



The Eighth Sunday after Pentecost

July 14, 2024

Choral Evensong at 4:30pm

*The Cathedral Church of St. James
Diocese of Toronto • Anglican Church of Canada*

Welcome to St. James Cathedral

This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, and the Métis peoples, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

Liturgical Note:

In the context of Christian Liturgy, Israel does not refer to the current political state, but either to the historic Hebrews of the ancient Near East or, in Christian theology, to all people who put their faith and trust in Jesus Christ.

For more information, visit our website by clicking the QR code on the right.



Want to stay informed about what is happening at your Cathedral?
Sign up for **E-Connections** on our website at www.stjamescathedral.ca
(scroll to the bottom of the page).

Questions? Speak to a sidesperson – the people wearing gold name tags.

Children & Families

Summer Sunday School meets every week at the 10:00am service.
Please email Karyne Whalen at kwhalen@stjamescathedral.ca for more information.

Accessibility

A Wheelchair Accessible Washroom is located
at the front of the Cathedral through the doors by the pulpit.
Assisted hearing devices are available from the sidespersons.

Coffee Hour

Join us in Snell Hall following the 10:00am service.

Parking

There are a variety of inexpensive parking lots available around the Cathedral.
Please see the leaflets at the back of the Cathedral or
online at stjamescathedral.ca/contact for more information.

Connect with the Cathedral

Visit our website at stjamescathedral.ca | Follow us on Facebook at facebook.com/stjamesto

*As this is a very public and open space please be aware of your personal belongings.
Do not leave them unattended in the Cathedral or in the Cathedral Centre.*

Today at St. James

Officiant & Homilist: The Reverend Canon Michael Burgess

Cathedral Clergy: The Reverend Canon Dr. Stephen Fields

First Reader: Shawn Thorpe • Second Reader: William Cowling

Director of Music & Organist: Thomas Bell • Associate Organist: Nathan Jeffery

Guest Organist: Philip Fillion

Wayne Vance Organ Scholar: Jacob Wiens

Sung by the Choir of St. James Cathedral

The flowers in the Cathedral are given to the glory of God.

Welcome! We are so glad you have joined us for worship this afternoon.

Please ensure that cell phones are muted.

3:45pm Organ Recital

Nathan Jeffery

Works by César Franck
Pièce Héroïque
Chorale No. 1 in E Major
Chorale No. 2 in F Sharp Minor

Choral Evensong

Prelude Canzona from Sonata I in C Minor

Percy Whitlock

Welcome

Please remain seated.

Introit **God be in my head**

John Rutter

God be in my head, and in my understanding;
God be in mine eyes, and in my looking;
God be in my mouth, and in my speaking;
God be in my heart, and in my thinking;
God be at mine end, and at my departing.

Please stand, as you are able, when the organ plays.

Preces and Responses

Humphrey Clucas

Officiant O Lord, open thou our lips;

Choir And our mouth shall show forth thy praise.

Officiant O God, make speed to save us;

Choir O Lord, make haste to help us.

Officiant Glory be to the Father, and to the Son, and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be, world without end.
Amen.

Officiant Praise ye the Lord;

Choir The Lord's Name be praised.

Psalm 71

Chant by Robert Ash

Choir In you, O Lord, do I seek refuge;
let me never be put to shame.

In your righteousness, deliver me and set me free;
incline your ear to me and save me.

Be for me a stronghold to which I may ever resort;
send out to save me, for you are my rock and my fortress.
Deliver me, my God, from the hand of the wicked,
from the grasp of the evildoer and the oppressor.
For you are my hope, O Lord God,
my confidence, even from my youth.
Upon you have I leaned from my birth,
when you drew me from my mother's womb;
my praise shall be always of you.
I have become a portent to many,
but you are my refuge and my strength.
Let my mouth be full of your praise
and your glory all the day long.
Do not cast me away in the time of old age;
forsake me not when my strength fails.
For my enemies are talking against me,
and those who lie in wait for my life take counsel together.
They say, 'God has forsaken him; pursue him and take him,
because there is none to deliver him.'
O God, be not far from me;
come quickly to help me, O my God.
Let those who are against me be put to shame and disgrace;
let those who seek to do me evil be covered with scorn and reproach.
But as for me I will hope continually
and will praise you more and more.
My mouth shall tell of your righteousness and salvation all the day long,
for I know no end of the telling.
I will begin with the mighty works of the Lord God;
I will recall your righteousness, yours alone.
O God, you have taught me since I was young,
and to this day I tell of your wonderful works.
Forsake me not, O God, when I am old and grey-headed,
till I make known your deeds to the next generation
and your power to all that are to come.
Your righteousness, O God, reaches to the heavens;
in the great things you have done, who is like you, O God?

What troubles and adversities you have shown me,
and yet you will turn and refresh me
and bring me from the deep of the earth again.

Increase my honour;
turn again and comfort me.

Therefore will I praise you upon the harp for your faithfulness, O my God;
I will sing to you with the lyre, O Holy One of Israel.

My lips will sing out as I play to you,
and so will my soul, which you have redeemed.

My tongue also will tell of your righteousness all the day long,
for they shall be shamed and disgraced
who sought to do me evil.

Glory be to the Father, and to the Son, and to the Holy Ghost; As it was
in the beginning, is now, and ever shall be, world without end. Amen.

First Lesson *Please be seated.*

1 Samuel 17:50-18:4

Reader

So David prevailed over the Philistine with a sling and a stone, striking down the Philistine and killing him; there was no sword in David's hand. Then David ran and stood over the Philistine; he grasped his sword, drew it out of its sheath, and killed him; then he cut off his head with it.

When the Philistines saw that their champion was dead, they fled. The troops of Israel and Judah rose up with a shout and pursued the Philistines as far as Gath and the gates of Ekron, so that the wounded Philistines fell on the way from Shaaraim as far as Gath and Ekron. The Israelites came back from chasing the Philistines, and they plundered their camp. David took the head of the Philistine and brought it to Jerusalem; but he put his armour in his tent.

When Saul saw David go out against the Philistine, he said to Abner, the commander of the army, 'Abner, whose son is this young man?' Abner said, 'As your soul lives, O king, I do not know.' The king said, 'Inquire whose son the stripling is.' On David's return from killing the Philistine, Abner took him and brought him before Saul, with the head of the Philistine in his hand. 58 Saul said to him, 'Whose son are you, young man?' And David answered, 'I am the son of your servant Jesse the Bethlehemite.'

When David had finished speaking to Saul, the soul of Jonathan was bound to the soul of David, and Jonathan loved him as his own soul. Saul took him that day and would not let him return to his father's house. Then Jonathan made a covenant with David, because he loved him as his own soul. Jonathan stripped himself of the robe that he was wearing, and gave it to David, and his armour, and even his sword and his bow and his belt.

Reader The Word of the Lord.

People **Thanks be to God.**

Please stand, as you are able.

Magnificat

Based on tone IV by Orlando de Lassus

Choir

My soul doth magnify the Lord,
and my spirit hath rejoiced in God my Saviour.
For he hath regarded the lowliness of his handmaiden.
For behold, from henceforth all generations shall call me blessed.
For he that is mighty hath magnified me; and holy is his Name.
And his mercy is on them that fear him throughout all generations.
He hath showed strength with his arm;
he hath scattered the proud in the imagination of their hearts.
He hath put down the mighty from their seat,
and hath exalted the humble and meek.
He hath filled the hungry with good things;
and the rich he hath sent empty away.
He remembering his mercy hath holpen his servant Israel;
As he promised to our forefathers, Abraham and his seed for ever.
Glory be to the Father, and to the Son, and to the Holy Ghost; as it was
in the beginning, is now, and ever shall be, world without end. Amen.

Second Lesson

Please be seated.

Mark 1:21-27

Reader

They went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, 'What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.' But Jesus rebuked him, saying, 'Be silent, and come out of him!' And the unclean spirit, throwing him into convulsions and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, 'What is this? A

new teaching—with authority! He commands even the unclean spirits, and they obey him.’

Reader The Word of the Lord.

People **Thanks be to God.**

Please stand, as you are able.

Nunc Dimittis

Based on tone III by Tomas Luis de Victoria

Choir Lord, now lettest thou thy servant depart in peace,
according to thy word.
For mine eyes have seen thy salvation,
which thou hast prepared before the face of all people;
To be a light to lighten the Gentiles,
and to be the glory of thy people Israel.

Glory be to the Father, and to the Son, and to the Holy Ghost;
as it was in the beginning, is now, and ever shall be, world without end.
Amen.

Apostles' Creed

Officiant I believe in God

All **the Father Almighty, Maker of heaven and earth: And in Jesus Christ his only Son our Lord, Who was conceived by the Holy Ghost, Born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, dead, and buried: He descended into hell; The third day he rose again from the dead; He ascended into heaven, And sitteth on the right hand of God the Father Almighty; From thence he shall come to judge the quick and the dead. I believe in the Holy Ghost; The holy Catholic Church; The Communion of Saints; The Forgiveness of sins; The Resurrection of the body, And the Life everlasting. Amen.**

Officiant The Lord be with you.

Choir And with thy spirit.

Officiant Let us pray.

Please kneel, as you are able.

Choir Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

Officiant Our Father
Choir who art in heaven, hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive them that trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Officiant O Lord, show thy mercy upon us;
Choir And grant us thy salvation.

Officiant O Lord, save the King;
Choir And mercifully hear us when we call upon thee.

Officiant Endue thy Ministers with righteousness;
Choir And make thy chosen people joyful.

Officiant O Lord, save thy people;
Choir And bless thine inheritance.

Officiant Give peace in our time, O Lord;
Choir Because there is none other that fighteth for us, but only thou O Lord.

Officiant O God, make clean our hearts within us;
Choir And take not thy Holy Spirit from us.

The Collects

Officiant God of the prophets, whose word cuts through the webs of power and holds the tyrant to account: be with all who raise their voice against oppression and misrule, who are imprisoned and abused for freedom's sake; help us to stand and speak with them and witness to your kingdom now; through Jesus Christ, the name above all others.

Choir Amen.

Officiant O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour.

Choir Amen.

Officiant Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour Jesus Christ.

Choir Amen.

Please be seated.

Gabriel Fauré

Anthem

Cantique de Jean Racine

Choir

Word, equal to the Highest,
Our only Hope,
Eternal day of the earth and heavens,
We break the silence of the peaceful night;
Divine Savior, cast your eyes upon us!
Spread over us the fire of your powerful grace,
That all hell may flee at the sound of your voice;
Dispel the slumber of a languishing soul,
That drives us to forget your laws.
O Christ, show favor to this faithful people now assembled in order to
bless you now.
Accept the songs they offer to your immortal glory;
And may they go forth filled with your gifts.

Homily

An offering will now be taken to support the life and ministry of the Cathedral.

Donate to St. James Cathedral
by scanning or tapping the QR code
or visit stjamescathedral-mobile.plenty.com



Please stand, as you are able.

Tune: Michael

Hymn at the Collection

All my hope on God is founded;
He doth still my trust renew.
Me through change and chance he guideth,
Only good and only true.
God unknown,
He alone Calls my heart to be his own.

Human pride and earthly glory,
Sword and crown betray his trust;
What with care and toil he buildeth,
Tow'r and temple fall to dust.
But God's pow'r,
Hour by hour, Is my temple and my tow'r.

God's great goodness aye endureth,
Deep his wisdom, passing thought:
Splendour, light, and life attend him,
Beauty springeth out of naught.
Evermore
From his store New-born worlds rise and adore.

Daily doth th'Almighty giver
Bounteous gifts on us bestow;
His desire our soul delighteth,
Pleasure leads us where we go.
Love doth stand
At his hand; Joy doth wait on his command.

Still from earth to God eternal
Sacrifice of praise be done,
High above all praises praising
For the gift of Christ his Son.
Christ doth call
One and all: Ye who follow shall not fall.

Text: Robert Seymour Bridges (1844-1930), based on Meine Hoffnung stehet feste, by Joachim Neander (1650-1680), alt.
Music: Herbert Norman Howells (1892-1983).

Offertory Prayer

Vicar

Let us pray.

Loving God, we thank you for your goodness in our lives and for all you have given to us. May this money we give, and we who give it, be consecrated for your service and become channels of your mercy, grace, and love, made known to us in the life and work of our Teacher and Redeemer, Jesus Christ. In whose name we pray.

People

Amen.

Prayers

Please kneel, as you are able.

A Prayer of Saint John Chrysostom

Officiant Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy Name thou wilt grant their requests: Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting.

People Amen.

The Grace

Officiant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore.

People Amen.

Please stand, as you are able.

Edward Woodall Naylor

Final Response

Officiant The Lord be with you;

Choir And with thy spirit.

Officiant Let us bless the Lord.

Choir Thanks be to God.

Postlude Festival, HWV 161

Healey Willan

PRAYER CYCLE	PASTORAL CARE
<p><i>This week, please pray for: The Church of Ireland; Giving With Grace – the annual appeal of the Anglican Church of Canada and the Education for Ministry</i></p>	<p>If you know anyone who would benefit from a call from our pastoral care team, please be in touch with our Sub-Dean & Vicar, The Rev'd Canon Dr. Stephen Fields: sfields@stjamescathedral.ca; 416-364-7865, ext. *235 or The Reverend Canon Beth Benson: bbenson@stjamescathedral.ca, 416-364-7865, ext. *237</p>

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ST. JAMES CATHEDRAL - CONNECTIONS - Sunday, July 14, 2024

Sunday Children's Program at the 10:00am service. Invite the little ones!

Coffee Hour: Join us after the 10:00am service.

Stewardship Series: Thanks to everyone who has responded. So far we have received about \$261,000, 61% of our target. If you haven't yet responded, pick up a Stewardship Brochure at the back of the church or visit www.stjamescathedral.ca/stewardship2024. We are looking forward to hearing from you. Thank you in advance!

Reminder: The Cathedral is a public space and therefore you should make sure you have your valuables with you and in sight at all times.

Our Summer Services have begun!

Our Sunday summer service schedule runs until September 1 (Labour Day weekend):

8:00am: Said Eucharist; **10:00am:** Choral Eucharist; 4:30pm: Evensong

Our Sunday Children's Program will continue at 10:00am and Coffee Hour will follow the 10:00am service.

Today after the 10:00am services: Join the Summer Reading Group!



A summer reading group will meet in the Cathedral Centre on **Sundays, July 14 and 28** following the 10:00am service to share reflections on a wonderful book by Rowan Williams, *"Being Disciples, Essentials of the Christian Life"*.

This book is readily available through different platforms. For more information, contact Canon Beth at bbenson@stjamescathedral.ca
Join us today!

Today at 2:00pm: Young Adults Potluck & Soccer Watch Party



Join the St. James Cathedral Young Adults for a potluck & soccer watch party beginning at 2:00pm today in the Lecture Room!

Questions? Please contact Deacon Matthew at mwaterman@stjamescathedral.ca

All Young Adults are welcome!

Today at 3:45pm: Last Organ Recital of the season

Evensong will be preceded by a 3:45pm Organ Recital with Nathan Jeffery; works by César Franck. Our Tuesday Organ Recitals will be back at 1:00pm on September 10, 2024.

THANK YOU

St. James Drop-In's Canada Day BBQ

"I would like to acknowledge how grateful I am for the support of all the amazing volunteers and staff who ensured the 2024 St. James Drop-In's Canada Day BBQ was a success.

It was a welcoming, safe atmosphere for the Drop-In participants to celebrate and a place where the church and surrounding community could connect with the participants in an inclusive environment.

With your help we made many people feel included and cared for while enjoying great food, and fantastic music on a beautiful sunny, warm Canada Day. Thank you for your thoughtfulness and time."

Kathy Biasi – Outreach Manager.

Everyday ideas to build lifelong faith in your children, grandchildren & youth

TABLE PRAYERS

Loving God, you have brought to our table such a wealth of gifts from so many sources to make one meal. Bring us together into one true fellowship of joy, through Jesus Christ our Lord.

Amen.

Our Children, Youth, and Family Minister, Karyne Whalen is sharing everyday ideas to build lifelong faith in your family.

This is a table prayer to say before your family shares a meal together.

For more information contact:

Karyne Whalen at

kwhalen@stjamescathedral.ca

Visit:

stjamescathedral.ca/ministries/children/

Black History Coordinating Committee

Every February, we celebrate the rich and vibrant history, culture, and achievements of the Black community throughout North America.

A Black History Coordinating Committee has been formed to plan for Black History Month 2025 at our Cathedral. Members of our congregation from *all* cultures, background, and identity are invited to join this committee to spread the love, spread the joy, and embrace the diversity of our worship place.

If you are interested and are prepared to attend virtual meetings as needed to plan the event, please send an email to yosiegal@hotmail.com.



STAY UP TO DATE

Next Sunday, July 21: Patronal Festival Service & BBQ



Mark your calendars for a celebration of the Feast Day of our Patron Saint, St. James! On July 21, immediately after the 10:00am Patronal Festival service, we will gather on the Cathedral's West Lawn for food and fellowship. Join us!

We are also looking for volunteers to help prepare, serve food, or help with clean-up. If you are interested, send an email to info@stjamescathedral.ca or call (416)364-7865.

Sunday, July 28 following the 10:00am service: Celebrations of Emancipation Day Plaque Unveiling



We are pleased to announce that Parks Canada and the Historic Sites and Monuments Board of Canada have chosen St. James Cathedral as the location for the installation of a commemorative bronze plaque marking *Celebrations of Emancipation Day*.

The plaque will be unveiled at a special ceremony following the 10:00am service on July 28 in Snell Hall. It will be installed at a later date.

Please join us for this special presentation which will include remarks from the Dean, government representatives, and the co-proponents of the designation, Nadine Williams and Dr. Rosemary Sadlier. A reception will follow the ceremony.

For more information about this designation visit: parks.canada.ca/culture/designation/evenement-event/celebrations-emancipation

Dr. Rosemary Sadlier and the Vicar

OTHER EVENTS

St. Bartholomew's, Regent Park news



Devotional Societies at St. Bart's Regent Park:

Learn more: stbartstoronto.ca/devotional-societies

Outreach at St. Bart's, Regent Park:

Serving the disadvantaged for 150 years, St. Bart's welcomes volunteers and donations.

Our thanks to S. James Cathedral for your partnership in ministry!

Learn more: stbartstoronto.ca/outreach

THIS WEEK AT ST. JAMES: YOU ARE INVITED

Morning Prayer – online only at 8:30am

Holy Eucharist at 12:15pm

Monday to Saturday via the Cathedral YouTube channel Monday to Saturday in St. George's Chapel.

The Dean is away July 15-25.

Tom Bell is away until July 31.

Karyne Whalen is away July 14-21.

Visit us:

The Cathedral is open Monday-Saturday from 10:00am–3:00pm.

The Cathedral Centre offices are open Monday-Friday from 9:00am–4:00pm.

Wednesday:

The Scripture Circle gathers in the Cathedral Centre at 11:00am.

Friday:

Drop-In from 1:30pm to 3:30pm: We welcome our guests for a nutritious meal.

Sunday:

Children's Program at the 10:00am service. Invite the little ones!

Coffee Hour after the 10:00am service.

Summer reading group after the 10:00am service.

Sunday Services – July 21, 2024

8:00am: Said Eucharist

10:00am: Choral Eucharist (*live-streamed on the Diocesan channel [youtube.com/@anglicandioto](https://www.youtube.com/@anglicandioto) and on the Cathedral channel*).

4:30pm: Choral Evensong (*live-streamed on the Cathedral YouTube channel at [youtube.com/stjamescathedraltoronto](https://www.youtube.com/stjamescathedraltoronto)*).

Readings for Patronal Festival

The Feast of St. James:

Jeremiah 45:1-5

Psalms 7:1-10

Acts 11:27-12:3

Matthew 20:20-28

The Cathedral Church of St. James exists today through the gifts of time, talent and treasure of both past and present members of the Cathedral community.

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Thank you for your support!

St. James Cathedral,
a symbol of God's presence
and love in the city.

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For any inquiries: (416)364-7865 / info@stjamescathedral.ca / www.stjamescathedral.ca

St. James Cemetery: Facebook: [stjamescemeteryto](https://www.facebook.com/stjamescemeteryto) / **Instagram:** [stjamescemeteryto](https://www.instagram.com/stjamescemeteryto)
For any inquiries: (416)964-9194 / cemetery@stjamescathedral.ca / www.stjamescemetery.ca