

# St. James Cathedral Connections

Sunday, March 15, 2026

## **Practice, Not Perfection in Lent from Canon Kristen Pitts**

This far into Lent, 40 days can feel longer than expected, and missing a day may bring guilt. But Lent is not about perfection. It's about practice. Missing a day (or a week!) does not mean we have failed at faithfulness any more than a musician who misses a day of exercises has failed at their art. Instead, these moments give us the opportunity to return—and in the lifelong journey of faith, returning to God is itself a valuable practice.

## What's On

### **March 17 at 2:00pm • Cybersecurity & Online Fraud – Lecture Room**

Join the York Group for an engaging presentation on Cybersecurity and Online Fraud. RCMP Cst. Nikolay Kyosev will share insights from his experience investigating scams and financial crimes. Everyone is welcome. No RSVP. Details: [stjamescathedral.ca/community/york-group](http://stjamescathedral.ca/community/york-group)

### **March 19 & 26 from 1:15pm-2:00pm • Choral Meditations for Lent**

Join us for lunchtime concerts of sacred music and reflection sung by members of the Cathedral Choir and friends. Each 45-minute concert features a centerpiece work of 15th–16th century polyphony on Lenten themes, highlighting lesser-known English and European composers, alongside shorter motets and thematic poetry readings. These meditations offer a time of repose and spiritual reflection, with rare early music gems.

**Thursday, March 19: "Mary"** - Featuring Robert Fayrfax: *Maria plena virtute*

**Thursday, March 26: "At the Cross"** - Featuring John Browne: *Stabat mater*

### **Until March 22 • Faithfulness in the Midst of Suffering during Lent**

All are invited to reflect on the Book of Job. Contact [info@stjamescathedral.ca](mailto:info@stjamescathedral.ca) or call (416) 364-7865 Ext. 221 to register for the online small group on Wednesdays at 7:00pm.

### **Questions for Week 4: "Out of the Whirlwind" (Job 38–41)**

1. God responds to Job with questions rather than explanations. Why do you think God chooses this way of speaking?
2. After hearing God speak from the whirlwind, Job becomes silent and humble. What do you think caused this change in him?
3. What does God's speech teach us about the difference between God's perspective and our own?
4. God never explains Job's suffering, yet Job learns to trust God more deeply. What might it mean for us to trust God even when we don't get answers?

## What's Next

### **March 27 at 6:00pm • Family Fun Night**

Families, children, and youth of all ages are invited to join us for an evening of fun, food, and fellowship! Dinner and light refreshments provided. RSVP: [stjamescathedral.ca/familyfunnight/](http://stjamescathedral.ca/familyfunnight/)

### **March 29 • Support the Annual Hot Cross Bun Fundraiser**

Support the essential work of the Drop-In program in providing health and foot care clinics. Palm Sunday sales after the 9:00am & 11:00am services. 3 buns for \$5. Cash, credit/debit.

### **April 3 from 12:00pm to 2:00pm • Step by Step: a Kids' Journey through Holy Week**

Children in Grades 1-8 are invited to join in this 2-hour program of stories and hands-on activities that explore Jesus's final days in Jerusalem. RSVP here: [stjamescathedral.ca/holyweek2026](http://stjamescathedral.ca/holyweek2026)

### **April 5 • Easter for Everyone & Annual Egg Hunt**

Join us for a special Easter afternoon for families and children. At 1:30pm, we will gather for *Easter for Everyone*, a 30-minute family-friendly service featuring the Children's Community Choir and our Annual Easter Egg Hunt at 2:00pm. RSVP: [stjamescathedral.ca/easter](http://stjamescathedral.ca/easter)

### **April 26 at 11:00am • St. George's Society**

We will welcome members of the St. George's Society to the Choral Eucharist at 11:00am.

### **April 26 at 4:30pm • Diocesan Confirmation Service**

Join us as we celebrate Holy Confirmation and share in this joyful occasion.

### **May 23 & 24 • Doors Open 2026**

Mark your calendars! We are looking forward to welcoming thousands of visitors over the Doors Open weekend at St. James Cathedral and St. James Cemetery. More to come, stay tuned.

## What's Needed

### **March 27 from 9:00am to 12:00pm • Palm Cross Making**

Please join the members of the Altar Guild in the West Aisle of the Cathedral to help make the crosses for Palm Sunday. To RSVP, please get in touch with Yosola at [yosiegal@hotmail.com](mailto:yosiegal@hotmail.com)

### **March 28 & 29 • Annual Hot Cross Bun Fundraiser – Volunteers Wanted**

Volunteers are needed on March 28 (dough and bun-making sessions) and March 29 (bake, frost, and sell on Palm Sunday). Register here: [stjamescathedral.ca/hotcrossbuns](http://stjamescathedral.ca/hotcrossbuns)

### **April 5 at 2:00pm • Annual Easter Egg Hunt - Volunteers Needed**

We need help hiding/replenishing eggs, supervising the hunt, or serving refreshments. No experience needed, all ages welcome. Contact Karyne Whalen at [kwhalen@stjamescathedral.ca](mailto:kwhalen@stjamescathedral.ca)

### **Drop-In • Call for Spring & Summer Volunteers**

Free on Fridays? The Drop-In welcomes your support. Details: Kathy Biasi- Outreach Manager at [kbiasi@stjamescathedral.ca](mailto:kbiasi@stjamescathedral.ca), 416-364-7865 Ext. 221 or [stjamescathedral.ca/dropin](http://stjamescathedral.ca/dropin)

**All are welcome to join us for Holy Week and Easter services at St. James**



**Palm Sunday: March 29**

**8:00am:** Said Eucharist  
**9:00am:** Sung Eucharist. *Blessing of the Palms; Passion Reading from Matthew*  
**11:00am:** Choral Eucharist. *Blessing of the Palms; Passion Reading from Matthew*  
**4:30pm:** Choral Evensong

**Holy Monday: March 30**

**8:00am:** Holy Eucharist  
**8:30am:** Morning Prayer (in-person/online)  
**12:15pm:** Holy Eucharist  
**6:00pm:** The Way of the Cross, followed by a reading of “Lent” by Mary Druce

**Holy Tuesday: March 31**

**8:00am:** Holy Eucharist  
**8:30am:** Morning Prayer (in-person/online)  
**11:00am:** Chrism Mass  
**6:00pm:** The Way of the Cross

**Holy Wednesday: April 1**

**8:00am:** Holy Eucharist  
**8:30am:** Morning Prayer (in-person/online)  
**12:15pm:** Holy Eucharist  
**6:00pm:** “TeneBrass” *A Service of Shadows, Tenebrae & Brass*

**Maundy Thursday: April 2**

**8:30am:** Online Morning Prayer  
**7:00pm:** Maundy Thursday Liturgy  
*Holy Eucharist; Institution of the Lord’s Supper; Foot Washing; Stripping of the Altar; Watch at the Altar of Repose and reading of “Lent” by Mary Druce*

**Good Friday: April 3**

**11:00am:** Confessions at St. George’s Chapel  
**12:00pm-2:00pm:** Children & Youth program – Good Friday for Kids (New - Please RSVP)  
**12:00pm-3:00pm:** Good Friday Liturgy

**Holy Saturday: April 4**

**8:30pm:** The Great Vigil of Easter with Holy Baptism

**Easter Day: April 5**

**8:00am:** Said Eucharist  
**9:00am:** Sung Eucharist  
**11:00am:** Choral Eucharist  
**1:30pm:** Easter for Everyone with Children’s Community Choir (New)  
**2:00pm:** Easter Egg Hunt (Please RSVP)  
**4:30pm:** Choral Evensong

**For more information and to RSVP (Good Friday for kids and Easter Egg Hunt), please visit:**  
[stjamescathedral.ca/holyweek2026](http://stjamescathedral.ca/holyweek2026)

## This Week at St. James

Canon Kristen Pitts will be away from March 16-22.

**Organ Recital:** Tuesday at 1:00pm. Organist: Jean-Paul Feo (St. James Cathedral).

**Scripture Circle:** In-person on Wednesdays at 11:00am in the Cathedral Centre.

**Drop-In:** Fridays 1:30pm-3:30pm. Details: [stjamescathedral.ca/community/dropin](http://stjamescathedral.ca/community/dropin)

**Children's Choir:** No rehearsal on March 21. Rehearsals resume on March 28 at 9:30am.

Info: [stjamescathedral.ca/childrenschoir/](http://stjamescathedral.ca/childrenschoir/)

## St. James Cathedral Sunday Services

We offer a range of services that reflect our Anglican heritage.

**8:00am Said Eucharist** Simple Communion service in traditional language

**9:00am Worship Together** All-ages Communion service with music\*

**11:00am Choral Eucharist** Sensory-rich service with the Cathedral Choir & Sunday School\*

**4:30pm Choral Evensong** Meditative prayer service with the St. James Cathedral Choir

*\*Please join us for Coffee Hour in Snell Hall after the 9:00am and 11:00am services.*

## Next Sunday's Scripture: Mar. 22 – The 5th Sunday in Lent

Job 42:1-6, 10-17; Psalm 130; Romans 8:6-11; John 11:1-45

## Weekdays at St. James

**Morning Prayer (Online):** Join us Monday-Saturday at 8:30am on YouTube or join our live Zoom Chapel Monday-Friday. Details: [stjamescathedral.ca/morningprayer](http://stjamescathedral.ca/morningprayer)

**Holy Eucharist:** Monday-Saturday at 12:15pm in St. George's Chapel

**St. James Cathedral:** Open for prayer & tourism, 10:00am-3:00pm, Monday-Saturday

**St. James Cathedral Centre:** Open 9:00am-4:00pm, Monday-Friday

**Weekly Newsletter:** Sign up at [stjamescathedral.ca](http://stjamescathedral.ca). Confirm your email after registration

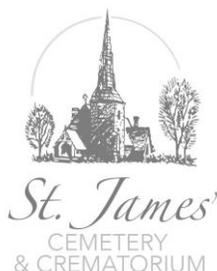
**DID YOU KNOW?**

St. James Cathedral is open for prayer from  
10:00am - 3:00pm every Monday - Saturday.

## Thank you for your support!

Your generosity ensures that St. James Cathedral remains a symbol of God's presence in our city.

Scan to donate or visit [stjamescathedral.ca/donate/give-online/](http://stjamescathedral.ca/donate/give-online/)



## St. James Cemetery & Crematorium

**Monthly Eucharist** First Wednesday of each month at 11:00am

**Did you know?** St. James Cemetery offers a full range of cremation and burial services. Pre-planning assures your wishes are honoured and provides support for your loved ones as they grieve. Our caring team is here to help. For more information, please visit [stjamescemetery.ca](http://stjamescemetery.ca) or contact us at 416-964-9194 or [cemetery@stjamescathedral.ca](mailto:cemetery@stjamescathedral.ca)