



The Third Sunday in Lent

March 8, 2026

Choral Eucharist at 11:00am

*The Cathedral Church of St. James
Diocese of Toronto • Anglican Church of Canada*

Welcome to St. James Cathedral

This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, and the Métis peoples, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

Liturgical Note:

In the context of Christian Liturgy, Israel does not refer to the current political state, but either to the historic Hebrews of the ancient Near East or, in Christian theology, to all people who put their faith and trust in Jesus Christ.

For more information, visit our website by clicking the QR code on the right.



Want to stay informed about what is happening at your Cathedral?
Sign up for **E-Connections** on our website at www.stjamescathedral.ca
(scroll to the bottom of the page).

Questions? Speak to a sidesperson – the people wearing gold name tags.

Children & Families

Sunday School meets every week at the 11:00am service.

Please email Karyne Whalen at kwhalen@stjamescathedral.ca for more information.

For more information on our Children's Community Choir,
please email Director Cara Halpin at chalpin@stjamescathedral.ca

Accessibility

A Wheelchair Accessible all-gender Washroom is located
at the front of the Cathedral through the doors by the pulpit.
Assisted hearing devices are available from the sidespersons.

Coffee Hour

Please join us at Snell Hall following the 9:00am & 11:00am service.

Parking

There are a range of affordable parking lots available around the Cathedral.

Please see the leaflets at the back of the Cathedral or
online at stjamescathedral.ca/contact for more information.

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*As this is a very public and open space, please be aware of your personal belongings.
Do not leave them unattended in the Cathedral or in the Cathedral Centre.*

Today at St. James

Presider: The Reverend Matthew Waterman

Homilist: The Reverend Canon Beth Benson

Deacon of the Mass: The Reverend Lynn Braye

Anointer: The Reverend Canon Kristen Pitts

Sub-Deacon: David Grant

First Reader: Yosola Sholagbade-Adeoye • Second Reader: Nancy Conn

Intercessor: George McNeillie • Honorary Verger: Paul D. Seddon, ODT

*Communion Ministers: David Grant, Yvonne Joseph, Gordon Robison,
Billie-Anne Robinson and Paul Seddon*

Director of Music & Organist: Thomas Bell • Associate Organist: Jean-Paul Feo

Wayne Vance Organ Scholar: Joshua Duncan Lee

Sung by The Choir of St. James Cathedral

Welcome! We are glad you have joined us for worship this morning.

Please ensure that cell phones are muted.

THE GATHERING OF THE COMMUNITY

Our practice during this liturgy is to stand when we sing and during the proclamation of the Gospel, sit for other Scripture readings (including the Psalm) and the Homily, and stand, sit, or kneel for prayer. These are guidelines and we invite you to assume a posture that is most comfortable for you during the service.

Music of the Mass: Morning Service 'Collegium Regale' by Herbert Howells

Prelude

Welcome & Announcements

Presider The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People **And with thy spirit.**

Presider Almighty God,

People **unto whom all hearts be open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name; through Christ our Lord. Amen.**

Presider Bless the Lord who forgives all our sins.

People **God's mercy endures for ever.**

Confession and Absolution

Presider Dear friends in Christ, as we prepare for the Paschal Feast, continuing in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers, let us make ready our hearts to renew the covenant of our baptism.

By the grace of God, we persevere in resisting evil, and we know that whenever we fall into sin, repent, and return to the Lord, God will forgive our sins. Let us now confess our sins to Almighty God.

Silence is kept.

Presider Holy and immortal God,

All **we confess to you, to one another, and to the whole communion of saints, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone. In your great mercy, forgive us and restore us, that we may delight in your will, and walk in your ways to the glory of your name. Amen.**

Kyrie Eleison

Choir Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

Presider Almighty God have mercy upon you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life;

People **Amen.**

During the Hymn, children are invited to gather at the chancel steps before proceeding to the Library for Sunday School; they will return at the offertory.

Hymn

Tune: Gwalchmai

All King of glory, King of peace,
I will love thee;
and that love may never cease,
I will move thee.
Thou hast granted my request,
thou hast heard me;
thou didst note my working breast,
thou hast spared me.

Wherefore with my utmost art
I will sing thee,
and the cream of all my heart
I will bring thee.
Though my sins against me cried,
thou didst clear me;
and alone, when they replied,
thou didst hear me.

Seven whole days, not one in seven,
I will praise thee;
in my heart, though not in heaven,
I can raise thee.
Small it is, in this poor sort
to enrol thee:
even eternity's too short
to extol thee.

Text: George Herbert; Music: Joseph David Jones;

Collect of the Day

Presider Let us pray.

Gracious God, you provide us with living water in abundance for all to share. Nourish us with this abundance, so that we may be streams of living water to those who thirst for you; through Jesus Christ, the rock of our salvation.

People **Amen.**

THE PROCLAMATION OF THE WORD

The First Reading

Job 19:23-27, 28:20-28

Reader And Job said: ‘O that my words were written down! O that they were inscribed in a book! O that with an iron pen and with lead they were engraved on a rock for ever! For I know that my Redeemer lives, and that at the last he will stand upon the earth; and after my skin has been thus destroyed, then in my flesh I shall see God, whom I shall see on my side, and my eyes shall behold, and not another. My heart faints within me!

‘Where then does wisdom come from? And where is the place of understanding? It is hidden from the eyes of all living, and concealed from the birds of the air. Abaddon and Death say, “We have heard a rumour of it with our ears.”

‘God understands the way to it, and he knows its place. For he looks to the ends of the earth, and sees everything under the heavens. When he gave to the wind its weight, and apportioned out the waters by measure; when he made a decree for the rain, and a way for the thunderbolt; then he saw it and declared it; he established it, and searched it out. And he said to humankind, “Truly, the fear of the Lord, that is wisdom; and to depart from evil is understanding.”’

Reader The word of the Lord.

People **Thanks be to God.**

Psalm 95

Chant by Derek Holman

Choir O come, let us sing to the Lord;
let us heartily rejoice in the rock of our salvation.
Let us come into his presence with thanksgiving
and be glad in him with psalms.
For the Lord is a great God
and a great king above all gods.
In his hand are the depths of the earth
and the heights of the mountains are his also.

The sea is his, for he made it,
 and his hands have moulded the dry land.
 Come, let us worship and bow down
 and kneel before the Lord our Maker.
 For he is our God;
 we are the people of his pasture and the sheep of his hand.
 O that today you would listen to his voice:
 ‘Harden not your hearts as at Meribah,
 on that day at Massah in the wilderness,
 ‘When your forebears tested me, and put me to the proof,
 though they had seen my works.
 ‘Forty years long I detested that generation and said,
 “This people are wayward in their hearts;
 they do not know my ways.”
 ‘So I swore in my wrath,
 “They shall not enter into my rest.”’

The Second Reading

Romans 5:1-11

Reader

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader

The word of the Lord.

People

Thanks be to God.

Gospel Acclamation

T. Bell



People

Praise to you, O Christ, King of eternal glory.

Choir

Lord, you are indeed the Saviour of the world. Give us living water, that we may not thirst.

People

Praise to you, O Christ, King of eternal glory.

The Holy Gospel

John 4:5-30, 39-42

Deacon

The Lord be with you.

People

And with thy spirit.

Deacon

The Holy Gospel of our Lord Jesus Christ according to John.

People

Glory be to thee, O Lord.

Narrator

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and he, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water.

Jesus

'Give me a drink'.

Narrator

His disciples had gone to the city to buy food.

Woman

'How is it that you, a Jew, ask a drink of me, a woman of Samaria?'

Narrator

Jews do not share things in common with Samaritans.

Jesus

'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.'

Woman

'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?'

Jesus

'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.'

Woman

'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

Jesus 'Go, call your husband, and come back.'

Woman 'I have no husband.'

Jesus 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you have now is not your husband. What you have said is true!'

Woman 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.'

Jesus 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.'

Woman 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.'

Jesus 'I am he, the one who is speaking to you.'

Narrator Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' Then the woman left her water-jar and went back to the city. She said to the people,

Woman 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?'

Narrator They left the city and were on their way to him. Many Samaritans from that city believed in him because of the woman's testimony, 'He told me everything I have ever done.' So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

Deacon The Gospel of Christ. *People* **Praise be to thee, O Christ.**

Homily **The Fear of the Lord: Holding on in the Dark**

The Apostles' Creed

Presider Let us confess the faith of our baptism.

Do you believe in God the Father?

People **I believe in God, The Father almighty, creator of heaven and earth.**

Presider Do you believe in Jesus Christ, the Son of God?

People **I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.**

Presider Do you believe in God the Holy Spirit?

People **I believe in God the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

The Prayers of the People

Presider Reconciled by God's mercy and sustained by God's presence, let us pray for the world and its needs, saying, "Hear us, O God. Your mercy is great."

Silence

Intercessor Hear us, O God.

People **Your mercy is great.**

At the conclusion of the prayers.

Presider Eternal God, receive our prayers, and grant that what we have asked in faith we may by your grace receive; through Jesus Christ, our strength and salvation.

People **Amen.**

The Peace

Presider The peace of the Lord be always with you.

People **And with thy spirit.**

We offer each other a sign of peace.

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THE CELEBRATION OF THE EUCHARIST

An offering will now be taken to support the life and ministry of the Cathedral.

Offertory Hymn

Tune: Kingsfold

All I heard the voice of Jesus say, "Come unto me and rest;
lay down, thou weary one, lay down thy head upon my breast."
I came to Jesus as I was, so weary, worn, and sad;
I found in him a resting place, and he has made me glad.

I heard the voice of Jesus say, "Behold, I freely give
the living water; thirsty one, stoop down and drink and live."
I came to Jesus and I drank of that life-giving stream;
my thirst was quenched, my soul revived, and now I live in him.

I heard the voice of Jesus say, "I am this dark world's light;
look unto me, thy morn shall rise, and all thy day be bright."
I looked to Jesus and I found in him my star, my sun;
and in that light of life I'll walk till travelling days are done.

Text: Horatius Bonar; Music: Melody English trad.; coll. Lucy Broadwood; adapt and harm. Ralph Vaughan Williams;

Prayer over the Gifts

Presider Spring of life and Source of goodness, receive all we offer you this day, and
bring us to the living water, Jesus Christ, your Son our Lord.

People **Amen.**

The Great Thanksgiving

Presider The Lord be with you.

People **And with thy spirit.**

Presider Lift up your hearts.

People **We lift them up unto the Lord.**

Presider Let us give thanks unto our Lord God.

People **It is meet and right so to do.**

Presider It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things.

Who hast bidden us thy faithful people to cleanse our hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism, and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in works of love.

Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

Sanctus & Benedictus

Choir Holy, holy, holy, Lord God of Hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most high. Blessed is he that cometh in the name of the Lord: Hosanna in the highest.

Presider All glory be to thee, O Lord our God, who didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again; who, in the same night that he was betrayed, took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my blood of the new covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory. And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the body and blood of thy dearly-beloved Son Jesus Christ.

People **We praise thee, we bless thee, we thank thee, and we pray to thee, Lord our God.**

Presider And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, ourselves, our souls and bodies. Grant, we beseech thee, that all who partake of this holy communion may worthily receive the most precious body and blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Spirit all honour and glory be unto thee, O Father Almighty, world without end.

People **Amen.**

The Lord's Prayer

Merbecke

Presider And now, as our Saviour Christ hath taught us, we are bold to say:

Presider *All*

Our Fa-ther; who art in heav-en, hal-low-ed be thy name, thy king-dom come,
thy will be done, on earth as it is in heav-en. Give us this day our dai-ly bread,
And for-give us our tres-pass-es, as we for-give them that tres-pass a-gainst us.
And lead us not in-to temp-ta-tion, but de-liv-er us from e-vil.
For thine is the king-dom, the pow-er and the glo-ry, for-ev-er and ev-er. A - men.

Silence

The Breaking of the Bread

Presider Christ our Passover is sacrificed for us;

All **Therefore, let us keep the feast.**

The Communion

Presider The gifts of God for the People of God.

People **Thanks be to God.**

Agnus Dei

Choir O Lamb of God, that takest away the sin of the world, have mercy upon us.
O Lamb of God, that takest away the sin of the world, have mercy upon us.
O Lamb of God, that takest away the sin of the world, grant us thy peace.

- *All are welcome to receive the Holy Sacrament or a blessing (indicate by crossing your hands over your chest).*
- *Please approach the High Altar in **single file and fill the altar rail from the right side.** Exit through the door by the organ.*
- *Gluten-free hosts are available upon request at the Lady Chapel (at the front of the right aisle).*
- *It is not permitted to dip the bread in the wine for health reasons.*
- *Prayers for healing and anointing are available at the Baptistry.*

Motet Morning Glory, Starlit Sky

Choir Morning glory, starlit sky, soaring music, scholar's truth,
flight of swallows, autumn leaves, memory's treasure, grace of youth:

Open are the gifts of God, gifts of love to mind and sense;
hidden is love's agony, love's endeavor, love's expense.

Love that gives, gives ever more, gives with zeal, with eager hands,
spares not, keeps not, all outpours, ventures all its all expends.

Drained is love in making full, bound in setting others free,
poor in making many rich, weak in giving power to be.

Therefore he who shows us God helpless hangs upon the tree;
and the nails and crown of thorns tell of what God's love must be.

Here is God: no monarch he, throned in easy state to reign;
here is God, whose arms of love aching, spent, the world sustain.

Communion Hymn

Tune: Pastor Pastorum

All 'Come to me', says Jesus, 'all who are distressed;
take my yoke upon you, I will give you rest.

I am meek and humble, find, with me, release
from false airs and graces; come, and be at peace.'

Hear the call of Jesus, come, be deeply blessed;
his the invitation, you the honoured guest.

Here, where bread is broken, here, where wine is poured,
thankfully receive him, find your faith restored.

Pardon, feed and heal us, humble, courteous Lord,
gracious host, for ever honoured and adored.

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Motet
Choir

Deliver Me From Mine Enemies

Robert Parsons

Deliver me from mine enemies, O God.
Defend me from them that rise up against me.
O deliver me from the wicked-doers,
and save me from the blood-thirsty men.
O be thou our help in trouble,
for vain is the help of man.

Prayer after Communion

Presider

Let us pray.

God of our pilgrimage, we have found the living water. Refresh and sustain us as we go forth on our journey, in the name of Jesus Christ the Lord.

People

Amen.

Presider

Glory to God,

People

whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

The Blessing

Presider

May the God of mercy transform you by his grace, and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

People

Amen.

Hymn

Tune: Gerontius

All

Praise to the Holiest in the height, and in the depth be praise,
in all his words most wonderful, most sure in all his ways.

O loving wisdom of our God! When all was sin and shame,
a second Adam to the fight and to the rescue came.

O generous love! that flesh and blood, which did in Adam fail,
should strive afresh against the foe, should strive and should prevail;

and that the highest gift of grace should flesh and blood refine,
God's presence, and his very self, and essence all-divine;

who in the garden secretly, and on the cross on high,
should teach his followers, and inspire to suffer and to die.

Praise to the Holiest in the height, and in the depth be praise,
in all his words most wonderful, most sure in all his ways.

Text: John Henry Newman, alt.;
Music: John Bacchus Dykes;

Dismissal

Deacon Followers of Jesus Christ, inspired by the Holy Spirit, serve the world that
God loves.

People **Thanks be to God.**

Postlude

PRAYER CYCLE

This week, please pray for:
The Episcopal Church in Jerusalem & The Middle East
The Anglican Church Women (ACW) – Janice Hodgson, ODT, Diocesan President
The Sidespersons and Stewards of the Cathedral

PASTORAL CARE

If you know someone who would appreciate a call from our pastoral care team,
please email pastoral@stjamescathedral.ca or call 416-364-7865, press 1 to leave a message.

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St. James Cathedral Connections

Sunday, March 8, 2026

Practice, Not Perfection in Lent from Canon Kristen Pitts

This far into Lent, 40 days can feel longer than expected, and missing a day may bring guilt. But Lent is not about perfection. It's about practice. Missing a day (or a week!) does not mean we have failed at faithfulness any more than a musician who misses a day of exercises has failed at their art. Instead, these moments give us the opportunity to return—and in the lifelong journey of faith, returning to God is itself a valuable practice.

What's On

March 12, 19 & 26 from 1:15pm-2:00pm • Choral Meditations for Lent

Join us for three lunchtime concerts of sacred music and reflection sung by members of the Cathedral Choir and friends. Each 45-minute concert features a centerpiece work of 15th–16th century polyphony on Lenten themes, highlighting lesser-known English and European composers, alongside shorter motets and thematic poetry readings. These meditations offer a time of repose and spiritual reflection, with rare early music gems.

Thursday, March 12, 2026 – "Mercy" - Featuring William Byrd: *Infelix ego*

Thursday, March 19, 2026 – "Mary" - Featuring Robert Fayrfax: *Maria plena virtute*

Thursday, March 26, 2026 – "At the Cross" - Featuring John Browne: *Stabat mater*

Until March 16 • Easter Memorial Flowers in the Cathedral

Remember a loved one this Easter. Please email names to Serena at sli@stjamescathedral.ca. Donations of \$45 (name/couple). Payment: credit card, e-transfer to gifts@stjamescathedral.ca (add "Easter Memorial Flowers"), or website (donation page).

Until March 22 • Faithfulness in the Midst of Suffering during Lent

All are invited to reflect on the Book of Job. Contact info@stjamescathedral.ca or call (416) 364-7865 Ext. 221 to register for the online small group on Wednesdays at 7:00pm.

Questions for Week 3: "The Fear of the Lord: Holding on in the Dark"

Job 15–28 (esp. chapters 19 and 28) - Reading for the Sunday - Job 19:23–27; 28:20-28

1. Job says, "I know that my Redeemer lives," even while he is still suffering. What do you think it means to have faith without clarity?
2. Job protests, questions, and laments, yet still holds on to God. What does this tell us about being honest with God in prayer?
3. Wisdom is not knowing why but knowing whom we trust. How does this change the way we think about wisdom and faith?
4. Christ does not explain suffering away but enters it. How does that shape the way we see God when we are hurting?

☀ What's Next ☀

March 15 at 4:30pm • International Day for Elimination of Racial Discrimination

The International Day for the Elimination of Racial Discrimination, observed annually on March 21, marks the 1960 Sharpeville, South Africa, massacre, where police killed 69 people during a peaceful protest against apartheid "pass laws." Proclaimed by the UN in 1966, this day calls for global action to combat racism, racial discrimination, xenophobia, and related intolerance. We will mark this observance with a Service of "Songs and Readings of Justice & Peace."

March 17 at 2:00pm • Cybersecurity & Online Fraud – Lecture Room

Join the York Group for an engaging presentation on Cybersecurity and Online Fraud. RCMP Cst. Nikolay Kyosev will share insights from his experience investigating scams and financial crimes. Everyone is welcome. No RSVP. Details: stjamescathedral.ca/community/york-group

March 27 at 6:00pm • Family Fun Night

Families, children, and youth of all ages are invited to join us for an evening of fun, food, and fellowship! Dinner and light refreshments provided. RSVP: stjamescathedral.ca/familyfunnight/

March 29 • Annual Hot Cross Bun Fundraiser

Join us in support of the essential work of the Drop-in Centre providing health and foot care clinics. Palm Sunday sales after the 9:00am & 11:00am services. 3 buns for \$5. Cash, credit/debit.

April 3 from 12:00pm to 2:00pm • Step by Step: a Kids' Journey through Holy Week

Children in Grades 1-8 are invited to join in this 2-hour program of stories and hands-on activities that explore Jesus's final days in Jerusalem. Adults may either join children in the program or attend our Good Friday service. RSVP for this activity here: stjamescathedral.ca/holyweek2026

☀ What's Needed ☀

March 27 from 9:00am to 12:00pm • Palm Cross Making

Please join the members of the Altar Guild in the West Aisle of the Cathedral to help make the crosses for Palm Sunday. Join the fun! RSVP: Yosola at yosiegal@hotmail.com

March 28 & 29 • Annual Hot Cross Bun Fundraiser – Call for Volunteers

Volunteers are needed on March 28 (dough and bun-making sessions) and March 29 (bake, frost, and sell on Palm Sunday). Register here: stjamescathedral.ca/hotcrossbuns

Drop-In: Call for Summer Volunteers

Free on Fridays this summer? The Drop-In welcomes your support. Details: Kathy Biasi- Outreach Manager at kbiasi@stjamescathedral.ca, 416-364-7865 Ext. 221 or stjamescathedral.ca/dropin

Cathedral Choir

Welcoming experienced singers. Details: stjamescathedral.ca/worship/music/

Change Ringers

Open to new participants. Info: stjamescathedral.ca/worship/change-ringers/

All are welcome to join us for Holy Week and Easter services at St. James



Palm Sunday: March 29

8:00am: Said Eucharist
9:00am: Sung Eucharist. *Blessing of the Palms; Passion Reading from Matthew*
11:00am: Choral Eucharist. *Blessing of the Palms; Passion Reading from Matthew*
4:30pm: Choral Evensong

Holy Monday: March 30

8:00am: Holy Eucharist
8:30am: Morning Prayer (in-person/online)
12:15pm: Holy Eucharist
6:00pm: The Way of the Cross, followed by a reading of "Lent" by Mary Druce

Holy Tuesday: March 31

8:00am: Holy Eucharist
8:30am: Morning Prayer (in-person/online)
11:00am: Chrism Mass
6:00pm: The Way of the Cross

Holy Wednesday: April 1

8:00am: Holy Eucharist
8:30am: Morning Prayer (in-person/online)
12:15pm: Holy Eucharist
6:00pm: "TeneBrass" *A Service of Shadows, Tenebrae & Brass*

Maundy Thursday: April 2

8:30am: Online Morning Prayer
7:00pm: Maundy Thursday Liturgy
Holy Eucharist; Institution of the Lord's Supper; Foot Washing; Stripping of the Altar; Watch at the Altar of Repose and reading of "Lent" by Mary Druce

Good Friday: April 3

11:00am: Confessions at St. George's Chapel
12:00pm-2:00pm: Children & Youth program
(To register for this activity, please visit stjamescathedral.ca/holyweek2026 and complete the form)
12:00pm-3:00pm: Good Friday Liturgy

Holy Saturday: April 4

8:30pm: The Great Vigil of Easter with Holy Baptism

Easter Day: April 5

8:00am: Said Eucharist
9:00am: Sung Eucharist
11:00am: Choral Eucharist
1:30pm: **Easter for Everyone** with Children's Community Choir (**New**)
2:00pm: Easter Egg Hunt
4:30pm: Choral Evensong

For details and to RSVP for our Good Friday Children & Youth activity and the Easter Egg Hunt, please visit: stjamescathedral.ca/holyweek2026

This Week at St. James

Organ Recital: Tuesday at 1:00pm. Organist: Bruce Burbidge (Christ's Church Cathedral).

Scripture Circle: In-person on Wednesdays at 11:00am in the Cathedral Centre.

Drop-In: Fridays 1:30pm-3:30pm. Details: stjamescathedral.ca/community/dropin

Children's Choir: No rehearsals March 14 & 21. Rehearsals resume on March 28 at 9:30am.

Info: stjamescathedral.ca/childrenschoir/

St. James Cathedral Sunday Services

We offer a range of services that reflect our Anglican heritage.

8:00am Said Eucharist Simple Communion service in traditional language

9:00am Worship Together All-ages Communion service with music*

11:00am Choral Eucharist Sensory-rich service with the Cathedral Choir & Sunday School*

4:30pm Choral Evensong Meditative prayer service with the St. James Cathedral Choir

**Please join us for Coffee Hour in Snell Hall after the 9:00am and 11:00am services.*

Next Sunday's Scripture: Mar. 15 – The 4th Sunday in Lent

Job 38:1-7; 40:3-14; Psalm 23; Ephesians 5:8-14; John 9:1-41

Weekdays at St. James

Morning Prayer (Online): Join us Monday-Saturday at 8:30am on YouTube or join our live Zoom Chapel Monday-Friday. Details: stjamescathedral.ca/morningprayer

Holy Eucharist: Monday-Saturday at 12:15pm in St. George's Chapel

St. James Cathedral: Open for prayer & tourism, 10:00am-3:00pm, Monday-Saturday

St. James Cathedral Centre: Open 9:00am-4:00pm, Monday-Friday

Weekly Newsletter: Sign up at stjamescathedral.ca. Confirm your email after registration

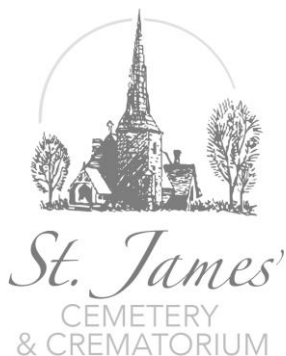
DID YOU KNOW?

St. James Cathedral is open for prayer from
10:00am - 3:00pm every Monday - Saturday.

Thank you for your support!

Your generosity ensures that St. James Cathedral remains a symbol of God's presence in our city.

Scan to donate or visit stjamescathedral.ca/donate/give-online/



St. James Cemetery & Crematorium

Monthly Eucharist:

First Wednesday of each month at 11:00am

Did you know?

St. James Cemetery offers a full range of cremation and burial services. Pre-planning assures your wishes are honoured and provides support for your loved ones as they grieve.

Our caring team is here to help. Visit stjamescemetery.ca or contact us at 416-964-9194 or cemetery@stjamescathedral.ca