing at the back of the church after service or at reception from 9:00am – 4:00pm Monday-Friday. Those listed are entitled to vote in the elections for the ensuing year. Additions or modifications can be made to the list.

### **VESTRY NOMINATING COMMITTEE:**

The Nominations committee are pleased to submit the slate of candidates to Vestry for 2024. Below you will find 2 slates, “APPOINTED” and “TO BE ELECTED”.

The APPOINTED has been selected (with the assistance of the committee) by the Dean to hold their offices for the 2024 year. The ELECTED are the names being nominated by the committee for your review and election. Further nominations for the “TO BE ELECTED” slate can come from the Vestry floor.

#### **APPOINTED:**

Rector’s Warden: Kate Uchendu (served 2 terms); Deputy Rector’s Warden: Sarah McKinnon (New); Assistant Deputy Rector’s Warden: Bob Hart (New); Cathedral Council (5 appointments): Angela David (served 1 term); Colleen Cardillo (served 1 term); Carol Kysela (served 1 term); Christian Kingsmill (New); Louis Nettleton (New).

#### **TO BE ELECTED:**

People’s Warden: David Gates (served 1 term); Deputy People’s Warden: Sandra Mowat (served 1 term); Assistant Deputy People’s Warden: Mary Hopperton (New); Cathedral Council (5 to be elected): Denny Creighton (served 2 terms); Matt Jaeger (served 1 term); Richard Harrop (served 1 term); Sarah Rodrigues (served 1 term); Stanley Baptiste (New). Synod Representatives (5 to be elected): Ruth Davis (served 2 terms); Rob Haines (served 2 terms); Irene Bailey (served 2 terms); David Hedley (served 1 term); Elizabeth Hartman (served 1 term). Alternate Synod Representatives (2 to be elected); Peter Dawes, Marie Crosta; Parochial Tribunal (2 to be elected): Edwin Hawken (served 1 term); Mary Jane Tuthill (New). To read candidate bios, please visit: [stjamescathedral.ca/vestry-2024](http://stjamescathedral.ca/vestry-2024)

## STAY UP TO DATE

**Sunday, March 17 at 1:00pm  
York Group**

### **Annual General Meeting**

**Lecture Room – Cathedral Centre**

All women parishioners are warmly invited to attend the Annual General Meeting of the York Group in the Lecture Room.

A light lunch will be provided.

Please RSVP at coffee hours following services.

**Tuesday, March 19 at 2:00pm  
Archives and the History of  
St. James Cathedral**

Historians and archivists Nancy Mallett and Claire Wilton will be featured in the Lecture Room. *"Archives and the History of St. James Cathedral"*. No RSVP is required. Light refreshments will be served.

We look forward to an interesting afternoon with the York Group.

**Sunday, March 17:**



### **Observance of The International Day for the Elimination of Racial Discrimination**

**9:00 & 11:00am services:**

Guest Preacher – The Rev. Michael Blair, the General Council of the United Church of Canada as the General Secretary

**4:30pm-8:00pm:** Vigil for Peace and Justice  
In collaboration with the Bishop's Committee on Interfaith Ministry.

Homilist - The Very Rev. Dr. Robert Willis, Dean Emeritus of Canterbury Cathedral

**March 23 & March 24:**



### **Annual Palm Sunday Hot Cross Bun Fundraiser**

You are invited to join us for the 10th Annual Palm Sunday Hot Cross Bun Fundraiser in support of the essential work of the Drop-in Centre. Don't miss the joy of our Saturday dough and bun-making sessions on March 23 or help us bake, frost, and sell on Palm Sunday morning, March 24. If you would like to volunteer, contact Carol Kysel at [mckysel@gmail.com](mailto:mckysel@gmail.com)

### **Friday, March 22 from 9:00am-12:00pm: Palm Cross Making**

Please join the members of the Altar Guild on Friday, March 22 from 9:00am-12:00pm, in the West Aisle of the Cathedral to help make the crosses for Palm Sunday.

Join the fun! We will provide scissors. Light refreshments will be provided.

To RSVP, please contact Yosola Sholagbade-Adeoye at [yosiegal@hotmail.com](mailto:yosiegal@hotmail.com)

## LOOKING AHEAD

### Spring Forward:

#### Daylight Savings Time Begins on Sunday, March 10 at 2:00am.

Next Sunday we will set our clocks forward to mark the beginning of daylight savings for 2024. Don't forget to set your clocks forward one hour before you go to bed on Saturday, March 9 as we allow for more daylight in the spring and summer months.

### Easter Memorial Flowers

A beautiful way to remember a loved one at Easter is through the memorial flowers that will be placed in the Cathedral for the season. Names can be emailed to Serena Li at [sli@stjamescathedral.ca](mailto:sli@stjamescathedral.ca) or called in to at 416-364-7865, ext. \*229. We are asking for donations of \$40 (minimum) per name or per couple. Donations will be designated to the Cathedral Flower Fund and are tax-receiptable. Please indicate whether you will be making your payment by credit card online or by cheque on the offering plate/by mail. The deadline for submitting memorial names is **Monday, March 18.**

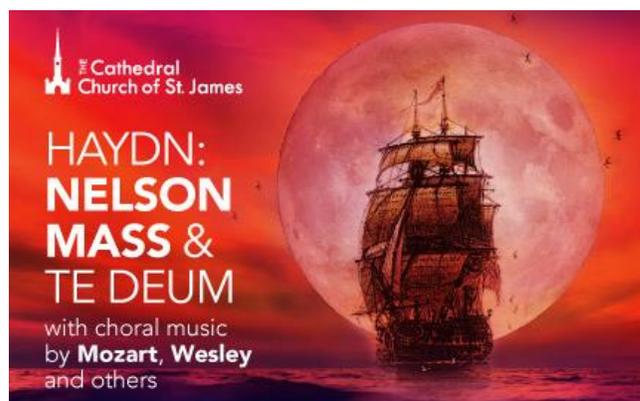


#### An invitation from the Children's Ministry on Sunday, March 31 from 12:30pm-1:30pm

The Children's Ministry is looking for 8 volunteers to help with the Easter Egg Hunt on Sunday, March 31 right after our 11:00am service to no later than 1:30pm.

Responsibilities include hiding the eggs in the Cathedral, crowd control, monitoring a section of the Cathedral as children search for the eggs, and sampling the eggs!

If you want to help, please contact Karyne Whalen at [kwhalen@stjamescathedral.ca](mailto:kwhalen@stjamescathedral.ca) by March 15. Thank you so much!



#### Saturday, May 11 at 7:30pm Haydn: Nelson Mass & Te Deum

St. James Cathedral choir & Orchestra presents Haydn: Nelson Mass & Te Deum With Music by Mozart, Wesley & others.

Join us, do not miss this opportunity! You are invited to become a patron of the concert. More information will come, stay tuned!

For further details contact Thomas Bell Director of Music at [tbell@stjamescathedral.ca](mailto:tbell@stjamescathedral.ca)

## THIS WEEK AT THE CATHEDRAL

**Morning Prayer – online only at 8:30am**

**Holy Eucharist at 12:15pm**

Monday to Saturday via the Cathedral YouTube channel    Monday to Saturday in St. George's Chapel.

**\*Clergy Away: Canon Beth** – Vacation (March 3-10) **Canon Stephen** - serving as a peer evaluator in the accreditation process of the Dickerson-Green Theological Seminary, South Carolina. For Pastoral Care or emergencies, contact Serena Li: [sli@stjamescathedral.ca](mailto:sli@stjamescathedral.ca); 416 364-7865, ext. \*229 to be put in touch with The Rev. Jo-Anne Billinger.

**VISIT US:** The Cathedral is open Monday-Saturday from 10:00am–3:00pm.  
The Cathedral Centre offices are open Monday-Friday from 9:00am–4:00pm.

**TUESDAY:** Organ recital on **March 5 at 1:00pm. Organist: Aaron James.**  
Admission is free and donations are encouraged.

**WEDNESDAY:** The **Scripture Circle** gathers at **11:00am in the Cathedral Centre.**

**FRIDAY: Drop-In from 1:30pm to 3:30pm:** We welcome our guests in Snell Hall for a nutritious meal.

### SUNDAY:

**\*Children & Families:** Our **Sunday Children's Program** meets at both the **9:00am** and **11:00am** services. **\*Coffee Hour:** Following 9:00am & 11:00am services.

**St. James Cemetery:** Plots, services, and products available.

**Contact:** 416-964-9194 - [www.stjamescemetery.ca](http://www.stjamescemetery.ca) - 635 Parliament Street, Toronto.

### Sunday Services – March 10, 2024

**8:00am:** Said Eucharist

**10:00am:** Choral Eucharist (*also live-streamed on the Diocesan YouTube channel at [youtube.com/anglicandioto](https://youtube.com/anglicandioto)*).

**4:30pm:** Choral Evensong (*also live-streamed on the Cathedral YouTube channel at [youtube.com/stjamescathedraltoronto](https://youtube.com/stjamescathedraltoronto)*).

**Readings for March 10, 2024:**

**The Fourth Sunday in Lent**

Num 21:4-9

Ps 107:1-3, 17-22

Eph 2:1-10

Jn 3:14-21

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