

# St. James Cathedral Connections

Sunday, February 22, 2026

Today at 4:30pm • Snell Lecture on Black Sacred Music & Andraé Crouch  
Followed by a reception and international potluck in Snell Hall at 6:00pm.

## Lent at St. James

### A Lenten Message from Dean Stephen

When we think about Lent, we often focus on giving things up. We change our consumption of food and drink, TV and social media, or maybe address some habits we hope to break. That's all good as far as it goes. But the real purpose of simplifying our lives in Lent is to *take* something up more than to *give* something up. We de-clutter our interior lives in order to have *more* space for God, for prayer, for service, for people, for love. May each of us find space to cultivate the habits of a disciple of Jesus this Lent.

### Journey with Job through Lent • An Invitation from Vicar Stephen

In our tradition, the rhythm of daily life is reflected in our liturgical life. Highs and lows, pleasure and pain, joy and sorrow all find their way in Anglican worship and ongoing formation. Lent takes us from the glory of Christmas, through the wilderness of temptation and the passion, to the glory of the Cross and beyond.

At the conclusion of our Lenten study last year, a request was made for a deeper engagement with the Book of Job. This ancient and unsettling text gives voice to faithful people who suffer, question, protest, and yet remain in relationship with God. Job refuses easy answers. Instead, it invites honest prayer, courageous lament, and trust that endures even when explanations fail. During Lent, we will reflect on Job through Sunday sermons and Wednesday small group conversations (details below).

All are invited to listen, wrestle, and pray together, trusting that God meets us even in the darkest questions. Have a Holy Lent.

### Deepen Your Journey with Job • Resources to Explore

As we dive into the book of Job this Lent, consider these resources to enhance your own exploration of this scripture and its themes of loss, despair, and seeking meaning in times of suffering:

- Bible Commentary: *On Job* by Gustavo Gutiérrez: This book from a renowned liberation theologian connects the story of Job to the plight of oppressed peoples in our time.

- Memoir: *Everything Happens for a Reason (and Other Lies I've Loved)* by Kate Bowler: This honest and humorous book traces the Duke Divinity School professor's journey following a serious diagnosis in her mid-30s.
- Poetry: *Prayer in Wind* by Eva Saulitis: This volume by marine biologist Eva Saulitis beautifully explores her unexpected urge to pray following a diagnosis of metastatic breast cancer.
- Music: *Journey with Job* - Spotify Playlist: We've compiled a playlist of songs, both sacred and secular, that express the reality of hopelessness and grief alongside the desire to trust in God through it all. Scan the QR to access.



## ☀ What's On ☀

### Feb. 22 – Mar. 22 • Faithfulness in the Midst of Suffering during Lent



We will be reflecting on the Book of Job during sermons on Sundays and small online group conversations on Wednesdays under the theme “Faithfulness in the Midst of Suffering.” Our journey will move from “Blameless and Broken” (Job 1–2), to “When Friends Fail and God Is Silent” (Job 3–14), to “The Fear of the Lord: Holding on in the Dark” (Job 15–28), to “Out of the Whirlwind” (Job 38–41), and finally “Seeing God Anew” (Job 42). Contact [info@stjamescathedral.ca](mailto:info@stjamescathedral.ca) or (416)364-7865 Ext. 221 to register for online group discussions (Wednesdays at 7:00pm). Info: [stjamescathedral.ca/lent](http://stjamescathedral.ca/lent)

### Easter Memorial Flowers

Remember a loved one this Easter through memorial flowers placed in the Cathedral for the season. Email names to Serena Li at [sli@stjamescathedral.ca](mailto:sli@stjamescathedral.ca). Donations of \$45 or more per name/couple. Payment: E-transfer to [gifts@stjamescathedral.ca](mailto:gifts@stjamescathedral.ca) (include “Easter Memorial Flowers” in your message), credit card, or website. Deadline: Monday, March 16.

### Rev. Matthew's Ongoing Ministry at St. James



We are glad to share that after concluding his curacy in May, the Rev. Matthew Waterman will continue his ministry at the Cathedral as an Associate Priest. We are grateful for the many gifts he brings to our community, and we continue to uphold him in our prayers.

## ☀ What's Next ☀

### Mar. 7 at 2:00pm • World Day of Prayer 2026 – Women of Nigeria

All are invited to attend the ecumenical worship service at St. Andrew's Presbyterian Church.

### Mar. 8 at 1:00pm • In-person Baptism Classes begin

Join Rev. Matthew Waterman for an introduction to the Christian faith and preparation for the Easter Vigil on April 4. RSVP required. Email Rev. Matthew at [mwaterman@stjamescathedral.ca](mailto:mwaterman@stjamescathedral.ca)

# ☀ What's Needed ☀

## **WORSHIP TOGETHER** Sundays at 9:00am



### **Help us Worship Together • Looking for Volunteers**

Support our 9:00am Worship Together service by volunteering as a Greeter, Reader, Prayer Leader, or Hospitality Team member.

These roles are open to everyone. Details: Rev. Matthew Waterman at [mwaterman@stjamescathedral.ca](mailto:mwaterman@stjamescathedral.ca)

### **St. James Outreach Program • Volunteers needed for two working groups**

Love trivia & teamwork? Join the working group for our upcoming Trivia Night fundraiser, supporting foot care for Drop-In participants. We are also seeking members for the Drop-In Program Working Group to strengthen St. James Drop-In programming over the next 2 years. Details: Kathy Biasi at [kbiasi@stjamescathedral.ca](mailto:kbiasi@stjamescathedral.ca), 416-364-7865, [stjamescathedral.ca/dropin](http://stjamescathedral.ca/dropin)

### **This Week at St. James**

The Rev. Matthew Waterman is away from Feb. 23 – Mar. 1.

**Organ Recital:** Tuesday at 1:00pm. Organist: Eric Tyson (UK).

**Scripture Circle:** In-person on Wednesdays at 11:00am in the Cathedral Centre.

**Drop-In:** Fridays 1:30pm-3:30pm. Details: [stjamescathedral.ca/community/drop-in](http://stjamescathedral.ca/community/drop-in)

**(New) Cathedral Tours:** Feb. 28 at 11:00am & Mar. 3 at 1:45pm.

**Cathedral Choir:** Welcoming experienced singers. Details: [stjamescathedral.ca/worship/music/](http://stjamescathedral.ca/worship/music/)

**Change Ringers:** Open to new participants. Info: [stjamescathedral.ca/worship/change-ringers/](http://stjamescathedral.ca/worship/change-ringers/)

**Children's Choir:** Rehearsals on Saturdays at 9:30am. Info: [stjamescathedral.ca/childrenschoir/](http://stjamescathedral.ca/childrenschoir/)

### **St. James Cathedral Sunday Services**

We offer a range of services that reflect our Anglican heritage.

**8:00am Said Eucharist** Simple Communion service in traditional language

**9:00am Worship Together** All-ages Communion service with music\*

**11:00am Choral Eucharist** Sensory-rich service with the Cathedral Choir & Sunday School\*

**4:30pm Choral Evensong** Meditative prayer service with the St. James Cathedral Choir

*\*Please join us for Coffee Hour in Snell Hall after the 9:00am and 11:00am services.*

### **Next Sunday's Scripture: The Second Sunday in Lent**

Job 3:1-4, 5:17-27, 6:1-4; Psalm 12; Romans 4.1-5, 13-17; John 3.1-17

### **Weekdays at St. James**

**Morning Prayer (Online):** Join us Monday-Saturday at 8:30am on YouTube or join our live Zoom Chapel Monday-Friday. Details: [stjamescathedral.ca/morningprayer](http://stjamescathedral.ca/morningprayer)

**Holy Eucharist:** Monday-Saturday at 12:15pm in St. George's Chapel

**St. James Cathedral:** Open for prayer & tourism, 10:00am-3:00pm, Monday-Saturday

**St. James Cathedral Centre:** Open 9:00am-4:00pm, Monday-Friday

**Weekly Newsletter:** Sign up at [stjamescathedral.ca](http://stjamescathedral.ca). Confirm your email after registration