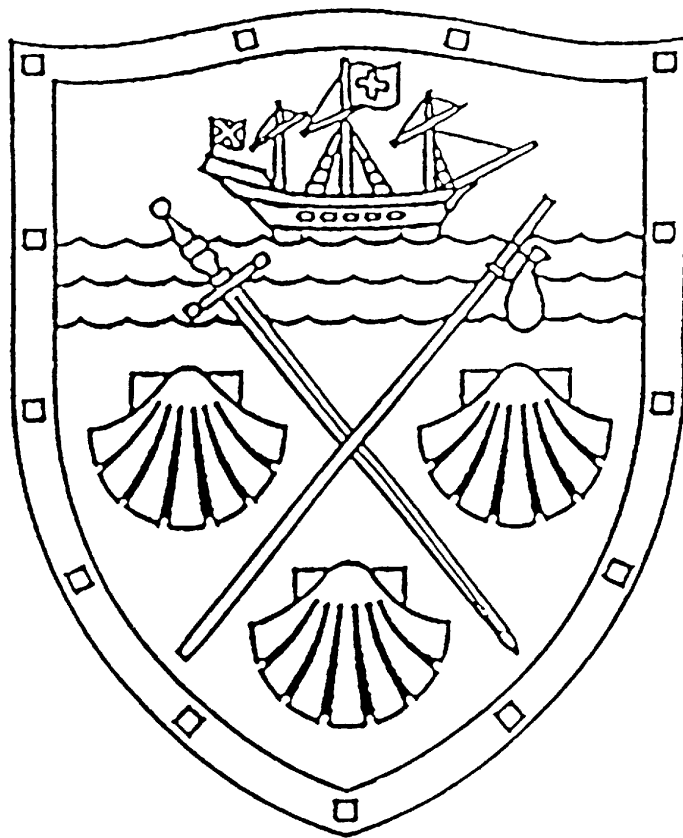




The Tenth Sunday After Pentecost

August 2, 2026

Choral Evensong at 4:30pm

*The Cathedral Church of St. James
Diocese of Toronto • Anglican Church of Canada*

Welcome to St. James Cathedral

This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, and the Métis peoples, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

Liturgical Note:

In the context of Christian Liturgy, Israel does not refer to the current political state, but either to the historic Hebrews of the ancient Near East or, in Christian theology, to all people who put their faith and trust in Jesus Christ.

For more information, visit our website by clicking the QR code on the right.



Want to stay informed about what is happening at your Cathedral?
Sign up for **E-Connections** on our website at www.stjamescathedral.ca
(scroll to the bottom of the page).

Questions? Speak to a sidesperson – the people wearing gold name tags.

Children & Families

Sunday School meets every week at the 11:00am service.

Please email Karyne Whalen at kwhalen@stjamescathedral.ca for more information.

For more information on our Children's Community Choir,
please email Director Cara Halpin at chalpin@stjamescathedral.ca

Accessibility

A Wheelchair Accessible All-gender Washroom is located
at the front of the Cathedral through the doors by the pulpit.

Assisted hearing devices are available from the sidespersons.

Coffee Hour

Please join us at Snell Hall following the 9:00am and 11:00am service.

Parking

There are a range of affordable parking lots available around the Cathedral.

Please see the leaflets at the back of the Cathedral or
online at stjamescathedral.ca/contact for more information.

Connect with the Cathedral

Visit our website at stjamescathedral.ca | Follow us on Facebook at facebook.com/stjamesto

*As this is a very public and open space, please be aware of your personal belongings.
Do not leave them unattended in the Cathedral or in the Cathedral Centre.*

Today at St. James

Officiant & Homilist: The Reverend Canon Kristen Pitts

Lector: William Cowling

Director of Music & Organist: Thomas Bell

Associate Organist: Jean-Paul Feo

Wayne Vance Organ Scholar: Joshua Duncan Lee

Sung by The Choir of St. James Cathedral

The flowers at the Cathedral are given to the glory of God.

Welcome! We are glad you have joined us for worship.

Please ensure that cell phones are muted.

Choral Evensong

Our practice at Evensong is to stand for the choir processions, the canticles, and the hymn; to sit for the Bible readings, the Psalms and the homily; and to kneel or sit for prayer. You are invited to assume postures that support your comfortable and prayerful engagement in this service.

Prelude

Welcome

Introit **My God, How Wonderful Thou Art**

Richard Scarth

Choir

My God, how wonderful Thou art,
Thy majesty how bright,
How beautiful Thy mercy seat,
in depths of burning light!

How wonderful, how beautiful,
the sight of Thee must be,
Thine endless wisdom, boundless pow'r,
and awful purity.

Father of Jesus, love's reward,
what rapture will it be,
prostrate before Thy throne to lie,
and ever gaze on Thee!

Please stand when the organ plays.

Preces and Responses

William Smith

Cantor

O Lord, open thou our lips;

Choir

And our mouth shall show forth thy praise.

Cantor

O God, make speed to save us;

Choir

O Lord, make haste to help us.

Cantor

Glory be to the Father, and to the Son, and to the Holy Ghost;

Choir

As it was in the beginning, is now, and ever shall be, world without end.
Amen.

Cantor

Praise ye the Lord;

Choir

The Lord's Name be praised.

Psalm 34

Choir

I will bless the Lord at all times;
his praise shall ever be in my mouth.
My soul shall glory in the Lord;
let the humble hear and be glad.

O magnify the Lord with me;
let us exalt his name together.
I sought the Lord and he answered me
and delivered me from all my fears.
Look upon him and be radiant
and your faces shall not be ashamed.
This poor soul cried, and the Lord heard me
and saved me from all my troubles.
The angel of the Lord encamps around those who fear him
and delivers them.
O taste and see that the Lord is gracious;
blessed is the one who trusts in him.
Fear the Lord, all you his holy ones,
for those who fear him lack nothing.
Lions may lack and suffer hunger,
but those who seek the Lord
lack nothing that is good.
Come, my children, and listen to me;
I will teach you the fear of the Lord.
Who is there who delights in life
and longs for days to enjoy good things?
Keep your tongue from evil
and your lips from lying words.
Turn from evil and do good;
seek peace and pursue it.
The eyes of the Lord are upon the righteous
and his ears are open to their cry.
The face of the Lord is against those who do evil,
to root out the remembrance of them from the earth.
The righteous cry and the Lord hears them
and delivers them out of all their troubles.
The Lord is near to the brokenhearted
and will save those who are crushed in spirit.
Many are the troubles of the righteous;
from them all will the Lord deliver them.
He keeps all their bones,
so that not one of them is broken.
But evil shall slay the wicked
and those who hate the righteous will be condemned.
The Lord ransoms the life of his servants
and will condemn none who seek refuge in him.

Glory be to the Father, and to the Son, and to the Holy Ghost; As it was in the beginning, is now, and ever shall be, world without end. Amen.

First Lesson

2 Samuel 6:12-23

Reader

It was told King David, 'The Lord has blessed the household of Obed-edom and all that belongs to him, because of the ark of God.' So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. David danced before the Lord with all his might; David was girded with a linen ephod. So David and all the house of Israel brought up the ark of the Lord with shouting, and with the sound of the trumpet.

As the ark of the Lord came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the Lord; and she despised him in her heart.

They brought in the ark of the Lord, and set it in its place, inside the tent that David had pitched for it; and David offered burnt-offerings and offerings of well-being before the Lord. When David had finished offering the burnt-offerings and the offerings of well-being, he blessed the people in the name of the Lord of hosts, and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

David returned to bless his household. But Michal the daughter of Saul came out to meet David, and said, 'How the king of Israel honoured himself today, uncovering himself today before the eyes of his servants' maids, as any vulgar fellow might shamelessly uncover himself!' David said to Michal, 'It was before the Lord, who chose me in place of your father and all his household, to appoint me as prince over Israel, the people of the Lord, that I have danced before the Lord. I will make myself yet more contemptible than this, and I will be abased in my own eyes; but by the maids of whom you have spoken, by them I shall be held in honour.' And Michal the daughter of Saul had no child to the day of her death.

Reader

Here ends the lesson.

Magnificat

Magnificat in five parts by William Byrd

Choir

My soul doth magnify the Lord,
and my spirit hath rejoiced in God my Saviour.
For he hath regarded the lowliness of his handmaiden.

For behold, from henceforth all generations shall call me blessed.
 For he that is mighty hath magnified me; and holy is his Name.
 And his mercy is on them that fear him throughout all generations.
 He hath showed strength with his arm;
 he hath scattered the proud in the imagination of their hearts.
 He hath put down the mighty from their seat,
 and hath exalted the humble and meek.
 He hath filled the hungry with good things;
 and the rich he hath sent empty away.
 He remembering his mercy hath holpen his servant Israel;
 As he promised to our forefathers, Abraham and his seed for ever.
 Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in
 the beginning, is now, and ever shall be, world without end. Amen.

Second Lesson

Mark 3:19b-30

Reader

Then Jesus went home; and the crowd came together again, so that they could not even eat. When his family heard it, they went out to restrain him, for people were saying, 'He has gone out of his mind.' And the scribes who came down from Jerusalem said, 'He has Beelzebul, and by the ruler of the demons he casts out demons.' And he called them to him, and spoke to them in parables, 'How can Satan cast out Satan? If a kingdom is divided against itself, that kingdom cannot stand. And if a house is divided against itself, that house will not be able to stand. And if Satan has risen up against himself and is divided, he cannot stand, but his end has come. But no one can enter a strong man's house and plunder his property without first tying up the strong man; then indeed the house can be plundered.

'Truly I tell you, people will be forgiven for their sins and whatever blasphemies they utter; but whoever blasphemes against the Holy Spirit can never have forgiveness, but is guilty of an eternal sin'—for they had said, 'He has an unclean spirit.'

Reader

Here ends the lesson.

Nunc Dimittis

Nunc Dimittis in five parts by William Byrd

Choir

Lord, now lettest thou thy servant depart in peace,
 according to thy word.
 For mine eyes have seen thy salvation,
 which thou hast prepared before the face of all people;
 To be a light to lighten the Gentiles,
 and to be the glory of thy people Israel.

Glory be to the Father, and to the Son, and to the Holy Ghost;

as it was in the beginning, is now, and ever shall be, world without end.
Amen.

Apostles' Creed

Officiant I believe in God

All **the Father Almighty, Maker of heaven and earth: And in Jesus Christ his only Son our Lord, Who was conceived by the Holy Ghost, Born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, dead, and buried: He descended into hell; The third day he rose again from the dead; He ascended into heaven, And sitteth on the right hand of God the Father Almighty; From thence he shall come to judge the quick and the dead. I believe in the Holy Ghost; The holy Catholic Church; The Communion of Saints; The Forgiveness of sins; The Resurrection of the body, And the Life everlasting. Amen.**

Cantor The Lord be with you.

Choir And with thy spirit.

Cantor Let us pray.

Choir Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Cantor Our Father

Choir who art in heaven, hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive them that trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Cantor O Lord, show thy mercy upon us;

Choir And grant us thy salvation.

Cantor O Lord, save the King;

Choir And mercifully hear us when we call upon thee.

Cantor Endue thy Ministers with righteousness;

Choir And make thy chosen people joyful.

Cantor O Lord, save thy people;

Choir And bless thine inheritance.

Cantor Give peace in our time, O Lord;

Choir Because there is none other that fighteth for us, but only thou, O God.

Cantor O God, make clean our hearts within us;

Choir And take not thy Holy Spirit from us.

The Collects

Cantor Almighty God, whose Son Jesus Christ fed the hungry with the bread of his life and the word of his kingdom. Renew thy people with thy heavenly grace, and in our weakness sustain us by thy true and living bread, who lives and reigns with thee and the Holy Spirit, one God, now and for ever.

Choir Amen.

Cantor O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour.

Choir Amen.

Cantor Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour Jesus Christ.

Choir Amen.

Anthem Even Such is Time

Bob Chilcott

Choir Even such is time, that takes in trust
Our youth, our joys, our all we have,
And pays us but with age and dust;
Who, in the dark and silent grave,
When we have wandered all our ways,
Shuts up the story of our days.
But from this earth, this grave, this dust,
My God shall raise me up, I trust.

Homily

An offering will now be taken to support the life and ministry of the Cathedral.

Donate to St. James Cathedral
by scanning the QR code or visit
www.canadahelps.org/en/charities/st-james-cathedral/



Hymn at the Collection

Tune: All Things Bright

All All things bright and beautiful,
all creatures great and small,
all things wise and wonderful,
the Lord God made them all.

Each little flower that opens,
each little bird that sings,
he made their glowing colours,
he made their tiny wings: *Refrain*

The purple-headed mountain,
the river running by,
the sunset, and the morning
that brightens up the sky: *Refrain*

The cold wind in the winter,
the pleasant summer sun,
the ripe fruits in the garden,
he made them every one: *Refrain*

The tall trees in the greenwood,
the meadows where we play,
the rushes by the water
we gather every day: *Refrain*

He gave us eyes to see them,
and lips that we might tell
how great is God almighty,
who has made all things well. *Refrain*

Text: Cecil Frances Alexander
Music: William Henry Monk

Offertory Prayer

Officiant Let us pray.

God of mercy, accept all we offer you this day. Increase our faith, deepen our hope, and confirm us in your love. May these offerings be used to support your church in the spread of the gospel and may our lives be spent in the pursuit of peace and justice in the world. In Christ we pray.

People **Amen.**

Prayers

A Prayer of Saint John Chrysostom

Officiant Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy Name thou wilt grant their requests: Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting.

People Amen.

The Grace

Officiant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore.

People Amen.

Final Response

Edward Woodall Naylor

Cantor The Lord be with you;

Choir And with thy spirit.

Cantor Let us bless the Lord.

Choir Thanks be to God.

Postlude

PRAYER CYCLE

*This week, please pray for:
The Church of the Province of Uganda; Eglinton Deanery and Scripture Circle*

PASTORAL CARE

If you know someone who would appreciate a call from our pastoral care team, please email pastoral@stjamescathedral.ca or call 416-364-7865, press 1 to leave a message.

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St. James Cathedral Connections

Sunday, August 2, 2026

Services: 8:00am, 9:00am, 11:00am, and 4:30pm.

☀ What's On ☀

August 4, 9, 16, 18, 23 & 30 • Cathedral Tours - *Discover the beauty inside*

Tours take place at 1:00pm in the Cathedral. No RSVP. 40-min. All are welcome.

☀ What's Next ☀

August 31 - September 3 • Children's Choir Summer Camp - RSVP closes Aug. 4

We welcome children ages 8–12 who love singing and music to enjoy art, drama, games, and more each day from 9:30am–3:00pm. Few spots left, RSVP: stjamescathedral.ca/childrenschoir

September 6 at 1:30pm • Blessing of the Backpacks

Join us for a joyful 30-minute special service with the Children's Choir Campers followed by a fun fair on the West Lawn from 2:00pm-4:00pm. All ages welcome. No RSVP.

September 12 at 12:00pm • Kairos Blanket Exercise with Jonathan Maracle

Join us from 12:00pm to 3:00pm for a light lunch followed by music, community, and the interactive Kairos Blanket Exercise led by Jonathan Maracle which teaches an important part of Indigenous History and promotes reflection on its impact in contemporary communities.

September 25 at 6:30pm • Family Fun Night

Families, children, and youth of all ages are invited for an evening of fun, food, and fellowship! Dinner and light refreshments provided. RSVP: stjamescathedral.ca/familyfunnight

September 26 at 6:00pm • Trivia Night Fundraiser - Tickets are on sale now

Have fun while helping to supporting our Drop-In meal program. Prizes for the winners, entertainment intermission, and silent auction. Team table \$320 (8 players) & Individual \$40. All tickets include trivia game & a meal. **Get your tickets today:** stjamescathedral.ca/trivianight

October 2 & 3 • Blessing of the Animals – St. James Cathedral & Cemetery

Celebrate the feast day of St. Francis of Assisi with a special service for pets, friends & family. St. James Cathedral: October 3 at 11:00am with the Children's Community Choir. St. James Cemetery: October 2 at 11:00am (635 Parliament St., Toronto).

☀ What's Needed ☀

September 6 at 1:30pm • Blessing of the Backpacks – Call for Volunteers

Many roles available. Interested? Contact Canon Kristen Pitts at kpitts@stjamescathedral.ca

September 26 • Trivia Night "Food for Thought" - Call for Volunteers

The Drop-In needs extra hands for set up, guest registration, serving, clean-up and more. Interested? Details: Kathy Biasi, Outreach Manager at kbiasi@stjamescathedral.ca

Monthly Family Fun Nights & Sunday School – Call for Volunteers

Interested? Contact our Children's Minister, Karyne Whalen at kwhalen@stjamescathedral.ca

This week at St. James

The Dean is away until August 3.

Canon Geoffrey is away on vacation from August 3 to 24.

The Rev. Matthew Waterman is away on vacation until August 19.

Visit us:

The clergy and staff will be off for the Civic Holiday on Monday, August 3.

This week, the Cathedral is open Tuesday-Friday from 10:00am to 3:00pm.

This week, the Cathedral Centre offices are open Tuesday-Friday from 9:00am to 4:00pm.

Scripture Circle: In-person on Wednesdays at 11:00am in the Cathedral Centre.

Drop-In: Fridays 1:30pm-3:30pm. stjamescathedral.ca/community/dropin

St. James Cathedral Sunday Services

We offer a range of services that reflect our Anglican heritage.

8:00am Said Eucharist Simple Communion service in traditional language

9:00am Worship Together All-ages Communion service with music*

11:00am Choral Eucharist Sensory-rich service with the Cathedral Choir & Sunday School*

4:30pm Choral Evensong Meditative prayer service with the St. James Cathedral Choir

**Please join us for Coffee Hour in Snell Hall after the 9:00am and 11:00am services.*

Next Sunday's Readings: August 9 – Eleventh Sunday after Pentecost

Genesis 37:1-4, 12-28; Psalm 105:1-6, 16-22, 45c; Romans 10:5-15; Matthew 14:22-33

Weekdays at St. James

Morning Prayer (Online): Join us Tuesday-Friday at 8:30am on Zoom or YouTube.

Saturday's prayer is available on YouTube. Details: stjamescathedral.ca/morningprayer

Holy Eucharist: At 12:15pm in St. George's Chapel, Tuesday-Saturday.

St. James Cathedral: Open for prayer & tourism, 10:00am-3:00pm, Tuesday-Saturday.

St. James Cathedral Centre: Open 9:00am-4:00pm, Tuesday-Friday.

Weekly Newsletter: Sign up at stjamescathedral.ca. Confirm your email after registration.

Thank you for your support!

Your generosity ensures that St. James Cathedral remains a symbol of God's presence in our city.

Scan to donate or visit stjamescathedral.ca/donate/give-online/



St. James Cemetery & Crematorium - 635 Parliament Street, Toronto

Monthly Eucharist:

First Wednesday of each month at 11:00am.

Did you know?

St. James Cemetery offers a range of cremation and burial services.

Pre-planning assures wishes are honoured and provides support for your loved ones as they grieve. Our caring team is ready to help.

For more information: 416-964-9194, cemetery@stjamescathedral.ca or stjamescemetery.ca