



Ash Wednesday

March 5, 2025

Sung Eucharist & Imposition of Ashes at 12:15pm

*The Cathedral Church of St. James
Diocese of Toronto • Anglican Church of Canada*

Welcome to St. James Cathedral

This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, and the Métis peoples, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

Liturgical Note

In the context of Christian Liturgy, Israel does not refer to the current political state, but either to the historic Hebrews of the ancient Near East or, in Christian theology, to all people who put their faith and trust in Jesus Christ.

Want to stay informed about what is happening at your Cathedral?
Sign up for **E-Connections** on our website at www.stjamescathedral.ca
(scroll to the bottom of the page).

Children & Families

Sunday School meets every Sunday at both the 9:00am and 11:00am services.
Please email Karyne Whalen at kwhalen@stjamescathedral.ca for more information.

Accessibility

A Wheelchair Accessible Washroom is located
at the front of the Cathedral through the doors by the pulpit.
Assisted hearing devices are available from the sidespersons.

Coffee Hour

Join us in Snell Hall following the 9:00am & 11:00am services every Sunday.

Parking

There are a variety of inexpensive parking lots available around the Cathedral.
Please see the leaflets at the back of the Cathedral or
online at stjamescathedral.ca/contact for more information.

Connect with the Cathedral

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*As this is a very public and open space please be aware of your personal belongings.
Do not leave them unattended in the Cathedral or in the Cathedral Centre.*

Today at St. James

Presider: The Right Reverend Andrew Asbil

Homilist: The Reverend Canon Dr. Stephen Fields

Deacon of the Mass: The Very Reverend Dr. Stephen Hance

Litanist: The Reverend Matthew Waterman

Reader: Peter Misiaszek • Honorary Verger: Paul D. Seddon, ODT

Director of Music & Organist: Thomas Bell • Associate Organist: Jean-Paul Feo

Wayne Vance Organ Scholar: Joshua Duncan Lee

Sung by members of St. James Cathedral Choir

The Ash Wednesday Service exhorts us to “observe a holy Lent by...prayer, fasting and almsgiving...” Almsgiving, from the Greek for “compassion”, means giving generously to the poor. By giving alms we become part of God’s desire for justice and mercy in a concrete way. Each Lent, members of the Cathedral community are encouraged to “give alms” by donating to FaithWorks, a program of the Diocese of Toronto which funds agencies across the diocese and around the world which help the poor and others in need.

More information is available at www.faithworks.ca.

Welcome. *We are so glad you have joined us for worship.
Please ensure that cell phones are muted.*

THE GATHERING OF THE COMMUNITY

Music of The Mass: Communion Service in the Phrygian Mode by Charles Wood

Opening Hymn

Tune: Heinlein (Aus Der Tiefe)

Forty days and forty nights
you were fasting in the wild,
forty days and forty nights
tempted, and yet undefiled:

burning heat throughout the day,
bitter cold when light had fled,
prowling beasts around your way,
stones your pillow, earth your bed.

Shall not we your trials share,
learn your discipline of will,
and with you by fast and prayer
wrestle with the powers of hell?

So if Satan, pressing hard,
soul and body would destroy,
Christ who conquered, be our guard;
give to us the victor's joy.

Saviour, may we hear your voice—
keep us constant at your side;
and with you we shall rejoice
at the eternal Eastertide.

Text: George Hunt Smyttan; Music: Melody attrib. Martin Herbst; harm. William Henry Monk;

Presider The Lord be with you.

People **And also with you.**

Collect of the Day

Presider Let us pray.

Please remain standing.

Almighty and everlasting God, you despise nothing you have made and forgive the sins of all who are penitent. Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our brokenness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People **Amen.**

Cantor As far as the east is from the west,
so far has he set our sins from us.

All **As a father has compassion on his chil-dren,
so is the Lord merciful towards those who fear him.**

Cantor For he knows of what we are made;
he remembers that we are but dust.

All **Our days are but as gross;
we flourish as a flow-er of the field;**

Cantor For as soon as the wind goes over it, it is gone,
and its place shall know it no more.

All **But the merciful goodness of the Lord is from of old
and endures for ever on those who fear him,
and his righteousness on chil-dren's chil-dren;**

Cantor On those who keep his co-ve[^]nant

All **and remember his command-ments to do them.**

Gospel Acclamation

Please stand.

Cantor



People **Praise to you, O Christ, King of eternal glory.**

Cantor If today you hear his voice, harden not your hearts.

People **Praise to you, O Christ, King of eternal glory.**

The Holy Gospel

Matthew 6: 1-6, 16-21

Reader The Lord be with you.

People **And also with you.**

Reader The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Jesus Christ.**

Reader Jesus said, "Beware of practising your piety before others in order to be seen by them; for then you have no reward from your Father in heaven. So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you." "And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at

the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.” “And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.” “Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”

Reader The Gospel of Christ.
People **Praise to you, Lord Jesus Christ.**

Homily

Invitation to a Holy Lent

Presider Dear friends in Christ, every year at the time of the Christian Passover we celebrate our redemption through the death and resurrection of our Lord Jesus Christ. Lent is a time for each of us to prepare for this celebration and to renew our life in the paschal mystery.

We begin this holy season by remembering our need for repentance, both as individuals and as a community, and for the mercy and forgiveness proclaimed in the Gospel of Jesus Christ.

We begin our journey to Easter with the sign of ashes, an ancient sign, speaking of the frailty and uncertainty of human life, and marking the penitence of the community as a whole. I invite each of you, therefore, in the name of the Lord, to observe a holy Lent, by self-examination, penitence, prayer, fasting, and almsgiving, and by reading and meditating on the word of God.

Litany of Penitence

Presider Let us kneel before our Creator and Redeemer.
Please adopt a posture of prayer. Silence is kept for a time.

Choir Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

Presider Most holy and merciful God,

***All* we confess to you, to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.**

Leader We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbours as ourselves. We have not forgiven others, as we have been forgiven.

***All* Have mercy on us, O God.**

Leader We have been deaf to your call to serve as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

***All* Have mercy on us, O God.**

Leader We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives.

***All* Have mercy on us, O God.**

Leader Our self-indulgent appetites and ways, and our exploitation of other people, we confess to you.

***All* Have mercy on us, O God.**

Leader Our anger at our own frustration, and our envy of those more fortunate than ourselves, we confess to you.

***All* Have mercy on us, O God.**

Leader Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work, we confess to you.

***All* Have mercy on us, O God.**

Leader Our negligence in prayer and worship and our failure to commend the faith that is in us, we confess to you.

***All* Have mercy on us, O God.**

Leader Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty, we confess to you.

***All* Have mercy on us, O God.**

Leader For all false judgements, for uncharitable thoughts toward our neighbours, and for our prejudice and contempt toward those who differ from us, we confess to you.

All **Have mercy on us, O God.**

Leader For our waste and pollution of your creation, and our lack of concern for those who come after us, we confess to you.

All **Have mercy on us, O God.**

Leader Restore us, good Lord, and let your anger depart from us;

All **Hear us, O God, for your mercy is great.**

Imposition of Ashes

Presider Almighty God, from the dust of the earth you have created us. May these ashes be for us a sign of our mortality and penitence, and a reminder that only by your gracious gift are we given eternal life; through Jesus Christ our Saviour.

People **Amen.**

Those who wish to receive the Imposition of Ashes are invited to come forward to the main altar (if you prefer to kneel) or the stations on the pavement.

Presider + Remember you are dust, and to dust you shall return.
Turn away from sin and be faithful to Christ.

Please adopt a posture of prayer.

Presider Accomplish in us, O God, the work of your salvation,

People **That we may show forth your glory in the world.**

Presider By the cross and passion of your Son, our Lord,

People **Bring us with all your saints to the joy of his resurrection.**

Presider Almighty God have mercy upon you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People **Amen.**

The Peace

Please stand.

Presider The peace of the Lord be always with you.

People **And also with you.**

We offer each other a sign of peace.

THE CELEBRATION OF THE EUCHARIST

Offertory Hymn

Tune: Breslau

All Forgive us when our deeds ignore
your righteous rule of all the earth,
when our decisions harm the poor,
denying their eternal worth.

Forgive us when we turn aside
from what is honest, true and fair,
when dreams of pleasure, wealth and pride
supplant your clear commands to care.

Forgive us, Lord, our endless greed
for what was never truly ours,
when, driven more by want than need,
we harness this world's brutal powers.

Forgive us that we change the rules
by which the game of life is played,
and never learn to wield the tools
which could see joy and hope remade.

Forgive us, God! Our lives betray
our shallow, vague response to grace;
so help us walk your holy way,
to make your world a better place.

Text: Martin Leckebusch; Music: Peter Moger..

Prayer over the Gifts

Presider Merciful God, turn us from sin to faithfulness. Accept our offering, and prepare us to celebrate the death and resurrection of Christ our Saviour, who is alive and reigns with you now and for ever.

People **Amen.**

The Great Thanksgiving

Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

Presider Blessed are you, gracious God, creator of heaven and earth, because you bid your faithful people to cleanse their hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in the works of love. Therefore we raise our voices to you in praise to proclaim the glory of your name.

Please adopt a posture of prayer.

Sanctus & Benedictus

Choir Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Presider Blessed are you, O God of the universe. Your mercy is everlasting and your faithfulness endures from age to age. Praise to you for creating the heavens and the earth. Praise to you for saving the earth from the waters of the flood. Praise to you for bringing the Israelites safely through the sea. Praise to you for leading your people through the wilderness to the land of milk and honey. Praise to you for the words and deeds of Jesus, your anointed one. Praise to you for the death and resurrection of Christ. Praise to you for your Spirit poured out on all nations.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

With this bread and cup we remember our Lord's passover from death to life as we proclaim the mystery of faith:

People Christ has died. Christ is risen. Christ will come again.

Presider O God of resurrection and new life: Pour out your Holy Spirit on us and on these gifts of bread and wine. Bless this feast. Grace our table with your presence.

People **Come, Holy Spirit.**

Presider Reveal yourself to us in the breaking of the bread. Raise us up as the body of Christ for the world. Breathe new life into us. Send us forth, burning with justice, peace, and love.

People **Come, Holy Spirit.**

Presider With James, our patron, past members of our cathedral, and your holy ones of all times and places, with the earth and all its creatures, with sun and moon and stars, we praise you, O God, blessed and holy Trinity, now and forever.

People **Amen.**

The Lord's Prayer

Presider As our Saviour taught us, let us pray,

All **Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

The Breaking of the Bread

Presider We break this bread,

People **Communion in Christ's body once broken.**

Presider Let your Church be the wheat which bears its fruit in dying,

People **If we have died with him, we shall live with him; if we hold firm, we shall reign with him.**

The Communion

Presider The gifts of God for the People of God.

People **Thanks be to God.**

Agnus Dei

Choir Lamb of God, you take away the sin of the world, have mercy on us.
Lamb of God, you take away the sin of the world, have mercy on us.
Lamb of God, you take away the sin of the world, grant us peace.

*All baptized persons are welcome to receive Holy Communion at **the stations of the pavement or the Lady Chapel**. Gluten-free hosts are available upon request. It is not permitted to dip the bread in the wine for health reasons. If you choose not to receive communion, you are welcome to come forward to receive a blessing. Simply cross your hands over your chest to indicate this to the priest.*

Hymn

Tune: Laying Down

Before I take the body of my Lord
fore I share his life in bread and wine
recognize the sorry things within:
these I lay down.

The words of hope I often failed to give,
the prayers of kindness buried by my pride,
the signs of care I argued out of sight:
these I lay down.

The narrowness of vision and of mind,
the need for other folk to serve my will,
and every word and silence meant to hurt:
these I lay down.

Of those around in whom I meet my Lord,
I ask their pardon and I grant them mine,
that every contradiction of Christ's peace
might be laid down.

Lord Jesus Christ, companion at this feast,
I empty now my heart and stretch my hands,
and ask to meet you here in bread and wine
which you lay down.

Text: John L. Bell and Graham Maule; Music: John L. Bell
Words and Music: From Love From Below 1989. ©1989, WGRG Iona Community, Glasgow Scotland

Hymn

Tune: Eccles

My spirit longs for thee
within my troubled breast,
though I unworthy be
of so divine a guest.

Of so divine a guest
unworthy though I be,
yet has my heart no rest
unless it come from thee.

Unless it come from thee,
in vain I look around;
in all that I can see
no rest is to be found.

No rest is to be found
but in thy blessed love:
O let my wish be crowned,
and send it from above!

Text: John Byrom; Music Bertram Luard Selby.

Motet

Thou Knowest, Lord, the Secrets of Our Hearts

Henry Purcell

Choir

Thou knowest, Lord, the secrets of our hearts;
Shut not thy merciful ears unto our pray'rs;
But spare us, Lord most holy, O God most mighty.
O holy and most merciful Saviour,
Thou most worthy Judge eternal,
Suffer us not at our last hour,
For any pains of death to fall away from Thee.

Prayer after Communion

Presider

Let us pray.

Please stand.

God of compassion, through your Son Jesus Christ you reconciled your people to yourself. Following his example of prayer and fasting, may we obey you with willing hearts and serve one another in holy love; through Jesus Christ our Lord.

People

Amen.

The Blessing

Presider May the God of mercy transform you by his grace, and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always.

People **Amen.**

Hymn

Tune: Mannheim

Lead us, heavenly Father, lead us o'er the world's tempestuous sea;
guard us, guide us, keep us, feed us, for we have no help but thee;
yet possessing every blessing if our God our Father be.

Saviour, breathe forgiveness o'er us; all our weakness thou dost know;
thou didst tread this earth before us, thou didst feel its keenest woe;
lone and dreary, faint and weary, through the desert thou didst go.

Spirit of our God, descending, fill our hearts with heavenly joy,
love with every passion blending, pleasure that can never cloy;
thus provided, pardoned, guided, nothing can our peace destroy.

Text: James Edmeston; Music: Melody Friedrich Filitz; adapt. Thomas Binney; harm. Lowell Mason, alt.

Dismissal

Deacon of the Mass Followers of Jesus Christ, inspired by the Holy Spirit, serve the world that God loves.

People **Thanks be to God.**

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