



The Seventh Sunday after Pentecost

July 7, 2024

Choral Evensong at 4:30pm

*The Cathedral Church of St. James
Diocese of Toronto • Anglican Church of Canada*

Welcome to St. James Cathedral

This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, and the Métis peoples, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

Liturgical Note:

In the context of Christian Liturgy, Israel does not refer to the current political state, but either to the historic Hebrews of the ancient Near East or, in Christian theology, to all people who put their faith and trust in Jesus Christ.

For more information, visit our website by clicking the QR code on the right.



Want to stay informed about what is happening at your Cathedral?
Sign up for **E-Connections** on our website at www.stjamescathedral.ca
(scroll to the bottom of the page).

Questions? Speak to a sidesperson – the people wearing gold name tags.

Children & Families

Summer Sunday School meets every week at the 10:00am service.
Please email Karyne Whalen at kwhalen@stjamescathedral.ca for more information.

Accessibility

A Wheelchair Accessible Washroom is located
at the front of the Cathedral through the doors by the pulpit.
Assisted hearing devices are available from the sidespersons.

Coffee Hour

Join us in Snell Hall following the 10:00am service.

Parking

There are a variety of inexpensive parking lots available around the Cathedral.
Please see the leaflets at the back of the Cathedral or
online at stjamescathedral.ca/contact for more information.

Connect with the Cathedral

Visit our website at stjamescathedral.ca | Follow us on Facebook at facebook.com/stjamesto

*As this is a very public and open space please be aware of your personal belongings.
Do not leave them unattended in the Cathedral or in the Cathedral Centre.*

Today at St. James

Officiant: Lutzen Riedstra

Homilist: The Reverend Canon Beth Benson

First Reader: Robert Coates • Second Reader: David Butters

Director of Music & Organist: Thomas Bell • Associate Organist: Nathan Jeffery

Wayne Vance Organ Scholar: Jacob Wiens

Sung by the Choir of St. James Cathedral

The flowers in the Cathedral are given to the glory of God in loving memory of

Nancy Pearce and Edwin Solomon

Charles Edward Cizek

Welcome! We are so glad you have joined us for worship this afternoon.

Please ensure that cell phones are muted.

Choral Evensong

Prelude Sonata in G Major (Opus 28); II. Andante Espressivo *Edward Elgar*

Welcome

Please remain seated.

Introit **Alleluia** *Philip Stopford*

Please stand, as you are able, when the organ plays.

Preces and Responses *Humphrey Clucas*

Officiant O Lord, open thou our lips;

Choir And our mouth shall show forth thy praise.

Officiant O God, make speed to save us;

Choir O Lord, make haste to help us.

Officiant Glory be to the Father, and to the Son, and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be, world without end.
Amen.

Officiant Praise ye the Lord;

Choir The Lord's Name be praised.

Psalm 37: 1-11 *Chant by Herbert Howells*

Choir Fret not because of evildoers;
 be not jealous of those who do wrong.
For they shall soon wither like grass
 and like the green herb fade away.
Trust in the Lord and be doing good;
 dwell in the land and be nourished with truth.
Let your delight be in the Lord
 and he will give you your heart's desire.
Commit your way to the Lord and put your trust in him,
 and he will bring it to pass.
He will make your righteousness as clear as the light
 and your just dealing as the noonday.
Be still before the Lord and wait for him;
 do not fret over those that prosper as they follow their evil schemes.

Refrain from anger and abandon wrath;
do not fret, lest you be moved to do evil.
For evildoers shall be cut off,
but those who wait upon the Lord shall possess the land.
Yet a little while and the wicked shall be no more;
you will search for their place and find them gone.
But the lowly shall possess the land
and shall delight in abundance of peace.

Glory be to the Father, and to the Son, and to the Holy Ghost; As it was
in the beginning, is now, and ever shall be, world without end. Amen.

First Lesson

Please be seated.

1 Samuel 14:36-45

Reader

Then Saul said, 'Let us go down after the Philistines by night and despoil them until the morning light; let us not leave one of them.' They said, 'Do whatever seems good to you.' But the priest said, 'Let us draw near to God here.' So Saul inquired of God, 'Shall I go down after the Philistines? Will you give them into the hand of Israel?' But he did not answer him that day. Saul said, 'Come here, all you leaders of the people; and let us find out how this sin has arisen today. For as the Lord lives who saves Israel, even if it is in my son Jonathan, he shall surely die!' But there was no one among all the people who answered him. He said to all Israel, 'You shall be on one side, and I and my son Jonathan will be on the other side.' The people said to Saul, 'Do what seems good to you.' Then Saul said, 'O Lord God of Israel, why have you not answered your servant today? If this guilt is in me or in my son Jonathan, O Lord God of Israel, give Urim; but if this guilt is in your people Israel, give Thummim.' And Jonathan and Saul were indicated by the lot, but the people were cleared. Then Saul said, 'Cast the lot between me and my son Jonathan.' And Jonathan was taken.

Then Saul said to Jonathan, 'Tell me what you have done.' Jonathan told him, 'I tasted a little honey with the tip of the staff that was in my hand; here I am, I will die.' Saul said, 'God do so to me and more also; you shall surely die, Jonathan!' Then the people said to Saul, 'Shall Jonathan die, who has accomplished this great victory in Israel? Perish the thought! As the Lord lives, not one hair of his head shall fall to the ground; for he has worked with God today.' So the people ransomed Jonathan, and he did not die.

Reader

The Word of the Lord.

People

Thanks be to God.

Please stand, as you are able.
Second Service by William Byrd

Magnificat

Choir

My soul doth magnify the Lord,
and my spirit hath rejoiced in God my Saviour.
For he hath regarded the lowliness of his handmaiden.
For behold, from henceforth all generations shall call me blessed.
For he that is mighty hath magnified me; and holy is his Name.
And his mercy is on them that fear him throughout all generations.
He hath showed strength with his arm;
he hath scattered the proud in the imagination of their hearts.
He hath put down the mighty from their seat,
and hath exalted the humble and meek.
He hath filled the hungry with good things;
and the rich he hath sent empty away.
He remembering his mercy hath holpen his servant Israel;
As he promised to our forefathers, Abraham and his seed for ever.
Glory be to the Father, and to the Son, and to the Holy Ghost; as it was
in the beginning, is now, and ever shall be, world without end. Amen.

Second Lesson

Please be seated.

Mark 1:14-20

Reader

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, ‘The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.’

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the lake—for they were fishermen. And Jesus said to them, ‘Follow me and I will make you fish for people.’ And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

Reader

The Word of the Lord.

People

Thanks be to God.

Please stand, as you are able.

Second Service by William Byrd

Nunc Dimittis

Choir Lord, now lettest thou thy servant depart in peace,
according to thy word.
For mine eyes have seen thy salvation,
which thou hast prepared before the face of all people;
To be a light to lighten the Gentiles,
and to be the glory of thy people Israel.

Glory be to the Father, and to the Son, and to the Holy Ghost;
as it was in the beginning, is now, and ever shall be, world without end.
Amen.

Apostles' Creed

Officiant I believe in God

All **the Father Almighty, Maker of heaven and earth: And in Jesus Christ his only Son our Lord, Who was conceived by the Holy Ghost, Born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, dead, and buried: He descended into hell; The third day he rose again from the dead; He ascended into heaven, And sitteth on the right hand of God the Father Almighty; From thence he shall come to judge the quick and the dead. I believe in the Holy Ghost; The holy Catholic Church; The Communion of Saints; The Forgiveness of sins; The Resurrection of the body, And the Life everlasting. Amen.**

Officiant The Lord be with you.

Choir And with thy spirit.

Officiant Let us pray.

Please kneel, as you are able.

Choir Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

Officiant Our Father

Choir who art in heaven, hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive them that trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Officiant O Lord, show thy mercy upon us;
Choir And grant us thy salvation.

Officiant O Lord, save the King;
Choir And mercifully hear us when we call upon thee.

Officiant Endue thy Ministers with righteousness;
Choir And make thy chosen people joyful.

Officiant O Lord, save thy people;
Choir And bless thine inheritance.

Officiant Give peace in our time, O Lord;
Choir Because there is none other that fighteth for us, but only thou O Lord.

Officiant O God, make clean our hearts within us;
Choir And take not thy Holy Spirit from us.

The Collects

Officiant God of the prophets, in every age you send the word of truth, familiar yet new. Let us not be counted among those who lack faith, but give us vision to see Christ in our midst and to welcome your saving word. Grant this through our Lord Jesus Christ, who lives and reigns with you in the unity of the Holy Spirit, God for ever and ever.

Choir Amen.

Officiant O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour.

Choir Amen.

Officiant Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour Jesus Christ.

Choir Amen.

Please be seated.

Herbert Howells

Anthem

My Eyes for Beauty Pine

Choir

My eyes for beauty pine,
My soul for Goddës grace:
No other care nor hope is mine,
to heaven I turn my face.
One splendour thence is shed
From all the stars above:
Tis named when Goddës name is said,
'Tis Love, 'tis heavenly Love.
And every gentle heart,
That burns with true desire,
Is lit from eyes that mirror part
Of that celestial fire.

Homily

An offering will now be taken to support the life and ministry of the Cathedral.

Donate to St. James Cathedral
by scanning or tapping the QR code
or visit stjamescathedral-mobile.plenty.com



Please stand, as you are able.

Tune: England's Lane

Hymn at the Collection

For the beauty of the earth, for the glory of the skies,
For the love which from our birth over and around us lies,
Christ our God, to thee we raise this our sacrifice of praise.

For the beauty of each hour of the day and of the night,
Hill and vale and tree and flower, sun and moon and stars of light,
Christ our God, to thee we raise this our sacrifice of praise.

For the joy of ear and eye, for the heart and mind's delight,
For the mystic harmony linking sense to sound and sight,
Christ our God, to thee we raise this our sacrifice of praise.

For the joy of human love, brother, sister, parent, child,
Friends on earth and friends above, for all gentle thoughts and mild,
Christ our God, to thee we raise this our sacrifice of praise.

For each perfect gift of thine to our race so freely given,
Graces human and divine, flowers of earth and buds of heaven,
Christ our God, to thee we raise this our sacrifice of praise.

Text: Folliot Sandford Pierpoint, alt.;
Music: Melody English trad.

Offertory Prayer

Canon Let us pray.

Loving God, we thank you for your goodness in our lives and for all you have given to us. May this money we give, and we who give it, be consecrated for your service and become channels of your mercy, grace, and love, made known to us in the life and work of our Teacher and Redeemer, Jesus Christ. In whose name we pray.

People **Amen.**

Prayers

Please kneel, as you are able.

A Prayer of Saint John Chrysostom

Officiant Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy Name thou wilt grant their requests: Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting.

People **Amen.**

The Grace

Officiant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore.

People **Amen.**

Please stand, as you are able.

Final Response

Officiant The Lord be with you;

Choir And with thy spirit.

Officiant Let us bless the Lord.

Choir Thanks be to God.

Postlude Six Organ Pieces; III. Allegro marziale

Frank Bridge

PRAYER CYCLE	PASTORAL CARE
<p><i>This week, please pray for: The Church of the Province of the Indian Ocean; Mission to Seafarers and The York Group</i></p>	<p>If you know anyone who would benefit from a call from our pastoral care team, please be in touch with our Sub-Dean & Vicar, The Rev'd Canon Dr. Stephen Fields: sfields@stjamescathedral.ca; 416-364-7865, ext. *235 or The Reverend Canon Beth Benson: bbenson@stjamescathedral.ca, 416-364-7865, ext. *237</p>

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ST. JAMES CATHEDRAL - CONNECTIONS - Sunday, July 7, 2024

Sunday Children's Program at the 10:00am service. Invite the little ones!

Coffee Hour: Join us after the 10:00am service.

Stewardship Series: Thanks to everyone who has responded. So far we have received about \$212,000, 50% of our target. If you haven't yet responded, pick up a Stewardship Brochure at the back of the church or visit www.stjamescathedral.ca/stewardship2024. We are looking forward to hearing from you. Thank you in advance!

Reminder: The Cathedral is a public space and therefore you should make sure you have your valuables with you and in sight at all times.

Our Summer Service schedule begins today!



For the nine Sundays from July 7 through September 1 (Labour Day weekend), we will have services at 8:00am, **10:00am**, and 4:30pm.

Our Sunday Children's Program will continue at 10:00am and Coffee Hour will follow the 10:00am service.

We will return to both 9:00am and 11:00am services on September 8.

Sunday, July 28 following the 10:00am service: Celebrations of Emancipation Day Plaque Unveiling



We are pleased to announce that Parks Canada and the Historic Sites and Monuments Board of Canada have chosen St. James Cathedral as the location for the installation of a commemorative bronze plaque marking *Celebrations of Emancipation Day*. The plaque will be unveiled at a special ceremony following the 10:00am service on July 28 in Snell Hall. It will be installed at a later date. Please join us for this special presentation which will include remarks from the Dean, government representatives, and the co-proponents of the designation, Nadine Williams and Dr. Rosemary Sadlier. A reception will follow the ceremony.

All are invited!

For more information about this designation visit: <https://parks.canada.ca/culture/designation/event-event/celebrations-emancipation>

Dr. Rosemary Sadlier and the Vicar

St. James Drop-In Annual BBQ was fantastic!



Thank you for joining us at the St. James Drop-In Annual BBQ on Monday, July 1! Shout-out to everyone who joined us, helped make this event possible, and to everyone who shared their photos! To see more photos visit our Facebook and Instagram.

Drop-In: Call for Summer Volunteers

The summer months are the busiest for St. James Drop-In but some volunteers go away during June, July, and August. If you are free during the summer, going to be in the city and you have extra time on Fridays, the Drop-In would appreciate your support. Contact Kathy Biasi at 416-364-7865, ext. 222 or kbiasi@stjamescathedral.ca

Sunday, July 14 at 2:00pm: Young Adults Potluck & Soccer Watch Party



Join the St. James Cathedral Young Adults for a potluck & soccer watch party beginning at **2:00pm on Sunday, July 14!**

Please scan the QR code and fill out the form to let us know if you are coming & what dish you will bring to share (this is optional!).



Questions? Please contact Deacon Matthew at mwaterman@stjamescathedral.ca. All are welcome!

Sunday, July 14 at 3:45pm: Last Organ Recital of the season

Evensong will be preceded by a 3:45pm Organ Recital with Organist Nathan Jeffery; works by César Franck.

COMING SOON

Sunday, July 21 after the 10:00am service: Patronal Festival BBQ



Mark your calendars for a celebration of the Feast Day of our Patron Saint, St. James! On July 21, immediately after the 10:00am service, we will gather on the Cathedral's West Lawn for food and fellowship. Join us!

We are also looking for volunteers to help prepare, serve food, or help with clean-up. If you are interested, send an email to info@stjamescathedral.ca or call (416)364-7865.

Join the Summer Reading Group!



A summer reading group will meet in the Cathedral Centre on **Sundays, July 7, 14, and 28** following the 10:00am service to share reflections on a wonderful book by Rowan Williams, *“Being Disciples, Essentials of the Christian Life”*.

This book is readily available through different platforms.

For more information, contact Canon Beth at bbenson@stjamescathedral.ca

Join us today!

OTHER EVENTS

St. Bartholomew's, Regent Park news

Devotional Societies at St. Bart's Regent Park:

Learn more: stbartstoronto.ca/devotional-societies

Outreach at St. Bart's, Regent Park:

Serving the disadvantaged for 150 years, St. Bart's welcomes volunteers and donations.

Our thanks to S. James Cathedral for your partnership in ministry! Learn more: stbartstoronto.ca/outreach



THIS WEEK AT ST. JAMES: YOU ARE INVITED

Morning Prayer – online only at 8:30am

Holy Eucharist at 12:15pm

Monday to Saturday via the Cathedral YouTube channel Monday to Saturday in St. George's Chapel.

Visit us:

The Cathedral is open Monday-Saturday from 10:00am–3:00pm.

The Cathedral Centre offices are open Monday-Friday from 9:00am–4:00pm.

Tuesday:

Tuesday Organ Recitals will be back at 1:00pm on September 10, 2024.

Wednesday:

The Scripture Circle gathers in the Cathedral Centre at 11:00am.

Friday:

Drop-In from 1:30pm to 3:30pm: We welcome our guests for a nutritious meal.

Sunday:

Children's Program at the 10:00am service. Invite the little ones!

Coffee Hour after the 10:00am service.

Summer reading group after the 10:00am service.

Sunday Services – July 14, 2024

8:00am: Said Eucharist

10:00am: Choral Eucharist (*live-streamed on the Diocesan channel [youtube.com/@anglicandioto](https://www.youtube.com/@anglicandioto) and on the Cathedral channel*).

4:30pm: Choral Evensong (*live-streamed on the Cathedral YouTube channel at [youtube.com/stjamescathedraltoronto](https://www.youtube.com/stjamescathedraltoronto)*).

Readings for the Eighth Sunday after Pentecost:

2 Sam 6:1-5, 12b-19

Psalm 24

Eph 1:3-14

Mk 6:14-29

The Cathedral Church of St. James exists today through the gifts of time, talent and treasure of both past and present members of the Cathedral community.

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Thank you for your support!

St. James Cathedral,
a symbol of God's presence
and love in the city.

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For any inquiries: (416)964-9194 / cemetery@stjamescathedral.ca / www.stjamescemetery.ca